



Champions Martial Arts Grafton
 82 Worcester Street A & B
 North Grafton MA 01536
 774-293-8244
info@CMAgrafton.com

Begins Aug 31, 2026

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:45-3:30pm	Teen Class		Teen Class			8:15-9:15AM Team Champions USA
3:30-4:15pm	CMA Performance Team	BBC 3 & Black Belt	Team Grafton Demo	BBC 3 & Black Belt	Team Grafton Sparring	9:15AM- 10:45AM Tumbling
4:15-5:00pm	Team Grafton Sparring	BBC 2	Team Grafton Poomsae	BBC 2	BBC 1 & 2 Sparring	10:45-11:30A M Beginner
5:00-5:45pm	Beginner	BBC 1	Beginner	BBC 1	BBC 3 & Black Belt Sparring	11:30AM- 12:15PM BBC 1 & 2
5:45-6:30pm	BBC 1	Beginner	BBC 1	Beginner	Team Champions USA Sparring World Class	Special Events 1PM-6PM
6:30-7:15pm	BBC 2	Team Champions USA Sparring	BBC 2	Team Champions USA Poomsae	Team Champions USA Sparring World Class	
7:15-8:00pm	BBC 3 & Black Belt	Team Champions USA Sparring	BBC 3 & Black Belt	Team Champions USA Poomsae		
8:00-8:45pm	Adult	Black Belt Class	Adult	Black Belt Class		



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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-5:00	Little Tigers Beginner	Little Tigers Intermediate & Advanced	Little Tigers Beginner	Little Tigers Intermediate & Advanced	3:30-4:15PM BBC 2 Poomsae	9:30AM Little Tigers Beginner
5:00-5:30	Little Tigers Intermediate & Advanced	Little Tigers Beginner	Little Tigers Intermediate & Advanced	Little Tigers Beginner	4:15-5:00PM BBC 3+ Poomsae	10AM Little Tigers Intermediate & Advanced
5:30-6:15pm	CMA Skill Lab	Little Tigers Leadership Team		CMA Leadership Team	5:00-5:45PM BBC 1 Poomsae	
6:30-8:00pm				Team Champions USA Sparring World Class		