EMERGENCY ACTION PLAN

Denver Christian School-Main & Aux Gymnasium

Emergency Personnel/Communication:

Athletic Trainers will be onsite for most competitions. Head coaches and assistants are certified in CPR, AED, and First Aid. Fixed phones are located in the baseball press box and AD office (303-763-7963) and Assistant AD office (303-763-7958). Athletic Trainer- Aimee Kleager-(720-366-4816), AD-Dylan Hoch-(303-880-4563), Assistant AD-Mike Hanson (303-475-2880), Principal-Brock Becker-(720-201-0977), Maintenance-Brad Lanser-(303-525-2282).

Emergency Equipment:

AED and emergency/first aid supplies are available. Additional supplies are maintained inside the equipment room.

Role of First Responders:

1) Check life threatening conditions
    - Level of consciousness—if loss of consciousness occurred at any point, call 911 immediately
    - Airway—is airway blocked
    - Breathing—is person breathing
    - Circulation—does person have a pulse
    - Bleeding—is person bleeding severely
2) Retrieve emergency equipment needed
    - AED—outside main gym doors
    - Medical equipment—in equipment room or on sideline
3) Activate Emergency Medical System (EMS)
    - Call 911 from a cellular phone/landline in the school (provide name, location, telephone #, number of individuals injured; condition of injured athlete, first aid treatment, specific directions, other information as requested)
4) Direct EMS to scene
    - EMS access for this venue is listed below
    - Open appropriate gates or doors
    - Designate individual to “flag down” EMS and direct to scene
    - Scene control: limit scene to first aid providers and move bystanders away from area
5) Apply basic first aid as situation requires
    - Loss of consciousness: call 911
    - Adult CPR (no pulse, no breathing): 30 compressions for every 2 breaths (slow, don’t force)
    - AED: in equipment room or with Athletic Trainer
    - Bleeding: direct pressure over injury; elevate injury over heart if possible; apply sterile dressing over injury
    - Splint fractures
    - Cervical Spine Injuries—prevent any movement of neck until EMS arrives
    - Treat for Shock—if necessary
6) Follow up
    - Submit an incident report to Athletic Director
    - Collect any medical documentation indicating athlete’s participation status

Venue Directions: 3898 S. Teller St.—Lakewood, CO. 80235

Main/Aux Gymnasium—Volleyball, Girls/Boys Basketball, Cheer

Someone will be assigned to meet EMS in the parking lot. They will guide EMS to the main/aux gymnasium, which can be accessed through the front lobby or back entrance (judgment call). In case of an emergency event, the main or aux gymnasium may need to be cleared of all spectators. Where the spectators are cleared to will determine which entrance EMS should enter.