

# BAD NERVES

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[artwork by [Will Power](#)]

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*"So good. I don't get it, why is that band not enormous, like huge? If you don't know Bad Nerves, shame on you" - Dan P Carter (Radio 1, The Rock Show)*

*"In just over two and a half minutes Bad Nerves lay out just why they're a band destined to fill the mouths of anyone talking about the most exciting new music." - DORK*

TMF Live & Friends present **Bad Nerves' Apathy In The UK Tour 2022**. Dubbed the '**crowned princes of power pop**' by Radio 1's Dan P. Carter, **Bad Nerves** are setting the standard for **adrenaline-fuelled pop-rock** and are taking it across the UK to some of its most renowned intimate venues. After releasing their last single '**Don't Stop**' whilst on tour with **Tigercub**, the Essex-based quintet also recorded their iconic **Maida Vale Radio 1 live session**. With their [debut album](#) and [recent single](#) receiving rave reviews from **Classic Rock**, **New Noise**, **DSCVRD** and extensive support from **Radio 1 Rock Show**, **Jack**

# BADNERVES

**Saunders** and **Radio X**, Bad Nerves are bringing their power-pop rock 'n' roll to fans all around the country.

## BIOGRAPHY

Bad Nerves are a **5-piece Powerpop-RocknRoll band from Essex**. The bastard child of a **Ramones/Strokes one night stand**, they play ferociously fast distorted pop songs, with melodies that hook so deep, even the most skilled lobotomist would struggle to scrape them out.

The Essex group drew acclaim with their [debut album](#) and previous singles '[Dreaming](#)', '[Radio Punk](#)', and '[Can't Be Mine](#)', catching the attention of **Dan P Carter, Clara Amfo, Huw Stehpens, Phil Taggart and Annie Mac**- who made 'Can't Be Mine' one of her coveted 'New Names' picks.

In response to a worldwide delay in touring the band set about finishing off their debut self-titled record. Bad Nerves' self-produced, self-funded record was released in October 2020 via Killing Moon records (UK/ROW) Suburban records (Europe). The band kicked off 2020 with a performance to Europe's top festival bookers at Eurosonic. Since then, the record has been building with support from the likes of **BBC Radio 1 (Dan P, Annie Mac, Jack Saunders)** and **Spotify's Head of Rock Alison Hagendorf**. With fans growing week by week, the band kicked off the resumption of live music with an explosive performance at Reading and Leeds festivals. They have recently returned from four back-to-back sold out headline shows in the Netherlands and straight onto a UK support run with Brighton's renowned Tigercub.

Wrapping up 2021 in style, Bad Nerves released their **Christmas gift single 'Don't Stop'** (released Dec 13th). In its first receiving a back-to-back double play exclusively on **Daniel P. Carter's Radio 1 Rock Show** and later **Jack Saunders future sounds**. The single has also landed multiple DSP playlist support including **Spotify's 'New Music Friday'** and **Apple's 'New In Rock'**. The band have also just recorded four live tracks for the Rock Show at the world-famous BBC Maida Vale studios. This will be broadcast on January 9th, 2022, and later released as a live EP across DSPs.

The next single is planned for release in February 2022, with a live Maida Vale EP to follow shortly after. The band will be recording their much anticipated second album in April. Bad Nerves also played a live stream event for Rock Scene presents (powered by Amazon) via Twitch TV which kick-started their album campaign.

With more new music on the horizon and a string of live dates booked across Europe, Bad Nerves are set to take their fresh brand of Powerpop-RocknRoll to new fans in 2022 and beyond!

[Look back at the images from Bad Nerves' Reading and Leeds set here on Rocksound](#)

[Download Tour Poster](#)

*[artwork by Will Power]*

*[image by Dan Eden]*

**For more information:**

[JASMINE@THEMUSICFEDERATION.COM](mailto:JASMINE@THEMUSICFEDERATION.COM)