

August 2023

Health Class Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
8/7	8	9	10	11
	- No School: Staff Development Day	- No School: Teacher Work Day	First Day of School -Introduction Day! -Join Google Classroom -Introduction Questions -Scavenger Hunt:	-Syllabus -How To Succeed Freshman Year Brochures: in groups, go over brochures. List five things you found useful from your brochure. - Coat of Arms : Foley and Marek -Name Tags: Turner
HW:	HW:		HW: * Parent Signature Sheets due Block Day. * Bring a 100 page spiral bound notebook by Monday!	HW: * Parent Signature Sheets due Block Day. * Bring a 100 page spiral bound notebook by Monday! * Coat of Arms due Tuesday for Marek and Foley
14	15	16	17	18
Text Set: Go through the first 10 minutes of class. (Marek) - Set Up notebook (Turner and Foley)	-Setup for Personal and Community Health in your notebook (Marek) -Warm Ups! - start on Page 3 of Notebook	-Collect Bucket Lists Time Management: -Hours in a Week: complete in your notebook. -How Good is Your Time		-Turn in Letter to Senior Self: Envelope Sample -Time Management Presentations

<p>- Warm Up: Bucket List Family</p> <p>-Assign Bucket List</p> <p>-Assign Letter to Senior Self</p> <p>-Time to work on Bucket List, Letter or Coat of Arms (Foley/Marek) or name tags (Turner)</p>	<p>-Goals Slides</p> <p>Turner and Foley: - Complete the SMART Goal assignment in your notebooks. Whatever is not finished in class is homework.</p> <p>To access the health textbook online, find the G-W Publisher app on your school Clever.</p> <p>Marek: -Complete the SMART Goal assignment in your notebooks. Whatever is not finished in class is homework.</p>	<p>Management? online quiz: write your score and areas you need to work on at the top of your Hours in a Week paper.</p> <p>- Time Management Group Presentation Assignment</p>		<p>-Begin Accessing Valid Information:</p> <p>Foley: Read pages 41-47 in your health textbook. Answer questions 1-3 on page 49. You will answer in your notebooks.</p> <p>Turner: In your notebooks, take notes from the Accessing Valid Information Slides. You only need to write down the bolded words.</p>
<p>HW: * Coat of Arms due Friday (Marek/Foley) * Parent Signature due by Block Day * Bucket List Due Block Day * Letter to Senior Self Due Friday. Don't forget an envelope and stamp!</p>	<p>HW: * Parent Signature due by Block Day * Bucket List Due Block Day - DON'T FORGET TO PRINT * Letter to Senior Self Due Friday. Don't forget an envelope and stamp!</p>	<p>HW: * Letter to Senior Self Due Friday. Don't forget an envelope and stamp!</p>		<p>HW: Foley: * Read pages 41-47 in your health textbook. Answer questions 1-3 on page 49. You will answer in your notebooks. Due Tuesday Turner: In your notebooks, take notes from the Accessing Valid Information Slides. You only need to write down the bolded words. Due Tuesday</p>
21	22	23	24	25
<p>Foley's/Marek's Classes:</p> <p>-Wellness Center Tours</p>	<p>Turner's Classes:</p> <p>-Wellness Center Tours</p>	<p>-Areas of Health and Influences on Your Health: Answer the Health and Wellness Questions in your notebooks. Due</p>		<p>ALOHA RALLY SCHEDULE:</p>

<p>Turner's Classes:</p> <p>-Air Quality Alliance Guest Speakers</p>	<p>Foley's/Marek's Classes:</p> <p>-Air Quality Alliance Guest Speakers</p>	<p>Friday.</p> <p>- The Teen Brain</p> <p>-Take notes on the Brain sheet handout from The Teen Brain Prezi</p> <p>-Watch together:</p> <p>-2 min clip on Teenage Brain Under Construction</p> <p>-9 minute TedTalk on the Teen Brain</p> <p>-**10 minute clip, "The Teenage Brain Explained" start at 3:51</p>	<table border="1" data-bbox="1219 58 1455 331"> <thead> <tr> <th>Period</th> <th colspan="2">8/25/23 Aloha Rally Schedule</th> </tr> </thead> <tbody> <tr> <td>A</td> <td>7:15 AM</td> <td>8:23 AM</td> </tr> <tr> <td>1</td> <td>8:30 AM</td> <td>9:17 AM</td> </tr> <tr> <td>2</td> <td>9:24 AM</td> <td>10:11 AM</td> </tr> <tr> <td>Brunch</td> <td>10:11 AM</td> <td>10:19 AM</td> </tr> <tr> <td>3</td> <td>10:26 AM</td> <td>11:13 AM</td> </tr> <tr> <td>RALLY in 3rd</td> <td>11:13 AM</td> <td>12:10 PM</td> </tr> <tr> <td>LUNCH</td> <td>12:10 PM</td> <td>12:40 PM</td> </tr> <tr> <td>4</td> <td>12:47 PM</td> <td>1:34 PM</td> </tr> <tr> <td>5</td> <td>1:41 PM</td> <td>2:28 PM</td> </tr> <tr> <td>6</td> <td>2:35 PM</td> <td>3:22 PM</td> </tr> <tr> <td>B</td> <td>3:29 PM</td> <td>4:26 PM</td> </tr> </tbody> </table> <p>-Risks: Risk Notes: Go through the Slides and take notes in your notebook, using the Risk Notes graphic organizer as your guide.</p>	Period	8/25/23 Aloha Rally Schedule		A	7:15 AM	8:23 AM	1	8:30 AM	9:17 AM	2	9:24 AM	10:11 AM	Brunch	10:11 AM	10:19 AM	3	10:26 AM	11:13 AM	RALLY in 3rd	11:13 AM	12:10 PM	LUNCH	12:10 PM	12:40 PM	4	12:47 PM	1:34 PM	5	1:41 PM	2:28 PM	6	2:35 PM	3:22 PM	B	3:29 PM	4:26 PM
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28	29	30	31	September 1
<p>Notebooks should be complete. You will turn in your:</p> <ol style="list-style-type: none"> Assignment List 	<p>-Personal and Community Health Test</p>	<p>Maya Mithani presents to classes in the library</p>		<p>- Digital Citizenship Group Projects:</p>

<p>4. Warm Ups</p> <p>- Test Review Google Slides or Test Review Google Doc</p>		<p>-Assign Digital Citizenship groups and topics.</p> <p>-Take notes on your assigned topic, using the resources from the website linked above. Must have at least 15 facts! Due FRIDAY!. NO LATE WORK ACCEPTED</p>	<p>Meet in the Library!!</p> <ul style="list-style-type: none"> - Planning Sheet: Use this to guide you as you create your Slides presentation. - Rubric <p>THIS SHOULD BE DONE BY THE END OF CLASS TODAY!</p>
<p>HW:</p> <p>*Review for Personal and Community Health Test</p>	<p>HW:</p>	<p>HW:</p> <p>*-Digital Citizenship:</p> <p>-Take notes on your assigned topic, using the resources from the website linked above. Must have at least 15 facts! Due TOMORROW! NO LATE WORK ACCEPTED</p>	<p>HW:</p> <p>Enjoy the long weekend!</p>