

*profile
photo*
(optional)

HDF TRAINER'S PROFILE

Name	MOHD NADZRIN BIN ABDUL WAHAB
Nationality	MALAYSIAN
MyKad/Passport No	770519-14-5283
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ACADEMIC QUALIFICATION

QUALIFICATION NAME	INSTITUTION/ UNIVERSITY	YEAR AWARDED
B. HUMAN SCIENCES	INTERNATIONAL ISLAMIC UNIVERSITY MALAYSIA	2001
M. MARTIAL ARTS	OPEN INTERNATIONAL UNIVERSITY OF COMPLEMENTARY MEDICINE	2011
M. PSYCHOLOGY	OPEN UNIVERSITY OF MALAYSIA	CURRENTLY PURSUING

PROFESSIONAL QUALIFICATION / CERTIFICATES

CERTIFICATION PROGRAMME	INSTITUTION/ CERTIFICATE BODY	YEAR AWARDED
CERTIFIED LEARNING & DEVELOPMENT PROFESSIONAL	GSDC	2025
CERTIFICATE IN ACCELERATED LEARNING PRACTICE	NEOONE	2025
EXECUTIVE MASTER'S IN BUSINESS ADMINISTRATION ON FUTURE READY LEADERSHIP	CHARTERED MANAGEMENT INSTITUTE	2025

MINDSCAPE PRACTITIONER	INTERNATIONAL BODYTALK ASSOCIATION	2025
FLOWPROFILER® INTERPRETER LEVEL 2: TEAM DEVELOPMENT	CHALMERS INTERNATIONAL LIMITED	2024
FLOWPROFILER® INTERPRETER LEVEL 1: GIVING FEEDBACK	CHALMERS INTERNATIONAL LIMITED	2024
BODYTALK ACCESS TECHNICIAN	INTERNATIONAL BODYTALK ASSOCIATION	2023
HYPNOTHERAPY CERTIFIED PRACTITIONER	THE AMERICAN BOARD OF HYPNOTHERAPY	2022
LANGUAGE AND BEHAVIOUR PROFILE PRACTITIONER	ASIA MIND DYNAMICS	2022
TIME LINE THERAPY CERTIFIED PRACTITIONER	TIME LINE THERAPY ASSOCIATION	2022
NEURO-LINGUISTIC PROGRAMMING CERTIFIED PRACTITIONER	ABNLP	2022
DISC BEHAVIOUR PPA CERTIFIED PRACTITIONER	THOMAS INTERNATIONAL	2021
EMOTIONAL DRIVE TRAINER CERTIFICATION	DIRECTIVE COMMUNICATION INTERNATIONAL	2021
COLORED BRAIN TRAINER CERTIFICATION	DIRECTIVE COMMUNICATION INTERNATIONAL	2020
ONE COACHING PRACTITIONER	JAZMI RESOURCES	2018
MASTER ZAFINA LEARNING FACILITATOR	PSKZM	2015
ACCREDITED TAKE CHARGE! PRESENTER	TAKE CHARGE	2015
ACCREDITED PLF & MASTERY AUDITOR	TAKE CHARGE	2014
CERTIFICATE IN TRAINING (TTT/9396)	PSMB	2013
TRAINER – 5 CHOICES TO EXTRAORDINARY PRODUCTIVITY	FRANKLINCOVEY LLC	2012
MASTER PRACTITIONER, TAKE CHARGE! LEARNING FACILITATOR SYSTEM®	TAKE CHARGE	2012
PROFESSIONAL LEARNING FACILITATOR™	TAKE CHARGE	2011
FOUNDER INSTRUCTOR – RHYTHM OF PERFORMANCE™	WHYFIT	2009
INSTRUCTOR – SOCIAL STYLES™	TRACOM GROUP	2008
INSTRUCTOR – LEADERSHIP CONVERSATIONS™	WORKFORCE PERFORMANCE LLC	2008
LEARNING COACH – ACCENTURE PROFESSIONAL SCHOOLS	ACCENTURE	2008
CERTIFYING INSTRUCTOR – PROWRITING™	TACTICS ASIA	2007
TRAINER INSTRUCTOR – INFORMATION MAPPING™	TACTICS ASIA	2006
TRAINER – SILAT KALIMAH	PSSKYS	2005

TRAINER – SILAT SENDENG HAJI HAMID	PSSHAH	2003
TRAINER – SENAMAN TUA™	AGM SDN BHD	2003
TRAINER – SILAT CEKAK HANAFI (SIJIL RENDAH PERSILATAN)	PSSCUHM	1996

EXPERIENCE

POSITION	COMPANY	FROM YEAR	TO YEAR
CREW	BERJAYA WYWY SDN BHD	2 JAN 1995	30 JUN 1995
EDITOR	JALUR CITRANUSA (M) SDN BHD	1 JAN 2001	22 JUN 2004
ASST. DIRECTOR OF MARKETING & SALES/ SPEAKER/ SENAMAN TUA INSTRUCTOR	WHYFIT SPORT ADVENTURE SDN BHD	25 JUN 2004	24 JUN 2005
EXECUTIVE, OFFICE OF THE STRATEGIST	ABOUT COMMUNICATION SDN BHD	26 JUN 2005	31 AUG 2005
INSTRUCTOR & PROJECT SPECIALIST	TACTICS ASIA SDN BHD	23 JAN 2006	29 FEB 2008
TRAINING COORDINATOR	WHYFIT SPORT ADVENTURE SDN BHD	1 JAN 2007	30 JUNE 2011
DEL PROJECTS LEAD	ACCENTURE SOLUTIONS SDN BHD	3 MAR 2008	31 AUG 2015
MANAGING DIRECTOR	ENSYNC LEARNING SDN BHD	7 DEC 2012	PRESENT
MANAGING DIRECTOR	PLF INTERNATIONAL SDN BHD	1 SEP 2015	5 FEB 2020
PART-TIME LECTURER	INTERNATIONAL ISLAMIC UNIVERSITY MALAYSIA	12 FEB 2016	28 APR 2017
PARTNER & LEARNING & DEVELOPMENT SPECIALIST	THE CAPACITY SPECIALISTS (CAMBODIA)	1 MAY 2018	PRESENT
LECTURER	UNIVERSITY OF GLOUCESTERSHIRE	7 OCT 2023	PRESENT

TRAINING PROGRAMME CONDUCTED

TRAINING CONDUCTED	FROM YEAR	TO YEAR
<i>HATS Heuristic & Adaptive Thinking Styles</i>	2015	PRESENT

A thinking skills program that enables switching between the critical, creative, analytical and lateral thinking styles.		
<i>DREAM Developing Resilience, Emotional Assertiveness & Motivation</i> A resilience program that explores growth mindset, grit and self-motivation		
<i>DESIGN Designing Elegant Solutions for Innovation, Growth & Navigation</i> A design thinking program for developing holistic and cost-logical solutions for complex issues.	2015	PRESENT
<i>SPEED Solving Problems Efficiently, Effectively & Decisively</i> A structured problem-solving program that imparts methods to identify problems into types that facilitate solution-finding.	2015	PRESENT
<i>SMILE Stress Management In Life & Employment</i> A stress management program that empowers people to handle the stress in their personal and professional lives.	2015	PRESENT
<i>DEEP Developing Exceptional & Excellent Performance</i> A personal and professional performance program that teaches how to attain higher productivity by planning, prioritising and performing.	2015	PRESENT
<i>METRO</i> <i>Managing Effort & Time Responsibly & Objectively</i> A time management program that imparts planning skills and helps to mold self-discipline.	2015	PRESENT
<i>CLEAR Communicating Logically, Empathically And Responsively</i> An intensive communication program for all levels that emphasises practical speaking, empathizing, listening and facilitating.	2015	PRESENT
<i>SPEAK Speaking Persuasively, Empathically And Knowledgeably</i> A structured public speaking program that builds confidence and provide a persuasive framework.	2015	PRESENT
<i>SPICE Systematically Persuading, Influencing & Convincing Everyone</i> An influencing skills program that delves into creating trust, developing clarity of communication and getting buy-in.	2015	PRESENT
<i>CODA Coaching for Objectives, Decisions & Actions</i> A coaching & mentoring enablement program that nurtures interaction and development skills to bring out the best in people.	2015	PRESENT
<i>SCORE Serving Customers Objectively, Responsively & Empathically</i> A customer service program that focuses on improving experience at every touchpoint in a friendly, fast, focused and fun manner.	2015	PRESENT

<p><i>PREP Presenting Responsively, Effectively & Professionally</i> A presentation skills program that creates a logical and persuasive flow that is easy to deliver and fulfils audience objectives.</p>	2015	PRESENT
<p><i>LEAP Leading for Excellence, Action & Performance</i> A leadership development program for new leaders that includes dynamic leading, coaching and performance management.</p>	2015	PRESENT
<p><i>PACT Passionate And Collaborative Teaming</i> A team alignment program that develops rapport between team members and synchronises expectations and goals.</p>	2015	PRESENT