

Past GCAC Events



2022 GCAC Events

Jan. 30 & Feb. 13, 2022

Slippery Rock University (SRU) All-Comers Indoor Track & Field Meets (all ages)

May to mid-June

2022 GCAC Elementary Track & Field Program (grades 2-6)

June 8, 2022

Grove City Athletics Club Elementary T&F Post-Season Meet @ the SRU All-Comers Outdoor Track & Field Meet (all ages)

June 8, 15 & 22, 2022

Slippery Rock University (SRU) All-Comers Outdoor Track & Field Meets (all ages)

Summer 2022

Runner's High Twilight Quad Races (4 x 5k & half-mile kids races)

July to October

2022 GCAC Elementary Cross Country Program (grades 2-6)

2021 GCAC Events

May 2 - Mid-June

2021 GCAC Elementary Track & Field Program (grades 2-6)

July to October

2021 GCAC Elementary Cross Country Program (grades 2-6)

August to October

GCAC Middle School and High School CLUB Cross Country Program (grades 7-12)

December 9, 2021

USA Track & Field (USATF) Junior Olympic National Cross Country Championships in Paris, Kentucky

2020 GCAC Events

January 5, 2020

"Empowering the Female Athlete" Event @ Mercer HS

January 10 (Fri)

Slippery Rock University Indoor Track & Field High School Meet

January 12 (Sun)

Slippery Rock University Indoor Track & Field All-Comer Meet 1

February 9 (Sun)

Slippery Rock University Indoor Track & Field All-Comer Meet 2

February 16 (Sun)

Slippery Rock University "Learn By Doing" Track & Field Clinic

April 20 (Mon)

Boston Marathon

May-June

GCAC Elementary Track Program cancelled due to COVID-19

July 27 to October 24

GCAC Elementary Cross Country Program (grades 2-6) starts. See entire schedule [here](#).

August 10 to October 10

GCAC Middle School and High School CLUB Cross Country Program (grades 7-12) starts

August 2

Drake Well Half-Marathon & Marathon (Titusville, PA)

2019 GCAC Events

January 11

Slippery Rock University Indoor Track & Field High School Meet

January 13

Slippery Rock University Indoor Track & Field All-Comer Meet 1

February 10

Slippery Rock University Indoor Track & Field All-Comer Meet 2

February 17

Slippery Rock University "Learn By Doing" Track & Field Clinic

April 15

Boston Marathon

May 2 (*continues into June*)

GCAC Elementary Track Program Starts

May 4

Kids of Steel Toddler Trot, 1.2 mile run, 5k @ Pittsburgh

May 5

Pittsburgh Half-Marathon and Marathon

***Run Club Rally option, so register as a member of GCAC!*

***also USATF Half-Marathon Championships*

May 9

GCAC Fundraiser night at Grove City Hoss's (**use code 117383**) - by the outlet mall

May 15

GCAC Male & Female Athletic Scholarships Application Deadline

May 20

Run a Mile Day - Grove City Highland, Hillview & Middle School

May 30

GCAC Fundraiser night at Grove City Hoss's (**use code 117384**) - by the outlet mall

June 4

GCAC Elementary Track Program Continues

June 12

Slippery Rock University All-Comer Outdoor Track & Field Meet #1

***Includes GCAC Elementary Track Post-test Mile*

June 19

Slippery Rock University All-Comer Outdoor Track & Field Meet #2

June 22-23

USA Track & Field (USATF) Three Rivers Association Track & Field Championships (at SRU)

***Qualifying meet for the USATF Region 2 Championships*

June/July/August (Saturdays @ 7am)

GCAC informal Adult/Family Track Workouts @ Grove City College Track

June 26 - Strawberry Days 5k (7pm) & 1/2mi Kids Race (7:45pm) @ Grove City
Runner's High Twilight Quad Series 1 - click [here](#)
Series Registration - click [here](#)

July 11-14

USA Track & Field (USATF) Region 2 Championships (at SRU)

***Qualifier for USATF Junior Olympic National Champs*

July 17 - UPMC Horizons 5k (7pm) & 1/2mi Kids Race (7:45pm) @ Greenville, PA
Runner's High Twilight Quad Series 2 - click [here](#)

July 22

GCAC Elementary Cross Country Starts

***Click [here](#) for the entire schedule*

July 31 - Dam Race 5k (7pm) & 1/2mi Kids Race (7:45pm) @ Sharpsville, PA
Runner's High Twilight Quad Series 3 - click [here](#)

August 14 - Courtney's Ice Cream Race 5k (7pm) & 1/2mi Kids Race (7:45pm) @ Grove City

Runner's High Twilight Quad Series 4 - click [here](#)

July/August/September/October

GCAC Elementary Cross Country Program

September 12

Pro Ultra-Runner Patrick Reagan Talk @ SRU

November 3

TCS New York City Marathon

November (TBA)

[USA Track & Field \(USATF\) Three Rivers Association Cross Country Championships](#)

2018 GCAC Events

May 3, 10, 17, 24, 31 & June 7

- GCAC Elementary Track Program – (Thursdays from 2:30-3:30pm)

June 9

- Laurel Highlands Relay Race (GCAC Team)

June 13 @ 6pm

- SRU All-Comer's Track & Field Meet – (including GCAC Track Program 1 mile post-test)

June 15 (Friday) @ 4-6pm

- Grove City College Cross Country Clinic/Lecture (open to anyone) – (Hall of Arts and Letters, room 110)
- Sean Severson (GCC Head XC Coach, skseversen@gcc.edu)
- Megan Smith, Assistant XC & Track Coach - Racing Tactics & Techniques for the Steeplechase
- Caleb Thrasher, Strength & Conditioning Coach - FMS Screen & Corrective Exercises for the Distance Runner

June 20 @ 6pm

- SRU All-Comer's Track & Field Meet

June 27 @ 7pm (Twilight Quad 1, Strawberry Days 5K, Grove City)

June 27- Strawberry Days 5K, Grove City

July 11- Dam Race, Sharpsville

July 25- UPMC Horizon 5K, Greenville

August 15- Courtney's Ice Cream Race, Grove City

- *Each is a 5k Road Race which start at 7pm
- *Each Event also has a 1/2 mile kids race with starts at 7:45pm
- More Info:
- <http://runhigh.com/events/applications/QUADAPP2018.pdf>
- Online Registration:
- http://runhigh.com/events/events_view.php
- Additional Questions? Email - smc@runhigh.com
- We hope to see you come out wearing your Grove City Athletics Club singlets and t-shirts!

July 11@ 7pm (Twilight Quad 2, Dam Race, Sharpsville)

July 23

- GCAC Elementary Cross Country practices will start this week, TBA

July 25 @ 7pm (Twilight Quad 3, UPMC Horizon 5K, Greenville)

August 15 @ 7pm (Twilight Quad 4, Courtney's Ice Cream Race, Grove City)

Sept/Oct. 2018 - GCAC Elementary Cross Country

October 12-13, 2018

- Great Allegheny Passage Relay

October 21

- Columbus Marathon