



COPYWRITE INFORMATION BY LMC

Services information:

Domiciliary Care in London

Domiciliary care, also known as home care or care at home, is support provided in your own home to help you live safely, comfortably and independently. Instead of moving into a residential care home, you can receive help with day to day tasks in the place you know best.

At Kosh Care, our domiciliary care in Greater London is built around you. Some people need a little support a few times a week, others need daily visits. We tailor the plan to your routine, your preferences and your goals.

What Domiciliary Care can help with

Domiciliary carers, sometimes called home carers or private carers, can support with everyday living, including:

- Personal care such as washing, dressing and toileting
- Help with mobility, getting up and going to bed
- Meal preparation, hydration and light kitchen support
- Shopping and running errands
- Light domestic duties such as laundry and housekeeping
- Companionship, conversation and support to reduce loneliness
- Respite care to give family carers a break

This is non medical home care. We support daily living, comfort and wellbeing at home. If you need nursing or clinical care, we can guide you on what to explore next.

Who is domiciliary care for?

Domiciliary care is suitable for:

- Older people who want to remain living at home
- People recovering after illness or a h

- ospital stay
- Adults living with age related difficulties or reduced mobility
- Families who need extra support to keep a loved one safe at home

It can be short term or long term, and it can change as your needs change.

How domiciliary care works with Kosh Care

1. **A friendly chat** to understand what you need and answer questions
2. **A free assessment** to discuss routines, risks, preferences and goals
3. **A care plan** that clearly outlines what support will be provided and when
4. **Care begins** with a suitable carer, with regular reviews to keep things on track

We keep everything clear so you know what to expect from the start.

Why choose Kosh Care?

Families choose us for home care services in London because we focus on:

- Dignity, privacy and respect in every visit
- Support that protects independence and routine
- Reliable communication with clients and families
- A careful recruitment process, including enhanced DBS checks and references
- Regulated standards as a CQC registered provider

Speak to us about domiciliary care

If you are exploring domiciliary care London for yourself or a parent, contact Kosh Care to arrange a free care consultation. We will talk through options, visit schedules and costs, and help you decide what feels right.

Live in Care

Have someone support and care for you at home

We believe the best place to receive care is at home, surrounded by familiar sights, sounds and routines. For many families, live in care is a comforting alternative to a residential care home, offering consistent support without the disruption of moving away from what feels normal.

With live in care from Kosh Care, a dedicated care worker lives in your home and provides one to one support, shaped around your lifestyle. It is a practical option if you need ongoing help, reassurance through the day and night, or a steady companion to support you at home.

With live in care, we offer

- A full time care worker living in your home, 24 hours a day, 7 days a week
- One to one support, tailored to you
- Care that fits your schedule and routine
- A familiar, supportive companion in your day to day life

Why choose live in care?

Around the clock care helps your loved one remain in their own home while supporting safety, comfort and wellbeing. It also allows for a more personalised plan of care. Because support is one to one, your care worker can adapt to your preferences, hobbies and lifestyle, and help you keep the routines that matter.

If you are looking for live in care in London, our team will work with you to build a clear care plan, communicate regularly with family and review support as needs change.

CTA: Contact us today

What live in care can include

Personal care support

- Helping you get up and start the day
- Helping you get ready for bed
- Bathing, dressing and grooming support
- Medication reminders
- Toileting and continence support
- Safety and fall prevention
- 24/7 monitoring after a procedure or hospital stay
- Updates and reporting to family where agreed

Lifestyle support

- Light housekeeping
- Preparing meals and supporting hydration

- Laundry, vacuuming and ironing
- Shopping and collecting prescriptions
- Transport to social and recreational activities
- Support with light exercise and outdoor activity
-

If you would like to discuss whether live in care is right for you or a parent, contact Kosh Care for a free consultation. We will talk through your needs, explain options clearly and help you choose a plan that feels right.

Personal Care

Get the support you need in your own home

At times, everyday tasks can become harder than they used to be. That may be due to older age, illness, reduced mobility, disability or a temporary situation such as recovery after a hospital stay. Whatever the reason, you deserve support that feels respectful, calm and familiar.

Kosh Care provides personal care at home across Greater London. Our care workers visit you in your own home and help you with daily personal tasks, so you can stay comfortable and maintain as much independence as possible. Care is always delivered with dignity and privacy, at a pace that suits you.

Our carers are experienced, professional and compassionate. We take time to understand your routine and preferences, then build a care plan around what you need, whether that is a short visit each day or more regular support.

How we can support you

We can assist with a range of personal care needs, including:

- Helping you get up in the morning and supporting bedtime routines
- Assistance with dressing and undressing
- Personal hygiene, including toileting, washing, bathing, shaving and hair care
- Support with eating and drinking, where needed
- Medication reminders and agreed support with taking medication
- Continence management, including continence care with respect and sensitivity

We also keep an eye on safety in the home, including fall prevention and gentle encouragement to stay active where appropriate. With your consent, we can provide updates to family members, so everyone feels informed and reassured.

Need personal care?

You may need personal care for many reasons, and we are here to provide that personal touch. Contact us to arrange a free consultation and tell us what support you need. We will explain options clearly and help you get started with a care plan that fits your life.

CTA: Contact us

Respite Care

Take time out

Do you need a bit of time off for yourself?

Caring for a loved one can be rewarding, but it can also be tiring and stressful. If you need a couple of hours to rest, attend an appointment, catch up on work, or simply recharge, Kosh Care can step in with trusted respite care at home.

We provide respite care across Greater London, so your loved one can stay in familiar surroundings while you take a proper break. Whether you need short term support for a few hours, a full day, or cover for a longer period, we will arrange care that fits your routine and your family's needs.

We are here to help when you need us

- On call 24/7 for client needs
- Flexible and fast scheduling
- Regular quality checks to keep standards high
- Thorough care management and family support
- A strong care team, so we can respond quickly when plans change

Take time out with confidence

Our registered care managers are available to answer questions and help design a personalised plan of care that feels right. We will talk through what support is needed, agree the visit times, and keep communication clear from the start.

If you are looking for respite care in London for a parent or relative, contact us today and we will get things in place as soon as possible.

CTA: Contact us

Companionship

Make a friend

Friendly company can make a real difference. Regular companionship helps people feel happier, more confident and less isolated. It can lift mood, improve wellbeing and bring structure to the week. For families, it also offers peace of mind, knowing someone is checking in and spending time with your loved one.

Kosh Care offers companionship at home across Greater London. A familiar carer can visit on a regular basis for friendly conversation and practical support, always at a pace that feels comfortable.

What companionship can include

de

Our companionship service can support with everyday outings and social connection, such as:

- Going with you to collect your pension
- Accompanying you to GP, hospital or other appointments
- Sharing a cup of tea and a good chat
- Accompanying you to social activities or community groups

Companionship can also include gentle encouragement to stay active, support with light exercise, and help getting out for a walk when appropriate. If you would like, we can also support with small tasks at home, such as light housekeeping or meal preparation, as part of your wider care plan.

Make a friend with support you can trust

Our registered care managers are on call 24/7 to answer questions and help design a personalised plan that suits your routine.

If you are looking for companionship care in London, contact us today to arrange a free consultation.

CTA: Contact us

Domestic Duties

A little help around the home

We understand that everyday household tasks can become physically demanding over time. When cleaning and chores start to feel heavy, having the right support can bring real relief and make home feel comfortable again.

Kosh Care offers domestic duties support as part of our home care services across Greater London. This service is ideal if you are mostly independent but would like help staying on top of routine jobs, or if you need a bit of extra support while recovering from illness or reduced mobility.

What domestic support can include

We can help with light household duties such as:

- Vacuuming and dusting
- Washing up
- Laundry and ironing
- General tidying up and other light household tasks

Our carers work respectfully in your home, following your preferences and routine. The aim is not to take over your space, but to reduce pressure and help you feel more relaxed day to day.

Need a little help at home?

Say goodbye to your chores. Even if you do not need much personal care, you can still receive practical help with cleaning, laundry and ironing as part of a tailored care plan.

If you are looking for domestic duties support in London, contact us today for a free consultation. We will talk through what you need, how often you would like visits, and arrange support that fits your lifestyle.

CTA: *Contact us*

Shopping and Meal Preparation

Shopping can become difficult if you no longer drive, find it hard to carry bags, or struggle to walk for longer distances. It can feel even more challenging in colder weather or during very hot days. When groceries become a worry, regular meals often become a worry too.

Kosh Care offers shopping and meal preparation support across Greater London, helping you stay well fed, hydrated and comfortable at home. Our aim is to make food shopping and daily meals feel manageable again, while keeping your preferences at the centre of the plan.

How we can help

Our care workers can support you by:

- Accompanying you to the shops and helping with shopping bags
- Agreeing a shopping list with you and shopping on your behalf, based on your preferences, including cultural or religious requirements
- Bringing items home and storing them safely and correctly
- Preparing a meal for you, or assisting you while you prepare it

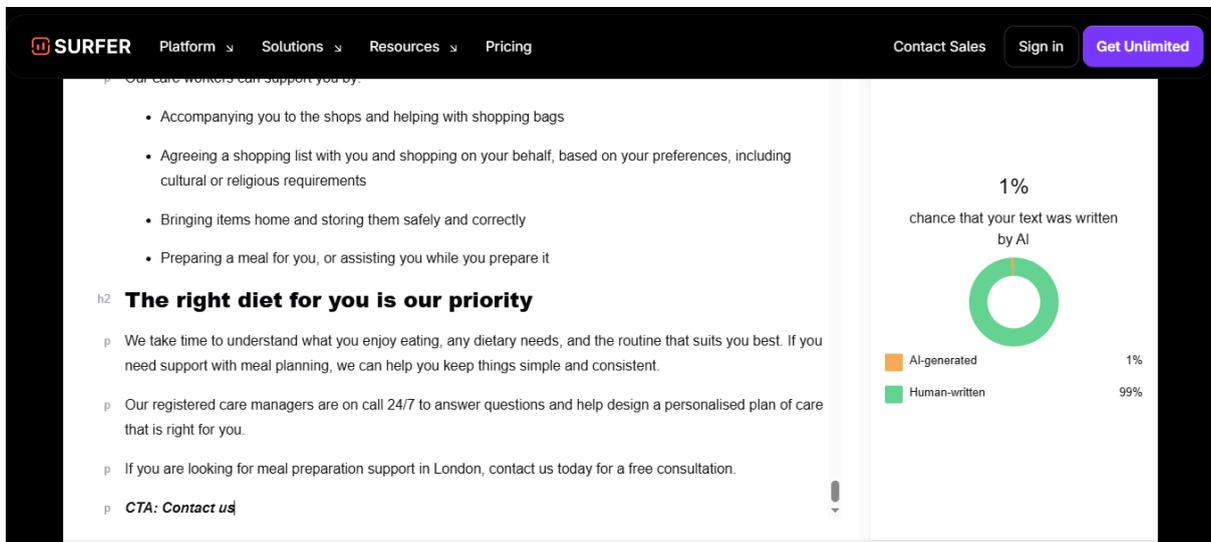
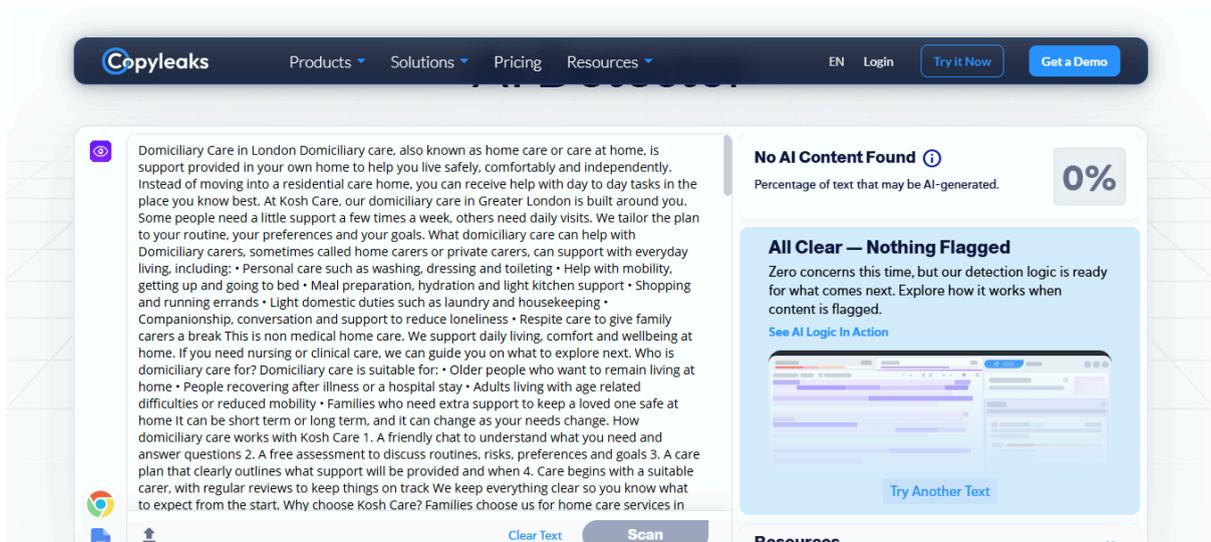
The right diet for you is our priority

We take time to understand what you enjoy eating, any dietary needs, and the routine that suits you best. If you need support with meal planning, we can help you keep things simple and consistent.

Our registered care managers are on call 24/7 to answer questions and help design a personalised plan of care that is right for you.

If you are looking for meal preparation support in London, contact us today for a free consultation.

CTA: Contact us



Home Page

Hero

Kosh Care provides quality home care services to older people in their own homes, where they feel happiest and most comfortable.

We provide the home care you want, when you want it, with skilled professionals who treat you with dignity and respect. We are registered and regulated by the Care Quality Commission (CQC), the independent body that inspects and reviews adult social care services in England.

CTA: View our services

Services

Personal Care

Support with day to day personal care, including washing, dressing and help with toileting, always with privacy and respect.

Learn more

Live in Care

A live in carer can provide consistent support at home, helping you stay safe and settled in familiar surroundings.

Learn more

Domestic duties

Help around the home, including cleaning, laundry and light housekeeping, to keep your space comfortable and well managed.

Learn more

Shopping and meal preparation

Support with shopping and preparing meals, so you can enjoy regular, balanced food without the stress.

Learn more

Respite care

Short term care that gives family carers time to rest, while you continue to receive reliable support at home.

Learn more

Companionship

Friendly visits and companionship to reduce loneliness, build routine and support confidence at home.

Learn more

Advice Centre

What is domiciliary care?

Domiciliary care, also known as home care or care at home, simply means support that takes place in someone's home. It is a great alternative for older people who want to stay at home rather than move into a residential care home.

Domiciliary care is not only for older adults. It can support people of different ages who are recovering from illness, living with a disability, injured or needing temporary help. The care plan is built around what you need, whether that is personal care, domestic support, meal preparation, companionship or a mix of services.

Read more

Funding advice

Depending on the home care service you need, there are different ways to pay for care at home. Some people choose to cover the cost privately. Others may have some or all of their care funded through social care support.

At Kosh Care, we help you understand your options and keep the process clear and straightforward. If you are exploring Direct Payments or an Individual Service Fund (ISF), our team can explain how these work and what to expect next.

Advice

Start your care – 3 easy steps

- **Call us on 0208 205 3301** and speak to our friendly team about your needs.
- **A dedicated care manager will visit** you at home or in hospital for a free assessment.
- **After agreeing your care plan**, we set up your care package and introduce you to your care worker.

CTA: View our services | Contact us

Why choose Kosh Care?

We are committed to you and your wellbeing. Our home care services are designed to help you remain as independent as possible, while staying in the familiarity of your own home. If you are looking for home care services in London, our focus is simple: make care feel calm, consistent and personal.

Positive experience

Every step is built around your needs. We take the time to understand what matters to you, then create a care plan that fits your routine and preferences.

Competent staff

Our carers share our values of dignity, security, privacy and respect. You can expect professional support, delivered with patience and care.

Greater access

If you have any suggestions or concerns, we are here to listen and respond. We stay in touch and adjust the plan when your needs change.

Care for all

Equality, diversity and rights are at the core of everything we do. You will be treated fairly, respectfully and without judgement.

Our **97% client satisfaction rate** speaks for itself. Read what our clients have to say and learn more about what makes us a trusted provider of in home senior care across Greater London.

CTA: Write review

We will go the extra mile to bring you peace of mind

Request a callback

24/7 service available

0208 205 3301

Headquarters

Suite 20A, Abji Bapashree House

211-213 Kingsbury Road

London NW9 8AQ

info@koshcare.co.uk

0208 205 3301

About us

Welcome to Kosh Care

Kosh Care is a home care agency providing care services across Greater London. We support older people and adults who need a helping hand to live safely and comfortably in their own homes. Our services include personal care, live in care, respite care, shopping and meal preparation, light domestic support and companionship.

We are registered and regulated by the Care Quality Commission (CQC), the independent body that inspects and reviews adult social care services in England. This means our standards, safeguarding and service quality are monitored, so families can feel confident choosing us.

Our mission and aims

Our mission is simple: to help you remain as independent as possible while receiving care at home. We focus on dignity, respect and choice, and we build support around your routine, your preferences and your goals.

We also aim to provide safe and secure home care services by following strict recruitment procedures. Every member of our team must complete an enhanced DBS (Disclosure and Barring Service) check, demonstrate good character, have the right skills for care work and provide strong references. We only place carers we would trust with our own families.

Our aims

- To provide high quality home care that helps you retain your independence and remain at home for as long as you wish
- To provide tailored support based on individual assessments and your specific needs

- To provide and maintain services that comply with company policies and relevant legislation
- To place your needs at the centre of every decision affecting your care
- To consult with you regularly about the support we provide and make changes when needed
- To provide continuity of care so you can build trust with familiar carers

Our values and your rights

We believe care should protect your dignity, privacy and independence. Equality, diversity and rights are at the core of how we work. You have the right to be treated with respect, to be involved in decisions about your care and to feel safe in your own home.

Leadership team

Our leadership team supports carers and families by maintaining high standards, listening closely and improving the service based on feedback. From the first call to ongoing reviews, we focus on reliable home care services in London that feel personal and well organised.

Write a testimonial

All testimonials on Kosh Care are written by people from our community. If you would like to share your experience, we would love to hear from you.

Your name

Your email

Message

Advice

Funding for care at home

Paying for care can feel confusing at first, especially when you are trying to make the right decision for a parent or loved one. Below is a clear guide to the main ways people pay for care at home in Greater London. If you want to talk it through, our team is happy to help.

If you are paying for your own care

If you are arranging private care at home, you can contact us directly and we will guide you through the next steps.

- **Contact us to discuss your needs**
- **We carry out a free assessment**

- **You get a clear view of your care needs and the cost**

During your assessment, we will talk through your routine, what support you need and how often care should happen. For example, you may need a care worker to visit for **2 hours a day** or **2 hours a week**, depending on your situation. Your care manager will explain the recommended care plan and the cost of our services, so you know exactly what you are paying for before anything starts.

At Kosh Care, we recognise that care costs can be expensive, especially if you are living with a long term illness or age related difficulties. This is why we keep our rates the same for the first year, so you can plan with confidence and avoid unexpected increases.

Payment support from your local authority

Another way to pay for home care services is to find out whether you are entitled to social care funding from your local authority. If you are assessed and found eligible for support, you will be given a **personal budget** to help cover the cost of care at home.

You may receive this as:

Direct Payments

With Direct Payments, you keep more control of your care and support services.

- You can choose services that meet your specific needs
- You are involved at every step
- You have the confidence to make choices that suit you and your family

Individual Service Fund (ISF)

An Individual Service Fund can be helpful if managing a personal budget feels difficult.

- You can select a provider such as Kosh Care to manage the funds for you
- The funding is managed under a contract between the provider and the local authority
- You still stay in control of how the budget is used, based on your agreed care plan

If you would like help understanding Direct Payments or an ISF, contact us and we will support you with the next steps and get started on your care package.

CTA: Contact us

Join us

Patience

Working with older people, or those facing difficulties, requires patience. We are looking for carers who understand the unique needs of each client and can provide support calmly, without rushing and without hesitation.

Compassionate

We want carers who genuinely care. If you are compassionate and committed to giving your best, you will fit right in. Our clients rely on us for day to day support, so empathy and a respectful approach matter.

Good listener

Our carers spend time with clients in their own homes, so strong communication skills are essential. Listening well helps build trust and creates a safe, open relationship with clients and their loved ones.

Why should you join Kosh Care?

Kosh Care is committed to providing home care services that help clients remain as independent as possible while being cared for at home. Our clients are at the heart of everything we do. That means focusing on individual needs, treating people with dignity and delivering care with compassion and respect.

We are looking to recruit dedicated, loyal and caring support workers to help clients maintain their independence in their own homes. If you take pride in reliable, person centred care, we would love to hear from you.

Get in touch to apply

- Call **0208 205 3301** to apply for a position
- Email your CV to info@koshcare.co.uk
- Download and complete our application form

At Kosh Care, we offer

- Full time, part time and flexible hours
- Competitive pay
- Free induction and training
- A rewarding role across Central, West and North London

We are currently looking to fill various home care positions. All roles are subject to an enhanced DBS check and references.

CTA: Apply to become a carer

Location

Kingsbury Office

Suite 20A
Abji Bapashree House
211-213 Kingsbury Road
London NW9 8AQ

Office: 0208 205 3301

Email: info@koshcare.co.uk

Directions to our office

Underground and Tube

If you are travelling by Underground, take the Jubilee line to **Kingsbury Station**. The office is around a **20 minute walk** from the station.

By bus

You can take the **83** or **183** to **Townsend Lane**, which stops directly outside our building.

By car

You can reach us via the **A5** and **Kingsbury Road (A4006)**. Depending on where you are driving from, you may find the **A5** or **A41** the best route.

Parking

There is free parking available, however parking on the premises is closed between **12pm and 4pm**. Free parking is also available on **Kingsbury Road** and **Townsend Lane**. When you arrive, please buzz **Office 20**.

Contact us about a free care consultation

If you would like to discuss care at home in Greater London, get in touch and we will arrange a free consultation.

First name

Last name

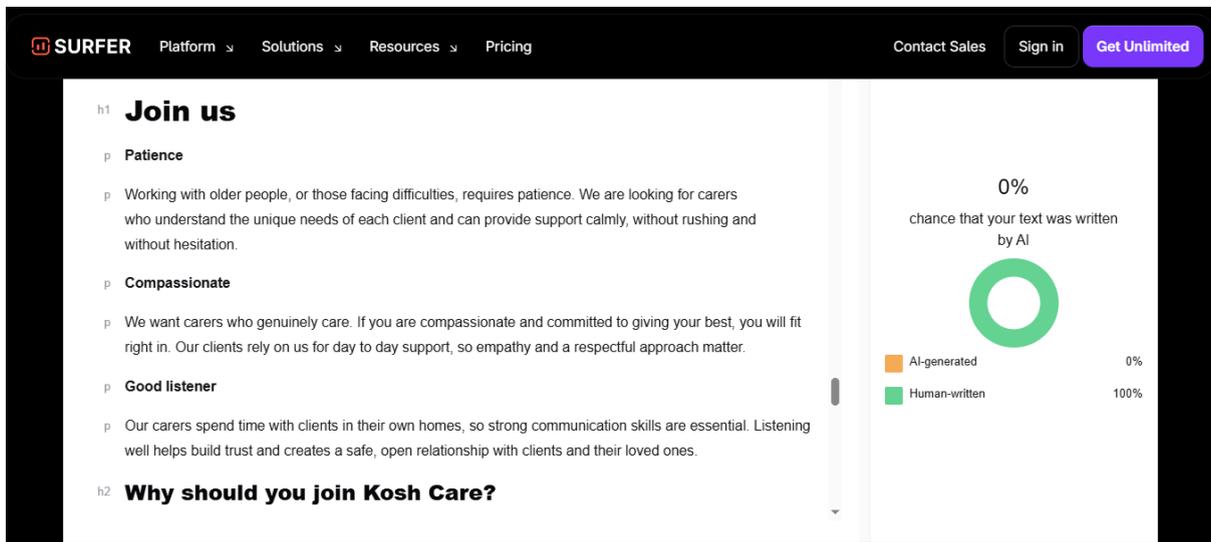
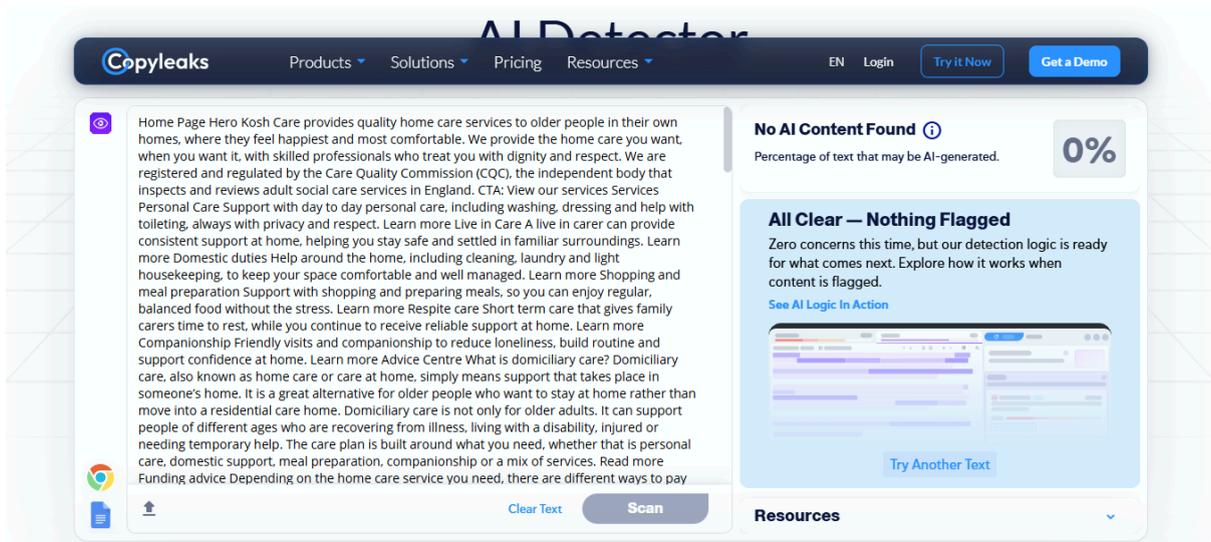
Your email

Your phone

Select type of care

Care recipient's full name

Post code



Complex Care at Home in London

When care needs become more involved, it is normal to feel unsure about what support should look like next. You want to know that the details will be handled properly, and that the person receiving care will still be treated as a whole person, not a checklist.

Kosh Care provides complex care at home across Greater London for adults whose needs go beyond basic support. Our approach is calm, consistent and person centred, with a focus on dignity, independence and safety in familiar surroundings.

Complex care with Kosh Care can include:

- Personal care with higher support needs, including help with washing, dressing, continence care and safe transfers
- Mobility support, including assistance with getting up, going to bed and moving safely around the home
- Support following a discharge plan after a hospital stay, helping people settle back into routine
- Medication support such as reminders, prompts and recording, in line with agreed instructions
- Meal preparation, hydration support and help maintaining a safe home environment
- Companionship and reassurance, especially when anxiety, low mood or isolation is part of the picture
- Respite support so families can rest while care continues reliably at home

Complex needs can look different for every person. Some people need more frequent visits and two person assistance. Others need a consistent routine, closer monitoring of day to day wellbeing and a care plan that adapts as things change.

Tailored support that fits real life

Every complex care plan starts with understanding how life works at home. We take time to learn preferences, routines, risks and what matters most. That helps us put the right care in place, in a way that feels respectful and familiar.

Our team follows strict recruitment procedures, including enhanced DBS checks and references. We also prioritise continuity of care wherever possible, so you see familiar faces and do not have to keep explaining the same details.

What we mean by complex care

Complex care is not a medical service. We do not provide nursing care or clinical procedures. What we do provide is skilled, consistent home care support for people who have more involved needs, with clear communication and a well structured care plan. If clinical input is needed, we can work alongside families and relevant health professionals so day to day care at home supports the wider plan.

How to get started

1. **Get in touch** for a friendly conversation about what you need
2. **Free assessment** to understand routines, risks and the level of support required
3. **Start care** with a clear plan, agreed times and regular reviews

If you are looking for complex care in London for a parent, partner or yourself, speak to Kosh Care today. We will explain your options, talk through visit schedules and costs, and help you choose support that feels right.

Dementia Care at Home

Living with dementia can make everyday life feel uncertain, both for the person experiencing it and for the family supporting them. The right care at home can bring structure, reassurance and safety, while helping someone stay connected to familiar routines, people and surroundings.

Kosh Care provides dementia care at home across Greater London. Our approach is patient, respectful and person centred. We take time to understand what helps your loved one feel calm and confident, then build a care plan that supports dignity, independence and quality of life.

How dementia care can help

Dementia affects everyone differently. Some people need gentle prompting and companionship, while others need more hands on support with daily living. Dementia care can include:

- Help with personal care such as washing, dressing and toileting
- Support with meals, hydration and medication reminders
- Help keeping a safe routine, including morning and bedtime support
- Reassurance during confusion, anxiety or agitation
- Light domestic duties to keep the home clean and comfortable
- Companionship and meaningful conversation to reduce loneliness
- Support with appointments, short walks and safe activities

We focus on familiar routines and clear communication. Small details matter, like the way we speak, the pace of care and keeping choices simple.

Support for families

Caring for someone with dementia can be emotionally and physically demanding. We work with families and keep communication open, so you are not carrying everything alone. If you need respite care, we can provide short term support so you can rest, work or take time to recharge.

A plan that can change with needs

Dementia is progressive, so care needs can change over time. We review care regularly, adjust support when needed and aim for continuity of care so your loved one sees familiar faces.

If you are looking for dementia care in London, contact Kosh Care for a free consultation. We will listen, explain your options and help you put the right support in place at home.