

HIGHLAND PARK TRACK & FIELD

WHAT IT TAKES: GIRLS 2025 (Results from 2021/2022/2023/2024)

2022 MSHSL divided into 3 classes; Highland stayed in AA and switched from section 4AA to 3AA

Event	St. Paul Conference			State		
	Qual for Finals (If prelims)	8 th Place (Score)	Conf-1 st (Champ)	Sect 3AA (Qual for Finals)	Sect 3AA (2 nd Ind/2 nd Rel)	MSHSL** (Standard)
	2021/2022/2023/2024			2021/2022/2023/2024		'22/'23/'24/'25
100 '21	14.25 (8 th /17)	14.26 (8 th /8)	13.54	13.73 (9 th)	12.50	
'22	14.02 (8 th /21)	13.63 (8 th /8)	13.11	13.78 (9 th)	12.53	12.45
'23	14.11 (8 th /21)	14.05 (8 th /8)	13.21	13.67 (9 th)	12.49	12.59
'24	13.83 (8 th /19)	13.85 (8 th /8)	13.28	13.25 (9 th)	12.59	12.68
'25						12.61
200	29.96 (8 th /16)	29.32 (8 th /8)	27.43	28.22 (9 th)	25.85	
	29.26 (8 th /21)	29.45 (8 th /8)	26.58	28.01 (9 th)	25.94	25.53
	29.58 (8 th /20)	29.84 (8 th /8)	26.67	28.24 (9 th)	25.55	25.80
	28.67 (8 th /20)	29.94 (8 th /8)	26.63	28.07 (9 th)	25.97	26.00
						26.06
400	1:08.58 (8 th /13)	1:08.24 (8 th /8)	1:00.20	1:04.32 (9 th)	1:00.49	
	1:08.06 (8 th /19)	1:08.49 (8 th /8)	59.36	1:07.54 (9 th)	58.98	58.16
	1:08.09 (8 th /17)	1:09.20 (8 th /8)	59.21	1:05.06 (9 th)	58.29	58.42
	1:06.98 (8 th /16)	1:07.15 (8 th /8)	59.65	1:05.87 (8 th)	1:01.83	59.71
						1:00.16
800	No Prelims in '21, '22, '23, '24	2:43.35 (8 th /13)	2:26.49	2:36.81 (12 th)	2:18.25	
		2:51.00 (8 th /12)	2:25.50	2:34.06 (9 th)	2:23.70	2:16.39
		3:04.35 (8 th /14)	2:27.22	2:33.70 (9 th)	2:20.42	2:16.51
		3:03.61 (8 th /16)	2:16.65	2:31.05 (9 th)	2:21.07	2:19.60
						2:20.12
1600		6:33.03 (8 th /13)	5:06.97		5:13.46	
		6:07.08 (8 th /13)	4:59.33		5:10.29	5:04.26
		6:28.88 (8 th /13)	5:07.85		5:32.19	5:02.90
		6:08.45 (8 th /16)	5:19.57		5:20.26	5:08.63
						5:10.53
3200		15:06.92 (8 th /9)	12:12.84		11:06.14	
		14:52.83 (8 th /8)	10:50.70		11:16.16	11:01.25
		15:24.91 (8 th /9)	11:34.09		11:52.92	11:01.41
		13:20.11 (8 th /14)	11:06.02		11:22.05	11:24.48
						11:27.86
4 X 100		56.75 (4 th /4)	53.09		50.61	
		1:06.66 (7 th /7)	53.43		51.63	49.44
		1:02.32 (7 th /7)	53.17		49.69	49.92
		1:02.57 (7 th /7)	51.48		49.48	50.36
						50.27
4 X 200		2:13.76 (4 th /5)	1:56.44		1:46.64	
		2:13.82 (7 th /7)	1:55.22		1:49.68	1:44.18
		2:09.94 (7 th /7)	1:53.53		1:47.02	1:44.86
		2:11.98 (7 th /7)	1:53.17		1:44.98	1:45.77
						1:45.83
4 X 400		4:40.79 (3 rd /3)	4:24.64		4:09.32	
		5:17.15 (6 th /6)	4:19.67		4:13.75	4:02.14
		5:40.95 (6 th /6)	4:23.12		4:08.87	4:03.41
		5:19.36 (5 th /5)	4:17.76		4:04.09	4:05.74
						4:05.68
4 X 800		14:25.63 (4 th /4)	10:28.73		10:25.38	
		12:53.82 (4 th /4)	10:12.50		10:09.52	9:27.73
		14:18.46 (3 rd /3)	10:38.17		9:55.01	9:33.36
		13:30.29 (4 th /4)	10:30.29		10:06.35	9:47.37
						9:50.98

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100 H	No Prelims in '21 20.83 (8 th /11) 21.52 (8 th /10) 20.57 (8 th /12)	21.01 (8 th /8) 20.60 (8 th /8) 21.31 (8 th /8) 21.01 (8 th /8)	17.25 16.43 17.88 16.91	17.94 (9 th) 18.25 (9 th) 18.32 (9 th) 18.15 (8 th)	15.69 16.75 15.31 15.51	15.01 15.38 15.82 15.96
300 H	58.41 (8 th /10) 56.15 (8 th /15) 56.74 (8 th /12) 56.76 (8 th /12)	57.74 (8 th /8) 56.11 (8 th /8) 56.75 (8 th /8) 58.54 (7 th /8)	47.58 46.54 49.05 50.46	52.03 (9 th) 53.77 (9 th) 53.06 (9 th) 51.65 (9 th)	47.09 49.28 47.74 45.60	45.46 45.47 46.26 46.80
HJ		3-10 (8 th /8) 4-04 (9 th /11) 4-0 (8 th /9) 4-2 (8 th /9)	5-0 4-06 4-10 4-10		4-10 4-10 5-01 4-10	5-04 5-03 5-01 5-01
LJ		13-09 (8 th /13) 13-09 (8 th /21) 13-0 (8 th /16) 13-03.5 (8 th /14)	16-06.75 15-08.5 15-03 16-04	15-07.75 (10 th) 15-03 (10 th) 15-08.75 (10 th) 15-01.5 (10 th)	17-02.25 17-02.75 16-07 16-06.75	17-04 17-02 16-05 16-04
TJ		30-0 (8 th /10) 30-0 (8 th /12) 25-04.5 (8 th /9) 26-06 (8 th /9)	33-02.5 35-02.75 32-02 33-09	32-07 (10 th) 32-06.25 (10 th) 33-03.25 (10 th) 31-08.25 (10 th)	35-09.5 35-01.25 36-03.75 36-04.5	36-11 36-09 36-01 35-06
SP		25-04 (8 th /17) 24-04 (8 th /21) 27-11 (8 th /19) 25-03 (8 th /17)	39-0 30-03.5 32-04.5 33-03	30-06.5 (11 th) 27-03.75 (10 th) 29-00.5 (10 th) 27-06 (10 th)	37-03.5 31-10.25 31-05.25 35-09	39-08 37-08 36-00 35-08
DT		61-06 (8 th /14) 65-04 (8 th /18) 72-09 (8 th /18) 65-08 (8 th /19)	85-10 83-0 90-03 84-01	89-03 (10 th) 76-05 (10 th) 84-05 (10 th) 84-05 (10 th)	109-11 104-05 108-04 100-02	125-0 120-05 112-06 109-00