

Primera Página/ Home Page



Recursos Para la Comunidad de Pilsen / Pilsen Community Resources

## Conozca sus Derechos y Encuentros con Migración

### Know Your Rights & ICE Encounters

#### Recursos Legales

#### Legal Resources

### Comida y Entrega de Comidas

#### Food and Food Delivery

#### Alquiler y Alojamientos

#### Rent and Housing

#### Servicios de Salud

#### Health Services

#### Otros Recursos

#### Other Resources

# Conozca sus Derechos y Encuentros con Imigración

**PAGINA PRINCIPAL**

| <b>Recursos de los Derechos</b>                          | <b>Descripción</b> |
|----------------------------------------------------------|--------------------|
| <a href="#">Tarjetas de ICIRR - Conozca sus derechos</a> |                    |
| <a href="#">Conozca sus Derechos panfleto de PUÑO</a>    |                    |

| <b>Recursos Para Personas Bajo Custodia del ICE</b>                                                                                                | <b>Descripción</b>                                                             |
|----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| <a href="#">Fondo de Fianza del Medio Oeste</a>                                                                                                    | Ayuda a pagar fianzas de inmigración y libera a personas de la custodia de ICE |
| <a href="#">ICE - Localizador de Detenidos</a>                                                                                                     |                                                                                |
| <a href="#">¿Cuándo se tramita mi caso de inmigración?<br/>Información por la Oficina Ejecutiva de<br/>Revisión de Casos de Inmigración (EOIR)</a> |                                                                                |

# Know Your Rights & ICE Encounters

## HOME PAGE

| Know Your Rights Resources                      | Description                                                                                                                      |
|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| <a href="#">ICIRR Know Your Rights Cards</a>    | Lists basic rights if you or someone else is detained by ICE; Can be kept in your wallet                                         |
| <a href="#">PUÑO Know Your Rights Pamphlets</a> | Shows differences between Judicial and Administrative Warrants, Rights in Public vs Private Settings, and Rights to document ICE |

| Resources for People in ICE Custody                                                                                    | Description                                                                                           |
|------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| <a href="#">Midwest Immigration Bond Fund</a>                                                                          | Helps pay immigration bond to help free individuals from ICE custody.                                 |
| <a href="#">ICE Online Detainee Locator</a>                                                                            | Locate where someone is being detained after they are picked up by ICE                                |
| <a href="#">When is my immigration case? Executive Office for Immigration Review (EOIR) Automated Case Information</a> | Look up details on your upcoming immigration hearing including if there are changes in dates or times |

# Recursos Legales

## **PAGINA PRINCIPAL**

| <b>Abogados y Representación Legal</b>                                                       | <b>Descripción</b>                                                                                                                                                                                                                                                                                    |
|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <a href="#"><u>ICIRR (Illinois Coalition for Immigrant and Refugee Rights)</u></a>           | Llame a nuestra línea directa de apoyo familiar: 1-855-HELP-MY-FAMILY (1-855-435-7693)                                                                                                                                                                                                                |
| <a href="#"><u>NIJC (Centro Nacional de Justicia de Inmigrantes) - Servicios legales</u></a> | Para las personas detenidas: <u>Familiares</u> : llamen al Proyecto de Detención del NIJC al (773) 672-6599 los martes de 11:00 a.m. a 2:00 p.m.<br><u>Inmigrantes detenidos</u> : llame al NIJC por cobrar al (312) 583-9721 o utilice la plataforma pro bono y el código de 3 dígitos del NIJC, 565 |
| <a href="#"><u>Legal Aid Chicago - Servicios Legales Para Asilados y Refugiados</u></a>      |                                                                                                                                                                                                                                                                                                       |
| <a href="#"><u>Erie Neighborhood House - Servicios Jurídicos</u></a>                         |                                                                                                                                                                                                                                                                                                       |
| <a href="#"><u>Servicios Legales Voluntarios de Chicago</u></a>                              | Ayuda legal gratis para muchas cosas se incluye inmigración                                                                                                                                                                                                                                           |
| <a href="#"><u>Defensor Público del Condado de Cook</u></a>                                  | Servicios legales públicos                                                                                                                                                                                                                                                                            |

| <b>Servicios y Información Legales</b>                                                                                                                              | <b>Descripción</b>                                                             |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| <a href="#"><u>Illinois Legal Aid - Recursos Para Inmigrantes</u></a>                                                                                               |                                                                                |
| <a href="#"><u>The HANA Center - Servicios Legales</u></a>                                                                                                          | Ayuda con aplicaciones legales, clases de "Conoces tus Derechos"               |
| CVLS- Guardianship Planning<br><a href="#"><u>Video</u></a><br><a href="#"><u>Powerpoint</u></a><br><a href="#"><u>Nombramiento de Tutor de Corto y Ejemplo</u></a> |                                                                                |
| <a href="#"><u>Plan Familiar de Emergencia- ICDI</u></a>                                                                                                            | Incluye plantillas e informacion para organizar contactos de emergencia, crear |



|  |                                                                                                                               |
|--|-------------------------------------------------------------------------------------------------------------------------------|
|  | una lista<br>de personas para ayudarle con su caso,<br>documentos importantes y, si es necesario,<br>una tutela a corto plazo |
|--|-------------------------------------------------------------------------------------------------------------------------------|

# Legal Resources

## HOME PAGE

| Lawyers and Legal Representation                                            | Descripción                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-----------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <a href="#">ICIRR (Illinois Coalition for Immigrant and Refugee Rights)</a> | Call the direct line for legal support for self or family member: 1-855-HELP-MY-FAMILY (1-855-435-7693)                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <a href="#">NIJC - Legal Services</a>                                       | For people detained: <u>Family members:</u> call the NIJC Detention Project at (773) 672-6599 on Tuesdays from 11:00 a.m. to 2:00 p.m.<br><u>Detained immigrants:</u> call NIJC collect at (312) 583-9721 or use the pro bono platform and NIJC's 3-digit code, 565.                                                                                                                                                                                                                                                                 |
| <a href="#">Legal Aid Chicago - Legal Services for asylees/refugees</a>     | Eligibility Requirements (one of the following) <ul style="list-style-type: none"> <li>• Lawful Permanent Resident</li> <li>• A victim of human trafficking, domestic violence, sexual assault, or other crimes which are included in the U visa laws</li> <li>• Asylee or refugee</li> <li>• A person who has been granted Withholding of Removal</li> <li>• An Adjustment of Status applicant who also has a U.S. citizen spouse, parent, or child (under 21)</li> <li>• U.S. citizen</li> </ul>                                   |
| <a href="#">Erie Neighborhood House Legal Services</a>                      | Help with: <ul style="list-style-type: none"> <li>• Citizenship &amp; naturalization</li> <li>• Renewal of Permanent Resident Cards (Green Card)</li> <li>• Family petitions</li> <li>• Adjustments of status</li> <li>• Consular processing</li> <li>• Deferred Action for Childhood Arrivals (DACA)</li> <li>• Waivers of inadmissibility</li> <li>• Asylum</li> <li>• Representation in removal proceedings</li> <li>• U-visa for victims of certain crimes</li> <li>• VAWA for certain survivors of domestic violence</li> </ul> |

|                                                  |                                                                                                                                                                                                                              |
|--------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                  | <ul style="list-style-type: none"> <li>• Temporary Protected Status</li> <li>• Work authorization requests</li> <li>• Special Immigrant Juvenile Status</li> </ul>                                                           |
| <a href="#">Chicago Volunteer Legal Services</a> | Free legal support for a number of things, including immigration support                                                                                                                                                     |
| <a href="#">National Lawyers Guild</a>           | <p>Provides legal representation for people arrested during demonstrations/ direct actions</p> <p>National Federal Defense Hotline:<br/>212-679-2811</p> <p>Criminal Defense Coordinator:<br/>872-4NLG-CHI(872-465-4244)</p> |
| <a href="#">First Defense Legal Aid</a>          | <p>Provides public defenders in first 48 hours of arrest; provides lawyers for people whose civil rights have been violated by police.</p> <p>24/7 Help not Jail Hotline: 1-800-LAWREP4<br/>(1-800-529-7374)</p>             |
| <a href="#">Cook County Public Defender</a>      | Public legal defense                                                                                                                                                                                                         |

| Legal Services and Information                                                                                                                        | Description                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <a href="#">Illinois Legal Aid - Resource Page for Immigrants</a>                                                                                     | FAQs for Immigration Legal Help                                                      |
| <a href="#">The HANA Center - Servicios Legales</a>                                                                                                   | Help with legal applications, "Know Your Rights" Classes                             |
| <a href="#">CVLS- Guardianship Planning Video</a><br><a href="#">Powerpoint</a><br><a href="#">Appointment of Short Term Guardianship and Example</a> | How to plan for short term legal guardianship of children in the event of detainment |
| <a href="#">Emergency Family Plan- ICDIChicago</a>                                                                                                    | Templates to organize emergency contacts, create a list of people to help with       |

|                                         |                                                                                                                 |
|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------|
|                                         | your case, important documents, and, if needed, a short-term guardianship.                                      |
| <a href="#">First Defense Legal Aid</a> | Provides alternatives to police in emergencies.<br>24/7 Help not Jail Hotline 1-800-LAWREP4<br>(1-800-529-7374) |

# Comida y Entrega de Comidas

## **PAGINA PRINCIPAL**

| <b>Comida Gratis en Pilsen</b>               | <b>Descripción</b>                                                                                                               |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| <a href="#">Despensa de Comida de Pilsen</a> | L-Mi, V 10:00am-1:30pm, Ju: 2pm-5pm<br>comida disponible                                                                         |
| <a href="#">Mercado Gratis de Pilsen</a>     | Mercado gratis cada dos sábados; contacta<br>directamente para conocer el lugar y la hora;<br>parte de Pilsen Solidarity Network |
| <a href="#">Pueblo Eats</a>                  | Weekly free food pickup program                                                                                                  |

| <b>Entrega de Comidas Gratis</b> | <b>Descripción</b>                                                                                                                                               |
|----------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| PUÑO Entrega de Comidas          | Contacta el correo electrónico:<br><a href="mailto:punomutualaid@proton.me">punomutualaid@proton.me</a> para entregar la<br>comida gratis directamente a su casa |
|                                  |                                                                                                                                                                  |

# Food and Food Delivery



## HOME PAGE

| Free Food                          | Description                                                                                                  |
|------------------------------------|--------------------------------------------------------------------------------------------------------------|
| <a href="#">Pilsen Food Pantry</a> | M-W, Fr 10:00am-1:30pm, Th 2pm-5pm food available                                                            |
| <a href="#">Pilsen Free Store</a>  | Free market every other Saturday; Contact directly for times and location; part of Pilsen Solidarity Network |
| <a href="#">Pueblo Eats</a>        | Weekly free food pickup program                                                                              |
|                                    |                                                                                                              |

| Free Food Delivery | Description                                                                                                                                |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| PUÑO Mutual Aid    | Contact email: <a href="mailto:punomutualaid@proton.me">punomutualaid@proton.me</a> for information on free delivery straight to your home |
|                    |                                                                                                                                            |
|                    |                                                                                                                                            |

# Alquiler y Alojamientos

**PAGINA PRINCIPAL**

| <b>Ayuda de Alquiler</b>                                                      | <b>Descripción</b>                                                                                                                                                                                                                                                                                                                                        |
|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Healthy Hood                                                                  | Asistencia para el alquiler y los servicios públicos para personas con enfermedades crónicas (incluye enfermedades mentales no diagnosticadas como depresión y ansiedad) en los códigos postales: 60634, 60639, 60651, 60644, 60623,60624, 60622, 60612, 60608, 60642; Correo electrónico: <a href="mailto:info@healthyhood.org">info@healthyhood.org</a> |
| 211                                                                           | programas de asistencia de alquiler; se requieren ingresos o beneficios sociales.                                                                                                                                                                                                                                                                         |
| <a href="#">Salvation Army</a>                                                | 312-492-6803; Programa de habla español: La Villita Corps 773-257-0700; línea directa de emergencia 800-725-2769                                                                                                                                                                                                                                          |
| <a href="#">CEDA</a>                                                          | Asistencia de servicios públicos y vivienda pública                                                                                                                                                                                                                                                                                                       |
| <a href="#">El Programa de Asistencia Para el Pago de Alquiler de Chicago</a> |                                                                                                                                                                                                                                                                                                                                                           |

# Rent and Housing

## **HOME PAGE**

| <b>Rent Assistance</b>                                  | <b>Description</b>                                                                                                                                                                                                                                                                                          |
|---------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Healthy Hood                                            | Rent and utility assistance for people with chronic illnesses (includes undiagnosed mental illnesses such as depression and anxiety) in the following area codes: 60634, 60639, 60651, 60644, 60623,60624, 60622, 60612, 60608, 60642; email <a href="mailto:info@healthyhood.org">info@healthyhood.org</a> |
| 211                                                     | rental assistance programs; income or social benefits required                                                                                                                                                                                                                                              |
| <a href="#">Salvation Army</a>                          | 312-492-6803; Spanish Speaking Program: La Villita Corps 773-257-0700; emergency hotline: 800-725-2769                                                                                                                                                                                                      |
| <a href="#">CEDA</a>                                    | Utility Assistance and public housing assistance                                                                                                                                                                                                                                                            |
| <a href="#">Chicago Rental Assistance Program (RAP)</a> |                                                                                                                                                                                                                                                                                                             |

# Servicios de Salud

**PAGINA PRINCIPAL**

| <b>Salud Fisical</b>                                           | <b>Descripción</b>                                                                                                                                                                                                                                             |
|----------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <a href="#">MiMedico</a>                                       | Servicios de salud para personas privadas, públicas o sin seguro; Reabastecimiento de medicamentos de farmacia y de emergencia                                                                                                                                 |
| Healthy Hood                                                   | Clínica móvil gratis. Correo electrónico <a href="mailto:info@healthyhoodchi.org">info@healthyhoodchi.org</a>                                                                                                                                                  |
| <a href="#">Pilsen Food Pantry</a>                             | Clínica móvil gratis para los inmigrantes y personas sin hogar; individuales y familias                                                                                                                                                                        |
| <a href="#">Pilsen South Ashland Health Hub</a>                | Vacunas gratis para los niños de Chicago entre 0-18 years años; sin seguro, seguro insuficiente, Medicaid, Programa Seguro del Salud de los Niños(CHIP).<br><br>Vacunas de COVID-19 y la gripe para los residentes Chicago sin seguro o el seguro insuficiente |
| <a href="#">Blue Door Neighborhood Center - South Lawndale</a> | Clases, talleres, y eventos de comunidad gratis                                                                                                                                                                                                                |
| <a href="#">Illinois Breast &amp; Cervical Cancer Program</a>  | exámenes y tratamientos gratuitos de cáncer de mama y reproductivo para mujeres de 21-64                                                                                                                                                                       |
| <a href="#">Enlace</a>                                         | Para las personas sin seguro; Registración: <a href="https://communityhealth.org/">https://communityhealth.org/</a>                                                                                                                                            |

| <b>Salud Mental</b>             | <b>Descripción</b>                                                                                                                                |
|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| <a href="#">CIMH</a>            | Recursos para salud mental y <a href="#">Recursos Para Familias, Padres y Guardianes</a>                                                          |
| <a href="#">Pilsen Wellness</a> | Servicios de consejería y psiquiatría; El personal ha sido entrenado en cómo manejar las interacciones con la aplicación de la ley de inmigración |

|                                                                |                                                                                                                                                                                |
|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <a href="#"><u>Centro Médico Alivio</u></a>                    | Asesoramiento; Áreas de espera privadas disponibles bajo petición; el personal ha sido entrenado en cómo manejar las interacciones con la aplicación de la ley de inmigración. |
| <a href="#"><u>Centro de Salud Pilsen de South Ashland</u></a> |                                                                                                                                                                                |



# Health Services

## HOME PAGE

| Physical Health                                                | Description                                                                                                                                                                                                                                                                               |
|----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <a href="#">MiMedico</a>                                       | Health services for private, public, or uninsured people; pharmacy and emergency medication refill                                                                                                                                                                                        |
| Healthy Hood                                                   | Free mobile clinic. Email <a href="mailto:info@healthyhoodchi.org">info@healthyhoodchi.org</a>                                                                                                                                                                                            |
| <a href="#">Pilsen Food Pantry</a>                             | Mobile clinic for recent migrants and homeless individuals and families                                                                                                                                                                                                                   |
| <a href="#">Pilsen South Ashland Health Hub</a>                | Vaccinations at no cost for Chicago resident children 0 through 18 years of age who are uninsured, underinsured, Medicaid-insured, or Children's Health Insurance Program (CHIP)-insured. Offers Flu and COVID-19 vaccines for Chicago resident adults who are uninsured or underinsured. |
| <a href="#">Blue Door Neighborhood Center - South Lawndale</a> | Offers free wellness classes, workshops, and community events                                                                                                                                                                                                                             |
| <a href="#">Illinois Breast &amp; Cervical Cancer Program</a>  | This is a bit outside of the scope and service area, but there are agencies <a href="#">nearby (in UIC, Medical district, and brighton park)</a> where women aged 21-64 can go for free breast and reproductive cancer screenings and treatment                                           |
| <a href="#">Enlace</a>                                         | For people who are uninsured. Register: <a href="https://communityhealth.org/">https://communityhealth.org/</a>                                                                                                                                                                           |

| Mental Health                                                         | Description                                                                                                                 |
|-----------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <a href="#">CIMH Mental Health Resources</a>                          | Comprehensive mental health resources specifically designed for families, parents, and caregivers in immigrant communities. |
| <a href="#">Pilsen Wellness - Counseling and Psychiatric Services</a> |                                                                                                                             |
| <a href="#">Alivio Medical Center - Counseling</a>                    |                                                                                                                             |
| <a href="#">Pilsen South Ashland Health Hub</a>                       | Support for emotional, traumatic, or behavioral difficulties. Support is based on                                           |

|  |                                                                                                                                                                          |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | needs identified by the consumer, including goals, objectives, and specific mental health services. Services are free of charge to all Chicagoans who are unable to pay. |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

# Otros Recursos

## **PAGINA PRINCIPAL**

| <b>Recurso</b>                                 | <b>Descripción</b>                                                                                                                        |
|------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| Chicago Dog Walking (CDW)                      | Paseos de perros gratis. Correo electrónico: <a href="mailto:cdwinfo@proton.me">cdwinfo@proton.me</a><br>La historia <a href="#">aquí</a> |
| <a href="http://Findhelp.org">Findhelp.org</a> | Recursos en su código postal                                                                                                              |

## Other Resources

## HOME PAGE

| Resource                                        | Description                                                                       |
|-------------------------------------------------|-----------------------------------------------------------------------------------|
| Chicago Dog Walking                             | Free dog walking. Email: <a href="mailto:cdwinfo@proton.me">cdwinfo@proton.me</a> |
| <a href="https://findhelp.org">Findhelp.org</a> | Lists resources in your zipcode                                                   |