

Adult Education: The Adult Education Committee typically offers a wide variety of courses related to film, science, current social and political issues, skills development, personal growth, religious education, and other topics as we have available expertise. For more information or to share ideas, please contact adulthood@uusantarosa.org

Book Group: Our format is that members take turns presenting books and leading the discussion. We read across all genres. New members are welcome. Meetings are on the second Thursday of the month 4-6pm in the Boardroom. Contact Linda Lampson for more information.

The Book Group meets on Thursday June 11th from 4-6 p.m. in the Boardroom. At this meeting we will share light snacks and select books for the coming year. We take the month of July off and meetings begin again in August.

Women Together:

Please see the upcoming events that are available in the Newsletter and Newsblasts. Trans women, gender-expansive, non-binary, and two-spirit people who feel most comfortable/identify with women spaces are welcome.

For more information or questions, email womentogether@uusantarosa.org

Women's Group- If you are interested in forming a Women's Group to meet with other women of UUCSR on a regular basis to develop a deeper connection, please contact womentogether@uusantarosa.org

Men's Group: 2nd & 4th Tuesdays 6:30-8:00pm; contact [Steve Sweaney](#). Also on Zoom every Wednesday at 4pm

Mark your calendars for the 2026 Men's Retreat, happening April 17-19th at Black Mountain Retreat Center near Cazadero. Joe Gabaef has generously offered to lead us in the weekend program.

Contact Bruce Hope with questions: mensgroup@uusantarosa.org

Older and Bolder Women's Group - This group for women of the Congregation who have already reached their 75th birthday continues in the Green Room the 2nd and 4th Monday of each month from 10 am to noon. We meet for coffee at 10 am and begin our

discussion group at 10:30 sharp. The group facilitators are Shirley White and Clare Whitfield

CUUPS - Pagan and pagan-supportive members of the Congregation are invited to attend our business meetings, currently held via Zoom on the second Thursday of the month from 5:30 to 7 pm. For a link to the Zoom meeting, send an email request to cuups@uusantarosa.org

We are also gathering monthly in person on the 4th Fridays of the month. Watch the Newsblasts for announcements or ask to get on our email list.

The Lay Chaplains- are part of the Pastoral Care Team, under the direction of the minister. We are here to listen to the important things going on in your life- your joys, your sorrows, the things for which we light our candles. We visit people in hospitals, talk with people on the phone and in person, help people deal with difficult situations, and put them in touch with resources they need to ease their lives. Contact laychaplains@uusantarosa.org Our Lay Chaplains are: Judy Ervice, Bruce Hope, Barb Kezur, Sandy Brewer

Grief Group: We meet on the 2nd and 4th Friday mornings from 10-11:30. Lucia Milburn and I, Jeanie Bates, co-facilitate this group which is intended to offer support and a path to healing for those experiencing losses. Please contact Lucia or Jeanie if you are interested in attending to discover whether this seems to be a setting that could prove useful for you. We meet in the Green Room. Feel free to contact either of us with any questions you may have. Lucia: 707-829-0290 Jeanie: 707-861-9491

Soul Matters: Soul Matters is a deeper spiritual version of Small Group Ministries where we meet monthly or twice monthly in small groups to dive into our own spirituality and get to know each other in a more personal sharing.
Katie Trieller: soul.matters@uusantarosa.org

Saturday Morning Walking Group:

Once a month (currently 3rd Saturday) you are invited to come walking/hiking. All are welcome. But do sign up to get the email announcements about where that month's walk will take place. Walks will be arranged by walking group members on a rotating

basis. Sign up by emailing administrator@uusantarosa.org with “walking group” in the subject line.

QUU (Queer UU):

This LGBTQIA+ group is just getting restarted! Currently meeting 2nd Friday gatherings, 5pm. If you are interested in hearing more, please Contact quu@uusantarosa.org

Caring Connections Committee - WE are looking for a Lead coordinator for this group as well as some folks to join the team. Caring Connections team provides short-term help to UUCSR members in difficult situations, such as the death of a loved one or recovery from illness or surgery. Services we provide include essential shopping, delivering a few meals, providing a ride to pharmacies, medical appointments and Sunday services, a home or hospital visit, or a friendly phone call.

We are currently seeking volunteers to help with:

- Providing rides to Sunday services
- Providing rides to medical appointments and pharmacies
- Shopping for essential items
- Cooking and delivering meals
- Making phone calls
- Providing respite care
- A lead to help coordinate all of the above