

Pre-outing safety checks

Always check your equipment before you get on the water

	All hatches are in place – the boat depends on these for buoyancy		The rudder is fully operational and the fin isn't damaged
	The seat runs smoothly on the slide and that the runners are secure		The foot stretcher is adjusted correctly and is secure
	Boats with shoes have the heels attached via a restraining strap - check these are in place and in good order.		The boat shell is in good order without cracks and holes. Check the boat structure internally for damaged ribs and shoulders
	Riggers and gates are in good order and all the nuts are secure. Also that the blade collars are fixed		There is a bow ball fixed to the bow

Report any breakages to Captain of Boats so they can repair it.



Andy McKenzie

or



Andy Ward