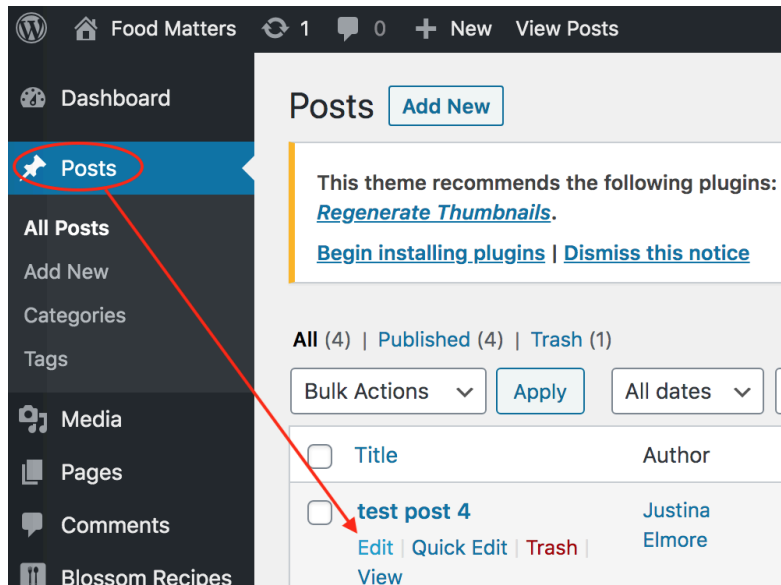**Adding an Image to a post**
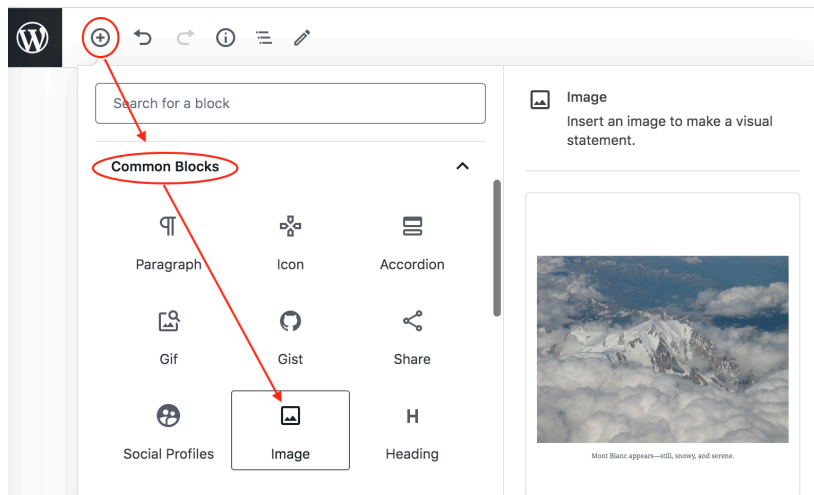
For this exercise, you will open your Blog post 1 and insert the image that you added to the image gallery in the previous exercise.

Here's how to do it:

Open the post you'd like to add an image to (or if it's a brand new post, use "Add New").

Use "Add Block," scroll down to "Common Blocks" and "image"

Option 1. **Upload** will allow you to add an image from your computer

If you upload an image, be sure you've resized the image before uploading it (It should be between 800 to 1500 pixels on the long end (meaning either height or width must be between 800 to 1500 pixels).

You'll also need to go to the image gallery and add metadata to the image after publishing your post.

Option 2. **Media Library** allows you to select an image from our Media Library.

Use "image settings" in the right hand toolbar to resize and add captions to the image