



# PURE SUCCESS NUTRITION TRAINING AGREEMENT

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This Agreement is made by and between Lyndon Forrester and \_\_\_\_\_, ("Client") whereby Lyndon Forrester ("trainer") agrees to provide educational services focused on nutrition and wellness lifestyle.

The trainer can be reached at [lyndon@puresuccessnutrition.com](mailto:lyndon@puresuccessnutrition.com) or (406) 219-7298

## **Responsibilities**

1. Trainer agrees to maintain professional ethics, honesty, compassion and the highest standards of behavior.
2. Client is responsible for creating and implementing her/his own physical, mental and emotional well-being, decisions, choices, actions and results. As such, the Client agrees that the Trainer is not and will not be liable for any actions or inaction, or for any direct or indirect result of any services provided by the Trainer.
3. Client understands training is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any physical, mental, or emotional disorder or medical disease.
4. Client understands that training/coaching is not to be used as a substitute for professional advice by legal, mental, medical or other qualified professionals and will seek independent professional guidance for such matters. If Client is currently under the care of another health

professional(s), Trainer will recommend that Client inform the other healthcare provider(s).

5. Client agrees to communicate honestly, be open to feedback and assistance, and create the time and energy to participate fully in the program.

## **Services**

This agreement, between Lyndon Forrester and the above-named client, will begin on date signed and will continue until terminated by Client or Lyndon Forrester. Trainer will be available to Client by email and phone in between scheduled meetings as defined by the Trainer.

## **Cancellation, rescheduling, and no-show policy**

I take our work together seriously, and spend time and energy preparing for our coaching sessions. Yet I understand that unexpected events may occur. With this in mind, here is my policy on cancellation, rescheduling, and no-shows:

- If you must cancel your appointment, I respectfully request 48 hours notice.
- Missed appointments, or appointments canceled without minimum 24 hour notice, will incur a fee of \$30.
- Please be on time for your appointment. More than 15 minutes late will also be considered a missed appointment.

## **Schedule and fees**

Client agrees to pay Pure Success Nutrition or Lyndon Forrester payable in advance for 4 sessions monthly, at a cost of sliding scale. Payments can be made in cash, check, or online with credit or debit card at Puresuccessnutrition.com. Sliding scale payment amounts can be determined by the client starting a \$3/payment.

By signing this agreement on (date)\_\_\_\_\_ I, the above-named client, hereby acknowledge that I agree and understand all the terms and conditions of this agreement.

Client signature\_\_\_\_\_

Client full name (please print)\_\_\_\_\_

Date\_\_\_\_\_

Pure Success Nutrition

Lyndon Forrester

6479 US Hwy 93 S

Unit #711

Whitefish, MT 59937

Many thanks,

*Lyndon Forrester*

**Lyndon Forrester**

Owner

6479 US Hwy 93 S

Unit #711

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www.puresuccessnutrition.com