

SOUTH ZONE

OF

SCHOOL SPORT ALBERTA

CONSTITUTION



PRINTING DATE:	May 4, 1987
First Revision:	Jan 9, 1989
Second Revision:	Dec. 10, 1989
Third Revision:	Feb 11, 1991
Fourth Revision:	Oct. 10, 1991
Fifth Revision:	May 5, 1997
Sixth Revision:	Feb 6, 2000
Seventh Revision:	Feb 9, 2004
Eighth Revision:	Aug 24, 2005
May 6, 2019	Badminton, Volleyball
Oct 7, 2019	Spring Meeting date to June
June 8, 2020	BB and VB host fee waived, Badm scoring, FB Prov host rotation
Oct 3, 2022	2A BB ranking procedure
June, 2023	Volleyball Zone ranking procedures, 3,4 and5-team format changes
August 2023	Formatting, spelling, and error corrections.
October 2023	Fee amendments, expense amendments, roll duration corrections.
June 2023	Volleyball zone ranking and zone tournament format reversals.
June 2025	

Table of Contents

[ARTICLE I - NAME](#)

[ARTICLE II - OBJECTIVES](#)

[ARTICLE III - MEMBERSHIP](#)

[ARTICLE IV - ORGANIZATION](#)

[ARTICLE V - EXECUTIVE COMMITTEE](#)

[ARTICLE VI - DUTIES OF THE EXECUTIVE COMMITTEE](#)

[ARTICLE VII - DUTIES OF MEMBERS OF THE EXECUTIVE COMMITTEE](#)

[ARTICLE VIII - ELECTION OF EXECUTIVE OFFICERS](#)

[ARTICLE IX - VOTING](#)

[ARTICLE X - AUDITING](#)

[ARTICLE XI - MEETINGS](#)

[ARTICLE XII - AMENDMENTS TO THE CONSTITUTION](#)

[ARTICLE XIII - DISTRICTS](#)

[POLICY of the SOUTHERN ALBERTA SCHOOLS ATHLETIC ASSOCIATION](#)

[SECTION I - CODE OF ETHICS](#)

[SECTION II - GENERAL](#)

[1. PARTICIPATION RIGHTS OF MEMBER SCHOOLS](#)

[2. COMPETITION MANAGEMENT](#)

[3. ACTIVITIES](#)

[SECTION III - ELIGIBILITY](#)

[SECTION IV - SANCTIONS](#)

[SECTION V - TEAM COMPETITION AND PLAYER PARTICIPATION](#)

[SECTION VI - REGISTRATION OF PLAYERS](#)

[SECTION VII - FINANCES](#)

[SECTION VIII - AWARDS](#)

[SECTION IX - COMPETITION DATES](#)

[SECTION X - BIDS TO HOST ZONE AND PROVINCIAL COMPETITIONS](#)

[SECTION XI - RANKING OF TEAM SPORTS](#)

[SECTION XII - AMENDMENTS](#)

[SPORT SPECIFIC POLICIES](#)

[SECTION XIII – BADMINTON](#)

[SECTION XIV - BASKETBALL](#)

[SECTION XV - CROSS COUNTRY](#)

[SECTION XV – CURLING](#)

[SECTION XVI - FOOTBALL](#)

[SECTION XVII - GOLF](#)

[SECTION XVIII - RUGBY](#)

[SECTION XIX - TRACK AND FIELD](#)

[SECTION XX - VOLLEYBALL](#)

[SECTION XXI - WRESTLING](#)

BY-LAWS of the
SOUTHERN ALBERTA SCHOOLS ATHLETIC ASSOCIATION

ARTICLE I - NAME

The name of this organization is **SOUTHERN ALBERTA SCHOOLS ATHLETIC ASSOCIATION**, hereinafter referred to as SASAA, South Zone or Association.

ARTICLE II - OBJECTIVES

Section 1 -To foster, facilitate and direct activities of the SASAA in such a manner that the Department of Education, Recreation and Parks, Local School Boards and concerned university faculties regard these activities as educational and recreational endeavour, beneficial to high school youth and worthy of active encouragement and/or support.

Section 2 - To maintain good sportsmanship, integrity and good will within and between high schools participating in interschool athletics.

Section 3 - To plan athletic activities in such a way as to cause no great interference with school attendance.

Section 4 - To promote among students an awareness that:

- (a) the primary aim of school is education
- (b) athletics provides significant physical, social, cultural and emotional values.

Section 5 - To establish and maintain acceptable standards of:

- (a) coaching standards
- (b) travelling of teams and spectators
- (c) conduct of teams and spectators

ARTICLE III - MEMBERSHIP

Section 1 - Membership in the SASAA shall be open to any Southern Alberta High School* and **which has paid its annual fees to the SASAA executive prior to Oct 15th** and will

- (a) comply with the Bylaws and Policies of the SSA
- (b) ensure that the eligibility of its players comply with the rules of the SSA

*South Alberta High Schools shall mean rural and urban schools within the boundaries of the South Zone as established by the Alberta Schools Athletic Association (SSA).

Section 2 - Any home school or outreach school with students meeting the enrollment criteria, and wishes to participate in any school athletic competition under the umbrella of the South Zone must pay the same South Zone fees as other schools in the zone. These include, the South Zone yearly fee, the zone manager flat fee, and the zone manager per pupil fee.

Section 3 - Application for membership in the SASAA shall be made directly to the Zone Manager on or before September 30th of the current school year and must be signed by the applying school.

Section 4 - Any member school wishing to withdraw from membership may do so upon a notice in writing to the Executive Committee of the SASAA.

Section 5 - If any member is in arrears of any fees for any year, such a member shall be automatically suspended and thereafter be entitled to no membership privileges until reinstated.

Section 6 - Any member school upon a 75% vote of all member schools of the Association in good standing may be expelled from membership for any cause which the Association may deem reasonable.

ARTICLE IV - ORGANIZATION

Section 1 - The governing body of the SASAA shall be a Board of Governors consisting of:

- (a) the Executive Committee
- (b) Two representatives from each member school, providing only that one be an administrator.
- (c) One Superintendent representative of the school jurisdictions within the boundaries of the SASAA
- (d) Commissioners appointed by the Executive on the basis of at least one per sport in which there is competition at the Provincial level and serving for a minimum period of two yrs and a maximum period of four yrs.

Section 2 - SASAA non-classified activities shall be administered through six geographical districts:

SASAA Districts shall be as follows:

CITY OF MEDICINE HAT
CITY OF LETHBRIDGE
NORTH DISTRICT
SOUTH DISTRICT
WEST DISTRICT
CENTRAL DISTRICT

Section 3 - SASAA classified activities shall be conducted under their respective classifications.

ARTICLE V - EXECUTIVE COMMITTEE

The Executive Committee shall mean the Executive of the Association and shall consist of the following:

Section 1 - **President** - who will retain office for a two year term.

Section 2 - **Past-President** - shall retain office for two years following the term of office as President or until the position is taken by his/her successor.

Section 3 - **Vice-President** - shall retain office for a two-year term and shall ascend to the Presidency the following year.

Section 4 - **Directors of Athletics** - there shall be two Directors of Athletics, one being male and one being female and each retaining office for a two-year term.

Section 5 - **SSA South Zone Manager** - appointed by the Board of Governors and responsible to it.

Section 6 - **Any four elected members shall constitute a quorum.**

Section 7 - **The Executive Committee shall be elected by the Board of Governors at the Spring Meeting.**

ARTICLE VI - DUTIES OF THE EXECUTIVE COMMITTEE

Section 1

The Executive Committee shall, subject to the by-laws given it by a majority vote at any properly constituted General Meeting, have full control of the affairs of the Association.

Meetings of the Executive Committee shall be held as often as the business of the Association requires and shall be called by the President. Special meetings may be called on the instruction of any two members thereof, provided they request the President, in writing, to call such a meeting and state the business to be brought before the meeting.

Section 2

The Executive Committee and Board may, by mutual consent, and within reason, request the resignation of any member of the Committee at any time prior to the expiry date of that member's term of office. Further, any member of the Committee may resign at any time, upon sending written notice to the Zone Manager. All members shall remain in office until their respective successors are elected.

ARTICLE VII - DUTIES OF MEMBERS OF THE EXECUTIVE COMMITTEE

Section 1 - **President** The President shall have the following duties:

1. To preside at the General and Executive meetings of the Association when present and able to act.
2. To represent the Association in contacting Boards of Education, the Press and the public.
3. To inquire into any matter pertaining to the Association. The President may ask any representative to attend any meeting.
4. To be an ex-officio member of each committee authorized by the SASAA.

5. To be an authorized signature on SASAA cheques.

Section 2 - **Past-President** The Past-President shall have the following duties:

1. Act as a resource person for the newer members of the Executive
2. Assist with the overall administration of the Association
3. Prepare a slate of nominations for Executive positions to be presented at the spring meeting.

Section 3 - **Vice President** The Vice-President shall have the following duties:

1. Attend General and Executive meetings of the Association
2. Assume the responsibilities of the President when that officer is not able to act or is not present.
3. Assist with the overall administration of the Association.
4. Take minutes at general meetings.

Section 4 - **Directors of Athletics** The Directors of Athletics shall have the following duties:

1. Assist with the overall administration of the Association
2. Serve as a major spokesperson for the athletic programs.
3. Normally be a representative to the SSA meetings.
4. Help choose the Marg Derbyshire Award.

Section 5 - **Zone Manager** The Zone Manager shall have the following duties:

1. To maintain competition records, assume the responsibility for trophy records, trophies and all other historical documents.
2. Work closely with Commissioners and competition chairpersons in the publication of competitive handbooks.
3. Work closely with Commissioners and competition chairpersons helping to arrange Zone competitions and in the production and distribution of technical materials and information for each competition.
4. Work closely with District organizations of the Association, advising and assisting in the promotion of their programmes.
5. In cooperation with the Executive, make arrangements for meetings of table officers of the Association, the Commissioners and the Board of Governors.
6. Assist in formulation of policies that will develop an educationally sound interscholastic activities programme.
7. Maintain an accurate record of all income and expenditures of the Association, prepare annual financial statements and arrange for their audit.
8. To be an authorized signature for SASAA cheques.
9. Maintain immediate correspondence with all schools and other organizations
10. Perform all functions and duties as may be directed by the Executive from time to time.

ARTICLE VIII - ELECTION OF EXECUTIVE OFFICERS

Section 1 - Candidates for the offices of President, Vice-President and Directors of Athletics shall be nominated from the floor of the Spring General Meeting and shall be voted upon at that meeting.

Section 1a - Every second year, at the conclusion of the 2 year term, the vice president shall assume the role of president. If the vice president is unwilling or unable to fulfill these duties, an election shall be conducted.

1b - Every second year, at the conclusion of the 2 year term, an election shall be held to elect a vice president.

1c - Director of Athletics and Sport Commissioners shall be nominated and voted on from the floor at each June meeting.

Section 2 - Only members of the Board of Governors in attendance shall be entitled to vote.

Section 3 - The President shall appoint two election clerks who shall receive and count the ballots. The President shall act as judge of the election.

ARTICLE IX - VOTING

Section 1 - Voting privileges shall consist of one vote for each of the accredited members of the Board as are present in person.

Section 2 - A quorum will consist of two Executive officers and at least one voting member from a majority of member schools.

Section 3 - At times other than a General Meeting, a mail vote may be taken on matters of general administration. Ballots must be kept until the following General Meeting.

ARTICLE X - AUDITING

Section 1 - All books and vouchers must be submitted to an auditor appointed by a Committee of two members of the Board, not members of the Executive Committee. The auditor shall prepare an audited financial statement to be presented at the Spring Meeting annually.

Section 2 - The books and records of the Association may be inspected by any member of the Association at any time giving reasonable notice and arranging a time satisfactory to the Zone Manager.

ARTICLE XI - MEETINGS

Section 1 - The Board of Governors shall meet at least three times per year:

- 1. The first Monday of October**
- 2. The second Monday in February**
- 3. The Monday prior to the SSA Meeting in June**

Section 2 - The place of the meetings will alternate between **Lethbridge and Taber**. The first and third meetings will alternate between Lethbridge and Taber. The second meeting will be held via online video conference. The meetings will start at **9:30 AM** and shall utilize the following order of business:

1. Reading of Minutes
2. Business arising out of Minutes
3. Reading of Communications
4. Financial Report

- 5. Notices of Motion
- 6. Reports of Commissioners
- 7. Unfinished Business
- 8. New Business
- 9. Discussion of Topics
- 10. Election of Officers (May Meeting)
- 11. Other Business
- 12. Adjournment

Section 3 - The rules contained in Robert's Rules of Order shall govern the proceedings at General Meetings unless the rules contradict the Constitution (Policy and By-Laws) of this Association or Statutes of Alberta.

ARTICLE XII - AMENDMENTS TO THE CONSTITUTION

Section 1 - Amendments to this Constitution shall be made by a 75% majority vote of the Board in attendance at a duly constituted meeting.

Section 2 - Notice of Motion to amend the By-Laws must be sent to the Executive Committee of the Board **at least one month in advance of the date of the General Meeting**, when these amendments will be considered. The Zone Manager must advise all member schools at least two weeks before the meeting of any proposed amendment.

Section 3 - Notice of Motion to amend the By-Laws may be waived where such an amendment is clearly of a housekeeping nature and does not change the intent of the By-Laws.

ARTICLE XIII - DISTRICTS

Section 1 - Sports that require District play-offs will use the following Districts according to the current classifications:

CITY OF LETHBRIDGE

Catholic Central	4A
Chinook	4A
Ecole La Verendrye	1A
Immanuel Christian	2A
Lethbridge Collegiate Institute	4A
Winston Churchill	4A

CITY OF MEDICINE HAT

Crescent Heights	3A
Eagle Butte	3A
Ecole Les Cypres	1A
Monsignor McCoy	3A
Medicine Hat High	4A

CENTRAL DISTRICT

Chamberlain	1A
Milk River Ridge (T&F)	1A
Foremost	1A
Lomond	1A
Senator Gershaw	2A
St. Mary's	1A
St. Michael's, Bow Island	1A

NORTH DISTRICT

ACE Place	1A
Brant Christian	1A
Coaldale Christian	1A
Coalhurst	1A
County Central	2A
Coaldale Prairie Winds	3A
Noble Central	1A

Vauxhall	2A	Picture Butte	1A
Warner (T&F)	1A	Providence Christian	1A
Taber Christian School	1A		
Cherry Coulee Christian Academy	1A		
WR Myers	2A		

WEST DISTRICT

Crowsnest	2A
FP Walshe	2A
JT Foster	1A
Livingstone	1A
Matthew Halton	2A
Piikani Nation	1A
St. Michael's, Pincher Creek	1A
Willow Creek	2A
Westwind Alternate School	1A

SOUTH DISTRICT

Cardston	3A
Milk River Ridge (Badm, Curl)	1A
Kainai	2A
Magrath	2A
Raymond	2A
Stirling	1A
Warner (Bad, Curl)	1A

(46)

POLICY of the SOUTHERN ALBERTA SCHOOLS ATHLETIC ASSOCIATION

SECTION I - CODE OF ETHICS

Adults who work with students in interscholastic activities should present a positive role model for them to emulate. Students who represent a school in interscholastic activities must be creditable school citizens.

The Association recognizes that the school administration is responsible for all athletic programs and the conduct of all school representatives, whatever the level and location of the competition. In recognition of this authority and responsibility the Association presents the following general guidelines.

1. All competitions must be conducted with a high standard of courtesy, fair play and sportsmanship. All those involved share a responsibility.
 - A. COACHES: The coaches must demonstrate qualities of courtesy and good sportsmanship. These are evidenced by proper acceptance of officials' judgement, positive encouragement of player performance and bench behaviour.
 - B. ATHLETES: Athletes must demonstrate qualities of courtesy and good sportsmanship by proper acceptance of officials' judgement and by showing proper respect for opposing athletes as well as for teammates.
 - C. CHEERLEADERS: Cheerleaders must demonstrate qualities of courtesy and good sportsmanship by the appropriateness and timeliness of the cheers they lead, respect for other cheerleaders and athletes and their attempts at effective crowd control.
 - D. SPECTATORS: The spectators, both student and adult, must demonstrate qualities of courtesy

and good sportsmanship by positive cheers of encouragement for their team, not against their opponents. This is evidenced by the absence of booing and vulgarities. Spectators must also show proper acceptance of officials' judgement.

E. ADMINISTRATION AND TEACHERS: Administrators and teachers must demonstrate qualities of courtesy and good sportsmanship by their positive examples.

2. All players, coaches, supervisors and officials must avoid the use of alcohol and illicit substances while involved with athletic competitions.

3. **A. Every school team must be coached or supervised by a staff member of that school or school jurisdiction.**

B. During competition every school team must be accompanied by a teacher-coach or teacher-supervisor.

C. Participants travelling who require overnight accommodation must be supervised by a chaperon of the same sex who has been approved by the school jurisdiction.

Administrators, teacher-coaches and advisors must assume responsibility for the implementation of this code. School administrators must be advised of breaches of desirable practices on the part of students or coaches. Zone tournament chairpersons should alert the Association Executive to discipline problems associated with the conduct of Zone competitions.

Good sportsmanship cannot be legislated; it must be a goal towards which the SASAA and its members strive.

4. Discipline

A. Competitors, coaches and teams guilty of misconduct shall be dealt with immediately by the Zone Commissioner, tournament chairman or league executive having direct responsibility for that competition.

- a. In all SASAA sports, any **coach or team official** who is ejected from any game/match shall be suspended from the next zone, regional or provincial game/match. Furthermore, the suspended individual cannot participate in any game/match that day and will sit out the next game/match in the event in which it was given.
- b. In all SASAA sports, any **coach or team official** who is ejected from a second game/match during the same season of play shall be suspended from the next two zone, regional or provincial games/matches.
- c. In all SASAA sports, any **coach or team official** who is ejected from any game/match shall immediately leave the school/stadium until 30 minutes following the conclusion of the game/match. A suspended coach/team official shall not be present in the school/stadium during any game/match for which they are suspended. In situations where the ejection occurs in tournament play, including zone, regional and provincial, the suspension will begin with the first game/match after the conclusion of that event. In football, an event is considered to be one game.
- d. In all SASAA sports, any **player** who is ejected from any game/match shall be suspended from the next zone, regional, or provincial game/match. Furthermore, the suspended individual cannot participate in any game/match that day and will sit out the next game/match in the event in which it was given.
- e. In all SASAA sports, any **player** who is suspended from any game/match may only be in the school/stadium during a game/match for which they have been suspended if they are on the

team bench, in street clothes, under the direct supervision of the coach.

B. Discipline matters which cannot be dealt with to the satisfaction of all parties directly involved shall be referred to the SASAA Discipline Committee. This committee shall consist of at least three executive members.

C. The SASAA Discipline Committee in dealing with a discipline matter shall hear representation from the schools, coaches and officials involved. The Discipline Committee shall have the power to suspend a player or coach from participating in further competition.

D. Any decision of the SASAA Discipline Committee may be appealed to the Provincial Executive of the SSA.

SECTION II - GENERAL

1. PARTICIPATION RIGHTS OF MEMBER SCHOOLS

A. All schools having complied with the membership requirements described in the constitution and by-laws shall be eligible to have their students participate in any SASAA play-off which is organised for the purpose of selecting competitors to directly represent the SASAA in a Provincial competition. Such a playoff shall be referred to hereinafter as an SASAA elimination tournament. Membership in the SASAA does not, however, preclude membership in any of the SASAA leagues established for the purpose of providing regular competition in basketball or volleyball.

B. Membership in any of the SASAA basketball or volleyball leagues shall be governed by the respective constitution and by-laws governing each league. Decisions dealing specifically with an individual league shall be made only by members of that league.

C. Schools having registered players on SSA registration forms are expected to participate at District and/or Zone competitions.

- i. Teams and individuals withdrawing from competition within seventy-two (72) hours of the beginning of that event are required to pay the entry fee as set by the competition host.
- ii. In the event an individual fails to show for golf, cross country, badminton or track & field, the offending athlete's school will be penalized \$50 per no show to a maximum of \$250
- iii. The Zone Executive will have the sole discretion to impose the penalty based on the rationale provided by the school for the late withdrawal or no show.

2. COMPETITION MANAGEMENT

A. The SASAA shall organize elimination tournaments if required for the following SSA activities:

- Badminton
- Basketball
- Cross Country
- Curling

- Football
- Golf
- Track and Field
- Volleyball
- Wrestling
- Rugby

The SASAA recognizes the following non-SSA activities:

- Baseball
- Girls Slo-pitch
- Archery

B. New activities may be added to the by-laws as follows:

1. The activity may be proposed after due notice of motion without the detailed by-laws at a meeting of the Board of Governors
2. If approved, the activity may be adopted on an interim basis pending development of appropriate by-laws governing the new activity which would be presented for approval at the subsequent meeting of the Board of Governors.

3. SPORTS COMMISSIONERS

A. The conditions of appointment of Sports Commissioners shall be as follows:

1. Appointments to the roster of sports commissioners shall be ratified by the Board of Governors.
2. They shall be appointed from among the persons eligible to serve on the Board of Governors.
3. Commissioners shall serve for a period of a minimum of one year and a maximum of four years.
4. A vacancy occurring during a term of office shall be filled by an interim appointment by the executive. This appointment shall be ratified by the Board of Governors at their next general meeting.
5. Jurisdiction and expenses of Commissioners shall be subject to the approval of the Executive.

B. Commissioners shall have the following duties and responsibilities:

1. To oversee the organization and administration of the SASAA competitions.
2. To submit dates and sites for the SASAA competitions at the May meeting of the Board of Governors as well as names of tournament chairpersons for every competition at every level.
3. To present a budget for each competition open to all SASAA members to the October General Meeting of the Board of Governors and to submit a complete financial statement for such competitions to the SASAA Zone Manager within sixty days of the completion of the competition.
4. To serve as a consultant to the Executive Committee and tournament chairpersons where applicable.
5. To ensure that all league and SASAA competitions are adequately publicized through all media.
6. To present recommendations to the Executive Committee regarding possible amendments to the by-laws as they relate to his/her activity.
7. To submit complete results of all competitions, including records where applicable, to the SASAA Zone Manager.

3. ACTIVITIES

All athletic activities sponsored by the SASAA shall be conducted according to existing SASAA By-laws and Policy.

SECTION III - ELIGIBILITY

1. All questions regarding eligibility of players except as herein provided must be referred to an eligibility committee which shall consist of the President, Past President and Zone Manager. This committee shall have the authority to interpret all SASAA legislation as it pertains to player eligibility not specifically covered by this legislation.

2. A. The competitor must be a bona fide student of an SSA member school. A student becomes a bona fide student of a school on the first day of classes beginning the term or semester in the school he/she is registered. In case of transfer from one school to another, the student shall become a bona fide student in the new school upon the date of his/her first attendance at classes following the acceptance of his/her transfer-in by the Principal.

B. The competitor must be registered in a minimum of 800 instructional minutes per week for which departmental credits are granted. Correspondence courses and Distance Learning Programs can be included as instructional minutes for students registered at all classified schools.

C. The competitor must be under the age of nineteen (19) years on September 1st of the school year.

D. It must be the opinion of the Principal of the school that it is in the best interest of the competitor and of the school board as a whole for him or her to participate.

E. Any student who is or has been registered and in attendance at a post secondary institution shall not be eligible for high school competition.

3. Students shall be eligible for competition for three consecutive years after registering in grade ten (10).

4. In '1A and 2A' classified schools, grade nine students may be registered for participation in basketball, volleyball, curling, and golf.

5. The Principal of each school shall be responsible for the eligibility of the school's competitors for any competition.

6. In the event of an ineligible player participating, the team for which he/she has competed shall forfeit all matches in which he/she has participated while he/she was ineligible. Any team using ineligible participants after being notified of the same by the SASAA disqualifies its team from the right of participation in regular league games and in play-offs leading to any competition sponsored by the SASAA or the SSA.

7. Schools not satisfied with a decision made by the SASAA Eligibility Committee may appeal the decision to the Provincial Executive of the SSA.

SECTION IV - SANCTIONS

Competitions hosted by SASAA schools do not require SSA sanctioning except for inter-provincial competitions. Refer to the SSA Handbook for further information. (Section II-4 Invitational Events)

SECTION V - TEAM COMPETITION AND PLAYER PARTICIPATION

1. To be eligible for SASAA competition, no student attending high school shall be permitted to play for both an outside team and a school team in basketball, volleyball or football in the same season. Exceptions may be considered for students who have been invited to participate on provincial/national/international teams by the recognized Sports Governing Body. Written requests must be made by the school concerned to the Manager for consideration of the Eligibility Committee.
2. All participants must be bona fide students of the school they represent and, in the team activities of basketball, badminton doubles, curling, golf and volleyball, all members of a team must be bona fide students of the same school. ** Exceptions being joint schools approved by the SASAA manager and SSA.
3. SUPERVISION:
 - A. Any individual or team participating in an SASAA competition shall be under the supervision of a member of the teaching staff of the school's jurisdiction represented.
 - B. Composite SASAA teams in individual and dual sports shall be supervised by staff from SASAA member schools. Teachers of both sexes shall accompany co-educational teams.
4. In all team activities, only one boys team and one girls team per school may be registered for Zone competition, unless otherwise stated.
5. If teams, playing in a two-day (or longer) tournament, decide to return home at the end of daily competition, they do so at their own risk. Should they be unable to return due to weather conditions or any other circumstances, the tournament shall continue without them and the host shall not be expected to re-schedule.
6. Teams and individuals qualifying for Provincial competitions are expected to attend Provincials. In the event they cannot attend, they should notify the Zone host immediately at the competition and the next qualifier will be given the opportunity. If circumstances arise later that the team or individual is not able to fulfil their commitment, the school must notify the Zone Manager immediately and the next qualifier will be contacted. The deadline for the Zone Manager to continue to notify qualifiers will be 3 days prior to the Provincial competition unless further restrictions are in place by the Provincial host. Teams or individuals not attending Provincials may be subject to SSA penalties at the discretion of the SSA.

SECTION VI - REGISTRATION OF PLAYERS

1. Each member school of the SASAA shall submit completed registration forms signed by the Principal of the school to the Zone Manager of the SASAA. The onus of responsibility rests on the Principal for confirmation of the required eligibility qualifications.
2. Registration deadlines are as follows:
 - A. School registration and volleyball classification - **OCTOBER 15.**
 - B. Golf team list – **SEPTEMBER 12. No team registrations accepted after September 12 and no player registrations accepted after the Zone Championship. Opt-Up deadline September 12.**
 - C. Volleyball team list - **OCTOBER 1. No team registrations accepted after October 1 and no player registrations accepted after October 15. Opt-Up deadline October 15.**
 - D. Football team list - **OCTOBER 1. No team registrations accepted after October 1 and no player registrations accepted after October 15. Opt-Up deadline October 1.**
 - E. Cross Country – **OCTOBER 5. No team registrations accepted after October 5 and no player registrations accepted after the Zone Championship**
 - F. Basketball team list – **DECEMBER 15. No team registrations accepted after December 15 and no player registrations accepted after February 8. Opt-Up deadline January 15.**
 - G. Curling team list - **JANUARY 22. No team registrations accepted after January 22 and no player registrations accepted after February 8.**
 - H. Wrestling team list - **JANUARY 22. No team registrations accepted after April 15 and no player registrations accepted after Zone Championship.**
 - I. Badminton team list – **APRIL 15. No team registrations accepted after January 22 and no player registrations accepted after February 8.**
 - J. Rugby VIIs and XV's - **MAY 1. No team registrations accepted after May 1 and no player registrations accepted after May 15. Opt-Up deadline May 1.**
 - K. Track & Field – **May 15. No team registrations accepted after May 1 and no player registrations accepted after Zone Championship.**
3. **In the event a school misses a deadline, that school principal can appeal to the SSA Executive Committee** to request acceptance of a late team or player registration that has met all eligibility requirements effective on the date of the registration deadline. If the Executive Committee accepts the late registration request, then a penalty of **\$ 150 per player to a maximum of \$ 500.00 per team** will be levied. The cheque must be received by the SSA office prior to the late team or player registration being accepted. 50% of all late registration fees collected from schools within South Zone will be remitted to the Zone and, in turn, remitted to the school(s) that paid it.

SECTION VII - FINANCES

1. In addition to annual membership fees paid to the SSA, schools shall pay an annual fee to the SASAA. These fees shall be used specifically for the achievement of the SASAA.
2. Membership fees shall be paid annually to the Zone Manager of the SASAA no later than **OCTOBER 8** of each school year. A single fee per school shall cover the Zone membership fee, the Provincial membership fee and the fees for current yearbooks. Annual fees for the school year shall be set according to the following scale:

ENROLLMENT	CLASSIFICATION	ZONE FEE
1400+	5A	\$ 270.00
700 - 1399 students	4A	\$ 228.00
249 - 699 students	3A	\$ 159.00
75 - 249 students	2A	\$ 106.00
1 - 74 students	1A	\$ 75.00

Enrollment is to be taken as of September 30 of the current school year.

When determining school enrollment for classification purposes, all students who meet SSA eligibility requirements shall be included in the school count:

- * under 19 before September 1 of the current year
- * minimum 800 instructional minutes per week
- * maximum 3 consecutive years from date of starting grade 10

- 2a. Zone Manager Fee. All Senior High Schools will pay a base fee of \$100 plus \$1.87 per student in grades 10-12. This fee will be earmarked to pay the salary of the Zone Manager per annum.
3. Assessments in addition to the annual membership fees may be made upon ratification by the Board of Governors.
4. The administrators of all competitions (commissioners, tournament chairpersons or league executive) shall have the power to levy an entry fee to all participants. A budget for each competition open to all SASAA members shall be submitted to the Board of Governors at the October General Meeting for its ratification. League fees shall be ratified by league members.
5. The distribution of any profits or the remuneration for any deficit incurred by a competition shall be the responsibility of the participating schools. The SASAA shall not receive any profits, nor incur any losses, from competitions hosted by a school or a group of schools. Notwithstanding the above, grants shall be provided for the operation of competitions if funds are not available to the SASAA by Boards of Education or other agencies. The grant schedule for competitions shall be developed by the Executive Committee and ratified by the Board of Governors. Only schools from jurisdictions which have provided funds will benefit from those funds.
6. A complete financial statement for all Zone competitions must be submitted to the SASAA Zone Manager by the appropriate commissioner, tournament chairperson or league executive within 30 days of the completion of the competition.
7. An annual honorarium shall be paid according to the following schedule:

President	\$ 100.00
Vice-President	\$ 50.00
Directors of Athletics	\$ 50.00

8. A. Members of the Executive Committee travelling on SASAA business shall be reimbursed for transportation expenses at the km rate listed in the current year SSA Policy Handbook.
- B. Reimbursement for travel by SASAA delegates to SSA General Meetings or official SASAA business shall be as follows:
 - a. Mileage for 1st vehicle: 50% the SSA km rate as per their current Policy Handbook with the SSA paying the remaining 50%.
 - b. Mileage for 2nd vehicle: If travel in one vehicle is not possible or practical, SASAA will pay return mileage at the current SSA rate for one additional vehicle. *ex. delegates travelling from Lethbridge and Medicine Hat.*
 - c. Meals and Accommodation costs not covered by SSA will be reimbursed by SASAA. Receipts must be submitted to the Zone Manager. Meals will be reimbursed to a maximum of \$15 for breakfast, \$20 for lunch, \$30 for dinner. Alcohol expenses are not permitted.
 - d. SASAA will also reimburse any sub costs for delegates travelling to SSA meetings. The school division incurring the sub costs shall send an invoice to the zone Manager.
- C. Expenses incurred by Commissioners on Zone business should be ratified by the Executive Committee.
9. Reimbursement for personal expenses incurred by any non-executive member or non-commissioner of the SASAA must be ratified by the zone Manager.
10. Digital expense claim forms must be completed for all reimbursement or travel claims.

SECTION VIII - AWARDS

1. Banners shall be presented to the Zone winners in Badminton, Basketball, Cross Country, Curling, Golf, Track and Field, Volleyball and Rugby. Hosts will be charged cost price per banner.
2. Medals
 - A. **SSA Zone Gold, Silver & Bronze Medals** shall be presented to Zone winners in all competitions sponsored by the Association. Medals that are not needed for the full party shall be returned to the Zone Manager. Hosts will be charged \$5 per medal.

Total gold medals needed per year	
(1) BADMINTON - 24 winners	24
(2) BASKETBALL - 15 full party, Boys and Girls, 1A, 2A, 3A, 4A	120
(4) CROSS-COUNTRY - 6 event winners	6
(5) CURLING - 19 full party (6 boys and girls teams, 7 mixed teams)	19
(6) GOLF - 32 full party (5 per team X 6 + 2 individuals)	32
(7) TRACK AND FIELD - 6	6
(8) VOLLEYBALL - 15 full party, Boys and Girls, 1A, 2A, 3A, 4A	120
(9) RUGBY - 30 for 15s, 19 for 7s Boys and Girls	196
3. Ribbons and medals will be presented at XC and T&F Zone competitions.

SECTION IX - COMPETITION DATES

1. It is the intent of the SASAA to establish dates for all Zone competitions for the next year at the June meeting.
2. The Zone date for Rugby will be selected at the current year's SAHSRL AGM.

SECTION X - BIDS TO HOST ZONE AND PROVINCIAL COMPETITIONS

Zone Championships

Bids to host zone championships must be made no later than two weeks prior to the June SASAA meeting. Bids will be made through a form provided by the zone manager. Member schools shall have the opportunity to vote on scenarios where multiple bids are received. Only schools who are a part of the classification up for consideration, the specific sport commissioner, and the 5 members of the executive shall vote.

Cross Country Zone Championships shall be held every second year rotating East and West with Taber being the division line and considered East. If no school from one side wishes to host, the other region may host in consecutive years. The meets shall be hosted by an East school on odd years and a West school on even years.

Voting members shall consider fairness and equity in terms of location of zone championships for each sport year by year. No zone championship should be held in the same location for multiple years if schools from another location wish to host.

Provincial Championships

1. South Zone schools must submit bids to host Provincial competitions as per SSA policies outlined in the SSA handbook. As part of the SSA procedure, the zone manager must approve all bids
2. Provincial bids must be ratified at a Zone meeting before submission to SSA at the May AGM.

SECTION XI - RANKING OF TEAM SPORTS

1. For team sports including volleyball, football, basketball, and rugby, teams will be ranked according to the following criteria before zone tournaments.
2. Ranking shall be done by the sport specific South Zone commissioner a minimum 3 days before zone championships are held. The sport commissioner may at his/her discretion involve the assistance of commissioners from other classifications or coaches or athletic directors in their classifications and, if necessary, the zone manager .
3. Rankings shall be determined according to the following criteria.
 - a. league standings for teams in the same league
 - b. head to head matches/games
 - c. common opponents
 - d. key wins/losses
 - e. provincial rankings
 - f. strength of schedule
 - g. body of work
 - h. overall record

For regions where all teams play in the same league, league standings/tournament results will determine the rankings outright. For regions with multiple leagues, head to head results shall be the first and most important factor when determining rankings. The remaining criteria shall be considered as whole by the rankers. All results up to and including league championships shall be considered up to the Saturday preceding the zone tournaments. Only results entered into the SSA SRS system shall be considered by the rankers. Teams may not appeal rankings based on results not entered into the SRS.

All zone tournament hosts shall use rankings provided by their respective commissioner prior to making their draws public. Any appeal of zone rankings shall be directed to the zone manager.

SECTION XII - AMENDMENTS

1. All items under Policy may be amended by majority vote of the Board of Governors providing the amendments have been circulated to member schools as Notices-of-Motion at least two weeks prior to the General Meeting. Notice of Motion to amend Policy may be waived where such amendment is clearly of a house-keeping nature and does not change the intent of the Policy.

SPORT SPECIFIC POLICIES

SECTION XIII – BADMINTON

1. The rules governing badminton games shall be the laws of badminton as adopted by the International Badminton Federation and the Canadian Badminton Association. (ie ALL games to 21 points, rally point scoring).
2. There shall be a badminton elimination tournament for each of the following categories:

GIRLS SINGLES	BOYS SINGLES	
First and second place finishers shall advance to Provincials		
GIRLS DOUBLES	BOYS DOUBLES	MIXED DOUBLES
First and second place finishers shall advance to Provincials		

All competitors will be categorized as:

JUNIOR - under 16 as of September 1 of that school year

INTERMEDIATE - under 17 as of September 1 of that school year

SENIOR - under 19 as of September 1 of that school year

3. A. All member schools shall be entitled to enter 1 competitor or team in each category of competition.
B. A player may compete in only one event. He/she may opt to play in an older age level.
4. The Zone will be divided into 6 Districts for District competition as per Article XIII from which two Singles and two Doubles teams will compete at the Zone level for the right to compete at the Provincials.
5. A. All Districts will submit their badminton entries to the Zone Manager by the Friday prior to the Zone Tournament.
B. The Zone Tournament shall be played with a complete roster and, for any event not filled, the Zone manager will select a player(s) using the following process.

Initial tournament fill process. To be used when districts cannot fill their full roster. The selection

list for alternates shall be from a ranking of district aggregate totals from the previous year. *Ex. Lethbridge has the most aggregate points followed by Medicine Hat. Fills would come from the Lethbridge next place teams. Once that place option from said district are exhausted, the next place finishers from the next highest ranked district are selected.*

Once the initial fill is completed, all coaches and athletic directors will receive a spreadsheet with all entries. It shall be up to coaches to identify all their zone entries in all six districts. * Some athletes will be placed into other districts as part of the initial fill.

Cancellation fill process. To be used once the original tournament is filled using the process above. In cases of open entries due to cancellation or injury, the region with the opening shall have the first opportunity to fill followed by the order outlined above. The Zone Manager will notify filling schools for each of these cases. This process is very time sensitive and schools will have 24 hours to confirm or deny the fill is able to attend.

C. Districts will submit two alternates (3rd and 4th place from their regionals) for each category where possible.

6. Zone Competitions will be held in Lethbridge in EVEN numbered years and in Medicine Hat in ODD numbered years.

7. Procedures for operation of Zone Badminton Tournaments

A. **DOUBLES and SINGLES:** Zones will be a 2-Pool Round Robin with 6 Districts in each, 2 pool composition scenarios shall be rotated from year to year as follows. These pools will be the same for all age categories and events.

Even Years

Pool A - Lethbridge 1, Med Hat 2, South 1, West 2, Central 1, North 2

Pool B - Lethbridge 2, Med Hat 1, South 2, West 1, Central 2, North 1

Odd years

Pool A - Lethbridge 1, Med Hat 2, South 2, West 1, Central 2, North 1

Pool B - Lethbridge 2, Med Hat 1, South 1, West 2, Central 1, North 2

The top 4 from each Pool advance to the Single Elimination Playoffs. 5th and 6th will be eliminated.

B. Each Round Robin match will be one game to 21 points. Each Play-off match will be best-of-three games to 21.

C. Tiebreaks:

i. In two-way ties placings will be determined by the result of the match between the two tied teams/players.

ii. In multiple way ties, points won vs points lost ratio between the tied teams/players will determine placing/ranking. Individuals or teams cannot be eliminated via this procedure. If 3 are tied for third, the tie break ratio will be used to determine 3rd and the other two shall play a tie break game for 4th. If 3 are tied for 4th, the ratio will be used to rank 4 through 6. 5 plays 6 in a tie break game with the winner playing 4 in another tie break game. **All tie break games shall be a single game to 11 points.**

iii. If necessary, further ties will be broken by points won-points lost using all matches in the RR.

D. Play-offs will be an 8 Team Single Elimination

MATCH 1: A1 vs B4

MATCH 2: B2 vs A3

MATCH 3: A2 vs B3

MATCH 4: B1 vs A4

MATCH 5 (Semi-Final): Winner Match 1 vs Winner Match 2

MATCH 6: (Semi-Final): Winner Match 3 vs Winner Match 4

MATCH 7: (BRONZE): Loser Match 5 vs Loser Match 6

MATCH 8: (GOLD/SILVER): Winner Match 5 vs Winner Match 6)

8. Time between play-off matches will be a minimum of 5 min and a maximum of 10 min

9. Banner points will be awarded according to the following structure:

PLACING	POINTS
1 st	8
2 nd	6
3 rd	4
4 th	3
5 th -8 th Loss in QFs	2
9 th -12 th Loss in Round Robin	1

SECTION XIV - BASKETBALL

BASKETBALL TEAM CLASSIFICATION deadline is DECEMBER 15 if OPTING UP.

BASKETBALL TEAM REGISTRATION deadline is FEBRUARY 1

No team registration accepted after February 1 and no player registration accepted after February 15.

See page 9, Section VI - 3 for appeal if the deadline was missed.

1. The playing rules governing basketball shall be the rules adopted by the International Amateur Basketball Federation (FIBA) with modifications as adopted by the SSA.
2. In SASAA girls competitions, the size 6 ball (28" circumference) shall be used.
3. The Alberta Basketball Officials Association (ABOA) and its subsidiary associations are recognized to provide officials for all Zone competitions.
4. There shall be ten SASAA Zone elimination tournaments, one for boys and one for girls in each of the 1A, 2A, 3A, 4A, and 5A classifications.
5. When it is believed that Provincial Rankings are incorrect and do not accurately reflect the strength of our Zone, we will appeal Provincial Rankings through our Commissioner. If the appeal fails, costs will be covered by the Zone.
6. Representatives for each classification will be determined by the following:

1A/2A GIRLS AND BOYS BASKETBALL

A tournament chair shall be elected by 1A and 2A schools and the SASAA executive at the June meeting of the SASAA. The tournament chair shall establish a tournament committee consisting of staff of the tournament chair's school, the 1A and 2A boys and girls basketball commissioners, and any other 1A or 2A school members who wish to volunteer.

The ~~tournament committee~~ Basketball Commissioner shall set up the Zone Tournament draw and schedule. The draw will be made in accordance with the number of teams eligible for 1A/2A competition using the ranking criteria outlined in Section XI of this constitution..

In the event of a single combined tournament, in both boys and girls divisions, the involved schools will vote on the Tournament site. Multiple sites may be used. Member schools and/or a larger community facility may be used.

In the event that any or all classifications are not part of a combined tournament, a host school and tournament chair shall be established at the preceding June meeting of the SASAA by vote that includes all 1A and 2A schools and the SASAA executive. If multiple schools are wanting to host, a fair rotation should be considered so that no school hosts multiple years consecutively unless no other schools wish to host.

The tournament chair and the appropriate 1A or 2A basketball commissioner shall set the Zone Tournament draw. The draw will be made in accordance with the number of teams eligible for the appropriate classification using the rankings outlined in Section XI of this constitution.

When a second representative to Provincials is required, that berth shall be awarded to the Zone Finalist. **When a third representative to Provincials is required, the winner of the Bronze medal game shall be awarded the provincial berth. Provincial host schools that have automatic berths are excluded. There will be no challenge games.**

In all situations, teams must declare Zone Tournament participation by February 15. Withdrawal after February 15th will result in a fine equal to the zone tournament entry payable to the host.

~~To determine the second representative to Provincials, a third place game will be played. The Championship Game shall be played on Saturday. A third place game to determine bronze medallists shall be played on Saturday.~~

~~Basketball Commissioners will seed the Zone Draw based on those scores posted on the SRS System (on SSA website) up until eight (8) days prior to the start of the Zone tournament. These seedings will be done by the Zone Commissioner, and will use the following criteria to rank teams:~~

- ~~1. Head to Head versus Zone Teams~~
- ~~2. Common Opponents~~
- ~~3. Key Wins/Key Losses~~
- ~~4. SSA Provincial Rankings~~
- ~~5. Strength of Schedule~~
- ~~6. Body of Work~~
- ~~7. Overall Record~~

~~Although every effort needs to be used to ensure validity and transparency within the rankings, it is imperative for members to understand this is a zone ranking, not a provincial ranking/seedling for the South Zone tournament. Wins and losses versus zone teams will weigh heavily on the final evaluation process as they are the ones who are directly affected within the tournament parameters.~~

3A GIRLS AND BOYS BASKETBALL

A host school and tournament chair shall be established at the preceding June meeting of the SASAA by vote that includes all 3A schools and the SASAA executive. No school should be able to host a second Zone tournament before every school who desires it has the opportunity to host. By rule of thumb it is suggested that the zone championship site rotate as follows. **Even years: Medicine Hat or east of Taber; **odd years:** West of Medicine Hat. This rotation is not mandatory if no school in a particular region wishes to host.**

~~The ~~host school~~ **tournament chair and the appropriate 3A basketball commissioner** shall set the Zone Tournament draw. ~~, which must be approved by the Zone Basketball Commissioner.~~ The draw will be made in accordance with the number of teams eligible for 3A classification **using the rankings outlined in Section XI of this constitution.**~~

~~In both boys and girls divisions, the involved schools will vote on the Tournament site. No school should be able to host a second Zone tournament before every school who desires it has the opportunity to host.~~

~~Zone site: **even years:** Medicine Hat; **odd years:** West~~

When a second representative to Provincials is required, that berth shall be awarded to the Zone Finalist. **When a third representative to Provincials is required, the winner of the Bronze medal game shall be awarded the provincial berth. Provincial host schools that have automatic berths are excluded.**

There will be no challenge games.

4A/5A GIRLS AND BOYS BASKETBALL

All 4A and 5A schools must declare their classification as either 4A or 5A through School Sport Alberta according to SSA policy and deadlines. 4A and 5A zone tournaments will be organized and coordinated by the executive of the Prairie Sky Conference and any other 4A athletic directors who are not part of the PSC. These tournaments, in whole or in part, may take place at any member schools or a community location of the committee's choice. As the number of teams in each classification can vary from year to year, appropriate tournament draws to establish the allotted number of provincial qualifiers shall be established.

Ranking of all teams in all classifications for zone tournaments will be in accordance with Section XI of this constitution.

7. In the event of a combined classification South Zone Tournament (ie. 1A/2A) hosted by a school and subsequent chairperson, the following honorariums will be offered:
 - a) Host school will have up to 2 teams' team entry fee waived

SECTION XV - CROSS COUNTRY

1. EVENTS There shall be three race classifications for both boys and girls

- a) **JUNIOR** - under 16 on Sept 1 of that school year
- b) **INTERMEDIATE** - under 17 on Sept 1 of that school year
- c) **SENIOR** - under 19 on Sept 1 of that school year

2. DISTANCES

Junior Boys - 4000 metres	Junior Girls - 3000 metres
Intermediate Boys - 5000 metres	Intermediate Girls - 4000 metres
Senior Boys - 6000 metres	Senior Girls - 5000 metres

3. RULES The meet shall be run in accordance with the Athletics rules as published by the IAAF.

4. ZONE MEET - Until participation warrants, there will be no District playoffs. There will be a Zone meet in which all Zone schools may enter competitors. This meet will be under the direction of the host school, the zone manager, and Zone Commissioner. A contracted timing company shall be used.

4a. ZONE MEET LOCATION. The zone meet shall rotate year to year between the eastern half of the South Zone and the Western half with Taber being the midline and considered West. If no school in the designated zone wishes to host, it may be held in the same half back to back years. In such case rotation shall be adjusted so the other half hosts the following year. The west half shall host in 2026.

5. The winners in each event and other finishers needed to make up the Zone team will be responsible for their own transportation to the Provincial Meet.

SECTION XV – CURLING

CURLING TEAM LIST DEADLINE IS JANUARY 22

No team registration accepted after January 22 and no player registration accepted after February 8.

See page 9, Section VI - 3 for appeal if the deadline was missed.

1. All members of a rink must meet SASAA eligibility and registration regulations and not be members of other school representative curling teams. Only those team members listed as substitutes may be used on the representative school team. All teams must continue throughout the Zone competition with the listed team members as constituted in the first post-district game of the competition. **On-site Grade 9's who are registered as students of an SSA member school, regardless of classification, are eligible to compete.**
2. Each High School team will be allowed no more than two high school students who have advanced to the Provincial Junior Mens' or Provincial Junior Women' championships.
NOTE: At present there are 8 teams that advance to the Provincial final in Junior Mens' and 8 teams that advance to the Provincial final in Junior Women'. **On-site grade 9 students** are allowed to register on their school curling team, regardless of size of school. This does not affect their 3-year eligibility for other SSA activities.

3. A player is eligible to play on ONE representative school team only.
4. Schools having registered players for Zone Curling are expected to participate at Provincial Curling if they should qualify. If a successful District Representative should qualify for Alberta Curling Federation (AFC) Provincials, they shall withdraw from High School curling before Zone competition. The second place District team will then qualify for High School Zones. If a school withdraws after playing at Zones, they will be responsible for paying the Provincial entry fee.
5. Each rink will consist of 5 students (boys and girls) and 6 students in mixed curling.
6. The teams shall compete with 4 a side. In mixed curling, a rink shall be composed of two boys and two girls, with boys and girls alternating at the various team positions.
7. All games must be started with the rink having 4 players, and any rink not having its full complement of four players shall be disqualified. In the case of illness or accident during the game, and the skip, vice-skip or the second player is absent, the person playing lead shall play three stones in proper order and the player playing next shall play three stones. Thus, no rink may continue to play with less than three players.
8. Substitutions may be made during or between games by using the non-playing team member(s) for any team position and must continue play until the end of that game. (In mixed play, a boy can only substitute for a boy and a girl for a girl, and follow #5 above). A substitute is attached to a team once he/she has played and cannot substitute on another team.
9. All games will be 8 ends in duration. If tied at the completion of 8 ends, an extra end(s) shall be played.
One 1-minute time-out is available for each team for each extra end.
10. The rules governing curling shall be the rules of the Canadian Curling Association. A 5-minute (maximum) time-out will be permitted upon completion of the 4th end and each team is permitted TWO 1-minute time-outs per game with the time-out to be taken when the team is in possession of the rock in the hack.
11. The Zone will be divided into 6 Districts for District competition as per Article XIII from which the winners will compete at the Zone level for the right to compete at the Provincials. In the event that weather conditions District teams from having a play-off, the decision will be made by a coin toss. Each of the 6 Districts will be placed in 2 Pools, A and B, as shown below:

2030		2031		2026	
<u>POOL A</u>	<u>POOL B</u>	<u>POOL A</u>	<u>POOL B</u>	<u>POOL A</u>	<u>POOL B</u>
West	South	Central	West	Lethbridge	Central
Central	Medicine Hat	Lethbridge	South	North	West
Lethbridge	North	North	Medicine Hat	Medicine Hat	South
2027		2028		2029	
<u>POOL A</u>	<u>POOL B</u>	<u>POOL A</u>	<u>POOL B</u>	<u>POOL A</u>	<u>POOL B</u>
North	Lethbridge	Medicine Hat	North	South	Medicine Hat
Medicine Hat	Central	South	Lethbridge	West	North
South	West	West	Central	Central	Lethbridge

12. If one or more Districts do not have a team entered in a category, then the vacancies will be filled from other Districts in the Zone, using the following order:
 - a. The school hosting the Zone play down
 - b. The District hosting the Zone play down
 - c. The past host District, working backwards through host districts
 - d. Should all vacancies still not be filled, then a rotational system will be used: beginning with A1 and working backwards through A2, A3, B3, B2, B1 for that particular year.
 - e. No District can have more than 3 representative teams in any category of competition
 - f. If more than one vacancy is to be filled, then the replacement team(s) will be placed into the opposite pool from the other team in their district, whenever possible.

13. The Zone competition will then be a 6-team competition with two round robins and playoffs in each of the three categories. There would be 33 games in total played. Each team will play 2 games on Friday and at least one game Saturday. Three sheets of ice will be in use at all times. The DRAWS will be as follows:

6 TEAMS (11 games each category)

A1 vs A2	B1 vs B2
A1 vs A3	B1 vs B3
A2 vs A3	B2 vs B3

1st B	
2nd A	
3rd B	ZONE
1st A	WINNERS
3rd A	
2nd B	

5 TEAMS (9 games) example: B2 is vacant

A1 vs A2	B1 vs B3
A1 vs A3	B1 vs B3 (double round robin)
A2 vs A3	

1st B	
2nd A	
BYE	ZONE
1st A	WINNERS
3rd A	
2nd B	

4 TEAMS (9 games)

Single Round Robin

- 1 vs 4 1st
- 2 vs 3
- 1 vs 3 4th
- 4 vs 2 2nd
- 1 vs 2
- 3 vs 4 3rd

ZONE
WINNERS

3 TEAMS (6 games)

Single Round Robin

- 1 vs 2 Play-off:
- 1 vs 3 Semi-Final: 2nd vs 3rd
- 2 vs 3 Final: winner vs 1st

2 TEAMS : Play the best-of-three games to determine the ZONE WINNER.

14. TIES. The tie-breaking procedure will include a draw to the button to take place after the conclusion of their first game, by all teams involved in the competition. Teams may select any player to deliver the draw to the button. One practice rock will be thrown and sweeping will be allowed. The distance from the rock to the button will be measured and recorded.

In the event that teams are tied after the Round Robin, the following procedure to **rank the teams** will be used:

1. If two teams are tied, the game between the two teams will determine their placing
2. If more than 2 teams are tied, the team with the rock closest to the button will be ranked higher, continuing until all places are determined.

15. Host school regulations regarding smoking and drinking will be in effect; flagrant violations will result in disqualification of the offender from further play in the bonspiel. (interpretation of flagrant: drinking or continual smoking after a warning)

16. Gold, Silver and Bronze medals will be awarded. If the host curling site has less than 6 sheets of ice, bronze medal matches will not be played.

SECTION XVI - FOOTBALL

1. SSA Policy states that Provincials will be hosted on turf fields. The Alberta Bowl holds all games at one site on a rotation of 5 zones with appropriate fields (South, Edmonton, Calgary, Central and North East). South Zone has 3 such fields. South Zone will host the Alberta Bowl as per the SSA rotation. The zone shall choose a host school(s) at a zone meeting the year prior to hosting.

All South Zone football programs shall fall under the classifications of the SSA. The criteria for zone playoff qualification in the sport of football is applicable to the following classifications: 3A (below 700 students), 4A (700 to 1399), and 5A (1400+ and those opting up).

As per SSA policy, 5A berths to the Alberta Bowl shall be determined solely by provincial ranking.

Teams that advance to the Alberta Bowl Provincial Championships for 3A and 4A from the South Zone shall be determined as follows:

If TWO teams are in a classification, the two teams shall play each other to determine a single berth . If the classification allows for two berths, the game must be played to determine ranking.

If THREE teams are in a classification, the top 3 teams shall play 2 vs 3 in a semi-final followed by a

final. The final shall be the winner of the semi-final vs the 1 seed, to determine who shall represent the South Zone at the Alberta Bowl provincial championships. If the classification allows for two berths to provincials, the two finalists will qualify ranked by the outcome of the final. It shall be the responsibility of the South Zone football ranking committee to determine the rankings for the 3 teams.

If FOUR OR MORE teams are in a classification, the top 4 teams shall play 1 vs 4 and 2 vs 3 in a semi-final followed by a final to determine who shall represent the South Zone at the Alberta Bowl provincial championships. It shall be the responsibility of the South Zone football ranking committee to determine the top 4 teams and rank them 1 to 4.

The South Zone football ranking committee shall be composed of the South Zone football commissioners and the South Zone Manager. The ranking committee will use league play results, head to head games, provincial rankings, non-conference play, strength of schedule, and other factors to determine these rankings, not necessarily in that order.

The South Zone shall endeavor to appoint football commissioners from schools representing each respective league that operates within the zone. If an even number of commissioners cannot agree on final rankings, the zone manager shall examine all the ranking information and cast the deciding vote.

For years where the South is entitled to host the Alberta Bowl, a three location rotation shall be followed. Beginning in 2026, the rotation shall be Medicine Hat (Methanex Bowl), followed by the University of Lethbridge (Community Stadium), then Raymond (Comet Stadium).

SECTION XVII - GOLF

1. The playing rules of the CPGA and the local rules as proclaimed by the host club shall govern the Zone Golf Tournament. Knowledgeable golf supervisors (at least one) must accompany the golfers to the tournament.
2. The Zone Tournament will be held during a period two weeks prior to the Provincial Tournament, with two rain-out dates set at least a week preceding the Provincials. Because of long distances of travel, decisions of postponement must be made by 6:00 pm the previous night.
2. The Zone shall run 2 qualification tournaments to be held during a period two weeks prior to the Provincial Tournament, with two rain-out dates set at least a week preceding the Provincials. Because of long distances of travel, decisions of postponement must be made by 6:00 pm the previous night. A 1A/2A tournament, and 3A/4A/5A tournament shall be run with the top 2 in each category from each tournament advancing to the provincial tournament.
3. Competitors shall complete 18 holes of golf to be eligible for Provincial competition. If a person has to be "declared" a winner, the Zone Commissioner, the Past Zone Commissioner and the Tournament Chairperson shall be the deciding committee.
3. Competitors shall complete 18 holes of golf to be eligible for Provincial competition. If the event the tournament is shortened to less than 18 holes for any reason, and provincial qualifiers need to be determined, the Zone Commissioner, the Tournament Chairperson, and the Zone Manager shall be the deciding committee.

4. Schools wishing to compete in the team competition may have a minimum of 3 boys and 3 girls and a maximum of 4 boys and 4 girls entered.
5. There shall be one site for the Zone Championships. Advancement to Provincials shall be by SSA Policy.
5. There shall be one or two sites for the Zone Championships. Advancement to Provincials shall be by SSA Policy with the top 2 advancing in each event for each tournament.
6. The maximum allowances for an 18-hole handicaps shall be 30 for male entries and 40 for female entries. **Boys need to be capable of shooting 100 or less and girls should be capable of breaking 110 on a good day.**
7. TIES
 - A. If a tie for an overall Champion occurs, a sudden-death play-off will take place involving the tied players.
 - B. Ties for second shall all be awarded silver medals and no bronze medals will be awarded. Ties for third shall all be awarded bronze medals.
 - C. If a tie occurs such that one or more players need to be eliminated from going to Provincials, a play-off will occur to determine the remaining positions that advance.
 - D. In team play, all players on the tied teams will play in a sudden-death play-off. The three best scores per hole will total for the team score. The lowest team total will advance to Provincials
8. Gold, Silver and Bronze medals will be awarded for individual and team winners.
9. Information concerning the Zone Tournament shall be sent to each school in advance of the tournament.
10. In hosting the Zone Tournament, it is recommended that preference be given to golf courses that have 18 holes rather than 9 holes.
11. GENERAL OUTLINE FOR ORGANIZERS OF SOUTH ZONE GOLF TOURNAMENT
 1. Arrange with the local golf course and set a time and date for the zone tournament. A 10:00 am (or later) shot-gun start is preferred with two groups of 4 students per tee box. Make arrangements with the kitchen at the golf course to serve a meal the students would enjoy at a reasonable price.
 2. **Host shall provide an information package** to inform schools of the **Date, Time, Place and Cost** of the Zone Tournament several weeks before the actual event.
 3. Schools shall use an online shared spreadsheet listing players names, gender, events, and each competitor's handicap.
 3. Host schools and courses shall use an online shared spreadsheet listing players names, gender, events, and each competitor's handicap. The tournament shall be run using Golf Genius tournament management software.
 4. Registrant information will be provided to the golf course via spreadsheet for import into Golf Genius. The course shall print scorecards.
 5. A protest committee must be set up and posted before the Tournament begins. The Zone Constitution, SSA Handbook and golf rule book should be present at the site.

6. Assign teachers/coaches from each school to be group supervisors. These supervisors shall follow their groups around the golf course and enter scores into the Golf Genius app hole by hole. A meeting with Hole Supervisors just before you start is advised, to go over such things as local rules, tee-boxes, flight scoring and prizes.

Schools must provide competent adult supervisors according to the number of golfers they have competing.

1-4 golfers: one supervisor who must be a school staff member acting in official capacity

5-8 golfers: two supervisors

9-12 golfers: three supervisors

7. As the golfers return to the Club House after their games, they are to return their scorecards to the hole supervisor. **It is the hole supervisor's responsibility to ensure the participants agree on his/her digital scorecards on the app.**

8. If a Presentation Ceremony of Gold, Silver and Bronze medals along with the banners is held, it must take place quickly before schools begin to leave.

SECTION XVIII - RUGBY

1. Rugby Union is recognized as a team sport, played at the High School level for athletes of all genders as per SSA policy.
2. The Southern Alberta High School Rugby League (SAHARL) has submitted their Constitution which will be deemed to be part of the Zone Constitution.
3. All competition from league through to the Zone Championships shall fall under the SAHSRL mandate and constitution unless it conflicts with policies under the SASAA Constitution. Should a conflict arise, the Zone policy supersedes the SAHSRL policy.

SECTION XIX - TRACK AND FIELD

1. The South Zone Meet shall be ran on the Thursday, 8 days prior to SSA provincials. The deadline for regional meet organizers to submit their advancers via Hytek is the Friday prior to the zone meet at 4pm.
2. The Zone site will be on a rotational basis: even years in Medicine Hat and odd years in Lethbridge.
3. That the International Amateur Athletic Federation (IAAF) rule book be adopted, replacing the US Track and Field rule book, subject to any rule modification required by SASAA.
4. CLASSIFICATION
 - A. The meet shall be conducted as a co-educational meet with boys and girls competing in their respective events.
 - B. All birthdates must be included with track & field entries
 - a) **JUNIOR** - under 16 on Sept 1 of that school year
 - b) **INTERMEDIATE** - under 17 on Sept 1 of that school year
 - c) **SENIOR** - under 19 on Sept 1 of that school year

C. Competitors are limited to competition in one class at the SASAA meet, with the exception of Open events.

4. EVENTS (refer to SSA Handbook for any changes)

A. Boys' Events:	100 M	Long Jump	Javelin	100M Hurdles
	200 M	Triple Jump	Shot Put	300M Hurdles
	400 M	High Jump	Discus	Pentathlon Open
	800 M	Pole Vault		4 x 100M Relay
	1500 M		3000 M	4 x 400M Open Relay
B. Girls' Events:	100 M	Long Jump	Javelin	80M Hurdles
	200 M	Triple Jump	Shot Put	300M Hurdles
	400 M	High Jump	Discus	Pentathlon Open
	800 M	Pole Vault		4 x 100M Relay
	1500 M		3000 M	4 x 400M Open Relay

Competition in the Open events may be senior, intermediate or junior competitors.

5. STANDARDS

Discus - All girls use 1 kg; Junior and Int boys use 1.5 kg; Sr Boys use 1.75 kg

Shot Put - Junior and Int girls use 3 kg; Sr Girls use 4 kg; Junior and Int boys use 5 kg ; Sr Boys use 6 kg

Javelin - Junior and Int girls use 500 g; Sr Girls use 600 g; Junior & Int boys use 700g; Sr Boys use 800 g

Hurdles - Jr, Int Girls: 76 cm high (30"), 12 m to first hurdle, 8 m between hurdles
Sr Girls: 84 cm high (33"), 12 m to first hurdle, 8 m between hurdles
Jr, Int Boys: 84 cm high (33"), 13 m to first hurdle, 8.5 m between hurdles
Sr Boys: 91 cm high (36"), 13 m to first hurdle, 8.5 m between hurdles

6. General Regulations for Entries

A. The Zone will be divided into 6 Districts for District Meets as per Article XIII.

B. Districts are permitted two entries in each event/category, except one relay entry per category. Districts may also submit times for a second 4x400 Open relay team per gender. Wildcard 4x400 relay teams will be entered to fill the 8 lanes, based on the best times submitted.

C. Each competitor may enter a maximum of 4 events, including relay event(s). Pentathlon athletes may enter one other event in their age category. An athlete's points in all events will count towards the aggregate medals and team banners. Relay team members will be awarded ¼ of relay placement points.

D. i) The hurdles, and 100M track events will be run in 2 heats, followed by a final. The 200M and 400M will be run in 2 timed section finals

ii) The 2 heats in Zones will be composed of the first and second place finishers from each of the 6 Districts.

iii) The 2 heats in Zones will be seeded by placing the two sprinters from the same District in separate heats. The additional 4 entries will be placed in heats with the first and fourth best times in one heat, and the second and third best times in the other heat.

E. For Provincials, the winning 4x100 and 4x400 relay teams will form the first Zone team. The second Zone team will be selected from the fastest remaining 100m and 400m runners.

F. Athletes competing at the Zone T & F Championships will NOT be eligible for selection to a Provincial relay team UNLESS they are represented at the post meet selection meeting by the COACH FROM THEIR SCHOOL. THE COACH MUST BE PRESENT AT THE MEETING. A regional representative is not acceptable.

G. If a competitor qualifies to compete in Zones, and chooses to compete in Zones, the competitor is committed to further compete at Provincials, at the discretion of the coaches. Schools will be fined \$25.00 per student for each of their students who register for the Provincial T & F Championships and do not compete in each of their registered events at the meet. Any appeal must be directed to the Zone Executive through the Zone Manager.

H. The **deadline for scratching an athlete** off the Zone team for the Provincials will be 3:00 pm on the Friday immediately following the South Zone Meet. After this time, the athlete's school will be assessed the designated fine for their athlete not competing at the Provincial Championship.

I. Any school that has outstanding fines for Track and Field will not be eligible to compete at subsequent South Zone Track and Field Championships.

J. Aggregate awards are given out after the completion of the last event of the day.

K. Athletes will report their desire to compete at Provincials to the official in charge of the event and the official will record their intent on the result sheet. Event officials will pass out all ribbons and send the result sheet to the scoring table.

7. Track & Field Zone Championship banners will be awarded to the winning schools in 1A, 2A, 3A and 4A categories.

SECTION XX - VOLLEYBALL

VOLLEYBALL TEAM LIST DEADLINE IS OCTOBER 15

No team registration accepted after October 15 and no player registration accepted after November

1. See page 9, Section VI - 3 for appeal if the deadline was missed.

1. Unless specifically stated, volleyball shall be run under the same provisions as the SSA competitions, or at the discretion of the tournament chairperson with the approval of the Zone Executive.
2. Any school within the Zone may enter the competition at their registered level.
3. All competitions shall be held one week prior to their respective Provincial competition.
4. Host bids: vote only among schools involved in the competition. Bids shall first be accepted from alternating areas: West in even years, East in odd years.
5. The tournament format will be drawn up and circulated as soon as possible after the registration deadline is reached (Oct 15). The seeding of the teams will be done one week prior to the Zone Competition.
6. Volleyball Entry Fee – Cost Recommendation: **GUIDELINES ONLY**
 1. Carded Volleyball Officials. For zone championship tournaments, one referee from the Alberta Volleyball Officials Association shall be used in all round robin and quarter final

games. A referee and umpire shall be used in semi final and finals only if available.

2. Gold medals and the zone banner must be presented.

Recommendations: 1. Only the cost of carded officials and awards must be figured into the entry fee.

2. Costs of caretaking must be pre-approved by the volleyball commissioner as he/she approves the draw. If they are approved, they may be factored into the cost.

3. All teams involved in the tournament, including the host teams, must pay the entry fee.

4. In the event of a combined classification South Zone Tournament (ie. 1A/2A) hosted by a school and subsequent chairperson, the host school will have up to 2 teams' team entry fee waived.

5. A detailed budget summary must be submitted to the zone manager.

6. All two day zone tournaments must be formatted so all teams play at least one match on day two.

7. 1A-5A VOLLEYBALL

A. All host schools will receive an automatic entry into the zone tournament.

B. All the teams in each tournament will be ranked by the host school and Volleyball Commissioners with input given from coaches involved in the competition.

i. When possible, the most recent provincial ranking should be used to assist the making of zone rankings. Zone ranking will supersede Provincial rankings

ii. Rankings should be completed and distributed to participating teams by the Monday night of the zone weekend.

iii. When all teams in a zone classification are all in the same league, teams should be ranked based on those final league standings. Results from league playoff tournaments may be considered when making final zone rankings, if necessary to ensure a fair ranking that represents the most current information.

iv. When teams are not all in the same league, head-to-head matches between teams in the same classification in both league and tournament play will be considered.

C. There are two types of matches that can be played at Zones:

i. Best-of-three match: The first two sets are to 25 pts, and the 3rd to 15 pts.

ii. Best-of-five match: The first four sets are to 25 pts, and the 5th to 15 pts.

iii. Each set must be won by at least 2 points, with no cap in any set.

D. A maximum of eight teams will be allowed to participate in all zone tournaments.

E. Challenge matches will be held for classification that have seven, nine or more than nine teams declared. All challenge matches shall be best of 5 with the host team booking and paying for officials. The home team shall be the higher seeded team unless otherwise agreed to by the two participating schools.

i. The match(es) must be completed by Wednesday night of the zone weekend.

ii. The match(es) will be a best-of-five match.

iii. In the case of a classification having seven teams, the two lowest seeded teams will participate in a challenge match. The winner of the match will assume the final and lowest seed in the zone tournament. Exception: In the case of 3A classification having fewer than 8 teams, all teams will be included in the Zone competition and Pools may be uneven.

iv. In the case of a classification having nine teams, the two lowest seeded teams will participate in a challenge match. The winner of the match will assume the final and lowest seed in the zone tournament.

v. In the case of a classification having multiple teams beyond the tournament maximum, then multiple challenge games must be played. For example, if 2A Girls have 12 teams declared, the 5th and 12th, 6th and 11th, 7th and 10th, 8th and 9th seeded teams will play a challenge match to get into the zone tournament.

vi. The higher ranked team will be given the first opportunity to host the challenge match.

vii. If the Host team* is ranked sixth (eighth) or lower, they will be replaced with the fifth (seventh) ranked team for the Challenge match. The Host team will be ranked in the Zone tournament in accordance to their ranking with the successful challenge team.

*This only applies if the zone competition is being hosted at a school, not at Lethbridge College.

F. If a zone tournament has three or more teams, the tournament must be played over more than one day.

G. Ties will be broken by the SSA rules. If there is a tie for the last play-off spot, one game to 25 pts with no cap will be played. The winner will assume the final play-off spot.

H. There will be no bronze medal match unless needed for advancement to provincials.

1. **Two-team format:** A best-of-five match will be played for the Zone Championship.
2. **3 Team Tournament:** 3 teams will play a round robin with best of 3 matches on the Friday. 3rd set to 15 points with no cap. 1st place gets an automatic berth in the final. 2nd plays 3rd in the semi-final. Semi final and final matches shall be best of 5, 5th set to 15 points with no cap. Semi final and finals to be played on Saturday. Standard volleyball Alberta pool tie breaking procedures apply.
3. **4 Team Tournament:** 4 teams will play a round robin with best of 3 matches on Friday. 3rd set to 15 points with no cap. 1st shall play 4th in semi final #1, 2nd will play 3rd in semi final #2. Semi final and final matches shall be best of 5, 5th set to 15 points with no cap. Semi final and finals to be played on Saturday. Losers of each semi final shall play for bronze. Standard volleyball Alberta pool tie breaking procedures apply.
4. **5 Team Tournament:** 5 teams will play a round robin with best of 3 matches on the Friday. 3rd set to 15 points with no cap. 4th plays 5th in a best of three Saturday morning at 9am with winner advancing to semi final number #1 as the 4 seed.
Semis: 1st shall play 4th in semi final #1, 2nd will play 3rd in semi final #2. Semi final and final matches shall be best of 5, 5th set to 15 points with no cap. Semi final and finals to be played on Saturday. Losers of each semi final shall play for bronze. Standard volleyball Alberta pool tie breaking procedures apply.
5. **Six-team format:** A two-pool, round robin format will be played. Round robin matches will be best-of-three. Play-off matches for 1A/2A will be best-of-three and for 3A/4A will be best-of-five. The round robin and quarter finals must all be played on Friday (or the first day). Pool rankings will be: Pool A: Seed 1, 3, 5; Pool B: Seed 2, 4, 6. Playoffs will see all teams advancing: Quarter-finals: (1) B2 vs A3 and (2) A2 vs B3; Semi-finals: A1 vs winner QF(1) and B1 vs winner QF(2). The winners of the semi-finals will play for the Zone Championship.
6. **Seven-team format:** Once the challenge match is completed, the tournament will follow the six-team format.

7. **Eight-team format:** A two-pool, round robin format will be played. Round robin matches will be best-of-three. Play-off matches will be best-of-three. Pool rankings will be: Pool A: Seed 1, 3, 5, 7; Pool B: Seed 2, 4, 6, 8. Playoffs will see three teams advancing: Quarter-finals: (1) B2 vs A3 and (2) A2 vs B3; Semi-finals: A1 vs winner QF(1) and B1 vs winner QF(2). The winners of the semi-finals will play for the Zone Championship.

SECTION XXI - WRESTLING

1. RULES
 - a. The rules shall be those of the Canadian Amateur Wrestling Association with exceptions being specifically adopted by the SSA.
 - b. A list of the rule deviations adopted by the SSA shall be given to the head official in advance of the meet.
 - c. An acceptable style of headgear is recommended.
2. WEIGHT CLASSIFICATIONS

SASAA shall follow the weight classifications of SSA (refer to SSA Handbook for changes)

Male competitors (all numbers represent kg):
44, 47, 50, 53, 56, 59, 62, 65, 68, 72, 76, 82, 90, 98, 108, 120+ kg

Female competitors:
44, 47, 50, 53, 57, 61, 65, 70, 75, 80+

NOTE: Each weight listed represents the upper limit of the weight class.
3. All registered wrestlers may attend the Rural Provincial Wrestling Competition. Currently a Zone Meet is not required. Should a Zone Meet be required, it will be under the direction of the Wrestling Commissioner.
4. **ILLEGAL MOVES:** Full Nelson, West Point Ride (T-Bar), Full Suplay, Front Suplay and Front Salto are illegal moves in all SSA competitions.