

Asthma Policy

I. Legal Requirements

St. Christopher's School asthma policy is in compliance with the following:

Section 504 of the Rehabilitation Act of 1973
The Americans with Disabilities Act of 1990
The Individuals with Disabilities Education Act (IDEA)
The Family Educational Rights and Privacy Act (FERPA)

Section 504 states that students with asthma must be given an equal opportunity to participate in academic, nonacademic, and extracurricular activities.

IDEA specifies that our school personnel and parent/ guardian work together to develop an individualized education program if a student has asthma or related complications to the point that it negatively affects his academic performance.

FERPA states that information about a child with asthma will not be released or disclosed as part of an education record without prior consent from the parent/ guardian. The exception to this would be information being disclosed to appropriate parties in connection with an emergency if it is necessary to protect the health or safety of the student.

II. Goals:

Identify and track all students with asthma
Assure immediate access to medications as prescribed
Use an individualized asthma action plan for all students with asthma
Access to full participation in school-related activities and athletics
Use standard emergency protocols as well as those indicated on action plans in cases of worsening asthma
Provide education for students and staff
Ensure collaboration between school and personal health teams for affected students

III. Training of School Personnel

All school faculty is provided an overview of asthma, recognition and response to worsening of asthma episodes. Faculty is made aware of location of medications, how to contact health clinic staff as well as when to trigger the EMS system.

Health clinic staff has access to individual asthma action plans, is trained in proper use of

inhalers and other asthma related medications including Epi-pens as indicated. Non medical faculty will be trained according to Va State MAT recommendations.

IV. Coordination of Care

This is accomplished by consistent collaboration of the student's school and personal health care teams.

School Health team is comprised of :

- parent/ guardian
- school nurse/ certified medical personnel
- athletic trainer
- teaching faculty
- heads of schools
- chaplain/ counselor/ academic resource

Personal Health team is comprised of :

- student
- parent/ guardian
- physician and medical office staff

Asthma Action Plan contains all aspects of routine and emergency asthma care specific to each affected student.

At the beginning of every academic school year, the comprehensive [Asthma Action Plan](#) is submitted by the student/ parent/ physician outlining a detailed management plan to the student's Magnus Health account. This includes information regarding but not limited to: medical history, medications, emergency contact and physical limitations. The action plan is signed by both parents and licensed physician who are responsible for evaluating the student's ability to manage asthma related events and use of inhalers and related medication.

Emergency care is reviewed with all school faculty pertaining to how to recognize worsening asthmatic episodes and when to invoke the EMS system.

Parents/ guardians are required to provide supplies needed for routine and emergent management of asthma on and off campus ie. field trips and athletic games.

Students may self carry asthma medications with written parental consent and physician certification of ability to self administer.

In accordance with The Code of Virginia, § 54.1-3408, trained and designated school personnel will possess and administer undesignated stock albuterol to any student believed in good faith to be in need of such medication.

V. Actions to reduce asthma trigger exposure/ promotion of healthy school environment

Tobacco-free school policy that is 24 hours per day, 7 days a week on all school property, in any form of school transportation and at school-sponsored events both on and off campus.

Limit student outdoor activity on high ozone and extreme temperature days as dictated by asthma action plan.

Providing other venues for athletic for students with exercise induced asthma if severe.

Access to preventative medications before activity as prescribed by their medical providers and access to emergency medications during activity if indicated.

Source:

Michigan State Board of Education

APA

Virginia Department of Education: Guidelines for use of Undesignated Stock Albuterol in Schools