

Saturday, April 12th - Races Start at 3 PM

# **NEED TO KNOW / INFORMATION SHEET**

# What is the Derby?

In its most simple form, the Prairie Derby is a meet for elite middle school athletics/relays across the state instead of "teams." Rather than invite schools, any coach can request a spot for their best athletes by applying.

# Why, though?

We have all been to meets that last all day and our best athletes get little to no challenge in their races. Some years, they may not see a good race to state. This allows those kids to get challenged, pushed and grow so they are ready for the end of season meets.

# How does it all come together?

**Coaches only** will enter athletes with seeds. Seed times can be anywhere from 2022, 2023 or 2024 - So long as there are results that verify the time. Verification of results will only be asked for if results seem off or inaccurate, similar to sectional seedings.

Submissions will close Monday April 7th at 9 PM. You are welcome to update your times before then if an athlete or relay runs faster. Coaches will be notified which athletes of theirs make which heat before the evening of Wednesday April, 9th

# **How to Register?**

All registrations must be submitted through athletic.net. Go to your 2025 Team Calendar. Just below that there is a button that says "+Add A Meet". You will need to search for and locate the "Prairie Derby - Middle School Showcase Meet." You can also search by date, which would be April 15th. Please be sure to include a seed time.

You are able to enter as many kids/relays who meet these times. While these times are written with ink, they are not set in stone. Cut off times could end up being faster OR potentially slower depending on the number of applicants for each race. Therefore, do not hesitate to put athletes/kids near the time in and see what happens. Those times are listed below/on the back of this sheet.



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#### 100 M. DASH

Girls Suggested Time: 13.7 Boys Suggested Time: 12.7

#### 3200 M. RELAY

Girls Suggested Time: 13:00 Boys Suggested Time: 12:00

#### LONG JUMP

Girls Suggested Mark: 13'8 Boys Suggested Mark: 15'9

#### **MILE RUN**

Girls Suggested Time: 5:59 Boys Suggested Time: 5:29

#### **800 M. RELAY**

Girls Suggested Time: 2:05 Boys Suggested Time: 1:59

#### **POLE VAULT**

Girls Suggested Heigh: 6 Ft Boys Suggested Height: 7 Ft

#### **HURDLES**

Girls Suggested Time: 18:4 Boys Suggested Time: 18.7

#### MILE RELAY

Girls Suggested Time: 4:54 Boys Suggested Time: 4:20

#### **SHOT PUT**

Girls Suggested Mark: 25'11 Boys Suggested Mark: 32'6

### Then What?

Once registration is complete, we will organize the times and place kids/relays in each race accordingly. A complete meet line up with who made which race will be communicated no later than Thursday night.

## **Payment:**

Each school will be charged \$10 per individual entry, and \$20 per relay entry in the Stakes and Derby. Open runners in the cup will be \$5 per entry. An invoice will be sent to your school.

## **General Meet Info?**

The meet is Saturday April 12th at Barrington High School, starting at 3 PM. We will send out a more comprehensive schedule as we get there, but the order of events will be as follows:

Long Jump | Shot Put | Pole Vault | 4x800 | Hurdles | 4x200 | Mile | 100's | 4x400

## Concessions and Admission: Please share with parents!

We will have both concessions. The shirt will cost an even 20 dollars. Concessions will include, pizza, candy, snacks, gatorade and water

There will be a \$3 admission fee for all non athletes and coaches.

Questions, contact Jim Bartlett at jbartlett@barrington220.org