GPEAK

Self-Inventory
Teamwork and Conflict Resolution

Read the following GPEAK Performance Indicator (PI) statements. For each PI, there are clarifying statements where you have the opportunity to score yourself. Reflect upon your own experiences, such as classroom activities, jobs, volunteer roles, athletics, and leadership involvement. Rate yourself 1 to 3 on your level of teamwork and conflict resolution skill. 1 means you never do this; 2 means sometimes, 3 means always. N/A is for not applicable to your experiences. Add comments and examples to support your rating. Have you had opportunities to demonstrate this skill? Are you a leader in this skill?

Teamwork & Conflict Resolution   **1= Never, 2=Sometimes, 3=Always, N/A=not applicable to your experience**

PI – Establishes a high degree of trust, confidentiality, and credibility with others to develop shared purpose	Never	Some times	Always	N/A	Comments and Examples
Others trust me to be confidential and credible.	1	2	3	N/A	
I am honest with others.	1	2	3	N/A	
I seek to find and develop a common goal with others.	1	2	3	N/A	
PI – Encourages others' contribution of ideas, opinions, and perspectives through thoughtful and positive interactions	Never	Some times	Always	N/A	Comments and Examples
I ask for others' ideas, opinions, and perspectives.	1	2	3	N/A	
I respect others' ideas, opinions, and perspectives.	1	2	3	N/A	
I am mindful of others' feelings and beliefs and keep my interactions with them positive.	1	2	3	N/A	
PI – Coordinates with others to achieve identified outcomes and objectives	Never	Some times	Always	N/A	Comments and Examples
I seek to identify common goals.	1	2	3	N/A	
I work with others to reach those goals.	1	2	3	N/A	
PI- De-escalates difficult situations constructively and positively	Never	Some times	Always	N/A	Comments and Examples
I stay positive in difficult situations.	1	2	3	N/A	
I seek to find positive solutions to difficult situations.	1	2	3	N/A	
PI – Is committed to solving problems/finding resolutions	Never	Some times	Always	N/A	Comments and Examples
I seek to be a part of the solution instead of adding to the problem.	1	2	3	N/A	
I work at resolving problems until a solution or compromise is identified and implemented.	1	2	3	N/A	