Middle School Service Opportunities

Given Goal III's call to, "social awareness that impels us to action," we hope you will choose to help care for our common home and those who share our home too! Below are some ideas- choose one, or do them all! Do them this week, over the weekend or in the next month! If you'd like to share pictures of your awareness in action, email Mrs. Russell

Creative Ideas:

-Write a poem (April is Poetry Month!), sketch nature, paint a picture and send it to someone you can't see right now! Coronavirus Poetry Project for Catholic Charities

-Create chalk art to inspire others

-Record music to share with a local nursing home or play live in your neighborhood/from your balcony or porch

-Paint kindness rocks and spread them on your walk around the neighborhood for others to find

-Coloring pages for gratitude and self-care

Nature Ideas:

-Have some "espacio" in nature- try a different time of day.

-under a night sky; first thing in the morning; in the rain!

-Prayer is an act of service too!

-Create a simple scavenger hunt (indoor OR outdoor) for a neighbor with small kids!

-Tend the earth where you live: weed or plant in the garden, pick up sticks from the yard, help fertilize the grass/plants. (caring for creation is definitely service!)

More Ideas:

-Learn more about "Kid Fixers" who amazed adults with their care for creation! (CatholicCareforCreation.com)

-Make art, masks, thank you cards for a front-line worker

Consider: your mail carrier, firefighters/first responders, health care workers, grocery store workers/delivery people

-Prepare a meal- maybe even a meatless dinner!

(WHY does meatless serve creation?)

Connection:

-Reach out to a classmate outside of your social circle

-Reach out to a family member who lives alone

-Help a younger sibling with their virtual learning or read to them

-Connect with a younger family member via video conference to help with school work
-If you speak a language other than English, reach out to a non-English speaking neighbor, relative, or friend who may be feeling isolated or lonely
-Think of your family as your Social Action group and decide on a service activity to do together
-Work with your advisories or within your Social Action groups to plan a joint effort
-Bring joy to a friend or family member who is having a rough day

-Check in with a service organization that matters to you: see how the organization is faring, if they need support, how you might safely, virtually help (with parent permission, of course!)
-Researching these organizations promotes social awareness!

Organization Ideas:

A Wider Circle
Food & Friends
Interfaith Works Clothing Center
Martha's Table
Spanish Catholic Center
The Arc of Montgomery County