

QUICK MIX COOKIE BARS – Susan Shockey

2 – 16 or 18 ounce package of refrigerated chocolate chip cookie or oatmeal chocolate chip, slice and bake cookie dough

1 – 10.5 or 12 ounce package firm silken tofu

2 eggs

1 cup sugar

1 tsp vanilla extract

Preheat the oven to 350 degrees F. Soften one roll of cookie dough. Spray the bottom of a 9 x 13 inch baking pan with non-stick spray. Line the bottom with the softened cookie dough, spreading to all sides. In a food processor bowl, combine tofu and remaining ingredients until smooth. Spread over cookie dough. Drop the second roll of cookie dough by teaspoon on top of the filling. Bake for 40 to 45 minutes. Makes 24 to 36 bars.

Yield: 36 Bars. Serving size 1 bar. Per serving 155 calories, 2 grams protein, 23 grams carb, 6 grams total fat (2 grams sat fat), 65 mg sodium, 18 mg cholesterol.