

Laundry detergent

20g grated Marseille soap

20ml savon noir (or other 10 gr of Marseille soap)

15gr sodium carbonate (washing soda, cristaux de soude)

1L water

-
- 1) Pour the water the sodium carbonate, the soap and the Savon noir into a saucepan. mix gently or you are going to face a lot of bubbles
 - 2) bring to a boil while stirring gently
 - 3) when all the soap is melted, turn off the heat and let it cool down, stirring from time to time.
 - 4) pour the mixture into a container for storage

each wash is more or less 80 ml.

Stain remover

45g grated Marseille soap

30g of terre de Sommières (montmorillonite)

50ml water

-
- 1) melt the soap in a bain-marie with the water
 - 2) when everything is melted turn off the heat and add the Terre de Sommières.
 - 3) Mix until the compound is homogeneous
 - 4) pour in a mould and wait a couple of days before using it.

wet a bit of the stick and rub it on the stain. let it wait for 20 min and then in the washing machine.

Hand cream

3tsp Karite butter

2tsp vegetable oil

-
- 1) Melt all the fats and mix it until the mixture is homogeneous
 - 2) Pour into a clean pot

Use it normally

Olive oil soap

1kg olive oil
128g caustic soda
300g water
2tsp cornstarch
20ml essential oil (optional)

This procedure could lead to burning, so some precautions have to be taken into consideration:

Be next to a source of water

Be in a ventilated environment

Protect your eyes and hands with Google and glovesThe doses here need to be precise!

- 1) Weight carefully all the ingredients
- 2) Pour the soda into the water in a glass heat-resistant container, never vice-versa or the exothermic reaction will explode and really hot water will blow up over you. Careful with the fumes because are toxic, and be sure that the environment is enough ventilated (open the window, and do not breathe directly over the mixture)
- 3) Mix it, if for those 2 steps, you are not confident enough do it inside a sink, so if something happens just open the tap water)
- 4) Pour the solution (that is hot! above 80°C) into the oil that you have put in a heat-resistant container
- 5) Use a hand mixer to mix the compounds until it looks like a cream
- 6) Now you can add essential oils and the cornstarch
- 7) Remix with the hand mixer
- 8) Pour in a mould and wait for 24hr
- 9) Remove the soap from the mould and cut it in the shape that you like most
- 10) You can use them after 30 days

Use it normally

Bee Wrap

Anti-Mosquito candle

80g wax (soy)
1 wick with its support
1 jar
45 drops of essential oil (lemongrass)
10g vegetable oil

