

Name\_\_\_\_\_

Period\_\_\_\_\_

## MAKE-UP SHEET

Choose one of the two options to make up a Inclement Weather Day

Print off paper and turn in when back or email with pictures and responses to questions.

**Option 1:** Prepare a recipe at home and then answer the questions.

Guidelines: your recipe must have at least 5 ingredients, recipe must be included.

### PRODUCT EVALUATION:

1- Briefly describe how well the recipe turned out and how it tasted.

2- If you make the recipe again, would you do anything differently?

3- Did you clean up and how well was it done?

### PARENT COMMENTS AND EVALUATION:

1- How well did your student prepare this recipe and clean up?

2- How was the quality of the product, taste, and appearance?

Parent Signature or picture of final result and clean-up. \_\_\_\_\_

**Option 2:** Type a two page paper, 12pt. font, double spaced, (be sure to include two sources- give the title, author, etc.) about one of the following topics:

- Research how caffeine affects the developing brain.
- Research the 60+ names of sugar and how that affects food labels.
- Research the correlation between social media and body image.