

Net and Wall games progression

	Skills and knowledge	Vocabulary
Pre-school	• Hitting: explore hitting a ball with hands and pushing with a racket. • Feeding and rallying: explore sending and tracking a ball with a partner. • Footwork: explore changing direction, running and stopping.	Run
	• Hitting: know how to hit a ball using a hand/object. • Feeding and rallying: understand that I must aim at the target when sending. • Footwork: begin to understand that you must use big steps to run and small steps to stop. .	Stop Change direction Space Throw Target
Reception	• Hitting: hitting a ball with hands and pushing with a racket. • Feeding and rallying: sending and tracking a ball with a partner. • Footwork: changing direction, running and stopping.	Team
	• Hitting: know to point my hand/object at my target when hitting a ball. • Feeding and rallying: know to look at the target when sending a ball and watch the ball to receive it. • Footwork: know to use big steps to run and small steps to stop. • Tactics: make simple decisions in response to a task. • Rules: know that rules help us to stay safe.	Catch Safely Forward Bounce Backward
Year 1	• Hitting: explore hitting a dropped ball with a racket. • Feeding: throw a ball over a net to land into the court area. • Rallying: explore sending a ball with hands and a racket. • Footwork: use the ready position to move towards a ball.	Ready position Partner Net Underarm Score

	• Hitting: know to use the centre of the racket for control. • Feeding: know to use an underarm throw to feed to a partner. • Rallying: know that throwing/hitting to my partner with not too much power will help them to return the ball. • Footwork: know that using a ready position will help me to move in any direction. • Tactics: know that tactics can help us to be successful when playing games. • Rules: know that rules help us to play fairly.	Points
Year 2	• Hitting: develop hitting a dropped ball over a net. • Feeding: accurately underarm throw over a net to a partner. • Rallying: explore underarm rallying with a partner catching after one bounce. • Footwork: consistently use the ready position to move towards a ball.	Receive Defend Quickly Return Trap Collect Against
	• Hitting: know to watch the ball as it comes towards me to help me to prepare to hit it. • Feeding: know to place enough power on a ball to let it bounce once but not too much so that my partner can't return it. • Rallying: know that sending the ball towards my partner will help me to keep a rally going. • Footwork: know that using a ready position helps me to react quickly and return/catch a ball. • Tactics: understand that applying simple tactics makes it difficult for my opponent. • Rules: know how to score points and follow simple rules.	
Year 3	• Shots: explore returning a ball using shots such as the forehand and backhand. • Rallying: explore rallying using a forehand. • Footwork: consistently use and return to the ready position in between shots.	Serve Racket Accurately Control Track Rally
	• Shots: know that pointing the racket face/my hand where I want the ball to go and turning my body will help me to hit accurately.	

	• Rallying: know that hitting towards my partner will help them to return the ball easier and keep the rally going. • Footwork: know that moving to the middle of my court will enable me to cover the most space. • Tactics: know that using simple tactics will help to achieve an outcome e.g. if we spread out, we can cover more space. • Rules: know the rules of the game and begin to apply them.	Opponent
Year 4	• Shots: demonstrate technique when using shots playing co-operatively and beginning to execute this competitively. • Rallying: develop rallying using both forehand and backhand with increased technique. • Footwork: begin to use appropriate footwork patterns to move around the court.	Outwit Receiver Court Backhand Forehand
	• Shots: understand when to play a forehand and a backhand and why. • Rallying: know that moving my feet to the ball will help me to hit in a more balanced position, therefore, increasing the accuracy of my shot. • Footwork: know that getting my feet in the right position will help me to balance before playing a shot. • Tactics: know that applying attacking tactics will help me to score points and create space. Know that applying defending tactics will help me to deny space, return a ball and limit points. • Rules: know and understand the rules to be able to manage our own game.	
Year 5	• Shots: develop the range of shots used in a variety of games. • Serving: develop the range of serving techniques appropriate to the game. • Rallying: use a variety of shots to keep a continuous rally. • Footwork: demonstrate effective footwork patterns to move around the court.	Tactics Volley Co-operatively Footwork Continuously Set

	• Shots: know which skill to choose for the situation e.g. a volley if the ball is close to the net. • Serving: know that serving is how to start a game or rally and use the rules applied to the activity for serving. • Rallying: know that playing the appropriate shot will help to keep the rally going. Know that control is more important than the power to keep a rally going. • Footwork: know that using small, quick steps will allow me to adjust my stance to play a shot. • Tactics: understand the need for tactics and identify when to use them in different situations. • Rules: understand and apply rules in a variety of net and wall games whilst playing and officiating.	Dig
Year 6	• Shots: demonstrate increased success and technique in a variety of shots. • Serving: serve accurately and consistently. • Rallying: successfully apply a variety of shots to keep a continuous rally. • Footwork: demonstrate a variety of footwork patterns relevant to the game I am playing.	Consecutive Deep Consistently Forecourt Backcourt Defensive Attacking
	• Shots: understand the appropriate skill for the situation under pressure e.g. choosing to play the ball short over the net if I have just moved my opponent to the back of the court. • Serving: begin to apply tactics when serving e.g. aiming to serve short on the first point and then long on the second point. • Rallying: understand how to play different shots depending on if a rally is cooperative or competitive. • Footwork: know that using the appropriate footwork will help me to react to a ball quickly and give me time to prepare to play a shot. • Tactics: understand when to apply some tactics for attacking and/or defending.	

	• Rules: understand, apply and use rules consistently in a variety of net and wall games whilst playing and officiating.	
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