

RED	Indicates a pending booking
BLUE	Group Programming
GREEN	Teacher Strike Time - Session Will Be Cancelled if the Strike Ends
PURPLE	“Master Slot” – time available on weekly ongoing basis (must book at least 2/3rds of sessions at the allotted time for the duration offered - June, July & Aug) – available for general booking 14 days before session. Please ask for further clarification.
?	Indicates may be unable to secure court.

Please note: you will be charged full price for cancellations within 48 hours of the booking*

Thursday October 16th

10am (Amber Adolf)

Friday October 17th

No Availability - Please Check North Location

Saturday October 18th

No Availability - Please Check North Location

Sunday October 19th

No Availability - Please Check North Location

Monday October 20th

11:30am (Logan Williams)

8pm (Zachary Jonker)

Tuesday October 21st

8pm (Kalysta Knappett)

2:30pm, 4:30pm (Connor Frehlich)

Wednesday October 22nd

No Availability - Please Check North Location

Thursday October 23rd

3:30pm, 4:30pm (Connor Frehlich)

Friday October 24th

12pm (Connor Frehlich)

Saturday October 25th

6pm, 7pm (Boris Kuljanin)

Sunday October 26th

No Availability - Please Check North Location

Monday October 27th

11:30am, 1:30pm (Logan Williams)

1pm, 7pm (Connor Frehlich)

3pm, 7pm, 8pm (Boris Kuljanin)

Tuesday October 28th

2:30pm (Connor Frehlich)

Wednesday October 29th

12:30pm, 1:30pm, 2:30pm, 3:30pm (Kalysta Knappett)

Thursday October 30th

1:30pm (Logan Williams)

1:30pm, 2:30pm, 3:30pm, 4:30pm (Connor Frehlich)

2:30pm, 3:30pm (Amber Adolf)

Friday October 31st - Halloween Night

12:30pm, 1:30pm, 2:30pm (Connor Frehlich)

OUR COACHES:

Amber Adolf – Team Alberta 2010 & 2011. Red Deer College 2012-14. ACAC Rookie of the Year 2013. CCCA National Champion & Tournament MVP 2014. University of Calgary 2014-2018. CanWest Champion 2018. Coach Dino's Volleyball Club 2023-

Boris Kuljanin – University of Alberta Augustana Vikings - 2020-2025 - Starting Leftside with Rightside experience. BA in Physical Education: Stream of Kinesiology and Sport Studies.

Connor Frehlich – Played Leftside and Rightside at the University of Calgary from 2010-2016. Team Captain from 2014-16. Team Alberta experience. 7 years at YF Volleyball Performance.

Julia Capone – Libero at Iowa State University. Libero at Mount Royal University. Bachelor's Degree in Health & Physical Education from MRU. Graduate Student at UofC Masters of Kinesiology. Certified Personal Trainer – CSEP.

Kalysta Knappett – Starting Libero - University of Alberta Pandas. 3x CanWest Medalist. 2x USports Medalist. 3x Academic All-Canadian. Played 1 year in England. 7 years of coaching experience with Pandas & Volleyball Alberta. BKin & MPH

Logan Williams – Libero & Leftside at SAIT and College of the Rockies. Bronze Medalist at PACWEST. Team Alberta Beach. YF Coach for 3 years.

Sam Drybrough – Starting Setter for University of Alberta Golden Bears. Experience at Libero for UofA. 2023 & 2024 CanWest Champ. 2022 & 2024 USport National Champion. 3x Academic All Canadian. Coach at Bears Volleyball Camps for 5 years. B.Ed.

Will Young – Played Leftside, Rightside and Libero at Mount Royal University and the University of Calgary from 2008-2014. Team Captain from 2009 -11 (MRU) and 2012-14 (UofC). Team Alberta experience (hard court and beach).

Zachary Jonker – Outside Hitter for University of Calgary Dinos (2021-2024). 3x Academic All-Canadian. 2022 CanWest Bronze Medalist. 6 years of experience coaching Volleyball Camps. BKin.

LEARN MORE:
www.yfvolleyball.ca

INSTAGRAM: [@YFVolleyball](https://www.instagram.com/YFVolleyball)

TikTok: [@YFVolleyball](https://www.tiktok.com/@YFVolleyball)

X: [@YFVolleyball](https://twitter.com/YFVolleyball)

Thank you for supporting small business



YF VOLLEYBALL
PERFORMANCE