

**NAME:** \_\_\_\_\_

**PERIOD:** \_\_\_\_\_

**TODAY'S DATE:** \_\_\_\_\_

**DATE OF ABSENCE:** \_\_\_\_\_

**ABSENT PE MAKE-UP WORK**

**(You are to do 30 minutes or more of exercise after school for *each day you are absent*. Write down what you did, when you did it, and how long. Then you and a parent/coach sign at the bottom that it was completed).**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**Parent/Coach Signature** \_\_\_\_\_

**Student Signature** \_\_\_\_\_