

Friday, May 15

Each day in this unit, we'll ask that you practice the following routines at home, just as we would do at school - in addition to the changing daily activity you'll find posted below!

Daily Weather Routines!

1. **Sing the Weather Song with Miss Emily!**
2. **Look out the window at YOUR house, high in the sky....what do you see?**
3. **Discuss the following with your child about the weather:**
 - **Would you wear snow pants in the summer time? Why not?**

Please participate in our **DAILY WEATHER SURVEY!** Submit your answer, and then click "See previous responses" to see a graph of what the weather is like at everyone else's house today! Did everyone pick the same kind of weather?

This week's Second Step lesson is all about Caring & Helping

When you feel empathy for someone, you can show them you care. You can show them you care by saying something kind or doing something helpful.

Why does this matter?

- Empathy can motivate children to respond to others in a caring way. Young children often try to comfort others by showing they care -for example, by offering a toy or saying something kind. However, children may have trouble showing care and concern in situations that are emotionally overwhelming.

Listen along while Ms. Jaime & her puppet friends share some Caring & Helping Scenarios with you!

Remember to click the bottom right button for full-screen after the video starts!

Caring & Helping

Now it's your turn...Practice this Skill by Saying & Doing Something Kind and Helpful at Home!

Parents: Notice when your child does something kind for you or others, and REINFORCE their behavior with specific feedback, ex. "I see you are helping Nikki with her puzzle. I can tell by the smile on her face that she is really happy that you helped her."

- Model doing kind things for others.
- Remind your child that they can show they care by saying or doing something kind.

Have your child THINK BACK to when they did something kind for someone else.

REMEMBER!!

Send your child's teacher a video/photo of your child trying this activity OR something else!!

(If you wish, you can now respond to our videos right on Flipgrid!)

If you are unable to post - please let us know with a message that you still did the activity as we are tracking participation.