

2018 IAADS Center Survey Results

About the Survey:

The 5th Annual Indiana Adult Day Center Survey was conducted during the summer of 2018 by the Member Relations Committee of the IAADS Board of Directors. For the first time, centers were given the option to complete the survey online as well as by telephone. **77% of those responding used the online option.** Results were tabulated based on individual survey data. Where information was missing or incomplete, data from the previous year's survey was substituted, if available. All survey results are reported as totals or percentages so that individual centers cannot be identified.

The Committee makes every effort to contact all adult day centers throughout Indiana, however we realize that some centers may have been omitted unintentionally.

About the Centers:

53 centers are currently operating throughout Indiana in 20 counties. 51 centers participated in the survey this year for a response rate of 96%. Since the 2017 Survey, 1 center has closed, 1 changed ownership, and 3 new centers have opened. Through information provided by members, 2 additional centers were identified and surveyed.

Number of Center by Area:

Area 1 – Northwest Indiana	13
Area 2 – Northeast Indiana	7
Area 3 – Central Indiana	23
Area 4 – Southwest Indiana	6
Area 5 – Southeast Indiana	4

66% of the centers primarily serve Older adults (60+)

13% serve primarily Younger adults (18-59)

21% serve a mixed population

87% of centers have some type of accreditation, licensing or certification:

41 centers are Medicaid Waiver providers:

Level 1 – 10 centers

Level 1 & 2 – 4 centers

Level 1, 2 & 3 – 27 centers

32 centers have an Area Agency contract for CHOICE or Title III

18 centers have a VA contract

- 15 are CARF accredited
- 7 are United Way affiliates
- 3 are PACE centers certified by the Centers for Medicare & Medicaid Services

About the Client population:

2,531 people are currently enrolled in adult day programs in the State of Indiana (annual increase of 36%*)

Every weekday, 1,390 seniors and adults with disabilities receive care at an Indiana adult day center (annual increase of 24%*)

Diseases and Health/Medical Conditions

Alzheimer's/dementia	89%	of centers ranked this among the top 5 diseases or conditions
Cardiovascular diseases	72%	"
Diabetes	51%	"
Developmental disabilities	45%	"
Physical disabilities	53%	"

Risk of Elopement

76% of the Centers report that a least 1 person who attends is considered an elopement risk.

433 or 17% of people currently attending adult day programs are at risk of elopement and require some type of monitoring device or environmental modification to keep them safe.

Issues and Initiatives for IAADS

Advancing statewide accreditation	25%	of centers ranked this as a priority for IAADS
Annual conference development & program	38%	"
Enhancing member benefits	23%	"
Marketing & branding to promote adult day services	43%	"
Professional development (PA testing, webinars, start-up training)	34%	"
Public policy/advocacy at local, state, and federal level	51%	"

*The large jump in number of people enrolled in adult day programs and the daily number of people attending adult day program is a function of including several large centers serving adults with disabilities in this year's survey. These programs exist throughout the State of Indiana but have not previously been included in the survey. Going forward, IAADS will continue to identify and survey day programs serving adults with disabilities.

Conclusions

- 1) Indiana Adult day centers serve a diverse population that consists of 2 distinct populations:
 - a. older adults, especially those with cognitive impairments and other diseases associated with aging
 - b. adults with disabilities, especially those with developmental disabilities

Although there can be overlap in the two populations, the majority (80%) of centers serve primarily one segment or the other. This may be by design or unintentionally. Because adult day services encompass both populations, it is difficult to make generalizations or use averages to describe those who receive services. It is also challenging to gather information from different sectors whose oversight and funding come from different government agencies.

- 2) Adult day centers, especially those serving primarily older adults, provide care for a large number of persons with dementia who are identified as at risk of elopement. This places a significant burden on the centers to provide some type of monitoring device or environmental modifications (e.g. delayed egress doors) to prevent wandering or elopement.
- 3) Using an online survey tool for the first time proved convenient for many respondents, however it did not yield enough responses to rely on it fully for future surveys. Telephone calls remained the preferred method of contact for many center directors.
- 4) Survey respondents were clear in where they wanted IAADS to direct its efforts – “Public policy/advocacy at local, state, and federal level” was listed as a top priority by more than half of the respondents. “Marketing & branding to promote adult day services” and “Annual conference development & program” rounded out the top 3 priorities.
- 5) Many Indiana adult day centers have the capacity to significantly increase their average daily census. According to the survey results, centers are operating at 53% of their total capacity. Newly opened centers, centers that are struggling to attract participants, and centers that operate in space over and above what they need, all contribute to this statistic.