

AMIE Program Information Packet

African Medical Immersion Experience

For U.S.-Based Pre-Med and Medical Students

Program Name: *Roots in Medicine, Global Healers*

Upcoming Trips:

- **Winter Session:** January 2026
- **Summer Session 1 :** June 2026
- **Summer Session 2 :** July 2026
- **Winter Session:** January 2027

Register here : <https://forms.gle/LzvdFvwFGQ56C6fj7>

Program Duration: 2 Weeks

Current Destination: Ghana

Program Type: Academic + Cultural Immersion

Founder/CEO: Shelann Cofie

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1. Welcome to AMIE

Welcome to AMIE – the African Medical Immersion Experience – where future doctors step into their calling by expanding their medical knowledge through global exposure, cultural connection, and meaningful service. We invite you to step into a life-changing experience across the African continent, beginning in **Ghana**, West Africa.

2. Our Mission & Vision

AMIE exists to build bridges between medicine and culture, between aspiring doctors and underserved communities, and between the African diaspora and the African continent. Through immersive clinical shadowing, traditional medicine exploration, and purposeful service, we empower students to become **culturally competent, globally conscious, and spiritually grounded healers**.

Our programs are being developed across Africa, with current sessions offered in **Ghana**.

3. Why AMIE is Valuable for U.S. Pre-Med & Medical Students

✓ **Global Clinical Exposure** – Gain hands-on observation hours in a healthcare system different from your own, strengthening your clinical reasoning and adaptability.

✓ **Cultural Competency** – Learn how to treat patients of African descent with a deeper understanding of cultural, spiritual, and social factors.

✓ **Strengthen Medical School Applications** – International clinical experience, cultural immersion, and volunteer work all strengthen AMCAS/AACOMAS profiles and personal statements.

✓ **Faith & Purpose** – Join a movement grounded in service, integrity, and a spirit of excellence that equips you to serve with both heart and skill.

✓ **Reconnect with Heritage** – For African American students, this trip offers a reconnection with ancestral land, knowledge systems, and identity.

4. Program Overview

Each 2-week session includes:

- Clinical shadowing in Ghanaian hospitals
 - Workshops on herbal/traditional medicine
 - Lectures from local physicians
 - Volunteer health outreach in underserved communities
 - Guided cultural excursions and wellness experiences
 - Group mentorship and spiritual reflection
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5. Core Experiences & Clinical Rotations



Clinical Rotations Include:

- **Obstetrics & Gynecology** – Shadow live births and prenatal care
- **Pediatrics** – Learn about childhood illnesses in a resource-limited context
- **Internal Medicine** – Understand diagnosis and treatment of non-communicable and infectious diseases
- **Surgery** – Observe minor and major surgical procedures
- **Public Health** – Engage in community wellness visits and health education



Cultural + Medical Workshops:

- Traditional & herbal healing in Ghana
- African spirituality and health
- Black patient advocacy and U.S.-Africa health disparities
- Afrobeat dance, storytelling, and drumming

- Ghanaian cooking and wellness practices
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6. Daily Itinerary Breakdown

Day	Description
1	Arrival, Welcome Dinner, Orientation
2	Cultural Tour + Intro to Ghanaian Healthcare
3	Clinical Rotation: OB/GYN
4	Clinical Rotation: Pediatrics
5	Herbal Medicine Workshop
6	Clinical Rotation: Internal Medicine
7	Excursion: Historical Sites + Reflection
8	Free Day or Optional Excursion
9	Clinical Rotation: Surgery
10	Public Health Field Day
11	Cultural Immersion: Dance, Cooking & Storytelling
12	Legacy & Leadership Workshop
13	Closing Ceremony & Departures

7. Program Options & Pricing

All-Inclusive Package – \$4000

Includes:

- Airport pickup/drop-off in Ghana
- Lodging (safe, shared rooms with AC)
- 3 meals per day
- Clinical shadowing access

- All transportation in Ghana
- Workshop fees and materials
- All excursions and entry tickets
- Local guides, translators, and support
- Basic travel medical insurance
- All excursions and entry tickets
- Local guides, translators, and support
Workshop fees and materials
- 1 A.M.I.E Custom scrub
- 1 A.M.I.E custom shirt

Does NOT include:

Flights

 **Lodging excluded Package – \$2,000**

Includes:

- Clinical shadowing
- Program activities and excursions
- Ground transportation in Ghana
- Workshops and site entry
- AMIE staff support
- LAMIE T-shirt, handbook, and welcome kit
- 1 pair of AMIE custom scrubs and 1 Custom AMIE T-shirt

Does NOT include:

- Flights
 - Meals
 - Travel insurance
 - Airport pickup
 - Lodging
-

8. Payment Plan & Deposits

To make this opportunity accessible, we offer a **3-part payment plan**:

Installment	Suggested Timing
Deposit (non-refundable) – 30% of trip cost	~5 months before trip
Second Payment – 50% of trip cost	~3 months before trip
Final Payment – 20% of trip cost	~1 month before departure

Custom payment schedules are available upon request. Scholarships and fundraising guides are also provided upon request.

9. Travel, Visa & Immunization Guidelines

Estimated Travel Costs: \$1,500–\$3,000

This includes roundtrip airfare, visa, travel clinic visits, and travel insurance (if not included).

Passport & Visa

- U.S. passport valid for 6+ months after return
- Ghana tourist visa required (\$60–\$100)
- AMIE provides visa support documents

Immunizations (CDC Recommended)

- **Yellow Fever** (Required)
 - Malaria prophylaxis (Malarone or Doxycycline)
 - Typhoid
 - Hepatitis A & B
 - Tetanus & routine immunizations
 - COVID-19 (up-to-date)
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10. What to Pack

- Passport + visa documents
 - Yellow Fever card
 - Scrubs (3–4 sets)
 - Closed-toe shoes for clinical days
 - Business casual outfits
 - Cultural/dressy outfit for closing event
 - Reusable water bottle
 - Bug spray + sunscreen
 - Medications + basic first aid
 - Journal + Bible (optional)
 - Type G plug adapter (UK-style)
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11. Frequently Asked Questions (FAQs)

Q: Can I receive clinical or volunteer hours?

Yes. A certificate of completion and letter detailing your experience will be provided.

Q: Is AMIE faith-based?

Yes. While AMIE welcomes all backgrounds, our mission is rooted in faith, love, and service to God through excellence and healing.

Q: Do I need travel insurance?

Basic medical travel insurance is included in the all-inclusive package. We recommend students purchase supplemental insurance if desired.

12. How to Apply & Contact

Register here : <https://forms.gle/LzvdFvwFGQ56C6fj7>

And we will send you an email and communicate with you about your needs

Or email for application materials.

 **Email:** afmedimmersion@gmail.com



Based in: USA & Ghana (Other african countries coming soon)



Website:

Register here : <https://forms.gle/LzvdFvwFGQ56C6fj7>