

Sciath na Scol Football Rules

1. Teams are 9, 11, 13 or 15 a side.
2. Games are 20 minutes per half for 13 and 15 a side teams and are 15 minutes per half for 9 and 11 a side teams. Additional time is up to the discretion of the referee. In the event of a draw in a semi-final or final, extra time of 5 minutes per period is used. If a final is level after extra time, the trophy is presented to both schools. The referee should liaise with teacher or Sciath na Scol officer to confirm rules 1 and 2 regarding time and team numbers.
3. The square ball rule does not apply.
4. Penalties are allowed under normal rules. They can be taken 10 metres from the goal.
5. Kick outs, frees, side lines and 45s shall be taken from the hand, with the exception of penalties.
6. One hop and one solo rule or 2 solos applies.
7. 45's are awarded. They will be taken 30 metres from the goal.
8. Goalkeepers may advance 10 metres for a kick out.
9. A size 4 football should be used.
10. Yellow and red cards are not used. However should a player commit a red card offence, the referee can instruct the team management to substitute the player.
11. Fields should be flagged, lined and have goals netted for games where possible. Below is the recommended playing area.

90-100m

40-50m