

Poor Man's Vegetable Beef Soup

1 Medium Sized Green Pepper, Chopped
1 Medium Sized Onion, Chopped
1 lb of Ground Beef
1-14 oz Can of Corn
1-28 oz Can of Diced Tomatoes
1-14 oz Can of Cut Green Beans
1-14 oz Can of Lima Beans
1-14 oz Can of Small Whole Potatoes
Salt and Pepper to Taste

1. Place the green pepper and onion in a large pot over medium heat, cover with whole pound of ground beef and cook until pepper and onions become transparent.
2. Cut beef into the peppers and onions until evenly distributed making sure the beef is chopped into very small pieces.
3. Continue cooking until beef is heated through.
4. Pour in the canned ingredients and bring to a boil
5. Reduce heat and simmer until warm throughout.

Serves 4-6

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