Lava Line

A Four-Class Beginner Line Dance Series

Sign Up: https://www.lavahotyoga.com/schedule
Instagram: @catskill.line
www.catskill.line
www.catskillline.com
Playlist

Monday, November 10 Monday, November 17 Monday, November 24 Monday, December 1 Monday, December 8

CLASS 1: November 10

Warm Up:

Step Sheet: Copperhead Road

Song: Copperhead Road, Steve Earle

New:

Step Sheet: Don't Wanna Go Home

Song: Drunk (And I Don't Wanna Go Home), Elle King, Miranda Lambert

4 Wall, 32 Count Dance by Hayley Goy

- Steps: Grapevine, Stomp + Heel, Jazz Box (Turning), Rocking Chair
- 1 Restart Wall 6, facing 3 o'clock. Repeat the first 8 counts.
- No Tags.

Step Sheet: Shivers

Song: Shivers, Ed Sheeran

4 Wall, 32 Count Dance by Brandon Zahorsky

- Steps: Cross Rock, Triple Step, Jazz Box (turning), Grapevine
- No Restarts.
- No Tags.

CLASS 2: November 17

Warm Up:

Copperhead Road

New:

Step Sheet: <u>A Bar Song</u> Song: <u>A Bar Song (Tipsy)</u>

4 Wall, 32 Count Dance by Ben Murphy

- Steps: Rumbabox, Grapevine, Scuff, Heel Touch
- No Restarts.
- One Tag Wall 10: End of Dance, add a step touch.

Step Sheet: Good Time

Song: Good Time, Alan Jackson

4 Wall, 48 Count Dance by Jenny Cain

- Toe Heel Steps, Grapevine with spin, Hitch Steps, Jump Step, Shuffles, Shimmy Steps
- No Restarts, No Tags

Review:

- Don't Wanna Go Home
- Shivers

BONUS CLASS: November 24

Warm Up:

Copperhead Road

Review + Practice:

- A Bar Song
- Good Time
- Don't Wanna Go Home
- Shivers

CLASS 3:

Warm Up:

Copperhead Road

New:

Step Sheet: Miles On It

Song: Miles On It, Marshmello & Kane Brown

4 Wall, 32 Count Dance by Andrew Hayes

- Steps: Coaster Step, Grapevine, Back Rock, V Step, Jazzbox
- 2 Restarts: Walls 3 & 5
- No Tags

Step Sheet: Twenty Two (22)

Song: You Look Like You Love Me, Ella Langley & Riley Green

4 Wall, 32 Count Dance by Michelle Risley

- Steps: Grapevine, Shuffle, Rock Back Jazz Box, K Step
- No Restarts.
- No Tags

Review:

- Don't Wanna Go Home
- Shivers
- A Bar Song
- Good Time

CLASS 4: FINAL CLASS!

Warm Up:

Copperhead Road

New:

Step Sheet: <u>Texas Time</u>

Song: Texas Time, Keith Urban

4 Wall, 32 Count Dance by Gail A. Dawson

- Steps: Cross Point, Triple Step, Pivot, Jazz Box, Kick-Ball-Change
- No Restarts.
- No Tags.

Review:

- Don't Wanna Go Home
- Shivers
- A Bar Song
- Good Time
- Twenty Two (22)
- Miles On It

Let's party!