Reflections Guidelines:

Dance Choreography:

Solo &ensemble dance styles are accepted. Entrant must be the choreographer and may also be the performer, or one of the performers. No group submission accepted. Background music must be cite it on the entry form.

- File must not exceed 5 min. & 1GB in size.
- Accepted formats: AVI, FLV, WMV, MOV, MP4.
- If background music is used, cite it on the entry form
- Submitted on a flash drive or Google Drive

Film Production:

Accepted short film styles include Animation, narrative, documentary, experimental or media presentation. Entrant must be the screenwriter, cinematographer, editor, and producer. Background music is used, cite it on the entry for form.

Video

- File must not exceed 5 min. and 1GB in size.
- Accepted formats: AVI, FLV, WMV, MOV, MP4
- Use of PowerPoint is prohibited
- Submitted on a flash drive or Google Drive

Literature:

Accepted forms of fiction and nonfiction include Prose, poetry, reflective essay, screenplay and play script, narrative, and short story. Entrants may write in their primary language as long as an interpretive English translation is also attached. **Use of copyrighted material is prohibited.**

WRITING

- Must not exceed 2,000 words.
- May be handwritten or typed.
- Single-sided print on 8 ½x11" paper.
- PDF file
- Submitted on a flash drive or Google Drive

Music Composition:

All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. **Use of copyrighted material is prohibited.**

AUDIO

- File must not exceed 5 min. and 1 GB in size.
- Accepted formats: MP3, WMA, WAV, ACC, FLAC.

NOTATION

- Only required for middle and high school divisions.
- Score/tablature in PDF format.
- Submitted on Flash Drive or Google Drive

Photography:

A photo must be a single print/digital image. Collages and collections of photos are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques including but not limited to, multiple exposure, negative sandwich, and photogram.

PRINT

- Must be no smaller than 3x5 inches and no larger than 8x10 inches.
- Accepted print formats: Mounted on mat or poster board no larger than 11x14 inches.
- Framed prints are not accepted.

DIGITAL IMAGE

- Dimensions must be at least 640x960 (pixels) and 300 dpi (resolution).
- Accepted file formats: JPEG, JPG, GIF, PNG
- Submitted on a Flash Drive or Google Drive

Visual Arts:

Works of both fine and design arts are accepted, including but not limited to:
architectural drawing and models, ceramics, collage, computer generated images and graphics, crafts, drawing, fashion clothes and jewelry, fiber work, mixed media, painting, printmaking and sculpture.

2D WORKS

- Mounted on sturdy material.
- No larger than 24 x 30 inches with matting.
- Framed entries are not accepted.
- Include one digital image of artwork with your submission.

3D WORKS

- Include 3 digital images of artwork at different angles.
- Submitted on a Flash Drive or Google Drive

Special Arts Division:

Accommodations are adjustments or supports provided to students with disabilities to ensure they can fully participate in Reflections. Work with your PTA/PTSA and/or state PTA directly to discuss specific needs and explore what is specifically available through your PTA community.

Accepted Accommodations:

Any accommodations should be both specific and limited to the student's disability and should not impact the artistic process. The following provides a non-exhaustive list of allowable accommodations.

Non- Artistic Accommodations:

- Use of adaptive technology or assistive devices are allowed.
- While the artist directs the process, assistants (a parent, teacher, other adult) may help with executing the artist's vision with typing, transcribing, etc.

Division-Specific Accommodations:

- Use the "Additional Details" field to provide details about how a student's disability and/or support needs impacted their creative process(10 to 100 words optional)
- As necessary, students may select the grade-level division most closely aligned to their support needs. *Contact your local PTA and/or state PTA for additional details.*

Not Accepted Accommodations:

Assistants to students artists may not , in any way, involve themself in the actual artistic process or act act without direction from the artist. The following provides a non-exhaustive list of assistance that is not accepted.

- Personally selecting a title for artwork and/or writing, editing, or interpreting a student's artist statement.
- Drafting/editing language for literature or film; creating/editing footage or music.
- Composing music, writing lyrics, combining sounds; choreography, dance moves.
- Creating/editing visual arts; selecting subjects, edits and camera angels for photos.