



St. Luke's Cathedral

The Third Sunday in Lent

March 3rd, 2024

Welcome!



The Cathedral Church of St. Luke
in the
City of Portland
and the
Episcopal Diocese of Maine

*Whoever you are,
and wherever you may be on the journey of the Spirit,
the Episcopal Church welcomes you.*

Holy Eucharist, Rite II
10:00AM *in the Nave & Livestreamed*

Welcome to St. Luke's Cathedral!

We are a faith community with ancient worship and modern thought, catholic traditions and progressive theology. We proclaim a Biblical perspective for thinking people, a respect for reason, science, and a diversity of perspective. This empowers compassion and care for both the wider community and one another. Our commitment to welcome and inclusion is central to our mission modeled on the Kingdom of God and proclaimed by Jesus Christ. We are part of the 1.7 million-member **Episcopal Church** in the United States, and the 85 million-member worldwide **Anglican Communion**.

St. Luke's Territorial Acknowledgement

St Luke's acknowledges that we are worshiping on "unceded territory taken by force and previously occupied by the **Wabanaki people**." (*Amended City Charter, Portland, Maine*). Some of the resources that built this cathedral came from industry related to the slave trade in the Eighteenth and Nineteenth Centuries. We join our fellow residents in honoring the Wabanaki knowledge and culture that continues to thrive in the Tribal Nations. We ask for Blessing and Peace upon all indigenous peoples that have called, and always will call, this place—"The Dawnland"—HOME.

THE
Episcopal
CHURCH



Our Mission

Today, St. Luke's welcomes every person to share in the Episcopal Church's mission "to restore all people to unity with God and each other in Jesus Christ." As a cathedral, St. Luke's is the seat of the bishop and the chief mission church of the Diocese and people of Maine. St. Luke's first service was held on Christmas Day in 1868, and continues over 150 years of reaching out to the city and people of Portland.

Service Participants

<i>Preacher</i>	The Reverend George Stevens, <i>Interim Dean</i>
<i>Celebrant</i>	The Reverend Christopher Worthley, <i>Assisting Clergy</i>
<i>Assisting</i>	The Reverend Rebecca A. Grant, <i>Deacon</i>
<i>Music Leader & Organist</i>	Christian M. Clough, <i>Canon for Liturgy & Music</i>
<i>Lector</i>	Ellen Detlefsen
<i>Prayers Leader</i>	Curtis Maurand
<i>Usbers</i>	Bob Parshley, Stan Kuziel, Chester Bishop, Gail Swanton
<i>Head Verger</i>	Eleanor Roberts
<i>Crucifer</i>	Alec Thorne
<i>The Healing Team</i>	Oscar Mokeme, Mary Strnad
<i>Live Streaming</i>	Sam Allen, Jack Swanton
<i>Contributing Ministries</i>	Acolytes, Vergers, the Flower Guild, the Altar Guild, the Kneeler Guild, the Cathedral Choir, the Healing Team

We invite you to pray this morning for...

members of our parish family

Sarah Braik, The Rev. Richard Ellis, Garrison Murrell, Onnie Benoist, Bruno Mbongo

members of our extended parish family

Presiding Bishop Michael Curry, Karen Keiter (*granddaughter of Betsey Deleuse*), Bev Clarke (*friend of Susanne Tartarilla*), Maryann Nemo (*grandmother of Tammy Parker*), Marshall Green (*friends of Judd Hume*), Bethany Levesque-Schott (*wife of Avery Levesque-Schott*), Chris McGee & Family (*family of Avery Levesque-Schott*), Melanie & Michael Clough (*parents of Christian Clough*), Heather Blais (*daughter of The Rev. Rebecca Grant*), & the community of St. George's college in Jerusalem

Today's liturgy celebrates **Women's History Month** with music featuring words or music by women writers and composers. Biographical information about these creators can be found following the liturgy portion of this booklet. It's unfortunate that, though women arguably contribute more to, and historically have participated more fully in, the spiritual life of the Church than men, finding creative materials by them requires an inordinate amount of searching, considering the percentage of the population who are women!

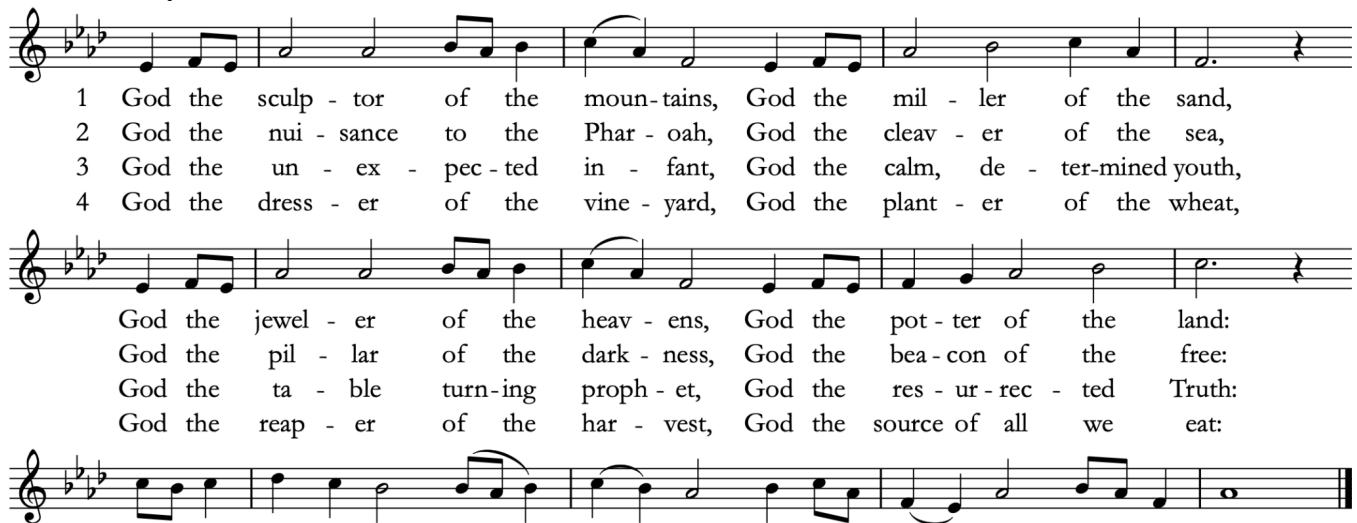
Prelude

Words of Welcome

The Reverend George Stevens, *Interim Dean*

The people are encouraged to sing all music printed in the bulletin. Please stand as you are able.

Processional Hymn



1 God the sculp - tor of the moun-tains, God the mil - ler of the sand,
2 God the nui - sance to the Phar - oah, God the cleav - er of the sea,
3 God the un - ex - pec - ted in - fant, God the calm, de - ter-mined youth,
4 God the dress - er of the vine - yard, God the plant - er of the wheat,

God the jewel - er of the heav - ens, God the pot - ter of the land:
God the pil - lar of the dark - ness, God the bea - con of the free:
God the ta - ble turn-ing proph - et, God the res - ur - rec - ted Truth:
God the reap - er of the har - vest, God the source of all we eat:

you are womb of all cre - a - tion, we are form - less; shape us now.
you are gate of all de - liv - erance, we are sight - less; lead us now.
you are pres - ent ev - ery mo - ment, we are search - ing; meet us now.
you are host at ev - ery ta - ble, we are hun - gry; feed us now.

Wonder Love and Praise – #746 “God the sculptor of the mountains” Words: John Thornburg (b. 1954), Copyright © 1994 John Thornburg. Music: *Sandria*, 87. 87. 87, Gerre Hancock (1934-2012), Copyright © Oxford University Press. Reprinted & streamed under OneLicense.net #A-713087

The Penitential Order

BCP p. 351

Celebrant Bless the Lord who forgives all our sins.

People **God’s mercy endures forever.**

The choir sings Jesus said, “The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these.”

— *Mark 12.29-31*

Music: Charles Rus (b. 1960)

Deacon Let us confess our sins against God and our neighbor.

Please kneel as you are able.

People **Most merciful God,
we confess that we have sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us;
that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People **Amen.**

Ky-ri - e e - - - le - i - son.

Ky-ri - e e - - - le - i - son.

Chri-ste e - - - le - i - son.

Chri-ste e - - - le - i - son.

Ky-ri - e e - - - le - i - son.

Ky-ri - e e - - - le - i - son.

Translation: Lord, have mercy. Christ, have mercy. Lord, have mercy.
 Music: *Missa de Angelis*, Mass VIII, arr. Christopher Moore (vers. 2, 2002), Copyright © 2002 Christopher Moore

The Collect of the Day

Celebrant

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People

Amen.

Please sit.

First Lesson

Exodus 20:1-17

Reader

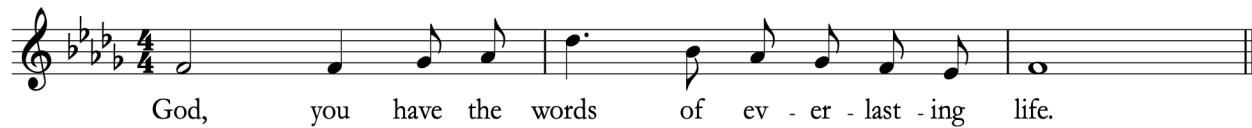
A reading from the twentieth chapter of Exodus.

Then God spoke all these words: I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. For six days you shall labor and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader The Word of the Lord.
People Thanks be to God.

Psalm 19.7-14 at the Gradual

The choir introduces the refrain, which the people then join in repeating. The choir sings the appointed verses of the psalm; the people join in singing the refrain where indicated.



Your law, O God, is perfect and revives the soul; your testimony is sure and gives wisdom to the innocent.

Your statutes are just and rejoice the heart; your commandment is clear and gives light to the eyes. **Refrain**

The fear of you is clean and endures for ever; your judgments are true and righteous altogether.

More to be desired are they than gold, more than much fine gold,
sweeter far than honey, than honey in the comb. **Refrain**

By them also is your servant enlightened, and in keeping them there is great reward.

Who can tell how often one offends? Cleanse me from my secret faults. **Refrain**

Above all, keep your servant from presumptuous sins; let them not get dominion over me;

then shall I be whole and sound, and innocent of a great offense.

Let the words of my mouth and the meditation of my heart be acceptable in your sight,

O God, my strength and my redeemer. **Refrain**

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Second Lesson

1 Corinthians 1:18-25

Reader A reading from the first chapter of Paul's first letter to the Corinthians.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader The Word of the Lord.
People Thanks be to God.

Please stand as you are able.

Hymn at the Sequence

1. Je - sus, keep me near the cross, there's a pre - cious foun - tain; free to all, a
2. Near the cross, a trem - bling soul, love and mer - cy found me; there the Bright and
3. Near the cross! O Lamb of God, bring its scenes be - fore me; help me walk from
4. Near the cross, I'll watch and wait, hop - ing, trust - ing ev - er, till I reach the

Refrain
heal - ing stream flows from Cal - v'ry's moun - tain.
Morn - ing Star sheds its beams a - round me. In the cross, in the cross
day to day with its shad - ows o'er me.
gold - en strand just be - yond the riv - er.

be my glo - ry ev - er; till my rap - tured soul shall find rest be - yond the riv - er.

*Lift Every Voice and Sing II – #29 Jesus, keep me near the cross” Words: Fanny J. Crosby (1820-1915)
Music: Near the Cross (Doane), 76. 76 with Refrain, William H. Doane (1832-1915)*

Gospel

John 2:13-22

Gospeller

The Holy Gospel of our Savior Jesus Christ according to John.

People

Glory to you, O Christ.

When it was almost time for the Passover, Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, with the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, “Take these things out of here! Stop making my Father’s house a marketplace!” His disciples remembered that it was written, “Zeal for your house will consume me.” The Jewish authorities said to him, “What sign can you show us for doing this?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The authorities said, “This temple has been under construction for forty-six years, and will you raise it up in three days?” But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this, and they believed the scripture and the word that Jesus had spoken.

Gospeller

The Gospel of our Savior.

People

Praise to you, O Christ.

Please sit.

Sermon

The Reverend George Stevens, *Interim Dean*

A period of silence is observed for contemplation at the conclusion of the sermon.

Please stand as you are able.

The Nicene Creed

from Enriching our Worship

People

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

Form II

BCP, p. 385

Leader

I ask your prayers for God's people throughout the world; for our Bishop, Thomas; for our Presiding Bishop, Michael; for this gathering; and for all ministers and people. In the Diocesan cycle of prayer we pray for St. Andrew in Millinocket; we pray also for our Assisting Bishops, Shannon MacVean-Brown (*Vermont*) and Rob Hirschfeld (*New Hampshire*). Pray for the Church.

Silence

Leader

Remembering especially the people of Ukraine, Russia, Israel, Palestine, Haiti, and all those who face injustice and oppression; I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

Silence

Leader

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Remembering especially those facing homelessness and their advocates; and individuals struggling with anxiety, depression, and other forms of mental illness; pray for those in any need or trouble.

Silence

Leader

I ask your prayers for all who seek God, or a deeper knowledge of God. Pray that they may find and be found by God.

Silence

Leader I ask your prayers for the departed, remembering especially Mary Cough, mother of Jamie Cough. Pray for those who have died.

Silence

Leader Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We offer prayers of healing and comfort for members of our congregation and those dear to us, especially those we now name.

The Leader reads the names from the parish prayer list, printed on the inside cover of your bulletin.

During the silence that follows, you are invited to add names, silently or aloud.

Praise God for those in every generation in whom Christ has been honored today. Pray that we may have grace to glorify Christ in our own day.

Silence

Concluding Collect

Celebrant O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever.

People Amen.

The Peace

Celebrant May the peace of Christ be always with you.

People And also with you.

The People may greet one another in the name of God. Afterward, please sit.

Parish Announcements

The Holy Communion

Offertory

Celebrant Walk in love, as Christ loved us and gave himself for us, as an offering and sacrifice to God.



Give to St. Luke's

A free will offering in support of the mission and ministry of the Cathedral is taken at this time.

All quarters in the offering plate go to support lunches for the school children in Duny, Häiti.

Online giving is available at <stlukesportland.org/give/>.

Ant anthem at the Offertory

Justitiae Domini rectae, laetificantes corda;
et judicia eius dulciora super mel et favum.
Nam servus tuus custodit ea.

sung by the choir

*The statutes of the Lord are right, and rejoice the heart;
his judgments sweeter also than honey, and the honey-comb.
For thy servant keeps them.*

Words: Psalm 18.9a, 11b, 12a (Vulgate), (Psalm 19.8a, 10b, 11a)

Music: arr. Wilhelm Meyer Lutz from a sacred song by Felix Mendelssohn-Bartholdy (1809-1847), first publ. in *Motets for the Year*, c. 1850 London: Boosey & Co.

Please stand as you are able.

Hymn at the Presentation

1 Praise to the Ho - liest in the height, and in the depth be praise;
2 O lov - ing wis - dom of our God! When all was sin and shame,
3 O wis - est love! that flesh and blood, which did in Ad - am fail,
4 and that the high - est gift of grace should flesh and blood re - fine:
5 Praise to the Ho - liest in the height, and in the depth be praise;

1 in all God's words most won - der - ful, most sure in all God's ways!
 2 a sec - ond Ad - am to the fight and to the res - cue came.
 3 should strive a - fresh a - gainst the foe, should strive, and should pre - vail;
 4 God's pres - ence and God's ve - ry self, and es - sence all - di - vine.
 5 in all God's words most won - der - ful, most sure in all God's ways!

The Hymnal 1982 – #445 “Praise to the Holiest in the height” Words: John Henry Newman (1801-1890), alt. Music: *Gerontius*, CM, John Bacchus Dykes (1823-1876)

The Great Thanksgiving

Eucharistic Prayer D

BCP p. 372

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Celebrant It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature

under heaven,
we acclaim you,
and glorify your
Name, as we
sing:

Sanc - tus, Sanc - tus, Sanc - tus Do - mi - nus

De - us Sa - ba - oth.

Ple - ni sunt cœ - li et ter - ra glo - ri - a tu - a.

Ho - san - na in ex - cel - sis.

Be - ne - dic - tus qui ve - nit in no - mi - ne Do - mi - ni.

Ho - san - na in ex - cel - sis.

*translation: Holy, holy,
holy Lord, God of hosts.
Heaven and earth are full
of your glory. Hosanna in
the highest.
Blessed is the one who
comes in the Name of the
Lord. Hosanna in the
highest.*

Music: *Missa de Angelis*,
Mass VIII, arr.
Christopher Moore (vers.
2, 2002), Copyright ©
2002 Christopher Moore

Please kneel or stand as you are able.

Celebrant We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All **We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.**

Celebrant Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Remember all who minister to your Church.

Remember all your people and all who seek your truth.

Remember all who have died in the peace of Christ, and those whose faith is known to you alone; bring them into the place of eternal joy and light.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Blessed Luke, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and for ever.

People **AMEN.**

Celebrant
People

And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.



A - gnus De - i, qui tol - lis pec-ca - ta mun - di, mi-se - re-re no - bis.

A - gnus De - i, qui tol - lis pec-ca - ta mun - di, mi-se - re-re no - bis.

A - gnus De - i, qui tol - lis pec-ca - ta mun - di, do-na no-bis pa - cem.

Translation: *Lamb of God, you who take away the sins of the world, have mercy on us. (twice)*

Lamb of God, you who take away the sins of the world, give us peace.

Music: *Missa de Angelis*, Mass VIII, arr. Christopher Moore (vers. 2, 2002), Copyright © 2002 Christopher Moore

Celebrant

The gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All

Please join me in this prayer of Spiritual Communion for all of us who cannot now receive.

God of infinite mercy,
we thank you for Jesus our Savior,
our true Mother who feeds us and gives us eternal life.
Though I cannot consume these gifts of bread and wine,
I thank you that I have received the sacrament of Christ's presence,
the forgiveness of sins, and all other benefits of Christ's passion.
Grant that we may continue forever in the Risen Life of our Savior,
who with you and the Holy Spirit, lives and reigns, one God, now and forever. Amen.

Communion of the People

All are welcome to receive Holy Communion. As the Iona Community says, "Come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been here in a long time; you who have tried to follow Jesus and you who have failed. Come. It is Christ who invites us to meet him here."

Ushers will assist you to approach by the center and return by the side aisles. You are welcome to receive the bread and/or the wine when presented; we believe that the divine presence is fully present in both the bread and the wine, and you may refuse either. For example, you may choose to receive only the bread, and then walk away; or, if you would like, you may touch the chalice with your hand, and not actually consume any wine. If you would like to receive the blessing of the Church, but not communion, indicate to the clergy by crossing your arms when approached. If you are not able to come forward, please motion to an usher, and communion will be brought to you.

Prayers of Healing are offered in *All Saints Chapel* (to the right of the kneeling rail). Members of the prayer team will assist you in offering prayer of healing for yourself or a loved one.

God be in my head, and in my un-der-stand-ing; God be in mine eyes, and in my
look-ing; God be in my mouth, and in my speak-ing; God be in my
heart, and in my think-ing; God be at mine end, and at my de-part-ing.

The Hymnal 1982 – #694 “God be in my head” Words: *Sarum Primer*, 1514
Music: *Lytlington*, Irr., Sydney Hugo Nicholson (1875-1947). By permission of the Royal School of Church Music, Reprinted & streamed under OneLicense.net #A-713087

1 Kind Ma-ker of the world, O hear the fer-vent prayer, with man-y a tear
2 Each heart is man-i-fest to thee; thou know-est our in-fir-mi-ty;
3 Spare us, O Lord, who now con-fess our sins and all our wick-ed-ness,
4 Give us the dis-ci-pline that springs from ab-sti-nence in out-ward things
5 Grant, O thou bless-ed Trin-i-ty; grant, O un-chang-ing U-ni-ty;
1 poured forth by all the pen-i-tent who keep this ho-ly fast of Lent!
2 now we re-pent, and seek thy face; grant un-to us thy par-doning grace.
3 and, for the glo-ry of thy Name, our weak-ened souls to health re-claim.
4 with in-ward fast-ing, so that we in heart and soul may dwell with thee.
5 that this our fast of for-ty days may work our pro-fit and thy praise!

The Hymnal 1982 – #152 “Kind Maker of the world, O hear” Words: St. Gregory the Great (540-604); ver. *Hymnal 1940*, alt. Copyright © The Church Pension Fund,
Reprinted & streamed under OneLicense.net #A-713087. Music: *À la venue de Noël*, LM, melody from *Fleurs des noëls*, 1535

Please stand as you are able.

Postcommunion Prayer

BCP, p. 366

Celebrant

Let us pray.

All

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son, and heirs of your eternal kingdom.
And now, send us out to do the work you have given us to do,
to love and serve you as faithful witnesses of Christ our Savior.
To Christ, to you, and to the Holy Spirit,
be honor and glory, now and forever. Amen.

Deacon

Bow down before God.

Please kneel as you are able.

Solemn Prayer over the People

Celebrant

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord.

People

Amen.

Hymn in Procession

1 Christ is made the sure foun - da - tion, Christ the head and cor - ner - stone,
2 All that ded - i - cat - ed ci - ty, dear - ly loved of God on high,
3 To this tem - ple, where we call thee, come, O Lord of Hosts, to - day;
4 Here vouch-safe to all thy serv-ants what they ask of thee to gain;

cho - sen of the Lord, and pre - cious, bind - ing all the Church in one;
in ex - ult - ant ju - bi - la - tion pours per - pet - ual mel - o - dy;
with thy wont - ed lov - ing kind - ness hear thy ser - vants as they pray,
what they gain from thee, for ev - er with the bless - ed to re - tain,

ho - ly Zi - on's help for ev - er, and her con - fi - dence a - lone.
God the One in Three a - dor - ing in glad hymns e - ter - nal - ly.
and thy full - est ben - e - dic - tion shed with - in its walls al - way.
and here - af - ter in thy glo - ry ev - er - more with thee to reign.

The Hymnal 1982 – #518 “Christ is made the sure foundation” Words: Latin, ca. 7th cent.; tr. *Hymns Ancient and Modern*, 1861, after John Mason Neale (1818-1856), alt.
Music: *Westminster Abbey*, 87. 87. 87, Henry Purcell (1659-1695), adapt.

Deacon Let us bless our Savior.
People Thanks be to God.

Postlude

CELEBRATING WOMEN'S HISTORY MONTH at ST. LUKE'S CATHEDRAL

The Order of Saint Helena & *The Saint Helena Psalter*: OSH is a monastic community for women in the Episcopal Church, whose house is in North Augusta, SC. Founded in 1945, "the community is dedicated to the eternal truths for which Jesus died and lives, and seeks in its ministry to be responsive to the needs of our own time." OSH has been at the forefront of work to make worship language more representative of the diversity of people who use it. OSH states, "Worship is a highly personal space in which we connect with God and learn of God's all-encompassing love. Inclusive/expansive language attempts to bring human language as close as possible to describing the comprehensive presence of God and welcomes all into the community of faith." They describe their contributions here: "Since our founding in 1945, we have looked to empower women in our community and in the church. We were the first order to promote the ordination of sisters and have provided ongoing support and encouragement for women clergy in the church. Our Sr. Mary Michael was the first religious sister to be ordained. In the 1990s, we began editing the psalter to replace male designations for God with neutral language. We attempt to stay as close as possible to the *Book of Common Prayer* translation and the Hebrew original, as well as to retain the beautiful cadence of the language. After editing the text, we prayed with the revised psalter for many months, and then adjusted the text over and over again. We continue to revise the Daily Office and Eucharistic prayers that we use in our chapel. We offer this work to the church in support of inclusive/expansive language for worship." For information about *The Saint Helena Psalter*, in use here, and *The Saint Helena Breviary*, a book for daily prayer, see <www.osh.org/breviary>. These apps are also available: OSH Daily Office & OSH Compline.

Fanny J. Crosby (1820-1915) is one of the most prolific and well-known hymn-writers in history. She was either born blind or lost her sight as a baby, and her father died when she was only 2 years old, but she lived a happy and fulfilling life nevertheless. She composed many thousands of hymns, many under various pseudonyms, as well as three volumes of poetry, scores of song lyrics, and a successful cantata, *The Flower Queen*. Many of the most beloved hymns in America flowed from her pen, though were long shunned by the Episcopal Church, including "Blessed Assurance", "Pass Me Not, O Gentle Savior", and "Jesus, keep me near the cross", which we sing today.

Notes on today's service music: *n.b.*, earlier divisions of the music between "choir" and "all" have been removed. At the suggestion of a couple of parishioners, during Lent, we have chosen the *Missa de Angelis* for the Ordinary of the Mass (the fixed texts of Eucharistic worship, which include the *Kyrie* ("Lord, have mercy"), *Gloria in excelsis* ("Glory to God in the highest"), *Sanctus* & *Benedictus* ("Holy, holy, holy"), and *Agnus Dei* ("Lamb of God").. Written in plainsong in the 16th or 17th century, it is one of the more familiar settings of the Ordinary from before the Vatican II liturgical reforms in the Roman Catholic Church. Some parishioners remember it from earlier church experiences. We welcome your comments, but please give it a chance to settle in for familiarity first.

HAPPENING AT THE CATHEDRAL TODAY

Coffee Hour: Please join us after the service for fellowship and refreshments in the Upper Hall, through the doors to the left of the altar. All are welcome. Interested in hosting? It is an important part of our parish life and provides us with a time for connection. Hosting is fun and easy, it requires bringing in a baked good and brewing coffee the Sunday of your choosing. Please consider signing up; a lot of gratitude comes with the job. Thank you! Check the hosting schedule by visiting <<http://tinyurl.com/coffeeatstlukes>>, and choose a date, then contact Meredith Cough <meredith.cough@gmail.com>.

Choral Evensong today at 4PM: Join the Cathedral Choir for this choral service. Music includes Thomas Tallis's *Dorian Service*, anthem by Felix Mendelssohn, Anglican chants by Ritchie & Briggs, and two hymn texts by women poets in celebration of Women's History Month.

5:15PM Sunday worship: You are most welcome to continue your worship after Evensong with Eucharist in Emmanuel Chapel at the back of the nave. We look forward to ongoing conversation to plan future services.

COMMUNITY ANNOUNCEMENTS

Congregational Assessment Tool (CAT) results presentation Sunday March 10 at noon, in person and on Zoom: Susan Czolgosz of WorkLife Consulting will interpret the results of the survey, collected autumn 2023, in preparation for our search for the next Dean of St. Luke's. In-person participants will gather in the Upper Hall following coffee hour. Others may join the meeting via Zoom using this link: <<http://tinyurl.com/stlukeCAT>>. Duration ca. 1 hour. For those who cannot attend, a recording of the meeting and all relevant materials (executive summary, slides, etc.) will be available later. Please join us.

Daylight Savings Time begins next Sunday: This is a friendly reminder that next Sunday, March 10th, is the start of Daylight Savings Time. Remember to set your clocks an hour ahead before bed Saturday night. We look forward to seeing you next Sunday morning!

Celebrate St. Patrick's Day at CSL with prize-winning teenage fiddler Beck Welling from New Gloucester. Beck began taking lessons at age 4-1/2 with renowned local fiddler Ellen Gawler, and in July 2019 traveled with her and her advanced fiddle group to the Shetland Islands to participate in Folk Frenzy, a week long celebration of Shetland music. Beck won the Northeast Junior Scottish Fiddling Championships last autumn, and this fall 2024, will advance to the National Competition. Next to the Scottish genre, Beck also enjoys playing Irish tunes, and looks forward to sharing his love of this music with you all! He will play at the 10AM service on Sunday 17 March.

Interested in Christian education? In the coming weeks, the Vestry will be beginning work on creating a fresh job description for the Interim Director of Religious Education at the Cathedral of St. Luke. (CSL) If you're interested in helping shape this new position. Contact: The Rev'd George Stevens, Interim Dean <gstevens@cathedralofstluke.org>

Eucharistic Minister training on March 17th: Mark your calendars for Eucharistic Minister (chalice bearer) training after the 10AM service. We'll review the tasks assigned to the Eucharistic Minister, handle the "holy hardware", and answer any questions that you might have about fulfilling this ministry. After the service, take a moment to get a cup of coffee, and then meet us at the altar rail in the church. Contact: Deacon Rebecca Grant <rebagrnt@gmail.com>

Foyer Groups return! simple food, simple fellowship: Foyer Groups are small groups (~8 ppl.) sharing simple meals and fellowship with the intention to have fun, and provide an opportunity for us to meet each other and/or to become better acquainted. Each group meets once a month for a simple meal and relaxed conversation in the homes of members. Foyer Groups are not intended to "do" anything, but simply to be what Christians are: groups of people who gather together and "love one another", that friendships may grow, for the building of Christian community in our parish. They are not study or prayer groups; they are unique in their lack of formal structure, their openness of communication, and free access given to the Spirit. Each month, a member (or two) host(s) a gathering. Those interested in joining a group can sign up on the bulletin board outside the church office. Sign-up sheets will also be available at both the 7:30AM and 5:15PM services. The deadline for sign-ups is Sunday 17 March. Contact: Judd Hume, coordinator <jwilliamhume@gmail.com> or (207) 773-5611

The inaugural St. Luke's Chili Cook-Off on Friday March 22nd—looking for volunteers for a smooth and successful event! Join our first-ever Chili Cook-Off, Friday 22 March in the Lower Hall. This event will be a time of fun, food, community, and friendly competition to support the pantries who support our neighbors, based at the cathedral. Families and children are welcome and encouraged to attend. We will have board games, coloring, and cornhole available beginning at 5:30PM in the Upper Hall. Dinner will be available beginning at 6:00PM in the lower hall. A sign-up sheet is available electronically at <<http://tinyurl.com/stlukeschili>> or on the bulletin board outside of the office. The event is open to all. We encourage and welcome donations for the following groups:

- *St. Elizabeth's Essentials Pantry:* Toothpaste, toothbrushes, diapers sizes 3-5
- *St. Luke's Food Pantry:* canned tomatoes, canned tomato soup, flour, cornmeal, dried white beans, pinto beans, cooking oil, pasta
- *Greater Portland Family Promise:* Diapers of all sizes, *additional items TBD*

A general suggested offering to support the cost of the event \$5pp. is also welcome, but not mandatory to attend. Contact: Avery Levesque-Schott, Parish Administrator <office@cathedralofstluke.org> or 207-772-5434

St. Elizabeth's Pantry update: Thank you to everyone who contributed dental items over the last few weeks! 324 neighbors received an extra bag of dental supplies in addition to personal care items. Current needs include replenishing linens and housewares for the month of March. Shopping bags, newspapers, and packing supplies are also needed. Questions? Contact: Byrd Wood <jacknbyrd@gmail.com>

Painted rocks, and prayers for peace in the Holy Land: Linda Carleton is painting rocks as prayers for peace in the Holy Land. She would like to paint one for you in exchange for a donation of any amount to the Dean's Discretionary Fund. Contact Linda Carleton: <lindacarleton01@gmail.com>

Volunteer to be a Eucharistic Minister: Have you ever felt a pull to be part of what happens in the course of our worship services? We are seeking new members for this ministry of assisting as a chalice-bearer during communion. See above for info. about training on March 17th. Contact: Deacon Rebecca Grant at <rebagrnt@gmail.com>

Volunteer to serve on the Altar Guild: We love volunteering on the Altar Guild, and think you would, too! Volunteering with Altar Guild is fun and rewarding. Together, we can work to enable our congregation to engage in worship that is filled with order, beauty, peace, and tranquility. Contact: Kate Leschey <cleschey@gmail.com> or Rita Siavelis <ritasiav@hotmail.com>

Seeking volunteers for Treasurer and Junior Warden: If you are interested in serving in either of these roles, Contact: The Rev'd George Stevens, Interim Dean <gstevens@cathedralofstluke.org> or Sam Allen, Senior Warden <smallen@mit.edu>

The Biblical Study Group: Session #124. St. Paul writes to Rome in 57 A.D.: Saul is still in Corinth. Reflecting back on his visits to Thessalonica and Galatia and looking forward to visiting Rome. The need was for a clear declaration of Jesus' message, so, Romans is not a letter, but a proclamation! The leaders of the synagogue were either very angry, or very confused: on two accounts, *i.e.*, who was this radical troublemaker, Saul? Rome, as a kingdom with "divine leaders" is to be met by Saul with the message of a new kingdom with its own god-king and a royal prince, the now resurrected Jesus. Saul's proclamations will be met with violence by both the Jewish people and the Romans. Saul, a Jesus-Christ mystic, faces challenges on every front. The year is 59 AD. Both Peter and Paul were executed in 70 A.D. under Titus, then Emperor. Join us in the Oratory Room 12:00-1:30PM. All are welcome.

The Healing Team offers prayers of healing during Communion on the following Sundays:
March 3 Oscar Mokeme, Mary Strnad

Contact: any Healing Team member, or Judd Hume <jwilliamhume@gmail.com> or (207) 773-5611

The St. Luke's Public Policy and Environmental Action Team Meeting: PPEAT meeting Tuesday March 12 6-7PM. All are welcome. Join us via Zoom at <<http://tinyurl.com/PPEATMarch>>. Contact: Ruth Roemer <roemerr29@gmail.com>

Eco Tips from the Public Policy & Environmental Action Team (PPEAT): Praying in Lent for Creation from <www.ecologicalexamen.org>, daily prayer based on the Ignatian Examen, which an individual may wish to incorporate at the end of the day to evaluate one's relationship to the earth. (The Ignatian Examen was developed by St. Ignatius of Loyola to reflect prayerfully with God on the day).

1. **I give thanks to God for creation and for being wonderfully made.** Where did I feel God's presence in creation today?
2. **I ask for the grace to see creation as God does – in all its splendor and suffering.** Do I see the beauty of creation and hear the cries of the earth and the poor?
3. **I ask for the grace to look closely to see how my life choices impact creation and the poor and vulnerable.** What challenges or joys do I experience as I recall my care for creation? How can I turn away from a throwaway culture and instead stand in solidarity with creation and the poor?
4. **I ask for the grace of conversion towards ecological justice and reconciliation.** Where have I fallen short in caring for creation and my brothers and sisters? How do I ask for a conversion of heart?
5. **I ask for the grace to reconcile my relationship with God, creation and humanity, and to stand in solidarity through my actions.** How can I repair my relationship with creation and make choices consistent with my desire for reconciliation with creation?
6. **I offer a closing prayer for the earth and the vulnerable in our society.**

ONGOING OPPORTUNITIES

Wednesday Coffee & Conversation: Weekly at 1PM in the Upper Hall, join Deacon Rebecca Grant for an informal gathering, with coffee and conversations. There's no book to read, no service commitment, simply an opportunity to gather and talk about what's happening in our lives. You could also help coach Rebecca into retirement from her professional life! We're planning this for a season—weekly opportunities where you can attend one, attend all, or drop-in as it works for you. Bring your lunch, if you'd like. Topics might include “what's happening in your life”, “what brings you joy”, and more. Contact: Rebecca <rebagrnt@gmail.com> or (207) 441-7155

Join the Kneelers Guild and Prayer Shawl Knitters: Every Tuesday 2:30–4:30PM in the Upper Hall. Everyone is welcome, whether you are curious or want to begin. Kneeler kits cost \$75, which include directions, yarn, needles & canvas. Novices are welcome; we will teach you as needed. Prayer Shawls: 20” x 60”; select your yarn & needles. Coffee & tea are available.

Join the Young and the Restless: We are St. Luke's 20s-30s-year-old ministry. We are an active group at the cathedral which also gets together outside of the church. Join us as we hike, ice-skate, play trivia, or just enjoy each other's company! If you are new to us, welcome! We meet 6-8PM each Tuesday at Maine Beer Company in Freeport for trivia. Other events happen sporadically throughout the month, though trivia is a wonderful opportunity to meet us, if you're joining us for the first time. Contact: Shana Rose <shanaro931@gmail.com>

Join Luke's Garden LGBTQIA+ group: every 2nd Sunday of the month following coffee hour. All are welcome! Contact Orion Williams <ewilliams98@gmail.com>

Access your Realm profile: The Cathedral's online database, Realm, is a useful tool for parishioners to manage their contact and pledging information. Realm helps our community by improving our record keeping in a more streamlined fashion. When joining Realm you can sign-up to be a part of the online directory. To activate your Realm profile, please contact Nina Andersen, financial administrator <nandersen@cathedralofstluke.org>. Nina will assist you with the few steps necessary to access your profile.

COMMUNITY NOTES

Adult Christian formation opportunities are offered throughout the academic year Sundays following the 10AM liturgy, and occasional evenings.

Children's Christian formation (Sunday school) and child care: Our Sunday school and nursery are both open today. Sunday school begins in the Upper Hall at 9:45AM, with children returning to their families at the Peace. The nursery is open every Sunday 9:45–11:30AM. Families are always welcome!

The parish prayer list: Names will remain on the prayer list for 3 consecutive weeks unless otherwise requested. If you wish for a name to be added, contact Avery Schott, Parish Administrator <office@cathedralofstluke.org>.

Contribute to St. Luke's music ministry: The Cathedral Choir welcomes new members anytime almost throughout the year, and is open to singers of all experience levels; novices are welcome. The choir particularly needs tenors. There is room for the sharing of other musical talents, too. Help us to keep our musical offerings well-supported with your offering. Contact: current choir members, or Christian Clough, Canon for Liturgy & Music <cclough@cathedralofstluke.org>

To reserve space for a group, meeting or event, fill out a space usage form, and check with the cathedral calendar first! Thanks! Contact: Avery Schott (207) 772-5434 or <office@cathedralofstluke.org>

Thank you in advance for your offering today. You can donate to St. Luke's through our new and secure “Give and Text” feature. Please text **“TEXTCSL” to 73256**. Our 2024 Pledge Campaign is ongoing. Pledge materials and information are available at <www.stlukesportland.org>.

Sunday parking for St. Luke's: Off-street parking is available in two locations for those attending Sunday services: our lot adjacent to the Parish Hall, accessed from Park St.; and the Cumberland Club's, on Spring Street between Park & High Sts. We are grateful to the Cumberland Club for sharing their space with us (except on Easter and Mother's Day). In addition, limited handicap parking is available in the traffic circle in the State Street churchyard.



Holy Week at the Cathedral Church of St. Luke

Physical Address
143 State Street, Portland, ME 04101

Mailing Address
P.O. Box 4141, Portland, ME 04101

Phone: 207-772-5434

Email: office@cathedralofstluke.org

HOLY WEEK SERVICE SCHEDULE

March 24th, 2024 Palm Sunday
7:30am & 10:00am

March 28th, 2024 Maundy Thursday
7:00pm

March 29th, 2024 Good Friday
12:00pm, & 7:00pm

March 30th, 2024 The Great Vigil of Easter
7:00 pm

March 31st, 2024, Easter Sunday
9:00am / Festival Eucharist with Brass & Timpani

March 31st, 2024 Easter Egg Hunt
10:15am in the Bishop's Garden
(rain location: Emmanuel Chapel)

March 31st, 2024 Easter Sunday
11:00am / Festival Eucharist with Brass & Timpani

Cathedral Church of St. Luke

phone: (207) 772-5434



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St. Luke's Webpage

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Interim Dean
The Rev. George Stevens [<GStevens@cathedralofstluke.org>](mailto:GStevens@cathedralofstluke.org)

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Security & Groundskeeper
Catherine Worthley

Sexton
Curtis Maurand

Housekeeping
Donna Cirriello

Volunteer Clergy

“The Rev. Christopher Worthley
[<christopher.worthley@aya.yale.edu>](mailto:christopher.worthley@aya.yale.edu)

Vestry Wardens

Senior Warden Sam Allen (2025)
Junior Warden (Acting) Fred Fowler

Treasurer
Tim Wilkins

Clerk
John Bancroft

Vestry Members

Class of 2025 Dan McDonald, Oscar Mokeme, Michael Thorne
Class of 2026 Nancy Brain, Jamie Moore, Randi Hogan
Class of 2027 Stanley Kuziel, Eleanor Roberts, Mary Linneman