

Updates to Open RN *Nursing Mental Health & Community Concepts, 2nd Edition*

Chapter/ Section	Updates
All	Incorporated updated WTCS course competencies and performance criteria (543-110) into revised learning objectives for each chapter
All	Minor verbiage changes made to improve clarity per WTCS faculty workgroup recommendations
All	New Next Generation-style case studies were added to every chapter to help students develop clinical judgment and prepare for the NCLEX
All	The term “client” is used across consistently across chapters
All	Content including DSM-5 criteria and definitions was updated with content from DSM-5-TR
Many	Several supplementary YouTube videos were added to enhance student comprehension of the content.
All “Applying the Nursing Process” sections	Nursing process sections were standardized in all chapters based on content included in Chapter 4 (“Application of the Nursing Process to Mental Health Care”). The NCSBN Clinical Judgment Measurement Model steps were included in parentheses next to the steps of the nursing process (e.g., Recognize Cues, Analyze Cues, Generate Solutions, Take Action, and Evaluate Outcomes). The “Assessment” sections were standardized to include Mental Status Examination, Psychosocial Assessment, a sample PQRSTU assessment with client responses for assessing the reason they are seeking health care, Suicide and Self Injury Screening, Cultural Assessment, Spiritual Assessment with sample client responses, and Lifespan Considerations. The “Implementation” sections include tables summarizing nursing interventions based on categories of the APNA <i>Implementation</i> Standard and common physiological concerns. Communication tips were also included with rationale.
Chapter Specific Revisions	
1.1	Reflective questions were revised to enhance clarity
1.2	Updated terminology from poor mental health to mental health disorders and included source to support connection of mental health disorders with chronic health conditions.
1.2	Updated video “An Update About Who’s Special Initiative on Mental Health”

1.2	Updated well-being definition in text, glossary, glossary terms area, and H5P card
1.2	Added element to discussion of mental illness r/t presence of specific diagnostic clinical criteria and their symptoms cannot be explained by a medical condition or substance use.
1.2	Updated information with reference source re: current DSM-5-TR with number of distinct disorders Borgogna N.C., Owen T., & Aita S.L. (2024). The absurdity of the latent disease model in mental health: 10,130,814 ways to have a DSM-5-TR psychological disorder. Journal of Mental Health. 33(4):451-459. doi: 10.1080/09638237.2023.2278107
1.2	Revised clarity in terms, omnipotent to all powerful
1.2	Removed redundant data under Early Signs of Mental Health Problems
1.2	Clarified signs of mental health problems in young children r/t sleep
1.2	Added glossary term culture to text, glossary terms, and H5P activity.
1.2	Added examples to cultural stigma, community support, & resources
1.2	Added glossary term cultural humility to text, glossary terms, and H5P activity
1.2	Added resource Improving Cultural Competency for Behavioral Health Professionals through HHS https://thinkculturalhealth.hhs.gov/education/behavioral-health
1.2	Incorporated content suggestions at the end of the WHO Mental Health Guidelines table
1.3	Incorporated examples of biopsychosocial and cultural factors in discussion of trauma response
1.4	Updated CDC Health Quiz with SAMHSA's Mental health facts sheet
1.4	Added content regarding nursing actions that can taken to address stigma and facilitate advocacy.
1.5	Added information on material boundaries
1.5	Added link re: A Nurses Guide to Professional Boundaries to NCBSN document
1.5	Added additional content on inappropriate boundaries
1.5	Updated the Professional Boundaries in Nursing NCBSN link
1.6	Updated risk factors for depression based on CDC update
1.6	Included development of a safety plan in steps for establishing a safe care environment
1.6	Added suggestions to safety plan, crisis response plan
1.6	Add link for crisis information chapter
1.6	Updated link for CDC course Workplace Violence Prevention for Nurses
1.7	Replaced term psychobiological
1.7	Incorporated suggestions for different types of treatment settings

1.7	Removed terminology subsection since the terminology is included throughout the chapter.
Chapter 1	Updated citations for several internet sources
2.2	Revised AIDET example based on feedback
2.3	Added example of why therapeutic communication is important in mental health nursing
2.3	Examples revised to actions as “nurse” not “nursing student”
2.3	Incorporated suggestions for cultural considerations
2.3	Clarified language on tips for effective communication/barriers for therapeutic communication
2.4	Clarified example of emphasizing autonomy
2.5	Clarified effective actions in teletherapy.
2.6	Several virtual telehealth simulations were added.
Chapter 2	Updated citations for several internet sources
3.2	Revised stress response for clarity
3.2	Expanded section on Being Kind
3.2	Removed section on COVID-19 related grief because CDC source no longer found
3.3	Expanded section on spending time in nature
3.5	Added glossary terms maturational, situational, and social crisis
3.5	Added physiological symptoms to crisis assessment
3.5	Expanded crisis intervention goals
4.3	Added section on medication review
4.3	Added glossary term alogia, echolalia, magical thinking, avolition, and asociality.
4.3	Reorganized MSE, Psychosocial Assessment areas, expanded content on elements impacting psychosocial assessment.
4.9	Updated verbiage on NCLEX Next Generation for clarity
Chapter 5	Incorporated updates from the 2025 ANA Code of Ethics throughout the chapter.
5.2	Updated based on 2025 edition of ANA Code of Ethics for Nurses and included new tenth provision. Expanded ethical principle examples.
5.4	Added damages definition and clarified examples
5.5	Linked back to this section on ANA guidelines for using restraints in several areas of the book
6.2	Revised format structure of CNS/PNS
6.3	Added table summarizing mechanism of action of antidepressants. Added subsections on withdrawal symptoms, black box warning, common side effects, serotonin syndrome, hypertensive crisis, and client education.
6.4	Added table summarizing nursing considerations and side effects of lithium and a subsection on client education.

6.5	Added table summarizing nursing considerations and side effects of benzodiazepines and a subsection on client education; added subsection on hydroxyzine
6.6	Added table summarizing antipsychotics with additional information on side effects and client education.
6.8	Added additional information on side effects and client education for stimulants
7.3	Updated major depressive disorder with DSM-5-TR additional diagnostic criteria, "The client has never had a manic or hypomanic episode." Updated persistent depressive disorder, premenstrual dysphoric disorder, and mixed features with current criteria in DSM-5-TR. Added new Prolonged Grief Disorder.
7.2	Added info on NT role in depression
7.2	Expanded section on stress to include sociocultural factors
7.2	Updated CDC ACES link
7.2	Expanded section on Medical Problems/Medications
7.4	Updates to rhabdomyolysis, treatment of severe serotonin syndrome
7.5 Nursing Process	Under Assessment section, updated/added subsections on Mental Status Examination, Psychosocial Assessment, Suicide and Self Injury Screening, Cultural Assessment, Spiritual Assessment, Family Dynamics, and Lifespan Considerations. Under the Implementation section, tables summarizing implementation of nursing interventions according to categories of the APNA Implementation Standard, Physiological Symptoms, and Communication Tips were added/updated. Stages of the NCSBN Clinical Judgment Model were added in parentheses to Nursing Process steps.
8.2	Expanded sections on depressive elements of bipolar disorder and hypomanic episodes. Updated references to DSM-5-TR
8.3	Updated lifestyle changes and coping section
8.4 Nursing Process	Under Assessment section, updated/added subsections on Mental Status Examination, Psychosocial Assessment, Suicide and Self Injury Screening, Cultural Assessment, Spiritual Assessment, Family Dynamics, and Lifespan Considerations. Under the Implementation section, tables summarizing implementation of nursing interventions according to categories of the APNA Implementation Standard, Physiological Symptoms, and Communication Tips were added/updated. Stages of the NCSBN Clinical Judgment Model were added in parentheses to Nursing Process steps.
9.2-9.3	Risk factors sections moved for clarity
9.4	Clarified types of CBT, added glossary terms
9.5	Updated definition of obsessions and compulsions based on DSM-5-TR
9.7 Nursing Process	Under Assessment section, added subsections on Mental Status Examination, Psychosocial Assessment, Suicide and Self Injury

	Screening, Cultural Assessment, Spiritual Assessment, Family Dynamics, and Lifespan Considerations. Under the Implementation section, tables summarizing implementation of nursing interventions according to categories of the APNA Implementation Standard, Physiological Symptoms, and Communication Tips were added. Stages of the NCSBN Clinical Judgment Model were added in parentheses to Nursing Process steps. Added box with link to medically reviewed information on “Anxiety University Checklist” website.
9.8	Updated Spotlight Application with Case Study Structure
10.2	Updated definitions of personality disorders with language in DSM-5-TR.
10.2	Updated risk factors section
10.3	Updated treatment information based on feedback to include examples of medications and also support group information. Commonly prescribed medications were updated based on the UpToDate current source.
10.4 Nursing Process	Under Assessment section, added subsections on Mental Status Examination, Psychosocial Assessment, Suicide and Self Injury Screening, Cultural Assessment, Spiritual Assessment, Family Dynamics, and Lifespan Considerations. Under the Implementation section, tables summarizing implementation of nursing interventions according to categories of the APNA Implementation Standard, Physiological Symptoms, and Communication Tips were added. Stages of the NCSBN Clinical Judgment Model were added in parentheses to Nursing Process steps.
11.1	Renamed chapter “Thought Disorders” to match new state curriculum; URL remains the same
11.2	Updated information on psychosis and psychotic episode
11.3	Updated definitions on positive and negative symptoms of schizophrenia, environmental risk factors
11.4 Nursing Process	Under Assessment section, added subsections on Mental Status Examination, Psychosocial Assessment, Suicide and Self Injury Screening, Cultural Assessment, Spiritual Assessment, Family Dynamics, and Lifespan Considerations. Under the Implementation section, tables summarizing implementation of nursing interventions according to categories of the APNA Implementation Standard, Physiological Symptoms, and Communication Tips were added. Stages of the NCSBN Clinical Judgment Model were added in parentheses to Nursing Process steps. Differentiated interventions and evaluation by acute, stabilization, and maintenance phases. Included glossary term neologisms
12.2	Content additions as requested by reviewers, SUD content additions incorporated into SUD chapter

12.3 & 12.4	Minor wording changes/updates for clarity
12.4	Updated prevalence rates for autism
12.5 Nursing Process	Minor wording updates as requested by reviewers, updates CDC links. Added stages of NCSBN Clinical Judgment Model in parentheses to stages of the nursing process. Standardized Assessment section to mirror the “Application of the Nursing Process to Mental Health Care” chapter format. Added suicide and self injury screening section with ASQ questions. Added link to “Family Dynamics” chapter in Open RN Nursing Health Promotion. Added tables summarizing implementation of nursing interventions for pediatric clients according to categories of the APNA Implementation Standard and communication tips for pediatric clients. Added safety interventions to prevent suicide specific to the pediatric population.
13.1	Minor wording updates for clarity
13.2	Updated definition of binge eating and pica per DSM-5-TR. Added content suggestions per reviewer feedback
13.2	Updated CDC BMI links
13.2	Updated definition on family-based therapy
13.3	Medication section grouped, Nutritional Rehabilitation added, inclusion of outpatient treatment under Medical Care and Monitoring
13.4 Nursing Process	Under Assessment section, added subsections on Mental Status Examination, Psychosocial Assessment, Suicide and Self Injury Screening, Cultural Assessment, and Lifespan Considerations. Under the Implementation section, tables summarizing implementation of nursing interventions according to categories of the APNA Implementation Standard, Physiological Symptoms, and Communication Tips were added/updated. Stages of the NCSBN Clinical Judgment Model were added in parentheses to Nursing Process steps. Added several examples of general questions to consider during the evaluation process.
14.2	Added DSM-5-TR revisions to criteria. Added glossarized terms alcohol intoxication, opioid intoxication, cannabis intoxication, nystagmus. Multiple subsections added to standardize format per reviewer request.
14.3	Timing of manifestation of alcohol withdrawal symptoms were updated according to updated references. Benzodiazepine withdrawal was updated based on a current reference.
14.4	Updated link to A Nurse’s Guide to Substance Use Disorder
14.5	Swap Risk factor and addiction cycle areas per reviewer feedback
14.9 Nursing Process	Under Assessment section, added subsections on Mental Status Examination, Psychosocial Assessment, Suicide and Self Injury Screening, Cultural Assessment, and Lifespan Considerations.

	Under the Implementation section, tables summarizing implementation of nursing interventions according to categories of the APNA Implementation Standard, Physiological Symptoms, and Communication Tips were added/updated. Stages of the NCSBN Clinical Judgment Model were added in parentheses to Nursing Process steps.
15.2	Incorporated revisions for clarity as suggested by reviewers
15.3	Incorporated suggested revisions by workgroup members
15.4	Added assessment and intervention sections across types of abuse, incorporated other suggested revisions
15.5	Updated assessment strategies for IPV based on current source
15.6	Added information about behavioral emergency response teams
15.7	Added Nursing Process section
16.2	Updated content areas for clarity
16.3	Updated links and added stages of NCSBN Clinical Judgment Model in parentheses to stages of the nursing process.
17.2	Content revised for clarity per reviewer feedback, links updated
18.2	Update content areas for clarity and updated links