Hi, I'm Meghna. I'm a postdoctoral researcher at University College London at the Institute of Education. As an Early Career Researcher I feel that the Russell Group's toolkit which recommends ways of improving UK's research culture and environment are really important and pertinent.

While in the UK there are lots of opportunities for research, the field itself can be quite difficult and has its own issues and obstacles. For example, for Early Career Researchers the jobs, the contracts that we have are often precarious and short-term, and also the structures and processes that we navigate can be inequitable and unjust especially for those from marginalised communities - which is why I feel that the recommendations from the Russell Group's toolkit and its explicit attention on these issues are really important and must be taken seriously by both the universities and funders.

Thank you.