



EMDR Asia Part 2 Training Progress/ Evaluation Report:Based on criteria of Trauma Recovery/HAP Trainers, 2026

- In order to begin Part 2 training, you must satisfactorily complete Part 1 training and then have exceptional evaluations for one solo Part 1 training.
- Each section is to be given at a different training. When co-training with a Senior Trainer, make sure you are supervised and given feedback on the section listed.
- The Evaluating Trainer should indicate if performance was:
1=Poor, 2=Below Standard, 3=Average, 4=Above Average, and 5=Exceptional.
- Your mentor will work with you to address areas that need improvement. If your average rating is below 4, you may be required to work on some areas at an additional training.
- Please email a completed copy of this form after every weekend to Dr. Sushma Mehrotra (mehrotrasushma@gmail.com)/ Dr. Dushyant Bhadlikar or Dr. Tri Iswardani Sadatun(dani.sadatun@gmail.com);
- If there are more than one Trainer in Training, the portions given below can be reorganized as per the discretion of the senior trainer.
- Trainer Candidates are required to be in attendance for the entire period of each training and present the appropriate sections as stated on the progress report.

*****PLEASE NOTE: Pages listed below are from June 2023 Edition of the Basic Training Manual*****

Trainer Candidate Name:	Location and Date Completed	Trainer Candidate Evaluation Score (Please Circle)
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Training weekend 1: Co-train with Senior Trainer assigned. *A list of Senior Trainers will be provided by TSA Committee, EMDR Asia. Day 1. Considerations for Toggling between Phase 1 & 2 for Complex Cases (pp 3-8) RDI (pp.9-13) & Case Conceptualization for Complex Cases (pp14-18), EMD (pp16-17), Focused Reprocessing and Reprocessing Continuum (p. 18) Day 2: Review (p.41) Blocked Reprocessing (p.42-47), Strong Emotional Responses & Additional Obstacles to Processing (pp. 48-50) Day 3: Phase 8, Reevaluation (pp64-66) , EMDR Applications Across Populations (pp68-69), Psychological Reactions to Illness and Injury (pp71-72) Grief and Mourning (pp 73-74) Anxiety and Phobias (pp 75) The mentor can decide more special population with their discretion.	Date: Location: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5
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Comments:

Trainer Candidate Name:	Location and Date Completed	Trainer Candidate Evaluation Score (Please Circle)
Training Weekend 2: Co-train with Senior Trainer Day 1: Case Conceptualization (p 15) Treatment Planning (pp 16-18) Complex Case Presentations? Day 2: Cognitive Interweave (pp 43-47) Complex Case Presentations? Strong Emotional Responses & Additional Obstacles (pp 48-52) Day 3: Addictions (pp 80-82) Dissociation (pp 77-79) Military and First Responders (p 83) Couples (p 84) Self-Directed Use of BLS (p 84)	Date: Location: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5

Comments:

Training Weekend 3: Co-train with Senior Trainer Day 1: Welcome and Orientation to the training by Senior Trainer EMDR Therapy as Comprehensive Approach (pp 1-2 Phase One & Two: Considerations (p 3) Presenting Problems, Symptoms, and Issues (p 4) Complex Clinical Presentations & AIP Networks (pp 5-8) Clinical Themes: Responsibility, Safety, Control and Connection (p 14) Case Conceptualization and Treatment Planning (pp 15-18) EMD (pp19-21) Day 2: Cognitive Interweave (pp43-47) Additional Obstacles to Reprocessing (pp 49-50) Review: Phases Three-Six (pp 51-52) Phase Seven: Decision Tree for Bringing Closure (p 53) Day 3: Review (p 63) Phase Eight: Reevaluation (pp 64-66) EMDR Applications Across Cultures and Conditions, Socially and Culturally Based Trauma and Adversity (pp 68-69)	Date: Location: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5
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Comments:

Comments:

Trainer Candidate Name:	Location and Date Completed	Trainer Candidate Evaluation Score (Please Circle)
Training weekend 4: (as needed) Co-train or Lead entire training with Senior Trainer as safety net, or Day 1: Co-train on areas needing additional focus Day 2: Co-train on areas needing additional focus Day 3: Co-train on areas needing additional focus	Location: Date: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5

Comments (weekend 4):		
Training weekend 5: Co-train or Lead entire training with Senior Trainer as safety net or Day 1: Co-train on areas needing additional focus Day 2: Co-train on areas needing additional focus Day 3: Co-train on areas needing additional focus	Location: Date: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5

Comments:

