

Firsts & Bucket List Checklist

Use this checklist to track your firsts and bucket list adventures! Check them off as you experience each milestone.

As A Baby & Kid

- First photo
- First smile
- First laugh
- First crawl
- First walk
- First word
- First tooth/teeth
- First steps
- First time clapping
- First car ride with mom and/or dad
- First time brushing teeth
- First bath
- First solids
- First time using utensils
- First fruit
- First vegetable
- First meat
- First lollipop
- First trip outside
- First walk outside
- First run
- First run outside

- First time at the park
- First time at the store
- First shower
- First jump
- First kick
- First stomp
- First time holding hands
- First hug
- First time dancing
- First time galloping
- First time skipping
- First pee pee in the potty
- First poop in the potty
- First time getting dressed
- First time doing art
- First time playing instruments
- First time playing with sand
- First time playing with playdough
- First time playing in water
- First time playing with bubbles
- First time cooking
- First tricycle ride
- First haircut
- First play date
- First sleepover
- First school day

- First school promotion/graduation
- First family photos
- First bbq
- First birthday party
- First cake
- First cookie
- First piece of candy
- First time chewing gum and blowing a bubble
- First s'more
- First time using chopsticks
- First pet
- First gift
- First time planting a plant
- First quiz
- First test
- First time juggling
- First time performing a magic trick
- First bicycle ride
- First scooter ride
- First skateboard ride
- First time roller skating
- First time jump roping
- First time swimming
- First time gem mining
- First slip-n-slide
- First balloon fight

- First time seeing snow
- First snow fight
- First snow angel
- First time building a snowman/woman
- First hike
- First sunrise
- First sunset
- First solar eclipse
- First pottery
- First time on trampoline
- First time hula hooping
- First time climbing a tree
- First horseback ride
- First time milking a cow
- First time seeing/playing in the rain
- First thunderstorm
- First geocaching
- First time hunting with a metal detector
- First time fossil digging
- First time solving a rubik's cube
- First movie
- First drive-in movie
- First videogame
- First time playing with fall leaves
- First time opening a coconut
- First baptism

- First communion
- First rock climb
- First handstand
- First cartwheel
- First ride on a bus
- First time go-karting
- First ear piercing
- First walk across tight rope
- First walk on balance beam

Holidays & Celebrations

- First Christmas
- First Christmas tree lighting
- First gingerbread house
- First time decorating Christmas tree
- First pumpkin patch
- First Halloween
- First haunted house
- First time trick-or-treating
- First 4th of July
- First time seeing fireworks
- First St. Patrick's day
- First 4 leaf clover
- First New Year's eve party
- First superbowl party
- First valentine
- First Valentine's day

- First Easter
- First easter egg hunt
- First Mother's day
- First Father's day
- First Thanksgiving

Teenager

- First time driving
- First time pumping gas
- First time grocery shopping on own
- First job
- First paycheck
- First girlfriend or boyfriend
- First date
- First kiss
- First bonfire

Adult

- First apartment
- First house
- First wedding
- First child
- First 5K
- First marathon
- First color run
- First hot air balloon ride
- First time parasailing
- First cruise
- First bungee jump

- First indoor skydive
- First skydive
- First time ziplining
- First time white water rafting
- First mechanical bull ride
- First adult drink
- First casino
- First wine tasting
- First oktoberfest
- First boudoir photo shoot
- First New Year's eve kiss
- First time building a house with habitat for humanity
- First time donating goods
- First time volunteering
- First time donating blood
- First time voting
- First time playing paintball
- First time throwing axe
- First time flying in airplane
- First time flying in helicopter
- First time on a camel ride
- First time on a elephant ride
- First ride in a limousine
- First ride on a train
- First ride on a subway
- First hotel stay

- First bed and breakfast stay
- First triathlon
- First swim with dolphins
- First club experience
- First time smoking hookah

Sports & Activities

- First time snorkeling
- First boat ride
- First time jet skiing
- First time fishing
- First time surfboarding
- First time skiing
- First time snowboarding
- First time playing basketball
- First time playing football
- First time playing soccer
- First time playing baseball
- First time playing frisbee
- First time playing volleyball
- First time playing golf
- First time playing disc golf
- First time playing badminton
- First time playing tennis
- First time at archery
- First time singing karaoke
- First time shooting clay pigeons

- First time playing checkers
- First time playing chess
- First time playing cards
- First time playing board game
- First time juggling
- First time knitting
- First time crocheting
- First time sewing
- First time curling
- First time ice skating
- First time wrestling
- First time fencing
- First time playing racquetball
- First time at karate
- First time boxing
- First time kickboxing
- First time tap dancing
- First time bowling
- First time playing darts
- First time playing cornhole

Places

- First play
- First concert
- First basketball game
- First football game
- First baseball game

- First soccer game
- First volleyball game
- First tennis game
- First time at church
- First field trip
- First vacation
- First road trip
- First time at the beach
- First time camping
- First time at the library
- First time at a museum
- First time at the zoo
- First carnival
- First fair
- First amusement park
- First festival
- First time at an aquarium
- First arboretum
- First waterfall
- First national park
- First national monument
- First time out of state
- First time out of the city
- First time out of the country
- First time at the top of skyscraper