



**Cape Cod Foster Closet**  
**Family Resource List**

## Table of Contents - by resource type

<u>Birthdays/Holidays</u>		<u>Funds for activities</u>	
Shelly's Tea Room	Page 1	ConfiKids	Page 2
Cape Cod Times Neighbors Fund	Page 5	Rise Above*	Page 2
The Gifted Crate	Page 7	Wonderfund*	Page 3
Foster Love*	Page 10	Youth Athletic Foundation	Page 3
Homeless Prevention Council	Page 12	Covenant for Care for Foster Families*	Page 8
		Arts Foundation Cape Cod	Page 2
<u>Camps</u>		<u>Funds for Child Care/Summer Camp</u>	
Cape Cod Ambassadors	Page 1	Community Action Committee of Cape & Islands	Page 6
Amazing Grace Cape Cod	Page 2	Transitional Aid to Families/Dependent Children	Page 6
Comfort Zone Camp	Page 3	Covenant to Care for Foster Families*	Page 8
Sibling Connections	Page 3	Elder Services of Cape Cod and the Islands	Page 10
		MSPCC Kid's Net	Page 12
<u>Counseling/therapy</u>		Bailey Boyd Associates	Page 12
Brighter Beginnings at Kairos Counseling	Page 11	Rise Above*	Page 2
Real Eyes Truth Holistic Mental Health	Page 11	Wonderfund*	Page 3
		Cape Cod Times Neighbors Fund	Page 5
<u>Clothing</u>		<u>Grandparents Raising Grandchildren (GRG)</u>	
Cape Cod Foster Closet	Page 0	Kinship Navigator	Page 5
Katelynn's Closet	Page 1	Help Guide for GRGs	Page 7
Lower Cape Outreach Council	Page 10	Grandparents Raising Grandchildren Commission	Page 8
Other MA Foster Closets	Page 14	Cape Cod Neighborhood Support Coalition	Page 9
		Elder Services of Cape Cod and the Islands	Page 10
<u>Diapers</u>		<u>Health</u>	
Cape Cod Foster Closet	Page 0	Health Imperatives	Page 5
A Baby Center	Page 1	Visiting Nurse Association Public Health/Wellness	Page 6
Cape Cod Family Resource Center	Page 9	Community Action Committee of Cape & Islands	Page 6
		Health Law Associates (insurance)	Page 9
<u>Education:</u>		<u>Housing</u>	
Mass Hire Cape & Islands Career Center	Page 6	Housing Assistance Corporation	Page 10
TriTogether Tutoring	Page 7	Homeless Prevention Council	Page 12
South Shore Community Action Council	Page 7		
Cape Cod Advocate	Page 12	<u>Youth activities/centers</u>	
		We Thrive Cape Cod LGBTQ+ Center	Page 11
<u>Food</u>		Hyannis Youth and Community Center	Page 12
Food Resource Guides	Page 4	YMCA Cape Cod	Page 12
Project Bread	Page 4	The Cordial Eye	Page 13
Family Table Collaborative	Page 4		
WIC Women, Infants & Children	Page 5	<u>Literacy</u>	
Cape Kid Meals	Page 4	Belonging Books	Page 13
Lasagna Love	Page 5	Read Happy	Page 13
Lower Cape Outreach Council	Page 10		
Falmouth Service Center	Page 12		
<u>Fun family events/activities</u>			
Cape Cod Foster Closet	Page 0		
Cape Cod Ambassadors	Page 1		
Cape Cod Toy Library	Page 1		
Coalition for Children	Page 1		
Cape Cod Children's Place	Page 2		
Sandwich Partnership for Families	Page 2		
Bourne for Children	Page 4		
Treehouse Maker Studio	Page 13		
<u>Funds for Financial and General Needs</u>			
Cape Cod Times Neighbors Fund	Page 5		
Colorful Kidz (kids' bedrooms)	Page 6		
South Shore Community Action Council	Page 7		
Lower Cape Outreach Council	Page 10		

## Table of Contents - by resource type, cont'd

### Support

Cape Cod Children's Place	Page 2
Sandwich Partnership for Families (parenting)	Page 2
Big Brothers Big Sisters of Cape Cod & Islands	Page 3
Family Ties (special needs children)	Page 5
Children's Cove (abuse victims)	Page 5
We Can (women, domestic violence)	Page 6
To the Moon and Back (neonatal substance exposure)	Page 7
Bay Cove Human Svcs (addiction & mental health)	Page 8
DBT Skills Group (communication)	Page 8
Sharing Kindness (grief support)	Page 9
Cape Cod Family Resource Center	Page 9
Federation for Children with Special Needs	Page 9
Find Help (general help)	Page 10
A to Z Sleep Solutions (sleep)	Page 10
Behavioral Health Innovators (addiction)	Page 10
Kennedy Donovan Center (special needs children)	Page 11
PFLAG Cape Cod (LGBTQ+)	Page 11
Parents Supporting Parents (addiction)	Page 15

\* **only for children in foster care**

### [Cape Cod Foster Closet](#)

The Cape Cod Foster Closet provides new and like-new clothing, shoes, outerwear, school supplies, baby gear and more for children (NB to age 18) who are being raised by someone other than their biological parent, including foster, adoptive, and kinship caregivers. Regular family fun events and seasonal giveaways bring families together, providing opportunities for memory making and building community.

Main Line: (508) 514-7125

Email: [info@capecodfostercloset.org](mailto:info@capecodfostercloset.org)

<https://capecodfostercloset.org>

Join our private Facebook Group: "Cape Cod Foster Closet Families"

We operate two storefront locations and staff a closet inside the Department of Children and Families Office in Hyannis.

Orleans Store: 195 Route 6A Orleans, MA 02653

Falmouth Store: 840 Sandwich Road East Falmouth, MA 02536 (inside the Unitarian Universalist Fellowship back entrance)

Visit our website for current store hours or fill out an online assistance request form.

<https://forms.gle/K7GHLmuT7q61yrXF6>

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

Katelynn's Closet

<https://www.katelynns-closet.org> 45 Commercial St, S Yarmouth, 508-364-3927  
<https://www.facebook.com/helpingcapecodkids>

Katelynn's Closet serves children ages 4-18 who are deemed in need and live on Cape Cod (Wareham-Sagamore) and the Islands. All orders for children in need must be placed by a social service agent or a school nurse.

A Baby Center

<https://ababycenter.org> 320 Main Street, Hyannis, MA 02601 508-775-5073

Providing essential baby goods to income-eligible families for infants up to age five living on Cape Cod and the Islands.

Cape Cod Ambassadors

<http://capecodambassadors.com>  
<https://www.facebook.com/profile.php?id=100085573591234>

Cape Cod Ambassadors is a Christian non-profit that runs annual therapeutic camps with swimming, boating, horseback riding, archery, high ropes and Leadership Training Classes, as well as hosting bi-monthly events throughout the year. They support all children working with DCF, including foster, adoptive, and intact families.

Shelly's Tea Room, Plymouth

<https://www.shellystearooms.com> 51 Court St, Plymouth, MA 02360 (508) 927-4402

Shelly's will provide a free tea party to foster, grandparent, kinship and adoptive families during the child's birthday month.

Cape Cod Toy Library

[info@capecodtoylibrary.org](mailto:info@capecodtoylibrary.org) 1663 Main Street (6A), West Barnstable 508-648-3227

Their core program is a Toy Lending Library – with a curated collection of 1,500 toys, games and puzzles and 350 resource library books donated by hundreds of Cape families. The Playroom features a puppet theater, dress-up wardrobe, doll house, rocket and car garage as well as building construction toys, puzzles and games and children's picture books. There is also a resource library of books on child development and play, parenting, neurodivergent children, multi-cultural education. They offer "Family Play Days", with space availability.

The Coalition for Children

<http://www.thecoalitionforchildren.org>

They offer free events for families on Cape Cod including play and learn activities for infants, toddlers, preschoolers and beyond, plus free books and toys for 18-48 month old kids.

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

Amazing Grace of Cape Cod

<https://www.amazinggracecapecod.org/about.html> P.O. Box 636, Centerville, MA 02632

Amazing Grace has designed a cost-free series of programs that serve children with an incarcerated family member. Participation begins with a weeklong camp experience for children between age 8-11. Children who have participated in AGI can continue to participate in their pathway of programs through adolescence and into adulthood.

Cape Cod Children's Place

<https://capecodchildrensplace.com> 10 Ballwic Road, Eastham 508-240-2352

Cape Cod Children's Place provides free parent education programs and free playgroups promoting early literacy and community connections including programs to support families affected by substance use disorder like First Steps Together, and support groups for grandparents raising grandchildren.

Sandwich Partnership for Families

[www.sandwichpartnership.com](http://www.sandwichpartnership.com)

They offer a variety of free and fun activities in safe and nurturing environments for children of all ages as well as parenting workshops for adults.

ConfiKids

<https://www.confikids.org>

Confikids serves children in grades 1-8 in Barnstable, Bristol, Norfolk and Plymouth counties who are on the Free Lunch Program at school. They provide funding for town sports, music/art lessons, karate, dance, gymnastics, etc. You must apply online.

Arts Foundation Cape Cod

<https://www.artsfoundation.org/arts-access> [sbrown@artsfoundation.org](mailto:sbrown@artsfoundation.org) 508-362-0066 x120

Arts Access Youth Arts Scholarships provides funding to children living in foster and kinship care for arts programming. Funds can be used to pay for art classes, family art experiences (i.e. tickets to a performance), or arts supplies. Apply online at their website or contact the Foundation directly.

Rise Above

<https://www.facebook.com/riseabovema/> <https://weriseabove.org/info/resources/>

Rise Above funds individual activity wishes for youth in foster care through an online application process. All children who are in the physical care and custody of the Massachusetts Department of Children and Families (DCF), are eligible.

## **Cape Cod Foster Closet**

### Resource List for Foster, Grandparent, Kinship, Adoptive Families

#### Wonderfund

<https://www.wonderfundma.org/>

The Wonderfund provides children involved with the MA Department of Children & Families the opportunities, experiences, and essentials that every child deserves. Wonderfund Access Cards provide access to dozens of enriching activities across the state. Referrals must go through our DCF Family Resource Worker.

They fund enrichment activities in these areas: art and music; academics; athletics; camp

#### Sibling Connections

<https://www.siblingconnections.org>

Sibling Connections is the only organization in Massachusetts designed for the sole purpose of strengthening the sibling bond of children separated by foster care. While the sibling relationship is the longest and one of the most important relationships most people have in their lives, this is especially true for children who are removed from their families because of abuse or neglect. Programs include weekend retreats, camps, social events, and youth leadership opportunities.

#### Comfort Zone Camp

[www.comfortzonecamp.org](http://www.comfortzonecamp.org)

Comfort Zone Camp is a bereavement organization that transforms the lives of children who have experienced the death of a parent, sibling, primary caregiver, or significant person. Programs are free of charge and include trust-building activities and age-based support groups that break the emotional isolation grief often brings. Comfort Zone's programs are offered to children ages 7-17, young adults for 18-25-year-olds, and separate parent and guardian programs.

#### Big Brothers Big Sisters of Cape Cod & the Islands

<https://emassbigs.org/cape-cod> 508-771-5150

The mission of Big Brothers Big Sisters of Cape Cod and the Islands is to partner with under-resourced families to provide their children with transformational, one-to-one professionally-supported relationships with caring adult mentors, so that their children will thrive. They want youth to achieve their full potential, which only contributes to healthier families, better schools, brighter futures and stronger communities.

#### Youth Athletic Foundation

<https://www.youthathleticfoundation.org> [info@youthathleticfoundation.org](mailto:info@youthathleticfoundation.org)

PO Box 14, West Yarmouth, MA 02673 508-649-5444

YAF provides funding for athletic equipment and sports participation fees to students in need. Applications are filled out by school personnel and social services organizations upon request.

## **Cape Cod Foster Closet**

Resource List for Foster, Grandparent, Kinship, Adoptive Families

### Cape Cod Times Neighbors Fund

<https://neighborsfund.org/> Phone: 508-778-5661

Provides urgent financial assistance and resources to our Cape & Islands residents. We help with most basic needs including food, housing, medical, utilities, transportation, home repairs, moving, and childcare. Financial assistance is paid to verified vendors on behalf of our clients.

### Bourne for Children

<http://www.bourneforchildren.org> mdankert@bourneps.org

Bournedale Elementary School, 41 Ernest Valeri Rd, Bourne MA 02532 508-743-3800 X6751

They provide programs for families with infants through age 6 including Parent-Child home visiting program, parenting classes, play and learn groups, kindergarten transition programs, STEM and community events

### Food Resource Guides

Outer Cape Food Access Guide 2025

<https://outercapecommunitysolutions.org/resource-list-food-access-guide-for-the-outer-cape>

The Cape Cod Hunger Network <https://www.capecodhungernetwork.org/Food-Pantries>

### Project Bread

<https://projectbread.org/about-us> 1-800-645-8333

Depending on need, members may receive: grocery store gift cards; procurement of kitchen supplies and appliances; cooking classes; nutrition counseling; referrals for medically tailored meals; assistance connecting with federal nutrition assistance programs like SNAP and WIC; and referrals to nearby food pantries.

### Family Table Collaborative

<https://familytablecollaborative.org/about> | [info@familytablecollaborative.org](mailto:info@familytablecollaborative.org) | 508-348-9777

Their mission is to produce and deliver nutritious free meals to families and individuals who need it most and provide nutritional education highlighting how healthy food positively impacts people's physical and mental health. They believe healthy people make healthy communities.

### Cape Kid Meals

[info@capekidmeals.org](mailto:info@capekidmeals.org) <https://www.facebook.com/capekidmeals> (508) 419-1734

<https://capekidmeals.org/cape-cod-partner-blessings-in-a-backpack>

Cape Kid Meals (CKM) mobilizes caring people and communities to provide food over the weekend to school-aged children across the Cape who might otherwise go hungry.

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

Women, Infants & Children (WIC) Nutrition Program

Upper & Mid Cape:

<https://healthimperatives.org/maternal-child-young-adult-health/wic-nutrition-assistance/>

Lower & Outer Cape:

<https://www.outercape.org/services/women-infants-children-wic-food-nutrition/>

Women who are pregnant or postpartum and families who have a child or children under age 5 may be eligible for WIC benefits, which include free and healthy food, nutrition education, breastfeeding support, and referrals to health, economic, and family services. All foster children in Massachusetts are eligible, regardless of family income.

Lasagna Love

<http://www.lasagnalove.org> [info@lasagnalove.org](mailto:info@lasagnalove.org)

Lasagna Love provides families with a homemade meal

Kinship Navigator

<https://www.mass.gov/kinship-navigator> [kinshipnavigator@mass.gov](mailto:kinshipnavigator@mass.gov) 844-924-4546

Kinship Navigator is a program of the Commonwealth of Massachusetts that assists all kinship caregivers (grandparents and other relatives) with accessing services for themselves and the children they are raising. Also check out “A Guide for Relative Caregivers”

[https://www.mass.gov/assets/files/relative\\_caregivers\\_guide\\_2014.pdf?fbclid=IwAR07NseVbHPRky9UZrXtwLA5Uxy8GH2QJDpfFfSKcOOtHkKlbn0QvgcpNOA](https://www.mass.gov/assets/files/relative_caregivers_guide_2014.pdf?fbclid=IwAR07NseVbHPRky9UZrXtwLA5Uxy8GH2QJDpfFfSKcOOtHkKlbn0QvgcpNOA)

Health Imperatives

<https://healthimperatives.org/hyannis> [info@healthimperatives.org](mailto:info@healthimperatives.org)

1019 Iyannough Rd, Hyannis, MA 508-771-8010

They support vulnerable youth and young adults. Young people ages 13 and up are welcome at any of their seven Sexual and Reproductive Health clinics for exams, birth control, and other services.

Family Ties of Massachusetts

<https://www.massfamilyties.org> 800-905-8437

Family TIES of Massachusetts provides information and referral services, emotional support, and training to parents of children and youth with special needs or disability including workshops, skill development, and parent-to-parent programs.

Children’s Cove

<https://www.childrenscove.org> 508-375-0410

Children’s Cove provides comprehensive and coordinated multidisciplinary services to victims of sexual abuse, severe physical abuse, witness to domestic violence, and commercial sexual exploitation

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

Mass Hire Cape and Islands Career Center

[www.masshire-cicc.com](http://www.masshire-cicc.com) 372 North St, Hyannis 02601 508-771-5627

MassHire Cape and Islands Career Center Youth Services provides high school equivalency preparation and testing, skills training, paid work experience and support for young people ages 16-24 who meet eligibility guidelines. Their Youth Career Consultant works one-on-one to develop a custom education and career pathway plan to meet goals.

Visiting Nurse Association Public Health and Wellness

<https://www.capecodhealth.org/medical-services/visiting-nurse-association/public-health-wellness> 508-957-7423

They provide health education, community outreach, health screenings, maternal and child health nursing, public health home visits. Exercise programs including Stroll the Cape, a walking program to bring guardian, grandparent, foster, etc. families with young children 8 weeks to 5 years old together in the community with a Maternal Child Health Nurse, Physical Therapist and/or Midwives from Cape Cod Hospital also offer education and support.

Community Action Committee of Cape Cod & Islands (CACCI)

<https://www.cacci.cc> 508-771-1727

CACCI provides services primarily in the areas of access to public health insurance and care; childcare subsidy and provider support services; immigration services; emergency shelter; SNAP benefits assistance; and free tax preparation during tax season. During the months of November and December it offers holiday programs

Transitional Aid to Families with Dependent Children (TAFDC)

[Apply for TAFDC | Mass.gov](https://masslegalhelp.org/income-benefits/grandparentstafdc)  
<https://masslegalhelp.org/income-benefits/grandparentstafdc>

TAFDC provides monthly cash benefits, childcare vouchers, and job training to families. Kinship caregivers who are not fostering through the Department of Children and Families are eligible to apply for “Child-Only” cash benefits for any non-biological children regardless of their income.

Colorful Kidz

<https://colorfulkidz.org> <https://www.facebook.com/ColorfulKidzofCapeCod>

Room Makeovers: Their room makeovers are for kids and teens on Cape Cod. Sometimes life gets overwhelming, and our kids need a fresh start. They create a space where kids can dream about what is possible.

We Can Empowering Women

<https://www.wecancenter.org/services> <https://www.facebook.com/wecan.capecod> 508-430-8111

They provide legal services, work and career support, financial empowerment, workshops, mentoring and personal development.

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

Help Guide.org

<https://www.helpguide.org/articles/parenting-family/grandparents-raising-grandchildren.htm>

They provide guidelines for grandparents raising grandchildren, help for parents of troubled teens, family caregiving, stress management, and helping children cope with traumatic events.

Children's Trust

<https://childrenstrustma.findhelp.com>

They are a community portal that provides Cape residents with online access to available resources, finding free or reduced cost help for families, childcare, housing, or parenting support.

South Shore Community Action Council

<https://www.sscac.org/early-education> <https://www.facebook.com/ourcommunityinaction>  
(508) 747-7575

The South Shore Early Education (SSEE) offers high quality, Head Start, Early Head Start, and state-subsidized early education and childcare with centers conveniently located in Marshfield, Plymouth, Wareham, Hyannis, West Yarmouth, and Dennisport. They also collaborate with hundreds of community partners to provide a range of programs to meet household needs, transportation, housing and utility assistance, food, and nutrition.

To the Moon and Back

<https://www.2themoonandback.org> <https://www.facebook.com/tothemoonMA>

To the Moon and Back is dedicated to children born with in-utero substance exposure and their families providing monthly support groups, children's group, care packages, funding for unmet financial needs help to navigating services, and an educational advocacy program.

TriTogether

<https://www.tritogogether.org> [info@tritogogether.org](mailto:info@tritogogether.org) <https://www.facebook.com/tritogogether>

TriTogether will work to offer free tutoring services for students whose circumstances have previously made tutoring inaccessible, 4th grade through college. Foster and kinship caregivers can complete a referral form online.

The Gifted Crate

<https://www.thegiftedcrate.org> <https://www.facebook.com/thegiftedcrateforyouth>

The Gifted Crate provides a custom birthday-in-a-box to children and teens in foster care throughout Massachusetts. With the help of DCF, they identify these children along with their likes and interests. Their birthday crates include a boxed cake mix, frosting, candles, plates, napkins, and customized gifts based on that child's wishes.

## Cape Cod Foster Closet

Resource List for Foster, Grandparent, Kinship, Adoptive Families

### Covenant to Care for Foster Families

<https://www.capecodcouncilofchurches.org/covenant-to-care-for-foster-families.html>  
[ctocaredirector@gmail.com](mailto:ctocaredirector@gmail.com) 508-775-5073

Providing resources and emotional support to foster families and the children in their care on Cape Cod and the Islands. We match a Cape/Islands congregation with a foster family to provide support. The Fostering a Dream Fund grants help fulfill dreams for foster children by providing financial assistance for extra activities which serve to normalize their lives. These activities might include music, art, or dance lessons, athletic equipment and fees, class trips and summer camps.

### Bay Cove Human Services

<https://www.baycovecapecod.org> [info@baycove.org](mailto:info@baycove.org)  
<https://www.facebook.com/baycovehumanservicesinc> 833-229-2683

Serves as a hub of coordinated and integrated mental health and substance use disorder treatment for individuals of all ages throughout Cape Cod—from Bourne to Provincetown. Services provided are enhanced routine and urgent behavioral health outpatient services, and mobile crisis intervention services and community crisis stabilization services for adults and youth. Mobile Crisis Support: 24/7.

Bay Cove's Caregiver Support Group is a group created in a safe, welcoming environment for caregivers of youth that are diagnosed with mental health conditions to come together and discuss any needs/concerns, share, gather new community resources, and develop a new group of natural supports.

### DBT Skills Group (Dialectical Behavioral Therapy)

[lmcgillicuddy60@hotmail.com](mailto:lmcgillicuddy60@hotmail.com) Lisa McGillicuddy at 508-314-7748

DBT Skills Group Cape Cod is a free, community skills/support group for parents of children (teens/pre-teens, young adults) who struggle with anxiety, intense emotions, depression and other mental health challenges. The group will meet on Monday evenings, 7 - 8:30 pm at First Congregational Church, 68 Main Street, Falmouth Village Green. A hybrid Zoom option is available during the in-person meeting. Each week a different Dialectical Behavioral Therapy skill is discussed, so new participants can join at any time. They use the book, DBT For Dummies (can be purchased on Amazon), and view videos created by Rutgers University: DBT in 5 Minutes or Less (available free on YouTube). All parents/guardians are welcome.

### Grandparents Raising Grandchildren Commission

<https://massgrg.com/>

Are you a grandparent/relative caregiver and feel like you are all alone in this journey? You are not alone. We provide support groups, training, and resources specific to grandparents.

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

Health Law Advocates

<https://www.healthlawadvocates.org/about/what-we-do> 855-218-3965 or 855-218-2519

HLA provides high quality, free legal assistance to income-eligible Massachusetts residents having difficulty accessing health care or health insurance coverage. They also provide legal assistance to consumers with unaffordable medical debt.

Cape Cod Neighborhood Support Coalition

<https://capecoalition.com/grandparents-kinship-families>

<https://www.facebook.com/capecodcoalition>

[familysupport@capecoalition.com](mailto:familysupport@capecoalition.com) 508-771-4336

Cape Cod Neighborhood Support Coalition offers services to help grandparents and other kinship caregivers feel supported raising their grandchildren. They offer support groups and confidential conversations, whether in-person, by phone, or email, to discuss the challenges a Grand/Kin-parent may be facing.

Sharing Kindness

<https://sharingkindness.org> [kim@sharingkindness.org](mailto:kim@sharingkindness.org)

<https://www.facebook.com/sharingkindness> (508) 246-1555

At Sharing Kindness, they are committed to providing grief support on Cape Cod and the Islands, offering hope and courage to all those navigating life after loss. They offer free peer grief support for parents/guardians and children.

Cape Cod Family Resource Center

[capecodfamilyresourcecenter.org](http://capecodfamilyresourcecenter.org) 29 Bassett Lane, Hyannis, MA 02601 508-815-5100

CCFRC helps families thrive. Our programs and services are designed to foster connection, build community, and provide families with the resources they need to succeed. One on one support, parenting classes, support groups (including Grandparents Raising Grandchildren), and youth activities are offered regularly. An onsite clinician provides support to youth at risk of Child Requiring Assistance court petitions. Mental Health Advocacy Program (MHAP) attorneys can support educational, health insurance, and other legal issues.

Federation for Children with Special Needs (FCSN)

<https://fcsn.org> <https://www.facebook.com/fcsnfb>

The Schrafft Center, 529 Main Street, Suite 1M3, Boston MA 02129

(800) 331-0688, (617) 236-7210

FCSN empowers families so that they have the information and resources they need for their children. They work with families with children from birth to adulthood, providing individual assistance, training, and leadership development and support. Respite is available with Caregiver to Caregiver Respite Network.

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

Find Help

<https://www.findhelp.org>

This is an online website to search and connect to local financial assistance, food pantries, medical care, and other free or reduced cost help.

A to Z Sleep Solutions

<https://www.atozsleepsolutions.com>    <https://www.facebook.com/atozsleepsolutionscapecod>  
[Emma@atozsleepsolutions.com](mailto:Emma@atozsleepsolutions.com)

A to Z Sleep Solutions Cape Cod and Islands offers personalized sleep plans for infants and toddlers, free newborn sleep class via in person workshops, phone/email, or in-home solutions.

Elder Services of Cape Cod and the Islands – Family Caregiver Support Program

<https://esci.org/supportive-services-care-management> 68 Route 134, South Dennis, MA 02660  
(800) 244-4630 (508) 394-4630

They provide respite and summer camp assistance for grandparents raising grandchildren.

Lower Cape Outreach Council

<https://lcoutreach.org/about> 508-240-0694

Lower Cape Outreach Council provides short-term emergency food, clothing and financial assistance to residents of the 8 towns that constitute Lower Cape Cod: Brewster, Chatham, Eastham, Harwich, Orleans, Provincetown, Truro, and Wellfleet.

Housing Assistance Corporation

[hac@haconcapecod.org](mailto:hac@haconcapecod.org) locations in Hyannis and Orleans 508-771-5400

Housing Assistance strengthens the Cape Cod and Islands region by empowering individuals, fostering community connections, and increasing affordable housing opportunities. Programs include case management, rental assistance, housing counseling, shelter placement, youth services, and more.

Foster Love

<https://www.fosterlove.com/how-we-help>    <https://www.facebook.com/fosterloveproject>

[info@fosterlove.com](mailto:info@fosterlove.com) (714) 784-6760

They provide assistance to foster children including birthday boxes, STEM boxes, superhero boxes, and duffle bags

Behavioral Health Innovators

<https://bhinnov.org>    [info@bhinnov.org](mailto:info@bhinnov.org) PO Box 583, S. Chatham, MA 02659

They provide programs—from prevention through recovery—for Cape Cod's 13 to 24 year olds who are living with substance use disorder and/or mental health conditions

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

Kennedy-Donovan Center

<https://www.kdc.org> 30 Ansel Hallett Rd, W Yarmouth, MA 02673, 508-418-5540

They provide children's programs including early intervention, speech and language, and sensory-motor development

Parents Supporting Parents

<https://parentsfightingaddiction.org> 508-419-3434

Sandwich Center for Active Living 70 Quaker Meeting House Road Forestdale, MA 02644

Offers in-person or virtual support groups for parents of children struggling with Substance Use Disorder (SUD).

PFLAG Cape Cod

[pflagcapecod.org](http://pflagcapecod.org) [info@pflagcapecod.org](mailto:info@pflagcapecod.org)

PFLAG is an organization of LGBTQ+ people, parents, families, and allies who work together to create an equitable and inclusive world. Monthly support meetings for those 18+ provide an opportunity for those who love an LGBTQ+ to seek support and community. Meetings are held on Zoom, in Brewster, in Falmouth, and at Latinx in Action (in Portuguese). Informational, advocacy, and fun events offered throughout the year.

We Thrive Cape Cod, LGBTQ+ & Ally Center

<https://www.wethrive.us/> 508-778-7744 [Scott@WeThrive.us](mailto:Scott@WeThrive.us)

We Thrive is a center where people 22 and under can enjoy meetings, drop in times, field trips, special events, and more where there is camaraderie and support in a peer led, adult advised environment, free from judgment based on inherent differences. We also provide shared housing rentals for LGBTQ+ people and allies in Hyannis.

Brighter Beginnings at Kairos Counseling

<https://www.kairosounselings.org/brighter-beginning> [intake@kairosounselings.org](mailto:intake@kairosounselings.org)

Counseling services for children, teens, and families from birth through age 17. They provide trauma-informed, somatic aware, family centered care on Upper Cape and surrounding communities, with services offered in Falmouth, Mashpee, Pocasset, and select school settings.

Real Eyes Truth Holistic Mental Health

745 Falmouth Rd. in Hyannis (508) 225-1755 <https://www.realeyestruth.org/>

Real Eyes Truth is a holistic community mental health clinic and a 501c3 non-profit organization founded by local people to support the community needs on Cape Cod and the New Bedford area. We offer individual therapy, trauma education, holistic groups, and community events for children and adults.

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

Cape Cod Advocate

<https://www.capecodadvocate.com/>

Cape Cod Advocate has guided hundreds of families through the education process for students of all ages with learning challenges and disabilities. Our expertise with IEPs, 504s and education law means we can take the time to truly focus on each child's unique needs.

Falmouth Service Center

<https://www.falmouthservicecenter.org/> 611 Gifford Street Falmouth MA 02540 (508) 548-2794

Extensive food pantry and community clothing closet for all Cape residents. Financial assistance and support applying for SNAP or Fuel Assistance for Falmouth residents.

MSPCC Kid's Net

<https://www.msppcc.org/kidsnet/>

Cape & Islands Family Resource Liaison: Marion De Sa [mdesa@msppcc.org](mailto:mdesa@msppcc.org) 508-479-6755

MSPCC's Kid's Net Program provides a range of services to connect DCF foster, pre-adoptive, and kinship families to the information, resources, respite and babysitting funding, support networks, and training they need to address the unique challenges that come with raising foster children. Kid's Net After-Hours Helpline: (800) 486-3730

Bailey Boyd Associates

<https://www.baileyboyd.com/childcare-programs-1> [cbergen@baileyboyd.com](mailto:cbergen@baileyboyd.com) 508-430-4499x5

Financial aid for licensed childcare programs for low-income residents of Brewster, Dennis, Wellfleet, Truro, Provincetown, Eastham, and Harwich.

Homeless Prevention Council (HPC)

<https://www.hpccapecod.org/> (508) 255 - 9667 [help@hpccapecod.org](mailto:help@hpccapecod.org)

We provide tools to support local residents—from Harwich to Provincetown and in special programs in Yarmouth and Dennis—to keep their housing and attain financial independence. Programs include rental assistance, case management, housing stabilization funds, affordable housing, youth/young adult support, and holiday Adopt-A-Family.

Hyannis Youth and Community Center

<https://www.capecodhycc.com/#>

Gym, ice rink, group sports for youth, game room, and study lab.

YMCA Cape Cod

<https://ymcacapecod.org/>

Childcare, afterschool program, summer camps, swimming, and more.

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

The Cordial Eye

<https://www.thecordialeye.org/>

The Cordial Eye Learning Lab provides educational opportunities for learners of all ages- are committed to centering the voices and needs of historically-excluded communities. By creating programming by, for, and with these communities- which include BIPOC folks, LGBTQ+ folks, disabled folks, and folks with financial barriers to access- we seek to create a Cape Cod that is vibrant, equitable, and a place of belonging for all. Financial aid available.

Belonging Books

438 Main Street Hyannis, MA 02601 <https://www.belongingbookscapecod.com/>

Belonging Books is a community-focused bookstore that centers the voices and stories of people of color and other underrepresented communities on Cape Cod. Through creative programs and events, Belonging Books creates and holds space for joy, celebration, rest and connection.

Read Happy

[Readhappy2020@gmail.com](mailto:Readhappy2020@gmail.com)

Read Happy supplies free book packages including a pillowcase, a book, and an activity.

Treehouse Maker Studio at the Cultural Center of Cape Cod

<https://www.cultural-center.org/artbarn> 307 Old Main St, South Yarmouth, MA 02664

A children's maker space where every masterpiece starts with a mess! Discounts and free events for foster families, EBT cardholders, and WIC participants.

**Cape Cod Foster Closet**  
Resource List for Foster, Grandparent, Kinship, Adoptive Families

**Other Foster Closets in Massachusetts**

AOK (All Our Kids) <https://fosteringaok.org/community-closet/>

6 Open Square Way Holyoke, MA 01040

413-486-0560 | [Closet@FosteringAOK.org](mailto:Closet@FosteringAOK.org)

Angels' Care Closet <https://www.angelscarecloset.org/>

32 Olney Street Seekonk, MA 02771

508-557-0856 | [angelscarecloset@gmail.com](mailto:angelscarecloset@gmail.com)

Foster Care Essentials in Hopedale <https://www.fostercareessentials.com/>

Hopedale Union Evangelical Church, 25 Dutcher Street, Hopedale, MA 01747

fostercareessentials@gmail.com (774) 248-4139

Harbor Foster Closet <https://harborfosterclosetma.org/>

Text: (501) 249-5223 Email: [HarborFosterClosetMa@gmail.com](mailto:HarborFosterClosetMa@gmail.com)

Serving East Boston, Charlestown, Chelsea, Revere, and Winthrop

North Shore Foster Care Closet

Facebook Page: <https://www.facebook.com/baystatefosterfriends/>

[Capeannfostermom@gmail.com](mailto:Capeannfostermom@gmail.com) Located in Beverly

South Shore Foster Closet <https://www.southshorefostercloset.com/>

Located in Kingston

The Foster Box <https://thefosterbox.com/>

[hello@thefosterbox.com](mailto:hello@thefosterbox.com) 76R Winn Street Ste 3A Woburn, MA 01801-2846