

Lyons Institute Structural Integration

This Structural Integration home study series presents a comprehensive foundation program for the beginning and advanced practitioner of bodywork/massage of the teachings of Dr. Ida Rolf.

I have produced this educational series with one thing in mind...to bring you the clearest and most direct understanding of the legacy of Dr. Ida Rolf. You will be given the recipe approach that I was taught at the Rolf Institute to use for the rest of your career.

Includes online streaming and download of all Structural Integration course videos

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