

BRVGS Senior Project
Community Service Impact Goal and
Action Research Plan

Community Service Impact Goal - guiding questions:

1. What specific action(s) do you plan to undertake for your community service?

For my community service I will be providing a Narcan Certification course to the community as well as taking the "Training the Trainer" course so that I am able to do one on one sessions for those who are not comfortable taking the course in a group setting.

2. Who will specifically benefit from your community service? *This can be multiple groups (for example, preparing and teaching classroom lessons can benefit the teacher and students).*

The people who will benefit from this are the people who become Narcan certified because they will not have the ability to carry Narcan at any time. Also, the people who receive the Narcan will benefit because it will be saving their life.

3. How will your community service impact the lives of those who are intended to benefit from your service? *Please be as specific as possible in describing your intended outcome(s).*

The lives that will be impacted include those who receive Narcan. This is because Narcan is the opioid overdose reversal drug, so if somebody were to overdose and Narcan was administered it would knock the opioids off the receptors in the brain causing them to come back to life.

4. If your community service involves raising funds or collecting items, how much money or how many items are you hoping to collect?

The training is free and because the people who will be training have been certified to do so by the state, the supplies involved in doing the training will also be free.

5. In what time frame do you hope to complete your service? *When will you start and when do you plan to finish?*

I have started to plan out the details of the training courses. I will be taking the "Training the Trainer" course in mid-September. The group sessions will be in late September to early October because my mentor has a huge event for her coalition coming up and I figured I would not stress her out any more than she already is. I hope to finish my community service by mid-October or early November

Goal Statement: Your goal statement should clearly state, in one or two sentences, a summary of the information above. For example, "For my community service, I will plan, advertise and hold a 5K race in October 2016, with the goal of raising one thousand dollars. I will donate all proceeds to the American Cancer Society in support of research for a cure for those suffering from cervical cancer."

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Your Goal Statement should appear prominently on the Community Service Page of your senior website.

For my community service, I will plan, advertise, and hold multiple Narcan Certification courses throughout mid-November to early December with the goal of at least getting 10 people certified. With this certification, these people will now legally be allowed to carry and administer Naloxone in the proper situation.

Action Research:

Your action research will seek to determine the actual impact of your community service. It can be done in the form of a survey or interview of those intended to benefit from your service.

1. What questions would you need to ask to determine how much impact was made through your service? *You should craft a minimum of 3 questions for your survey or interview.*

How many people are Narcan Certified now? Do they think it could be useful one day, keeping in mind the rising opioid epidemic happening in our area? Would they recommend this certification course to one of their friends as something that is good to have in everyday life?

2. Who, specifically, will you interview or survey?

I will interview people who have taken the course through either myself or Moira Satre.

3. When will you conduct your interview or survey?

I will conduct the survey as they are leaving the certification course.

4. What other evidence can you provide (photos, thank-you letters from beneficiaries, etc.) to show the impact of your project? *Additional evidence is not required, but can be helpful in showing impact.*