

## **VENEERS – AFTER FINAL CEMENT**

## **ANESTHETIC**

- Your lips, teeth and tongue may be numb for several hours after the procedure
- Please avoid chewing or drinking anything hot until the numbness has completely worn off
- You can eat and drink as you normally would once the numbness wears off

## **HOW WILL I FEEL?**

Other than feeling absolutely amazing about yourself and your new smile, your gums may be irritated after treatment. To help the healing process, continue to floss and brush your teeth. Sensitivity following treatment is normal, and should subside in a few days.

## WHAT'S NEXT?

You **will not** need to continue using the antibacterial rinse (Peridex) with the permanent veneers. At this point, you may return to your regular dental hygiene routine.

If your bite feels a bit off, we will adjust it at your follow up appointment.

If there is a relapse in your natural shade, we can provide you with whitening gels to touch up and enhance the color. We recommend signing up for our whitening gel subscription, where you will receive two tubes every six months at a discounted price.

If you do not already own an electric toothbrush, we suggest you invest in one. We highly recommend the Phillips Sonicare Toothbrush.

Please make sure to keep up with your six month appointment check-ins

Make sure to wear any recommended dental appliances to maintain the longevity and health of your veneers.

The Chicago Dental Studio	
River North 312-267-1917 West Loop 312-414-0696 Mayfair 773-725-6086 Lincoln Park 312-668-0044 Lakeview 312-481-6544	

Please do not hesitate to call us if you have any questions or concerns.