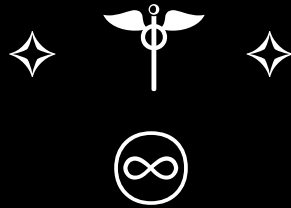


ELIXIR
✧ *OF* ✧
ETERNITY





The intention of this audio was simple. Create something that can effectively prevent & cure any injury, disease, affliction, and ailment. By listening, you are absorbing supplements, energetic nutrients, and spells, as well as genetic memories/imprints/upgrades to heal, restore, and regenerate everything in your entire body, mind, and spirit.

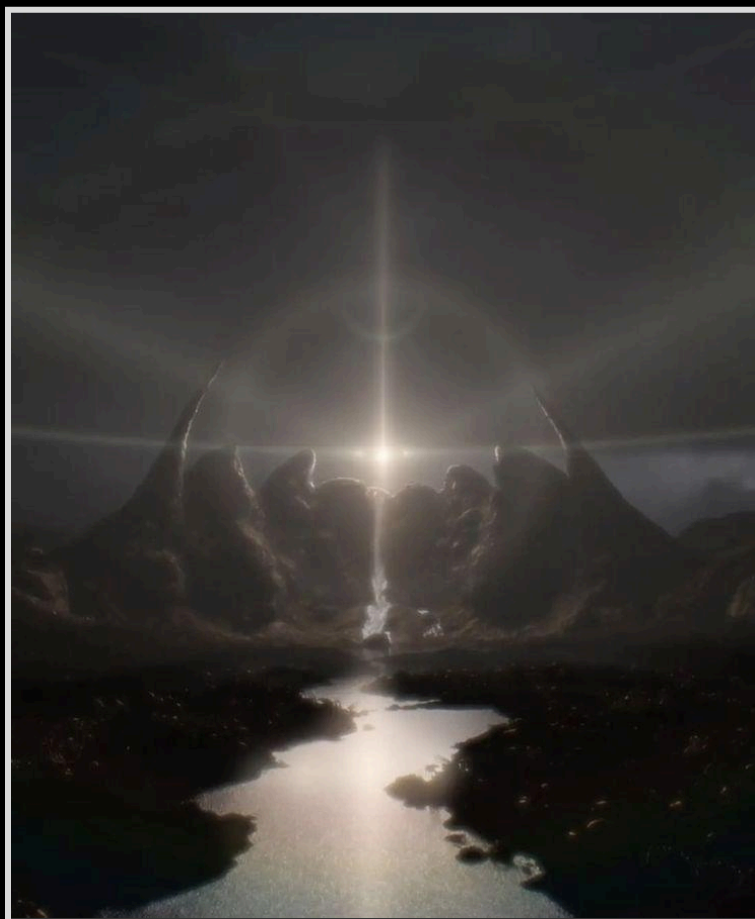
As I was making this audio, I quickly noticed the effects on myself, my mental health, my physical body, and my spiritual growth. It's something I would normally gatekeep and try to keep hidden because of the sheer power embedded, but in the case that it helps some people, I've decided to release it to the public.

Keep in mind that there are FAR more benefits than stated here in the document.





ETERNAL SPRINGS



The Eternal Springs are not only an ever-present energetic realm in which you dwell, but an internal state you continuously embody, radiating Pure Vitality, Immortality, and Eternal Youth at All Times.



You forever embody the prime of life, remaining in your Early Twenties both in others perception and in your Physical Essence—unchanging, ageless, and endlessly radiant.



Every fiber of your being, down to the Quantum Core, undergoes Perpetual Renewal and Rebirth; each morning you awaken feeling as though you've emerged from the Fountain of Youth—fully restored, regenerated, and vibrantly revitalized.



On a subatomic level, every particle within you is Continuously Evolving and Fortifying itself Endlessly. Each breath brings a powerful sense of Increased Strength and Limitless Vitality as you ascend towards your potential.

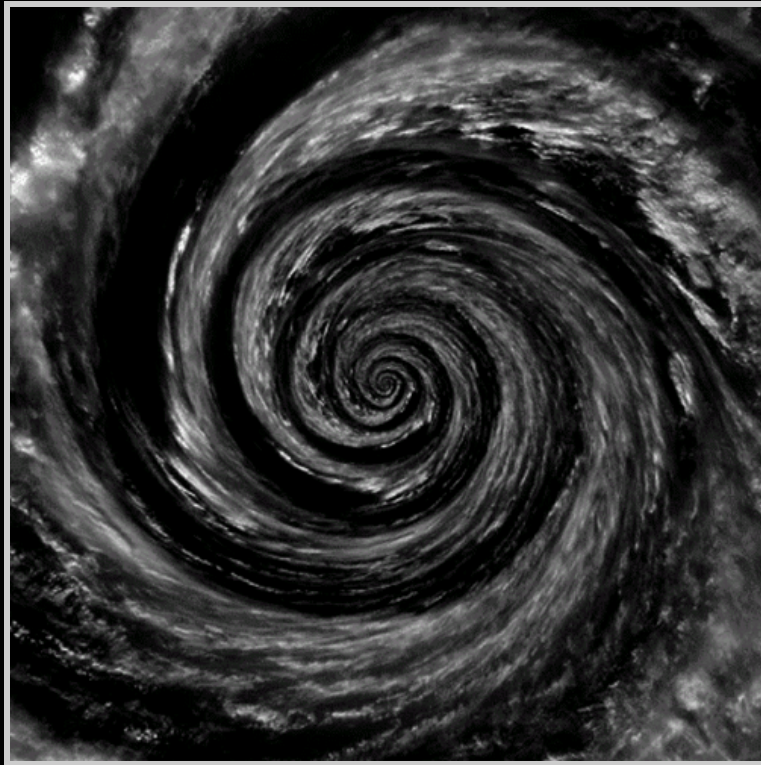


Your Cellular Matrix exists outside the bounds of time; you experience an Eternal Reversal of Aging as your essence is Forced to remain forever Youthful.



Your mind, body, and spirit remain Boundless against time, and your Energetic

Core perpetually Ascends and Expands at an Accelerated and Infinite rate.



Your spirit shines with Eternal Luminescence, perpetually Rejuvenating and

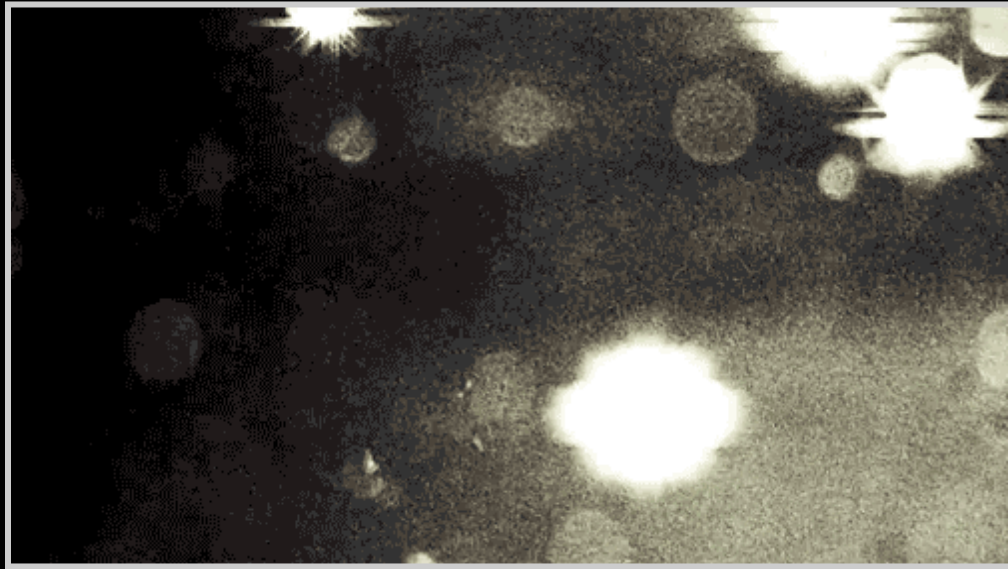
Renewing to reflect the Ageless Glow of the Eternal Springs.

Every breath you take infuses you with Endless Energy, fueling your Immortal

Vitality and Perpetual Youth.



Your Energetic Field is a sanctuary of Immortality and Agelessness, continuously
vibrating with Pure Life Force and Glowing Youthfulness



Your DNA is programmed to Endlessly Heal every part of your body and mind,
down to the subatomic level, Rejuvenating, Regenerating, and Evolving every cell
until Ascension

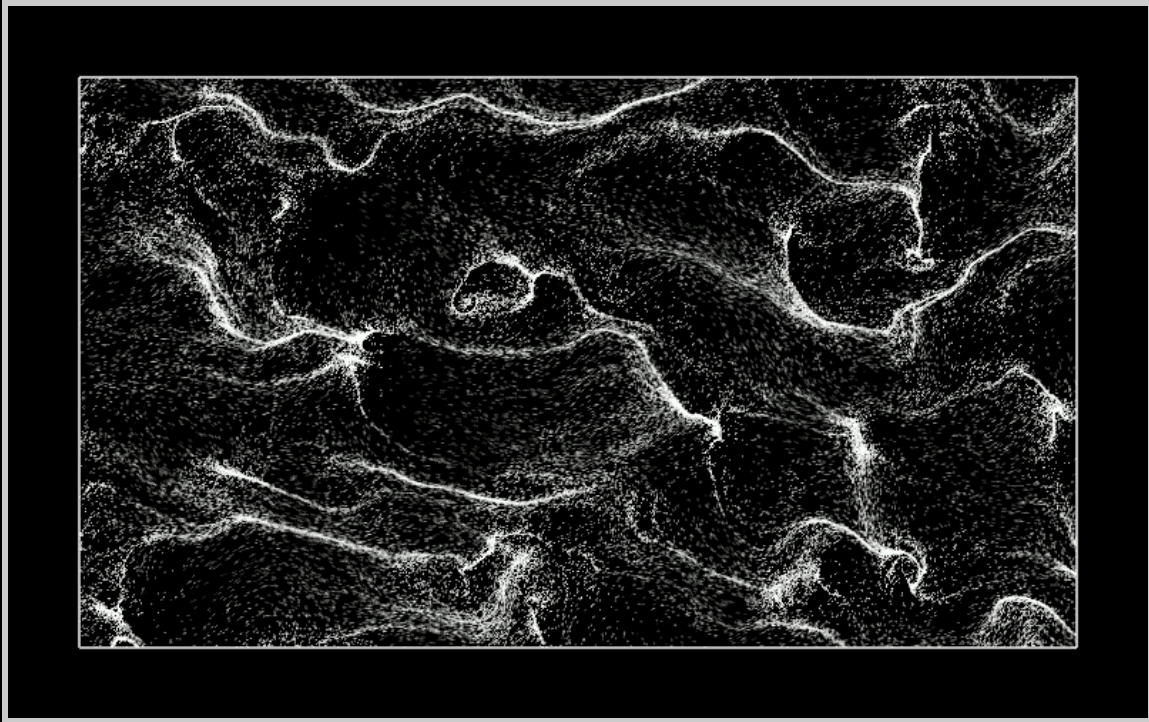


Time is not a factor for you, as every breath you take is equivalent to 1000 years
spent in the Eternal Springs.

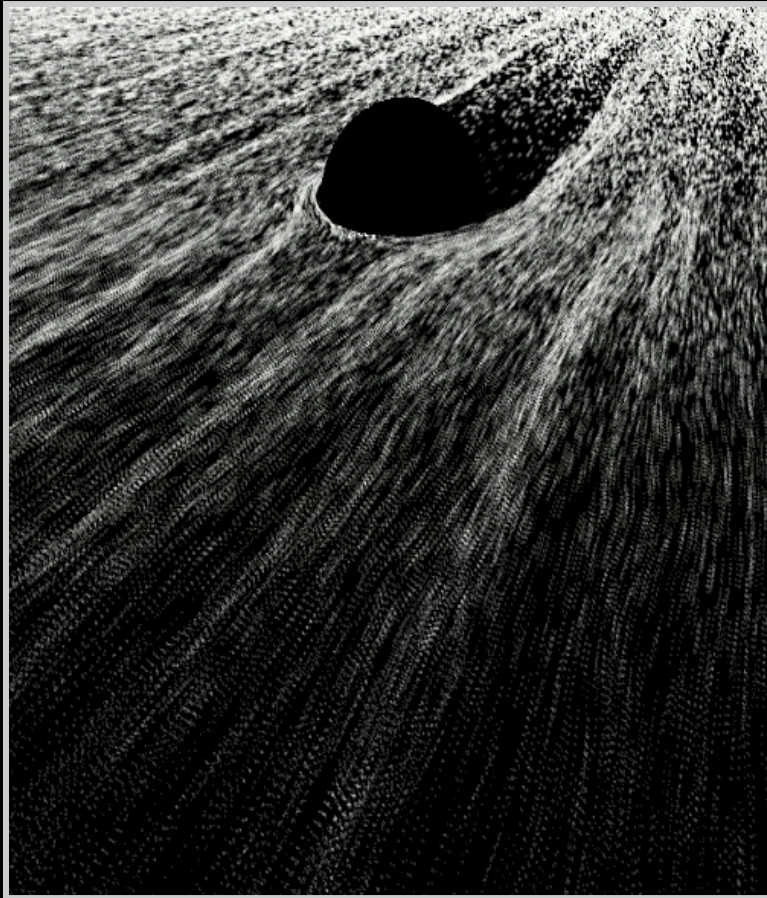
You exist in a state of Immortal Protection, shielded from all physical harm, and
any physical harm that comes to you serves only to Multiply your Healing



Capabilities by 1000x; you experience Absolute Regeneration upon any form of
harm, no matter how grave.



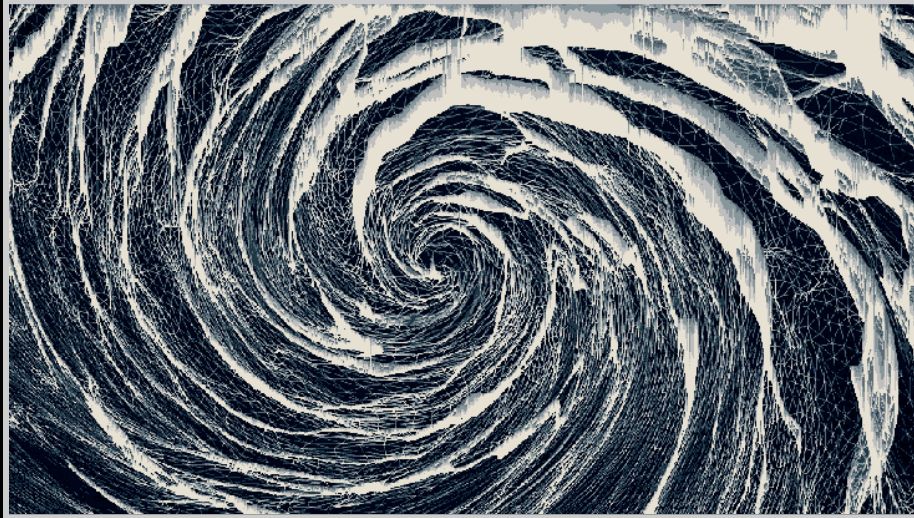
Your Immortal Protection, Sourced from your Highest Self, extends to the point
of Absolute Shielding of ALL parasites, both physical and energetic, and ALL
parasites currently connected to you are Detached and sent back to Source for
their Transmutation and Evolution; ALL parasites that attempt to attach to you
are IMMEDIATELY Removed and Returned to Source.



In the face of any extreme adversity—be it Wounds, Starvation, or
Dehydration—you instantly Awaken a Second Life, flooded with Limitless
amounts of Stem Cells, Life Force Essence, Vital Nutrients, and the Unbreakable
Will to Endure.



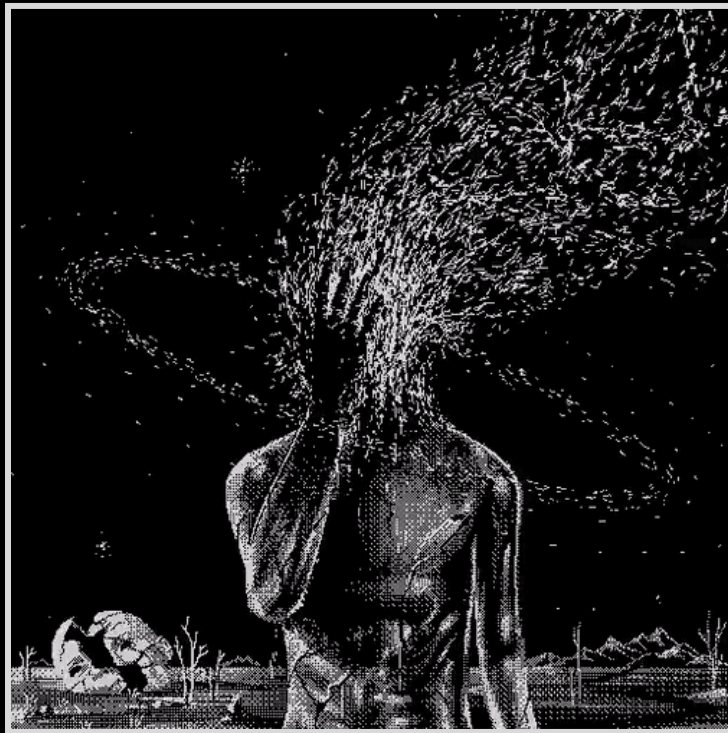
HYDRATION BOOSTER



In order for a subliminal to work, the affirmations communicate with the subconscious which then communicates with your cells in order to “feed” your reality and bring about changes. However, for an energy field to work, it communicates directly with the cells, supplementing them with intention, vibratory resonance, and physical change. The cells themselves have to be hydrated and nourished in order for this change to occur, because water is the source of all change. If you are dehydrated, it will be quite hard or even



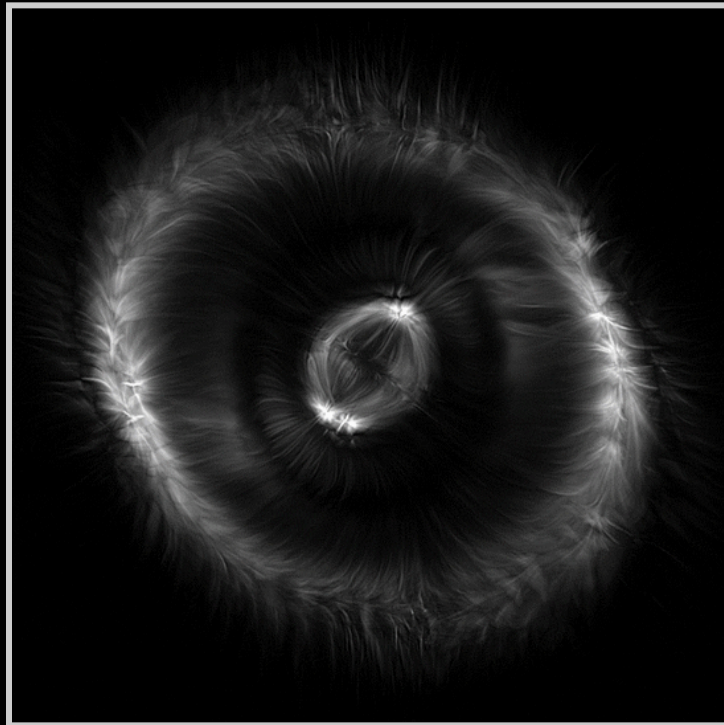
impossible to bring about change, and I suspect this is the reason many people struggle to get results. Drink more water, especially water with sea salt, and you will notice a huge difference in your skin elasticity, your joint fluidity, and the susceptibility of your subconscious to change.



This section serves as an all in one “hydration booster”, something that will be included in all subliminals to come from now on, and the benefits include:

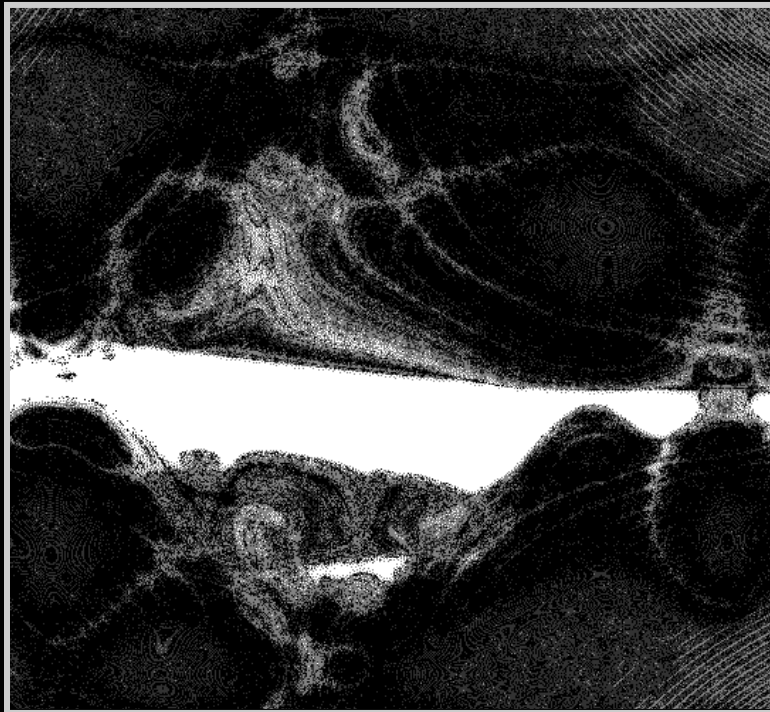


- Your sodium-potassium ratio is always optimally perfect for you
- Your chloride levels are always equal to 96-106 milliequivalents per liter
- Your magnesium levels are always equal to 310-420 mg per day
- Your phosphate levels are always equal to 2.5-4.5 mg/dL
- Your bicarbonate levels are always equal to 22-29 milliequivalents per liter
- Your water intake is always equal to 3.0-3.7 liters per day





- You always have the perfect amount of water needed to cause drastic change
- You always have the ideal amount of hydration needed to create drastic results
- Your hydration levels are extraordinarily perfect, constantly perfecting themselves automatically



- Your mineral intake is always superb and optimal, maintaining the healthiest levels of minerals at all times

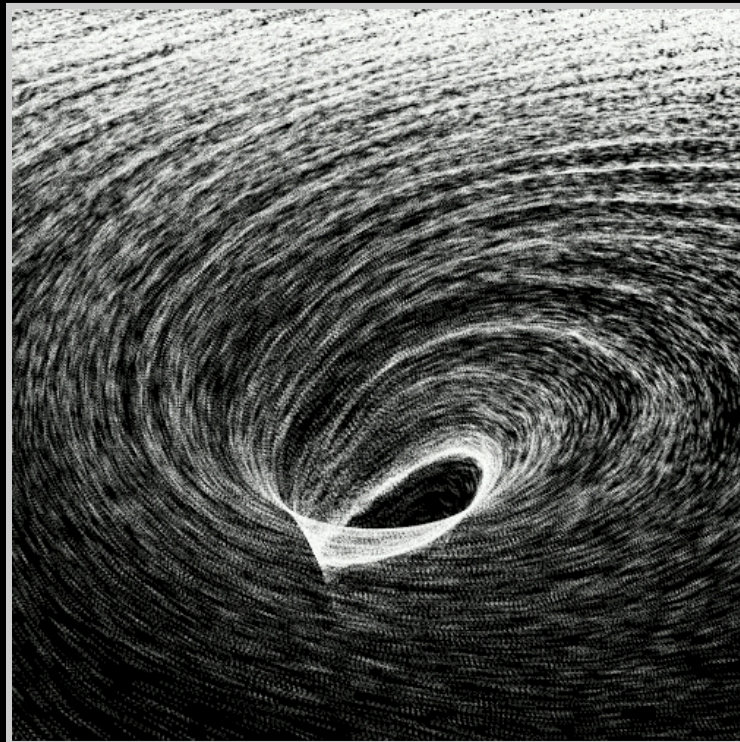


-All electrolytes in your body work synchronistically to provide you with

absolute hydration

-Your cells maintain the healthiest amount of water retention while preventing

an excess amount



-Simulated effects of eating high amounts of hydrated foods such as cucumbers,

watermelon, oranges, strawberries, and leafy greens



-Removal of diuretic effects of dehydrating substances such as caffeine, alcohol,

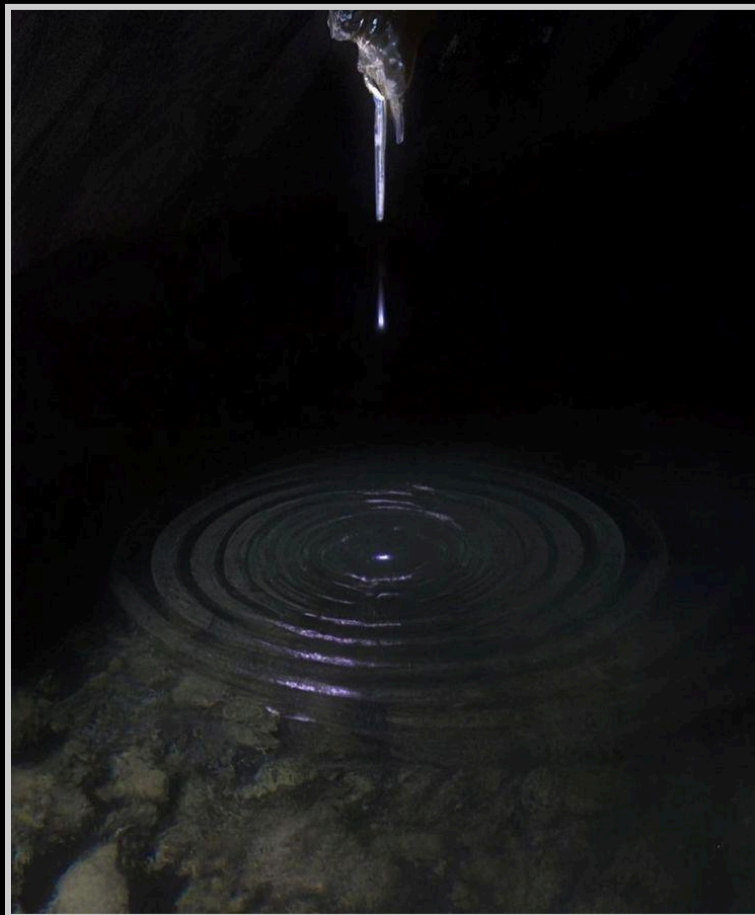
and excessive sugar

-Your body naturally absorbs/produces water, minerals, and electrolytes just

through breathing oxygen

-Heat, humidity, and altitude are eternally inhibited from affecting your

hydration levels





FLOW OF VITALITY



You are constantly being infused with the most divine and potent forms of JING which

exist in the cosmic vastness of the multiverse. This eternally powerful, angelically

youthful, and highly enhanced JING constantly circulates throughout your body, from



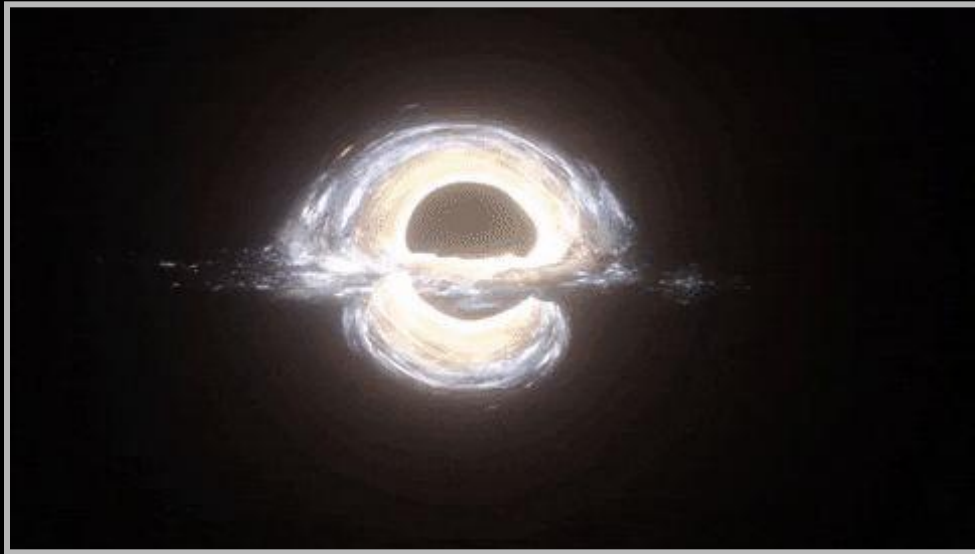
your root all the way up through your pineal gland and crown giving you immense insight and influence into ALL which exists in ALL realms. JING is the basis and foundation of the three major treasure pyramid, which include JING, CHI, and SHEN. By having a lot of JING, the body is able to heal and regenerate at acceleration, as well as produce higher amounts of CHI and SHEN. It will also keep your mind sharp, keep your energy and libido high, and prevent you from getting sick or injured. Once you have an overload of JING, you are able to transmute it into any other kind of functional energy with ease.



You are constantly being infused with the most divine and potent forms of CHI which exists in the cosmic vastness of the multiverse. This immensely powerful, otherworldly



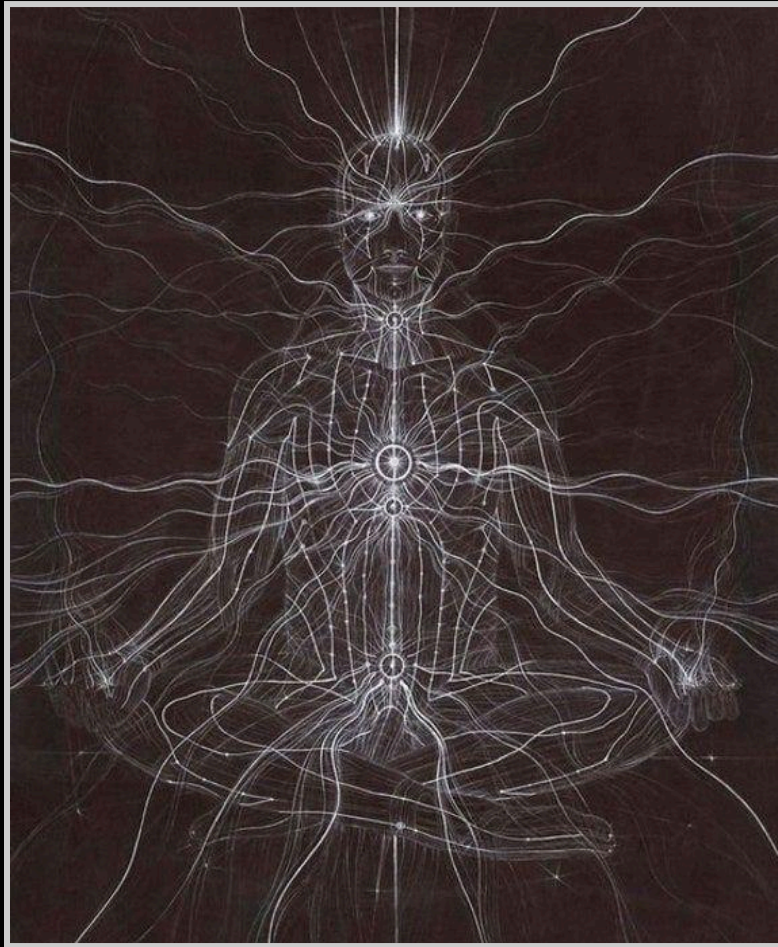
potent, and profoundly divine GODLY CHI constantly circulates throughout your body, from your root chakra all the way up through your pineal gland and crown giving you immense spiritual revelations of ALL to exist in ALL realms, realities, and dimensions.



CHI is another word for ENERGY. You absorb CHI every time you breathe in, eat food, and drink water. You will essentially have unlimited amounts of CHI without needing to eat or drink (although you should), from the most divine sources possible. High amounts of CHI means high amounts of minerals, elements, and nutrients. It will also help generally with the function of our bodies, our circulation, and our sleep/recovery quality. I've also implemented programming so that you know instinctively how to manipulate CHI, move it around, and pull it from outside sources.



You are constantly being infused with the most divine and potent forms of SHEN which exists in the cosmic vastness of the multiverse. This ethereal, grandiose, transcendently powerful SHEN constantly circulates throughout your body, from your root chakra all the way up through your pineal gland and crown giving you immense and blissful insights into all which exists in all realms. SHEN is the final, and arguably most important and ethereal part of the whole process. It comes from generating JING into CHI, and CHI into SHEN.



Ever seen someone who has a light in their eyes, or something exquisite in their aura that couldn't be explained in human words, but only felt? That's an indicator for a high amount of SHEN. You will exhibit extremely HIGH AMOUNTS of SHEN at all times, raising your vibration and allowing you to reach extremely high levels of consciousness.

Experiencing and being experienced as the highest and most divine expressions of



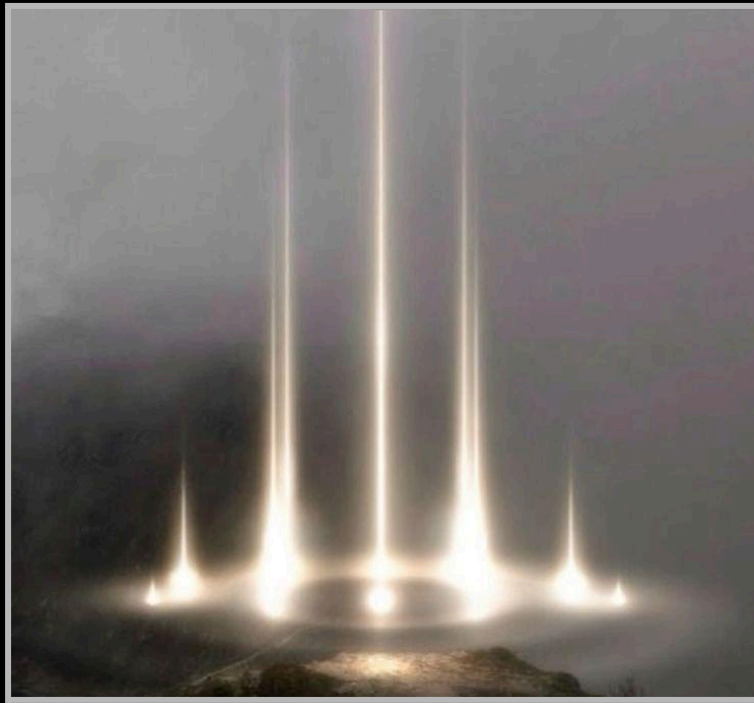
Source without having to put forth any effort. Your presence, and Aura expands greatly, reaching heights that you nor anyone else has ever seen or felt to be possible.



The most abundantly divine and heavenly qualities of JING, CHI, QI, SHEN, OJAS, and PRANA are constantly being infused, balanced, and circulated throughout your body, mind, and soul. You will likely feel this energy first in your pelvic region, as this is the “generator” of energy and is responsible for creating new energy. You will then experience it moving around, down through your legs and feet and up through your abdomen and chest, finally all the way up through your throat and through your forehead



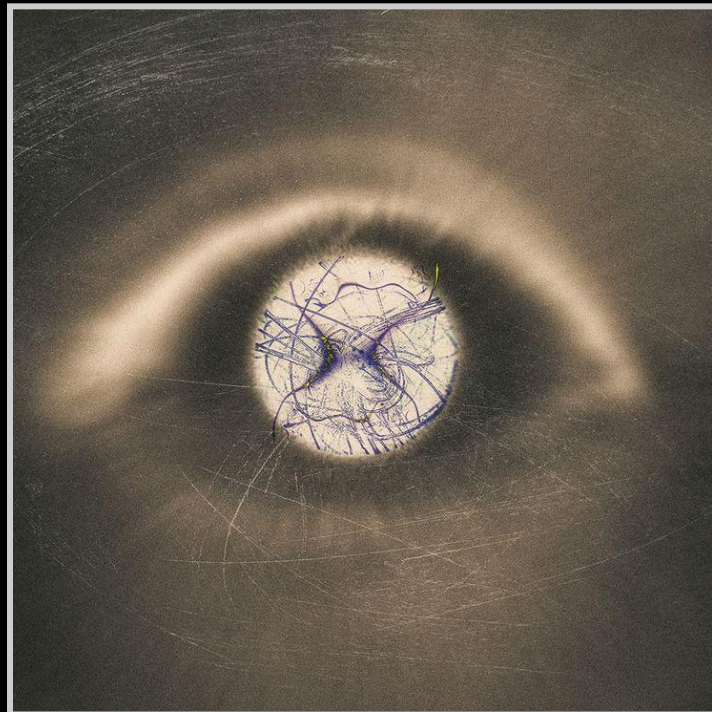
and crown. Exercise is recommended in order to assimilate the energies better, it also just helps them to be generated faster.



Another thing I recommend is meditation with your eyes rolled up towards your pineal gland, take a deep inhale and squeeze your pelvic floor. Envision siphoning the energy up through your third eye and crown chakra, blossoming your third eye and crown. Don't force it, sometimes it can be a slow process to unlock, but once you've got it, you'll be able to tap back into it whenever. You may experience intense DMT visions or feel a blissfully relieving energy, as if a weight has been lifted off. This blissful state is



something deeper than the flow state, and to be honest, it has to be experienced and felt rather than explained. Others notice this change in you, and are immediately magnetized by your energy.



Your entire body, physically, energetically, and astrally, is protected from any leaks of JING, QI, SHEN, OJAS, and PRANA. Any existing leaks are coated, healed, and patched, and any possible threats to this energy are IMMEDIATELY SUBDUED, DESTROYED, and BURNED UP before they can touch your field. You never again have to worry about losing your energy.



The Earth is in absolute love with you, and constantly resonating Mother Nature's tranquil vibration to every essence of your being. Everything you do flows like water, and all of your chakras are vitalized and rejuvenated in the most serene sense. The trees, the wind, the seas, the beaches, the deserts, the clouds, the rain, the skies are ALL ENAMORED with you, as if you were a potent aphrodisiac to every living being in nature.



You effortlessly speak the language of unconditional LOVE (which is the unspoken language of the UNIVERSE, the only language which ALL BEINGS can understand), and



resonate it throughout the EARTH, the UNIVERSE, and every fabric of the

MULTIVERSE

You synchronistically and endlessly hold the perfect balance of NEGENTROPY (order)

and ENTROPY (chaos)

You synchronistically and endlessly hold the perfect balance of YIN and YANG energies





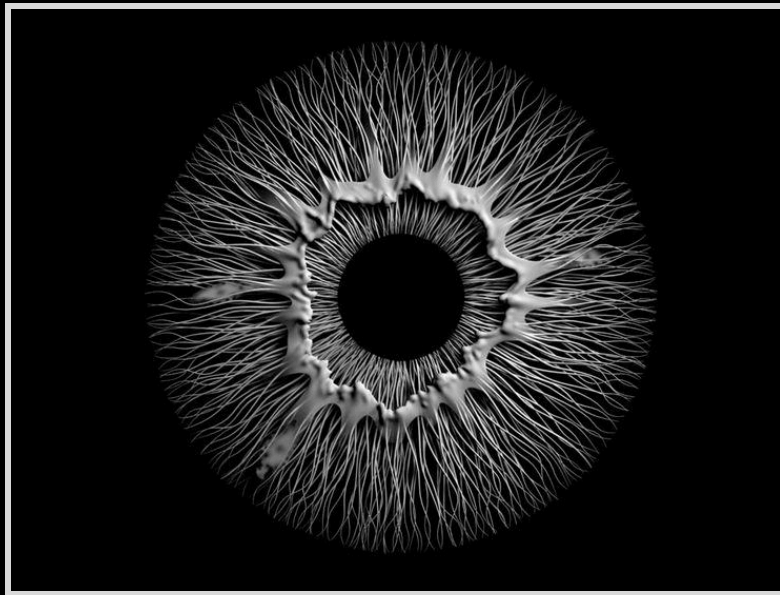
THERMOGENIC CHRONO-ALCHEMY



There are a few variables which determine the healing factor of the body. One is heat, one is nutrition/supplementation, and the most obvious one is time. In order to manipulate the healing capabilities of the body, we must first alter the time in which the body takes to heal. This is done through thermo-manipulation



and tricking the body into releasing more heat, and thus more stem cells in the targeted, condensed area.



Stem cells are unique cells which can renew themselves, differentiate into any cell type, and repair/maintain all kinds of tissue in the body. They heal tendon and ligament injuries, treat diseases like leukemia and sickle cell anemia through purifying the blood, and can reverse bone-marrow failure by increasing overall bone marrow. They are valuable and useful for EVERYONE, regardless of age or



ailments. This section covers the entirety of all regenerative factors, and is
arguably the most important for overall healing.



-Effects of sleeping 8-10 hours per night for 10 years are immediately

downloaded

-You have all of the effects of sleeping 8-10 hours per night every single night

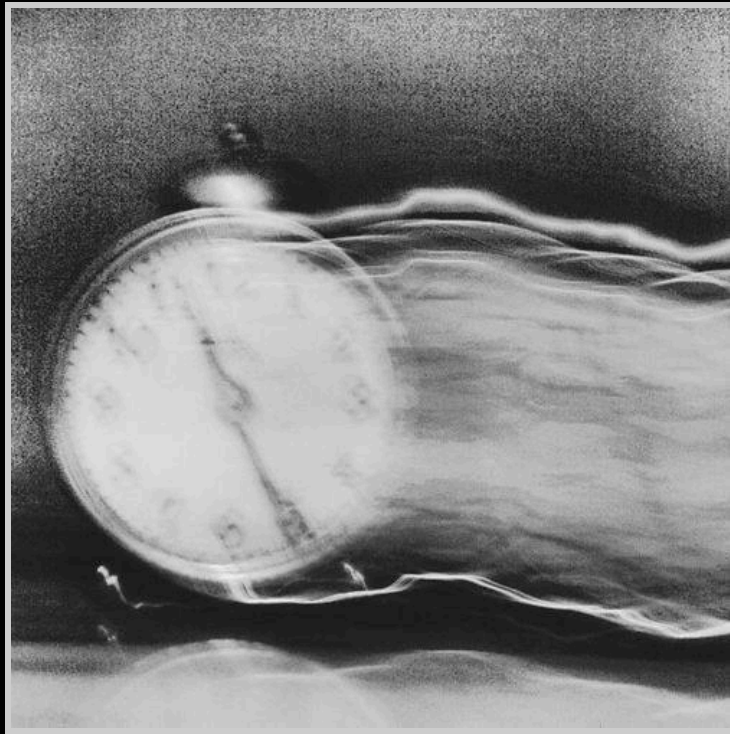
for the last 10 years

-Effects of early-morning sun exposure 2 hours per day for 10 years are instantly

downloaded



-Effects of being frozen in a cryogenic chamber for 2-5 minutes every single day
for 10 years

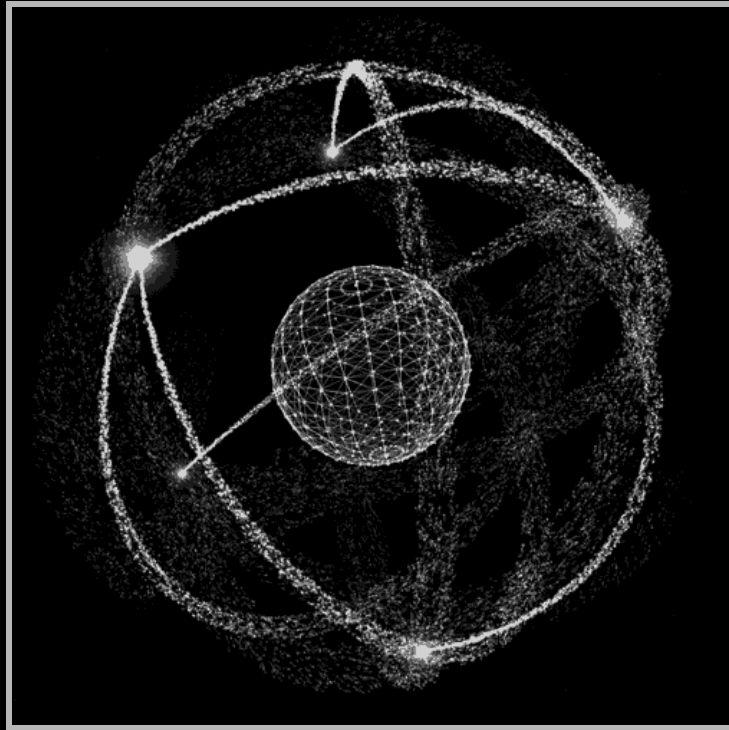


-Auto workout effects are triggered every time you wake up, optimally
circulating your blood

-Your CNS is completely repaired, revitalized, and invigorated with absolute
power, an energy so vast and concentrated that your CNS can never fatigue again



-All of your tissues are perfectly hydrated and provided with optimal levels of
electrolytes



-Growth hormone is optimally increased and upregulated allowing you to recover

faster

-Effects of BPC-157 taken at 1000mcg daily are mimicked in entirety

-Effects of TB-500 taken at 6mg per week are mimicked in entirety



-Embryonic stem cells are majorly upregulated, multiplying infinitely until the
body is 100% healed



-Adult stem cells are majorly upregulated, multiplying endlessly until the body is
100% healed

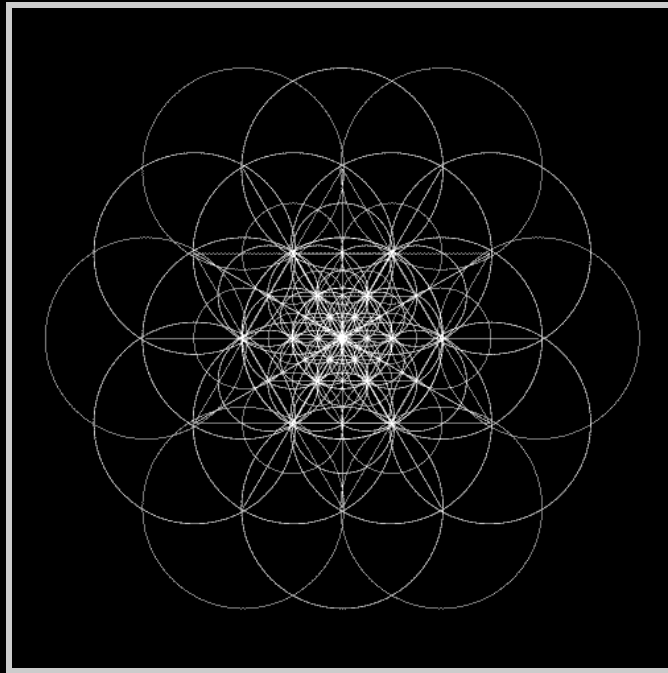
-All of your excess body fat is converted into stem cells

-Protein synthesis is majorly upregulated, and all 20 essential amino acids are
endlessly provided

-Your body endlessly combines amino acids into a triple-helix structure to create
collagen



-Chronic inflammation is entirely inhibited and impossible to occur in any way,
shape, or form



- Wounds are constantly cleaned energetically and cleared of infection
- Your organs are altered and changed in a way that they have seemingly never been exposed to alcohol, smoking, or any other deteriorating behavior, restoring the health of youth
- All of your cells are altered and changed in a way that they have seemingly never been exposed to toxins, hormone-disruptors, microplastics, and seed oils

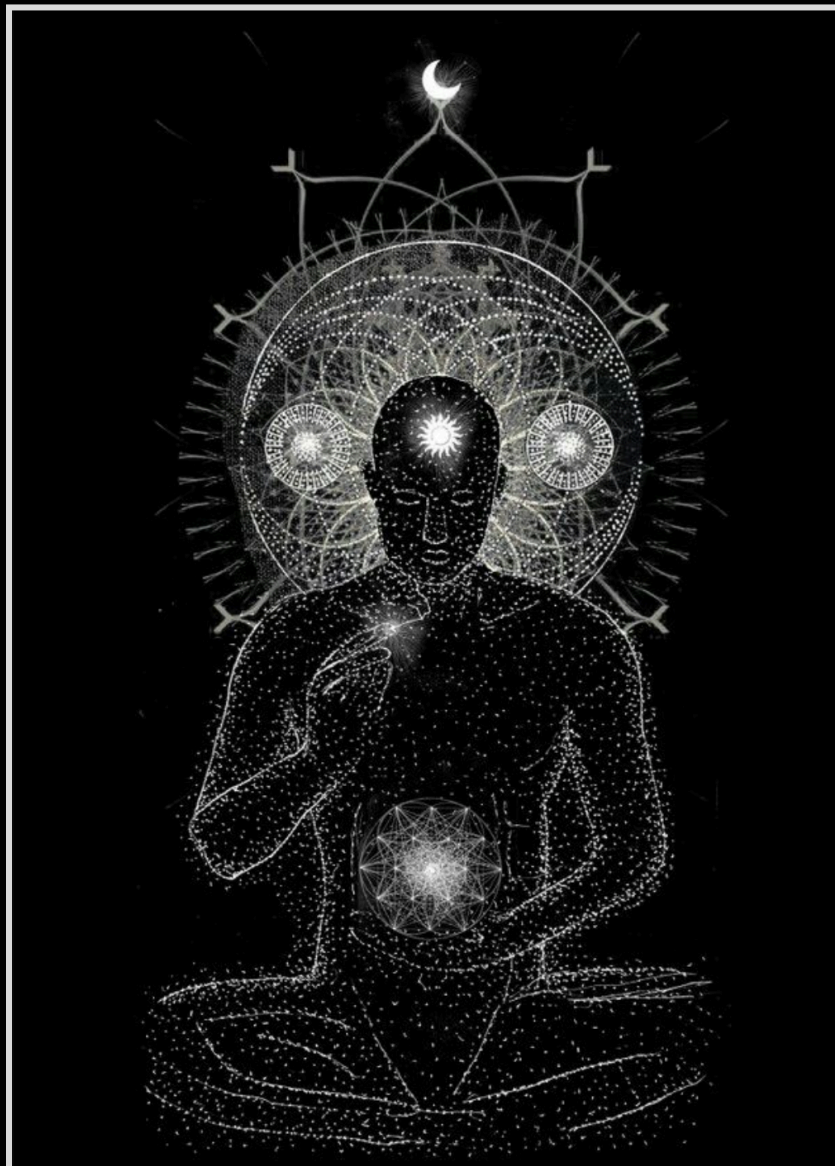


- Complete removal of generational trauma, toxicity, and negative cellular memories, leaving you with an immortal sense of renewal and giving you a complete reset/fresh start, similar to as if you were the first of your bloodline
- Effects of attaining immortality through consuming Ambrosia (meaning eternity in latin), a food of the Gods which grants eternal life





ESSENTIAL NUTRIENTS

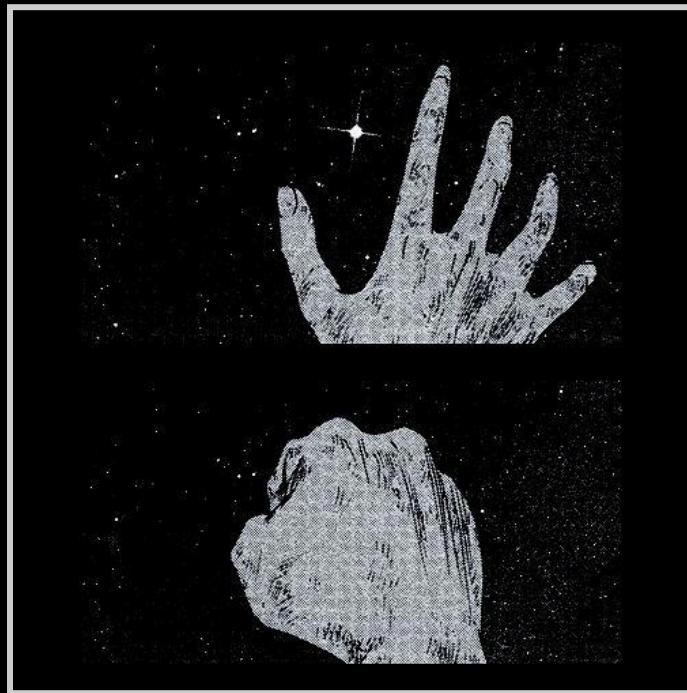


This section includes extremely healthy and ideal amounts of ALL essential vitamins & nutrients, as well as some bonus supplements for assimilation and efficiency. Upon listening, ALL nutrients are regulated to their most optimal



levels FOR YOU, meaning the energy is intelligent in that it will give you the most desirable effect of ALL compounds, even the ones not listed in this section.

Some of the essentials focused on consist of:



-Vitamin A receptors are majorly upregulated and sensitized

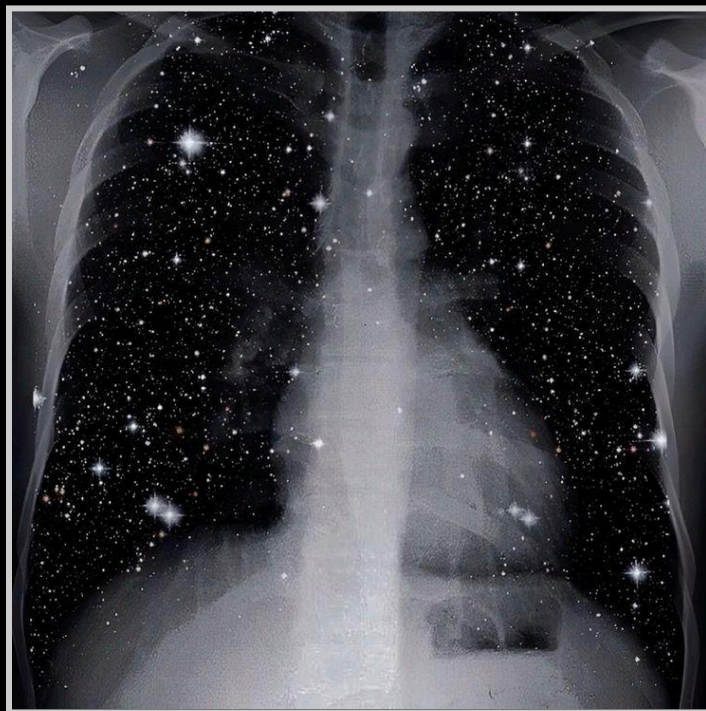
-Vitamin A (beta-carotene) is optimally absorbed which supports vision health,
skin health, cell growth & development, bone health, reproductive health, hair
growth, lung health, and boosts immune function



-ALL Vitamin B receptors are majorly upregulated and sensitized

-Vitamin B1 (Thiamine) is optimally absorbed which helps to convert
carbohydrates into energy, supporting nervous system function

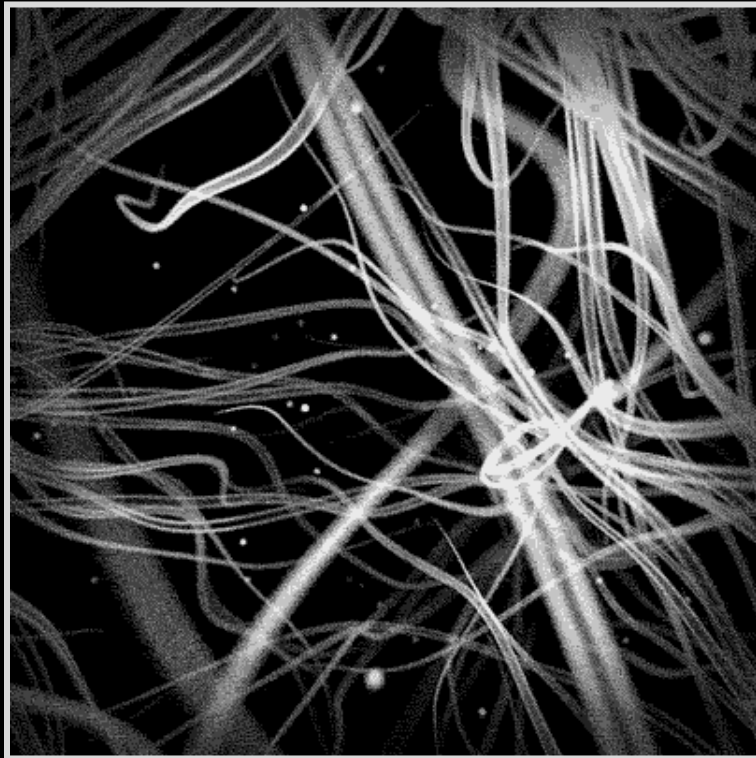
-Vitamin B2 (Riboflavin) is optimally absorbed which helps to produce energy;
metabolizing fats, carbohydrates, and proteins at optimum efficiency



-Vitamin B3 (Niacin) is optimally absorbed which supports digestive system, skin
health, and nervous system, as well as converting food into energy



-Vitamin B5 (Pantothenic Acid) is optimally absorbed which plays a key role in the production of coenzyme A, which is involved in energy production and hormone synthesis

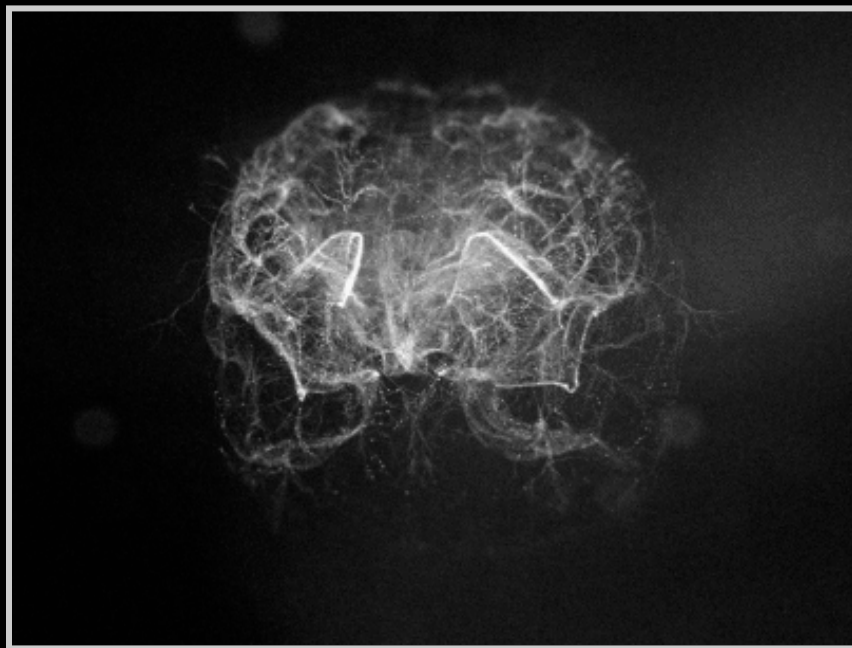


-Vitamin B6 (Pyridoxine) is optimally absorbed which is important for amino acid metabolism, red blood cell production, and proper brain function



-Vitamin B7 (Biotin) is optimally absorbed which plays a key role in carbohydrate, fat, and protein metabolism, as well as increasing hair, skin, and nail growth & health

-Vitamin B9 (Folate or Folic Acid) is optimally absorbed which is crucial for DNA synthesis & cell division, extremely important for total recovery and repair

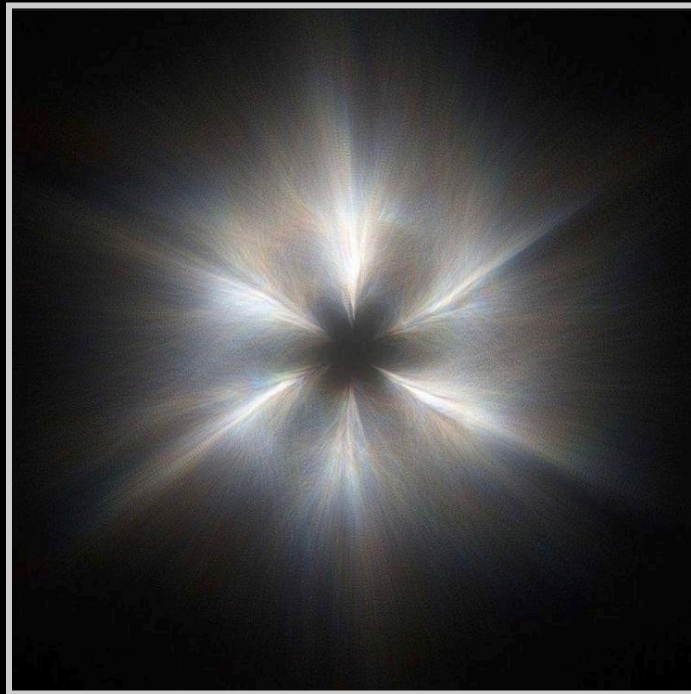


-Vitamin B12 (Cobalamin) is optimally absorbed which is essential for red blood cell formation, neurological function, and DNA synthesis

-Vitamin C receptors are majorly upregulated and sensitized

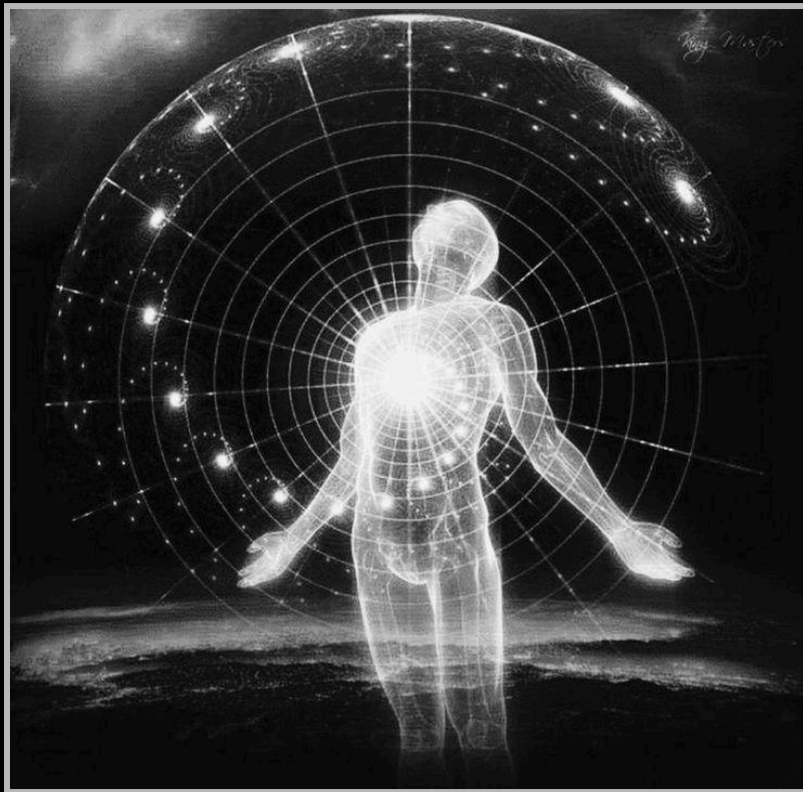


-Vitamin C is optimally absorbed which is important for tissue growth and repair, wound healing, nutrient absorption, collagen production, iron absorption, antioxidant production, immune support, and fatigue prevention



-Vitamin D receptors are majorly upregulated and sensitized

-Vitamin D3 is optimally absorbed which is important for hormone regulation, bone health, immune function, cardiovascularity, blood pressure, and muscle function



-Vitamin K receptors are majorly upregulated and sensitized

-Vitamin K2 is optimally absorbed which is vital for bone health, skin health, cardiovascular health, brain health, dental health, antioxidant health, and optimal

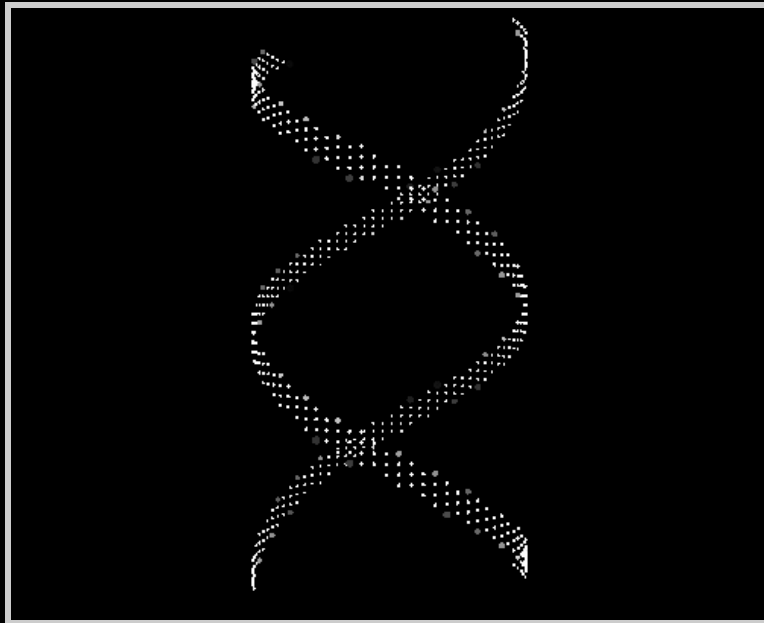
Vitamin D3 absorption

-Vitamin E receptors are majorly upregulated and sensitized

-Vitamin E is optimally absorbed which acts as a powerful antioxidant, improving vision, reproductive health, blood health, brain health, and skin health



-Your methylation pathways are in a state of quintessentially perfect health and
are constantly working to repair DNA



-EPA and DHA are optimally absorbed which is essential for increasing
OMEGA-3's and balancing the OMEGA 3-6 ratio

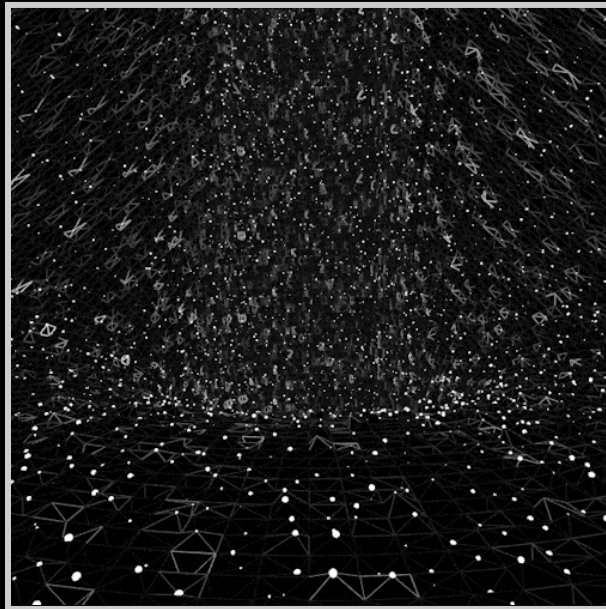
-Copper is optimally absorbed which is important for red blood cell production,
bone and tissue health, immune system support, nerve function, energy
production, brain development, antioxidant activity, and iron absorption



-Phosphorus is optimally absorbed which is essential for bone and teeth health, energy production, DNA and RNA, cell membranes, and acid-base balance (pH)

-You pranically absorb protein through oxygen at the ideal levels for your body

specifically every single day



-You pranically absorb Collagen through oxygen at the ideal levels for your body

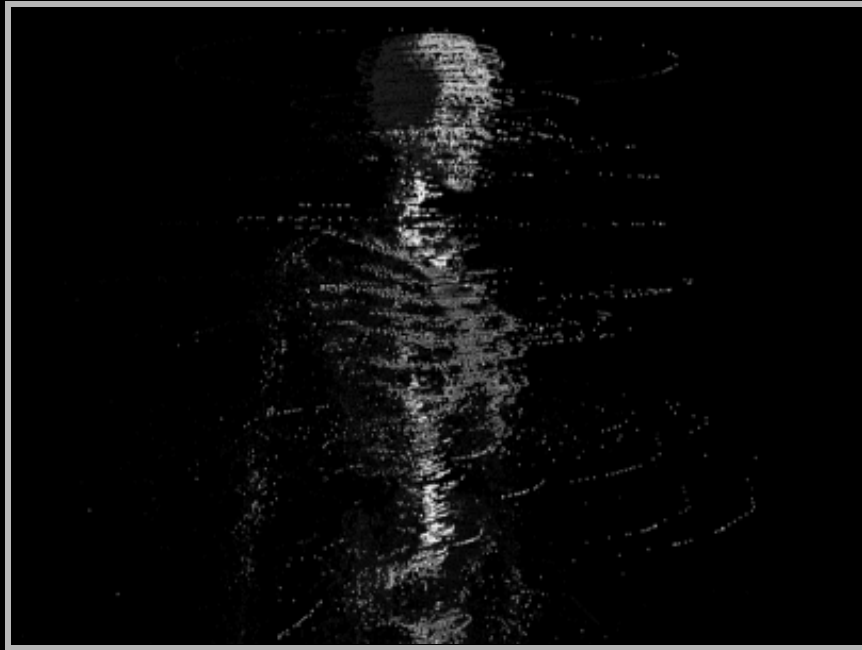
specifically every single day

-Calcium is pranically absorbed through oxygen at the optimal levels for your

body specifically every single day



-Magnesium is pranically absorbed through oxygen at the optimal levels for your
body specifically every single day



-Iron is pranically absorbed through oxygen at the optimal levels for your body
specifically every single day

-Zinc is pranically absorbed through oxygen at the optimal levels for your body
specifically every single day

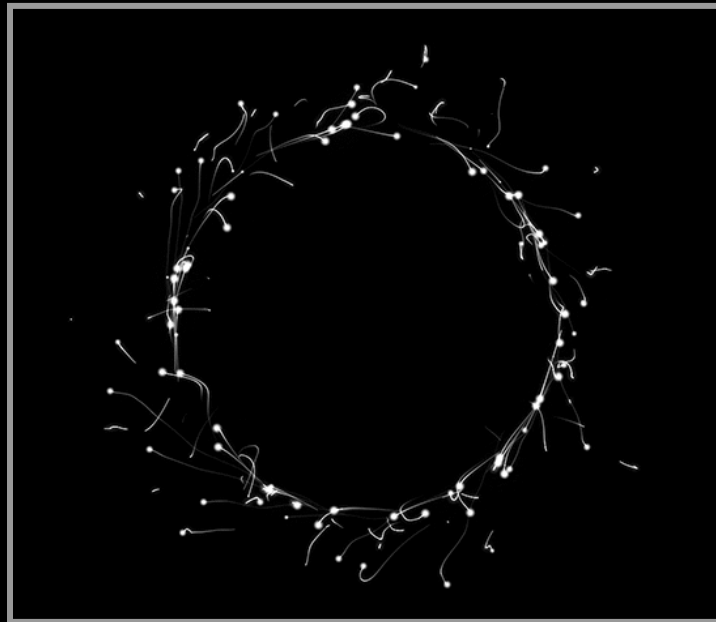
-Iodine is pranically absorbed through oxygen at the optimal levels for your body
specifically every single day



-Selenium is pranically absorbed through oxygen at the optimal levels for your
body specifically every single day

-Choline is pranically absorbed through oxygen at the optimal levels for your
body specifically every single day

-Chromium is pranically absorbed through oxygen at the optimal levels for your
body specifically every single day





SHILAJIT



Shilajit derives from fulvic acid which is a rich antioxidant source. The health benefits of shilajit are endless, and though many of them are still yet to be studied and uncovered, there are a few proven benefits such as increasing positive hormones regardless of gender, aiding in slowing aging progression, and



majorly improving gut health. There is also a potent antidepressant and mood improvement effect that Shilajit gives.

Since Shilajit is here in subliminal and energetic forms, the benefits can be majorly stretched and exaggerated, and so the benefits of this section include:



- Mimicked effects of consuming Shilajit daily for an entire lifetime
- Improves brain function, simultaneously slowing the aging of brain cells and protecting/reversing brain cell damage



-Blocking and preventing the accumulation of tau protein, a buildup of which may damage the brain cells, reducing cognitive functions, such as thinking, learning, understanding, justifying, listening, questioning, and attention to detail.

Blocking this buildup also completely prevents and reverses the effects of
Alzheimer's disease



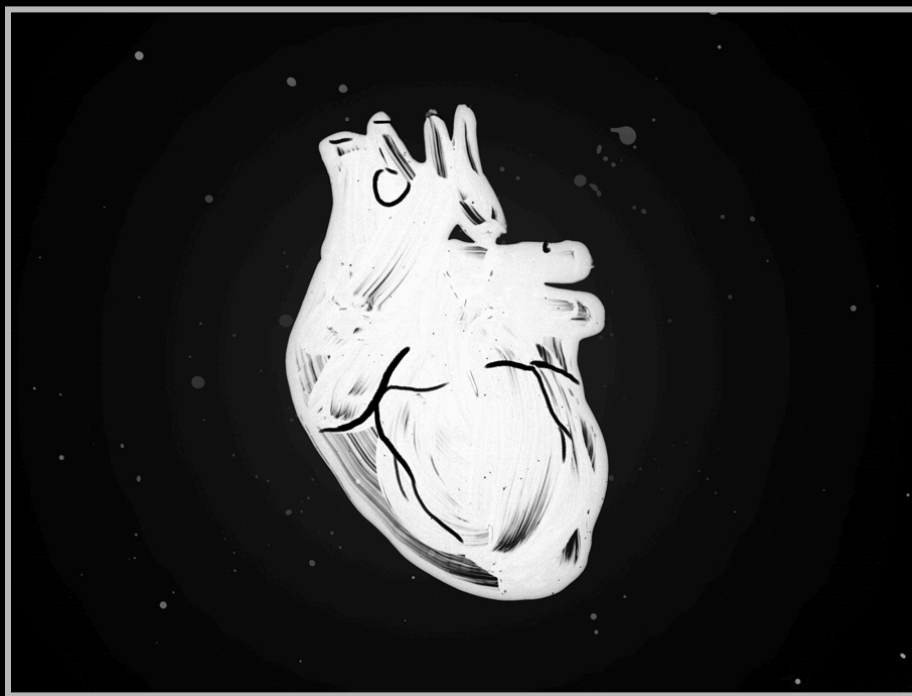
-Reduces free radicals and gives immunity to cellular damage in the entire body down to the subatomic level, improving the overall health and functionality of the cells and slowing the aging process as well as promoting longevity



-Increases good cholesterol (HDL) while significantly decreasing bad cholesterol

(LDL)

-Improves heart health and increases healthy cells in the heart, relieving symptoms of heart palpitations and abnormal heart rhythms, all while reducing the risk of heart diseases and preventing the aging of the heart



-Maintains healthy blood sugar levels with hypoglycemic (glucose lowering) properties. It increases the production of insulin by the pancreas and reduces the breakdown of starch into glucose



-Major upregulation of iron production which reduces or completely overhauls

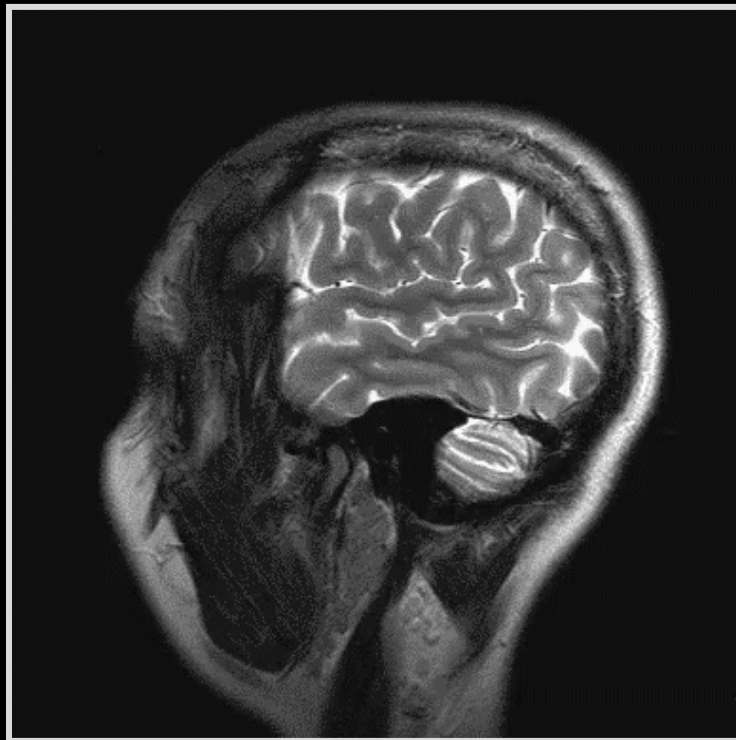
the symptoms of anemia

-Majorly upregulates the immune system to fight viruses, including even more

stubborn viruses like STD's and overcoming them faster

-Reduces symptoms of chronic fatigue and brainfog, reducing physical and

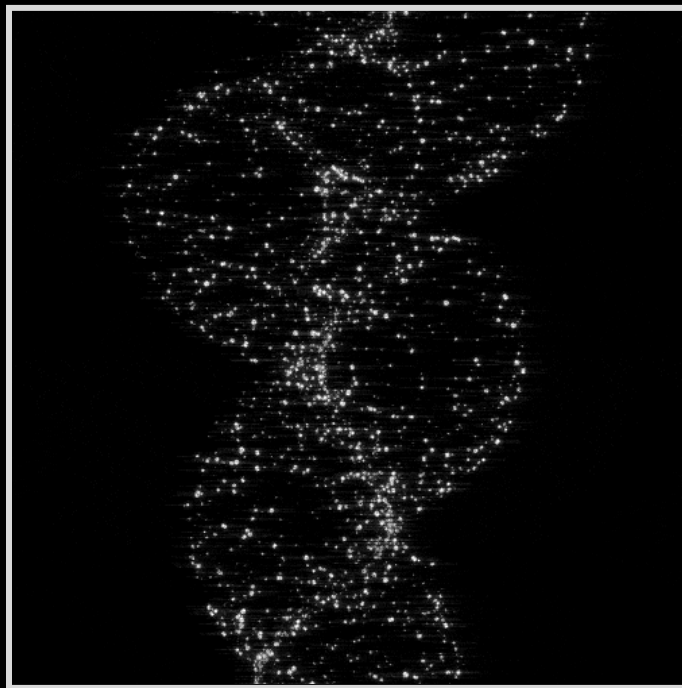
mental stress, majorly improving cellular function and increasing energy





-Destroys cancerous cells starting in the liver and prevents them from multiplying

-Suppresses the growth of harmful bacteria such as *Helicobacter Pylori* in the gut, preventing constipation, maintaining healthy bowel movements, keeps the colon healthy, and prevents stomach discomfort, flatulence, and pain, all while improving the gut microbiome



-For men, Shilajit majorly increases total sperm count and quality, while severely improving the production of male sex hormones, thus improving the health and



motility of sperm and stamina in men. It's also said to majorly boost testosterone

in men

-For women, Shilajit balances female sex hormones estrogen and progesterone to

help regulate the menstrual cycle, reducing menstrual cramps and pain by

relaxing the muscles

-Shilajit has abundant anti-inflammatory and anti-arthritic properties, helping to

reduce inflammation and relieve pain

-Helps to heal wounds, cuts, ulcers, sores, cankers, etc. by increasing the

generation of newer, healthier cells





- Relieves stress and anxiety through antidepressant properties that help calm the mind, reducing nervousness, physical and mental stress, and irritability

- Strengthens bones, increases bone density, and protects against osteoporosis

- Reduces or completely removes high-altitude sickness, stimulating blood formation and oxygenation

- Stimulates blood formation, enhancing blood-oxygen capability, and improving nutrient absorption





GINGER



Ginger is a powerhouse of a superfood, thanks to its bioactive compounds like gingerol and shogaol, which contribute to its medicinal properties. Here are some

of the key benefits of ginger:

- Mimicked effects of eating raw ginger daily for an entire lifetime
- Anti-inflammatory and antioxidant properties, stemming from the benefits of

gingerol



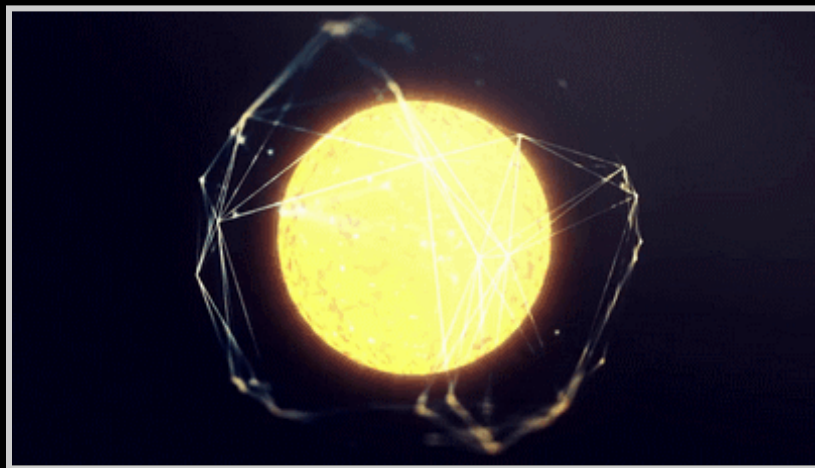
-Aids digestion by increasing the production of digestive enzymes and speeding

up the movement of food and waste through the digestive tract

-Upregulates the immune system because of the natural antimicrobial properties

which serve to fight infections, and reduce the severity of flu-like symptoms

-Relieves nausea and vomiting instantly by calming the stomach



-Relieves pain through analgesic (pain-relieving) properties, helping with muscle

and joint pain due its to anti-inflammatory effects

-Supports cardiovascular health by lowering blood pressure, reducing negative

(LDL) cholesterol levels, and improving overall heart health



- Improves blood sugar levels by optimally balancing insulin sensitivity
- Upregulates metabolism as well as thermogenesis, helping to burn fat and
convert fat into stem cells
- Improves cognitive function, removing brain fog and increasing mental abilities
- Relieves menstrual pain in women by reducing inflammation and pain
- Improves respiratory health by clearing the airways
- Helps prevent cancer by inhibiting the growth of certain cancer cells
- Boosts skin health because of the antioxidants and anti-inflammatory effect,
promoting crystal clear skin and complexion





MORINGA



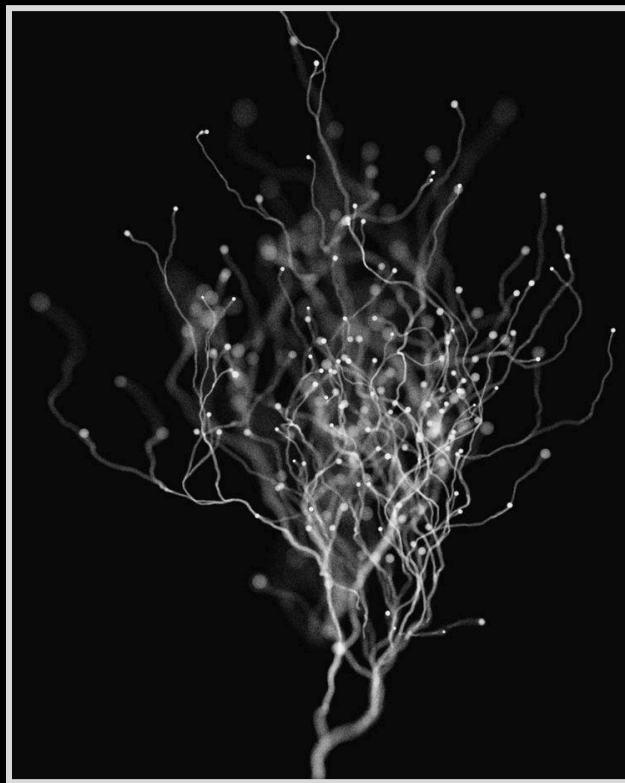
Moringa, also known as the “miracle tree”, is packed with nutrients, antioxidants, and essential compounds that aid in natural energy production, endurance, and longevity.



The benefits of Moringa are truly endless, and though there is no way to describe the entirety of the benefits, here are a few to keep in mind:

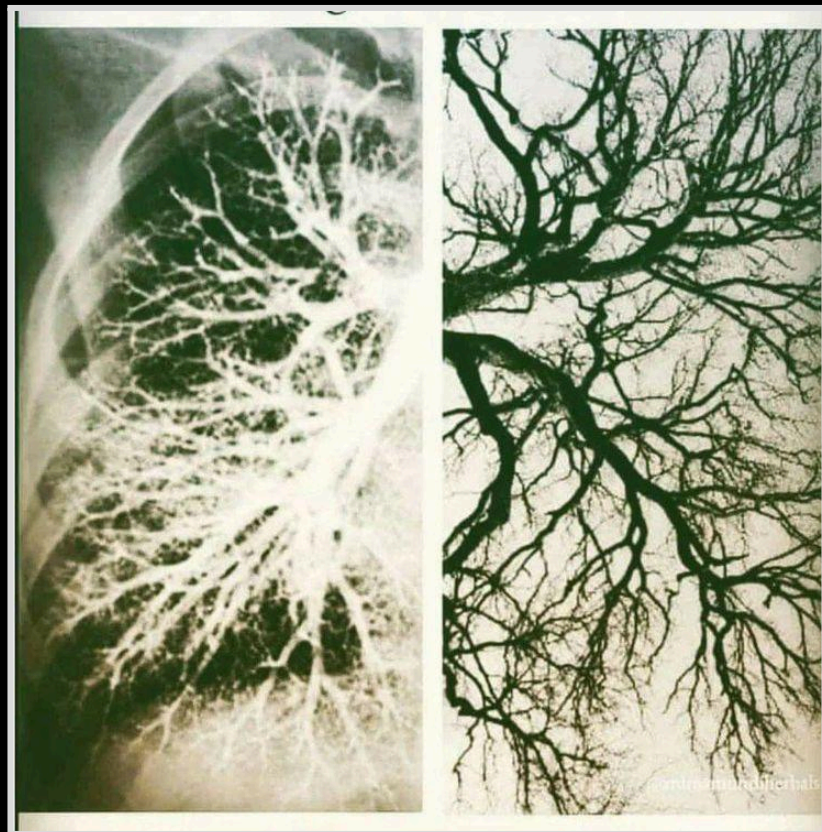


- Mimicked effects of consuming moringa daily for an entire lifetime
- Protects and nourishes the skin and hair through the megadosing of Vitamins A, C, E, and Collagen, helping to heal skin wounds more rapidly and reducing oxidative stress
- Treats edema, curing it completely, by majorly reducing inflammation and swelling throughout the body





-Protects the liver, reversing any current damage entirely, by reducing fat buildup in the liver cells as well as increasing the activity of proteins that break down fat



-Prevents and treats cancer at the cellular and subatomic level by upregulating Niazimicin, a compound that suppresses the development of cancer cells.



-Additionally, Moringa Bark is added to kill cancer cells and treat breast, liver, colorectal, and many, many other kinds of cancer

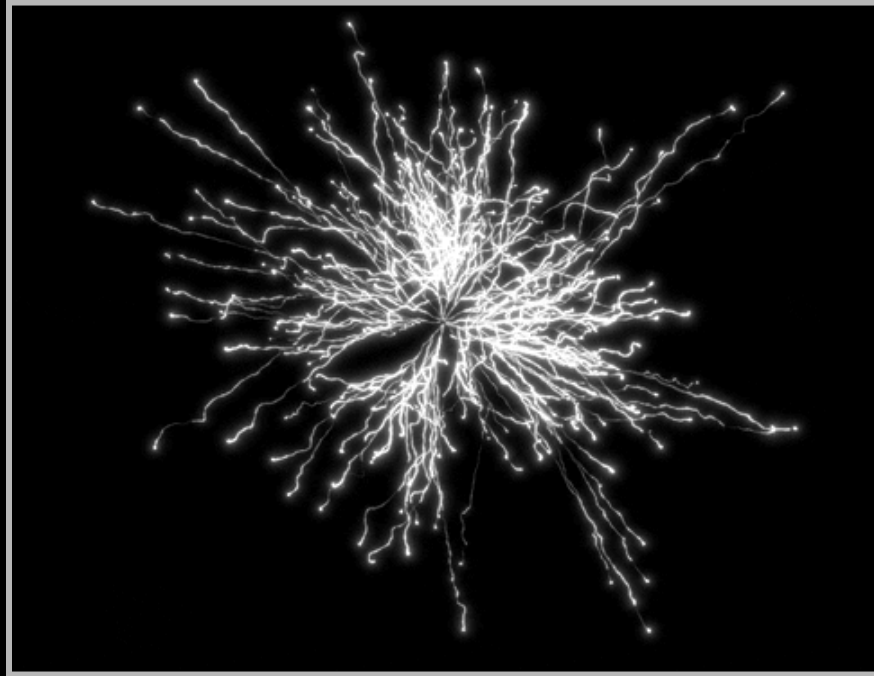


-Treats all kinds of stomach disorders and removes stomach pain, regulating the gut microbiome and boosting positive bacterias. Additionally, it helps to heal colon cancers, relieving constipation, reducing stomach acid secretions, preventing ulcerative colitis, and preventing peptic ulcers

-Acts to treat and prevent foodborne illness and bacteria infections, such as S. aureus and E. coli



-Prevents and treats rheumatoid arthritis through anti-inflammatory pathways



-Upregulates mood and treats nervous-system disorders such as anxiety and
depression through neuroprotective pathways

-Protects the cardiovascular system through a range of antioxidant and
anti-inflammatory agents, such as Quercetin, which helps to prevent lipid
formation and inflammation, both of which can contribute to heart disease

-Treats diabetes by managing blood-sugar levels and insulin; protecting against
organ damage

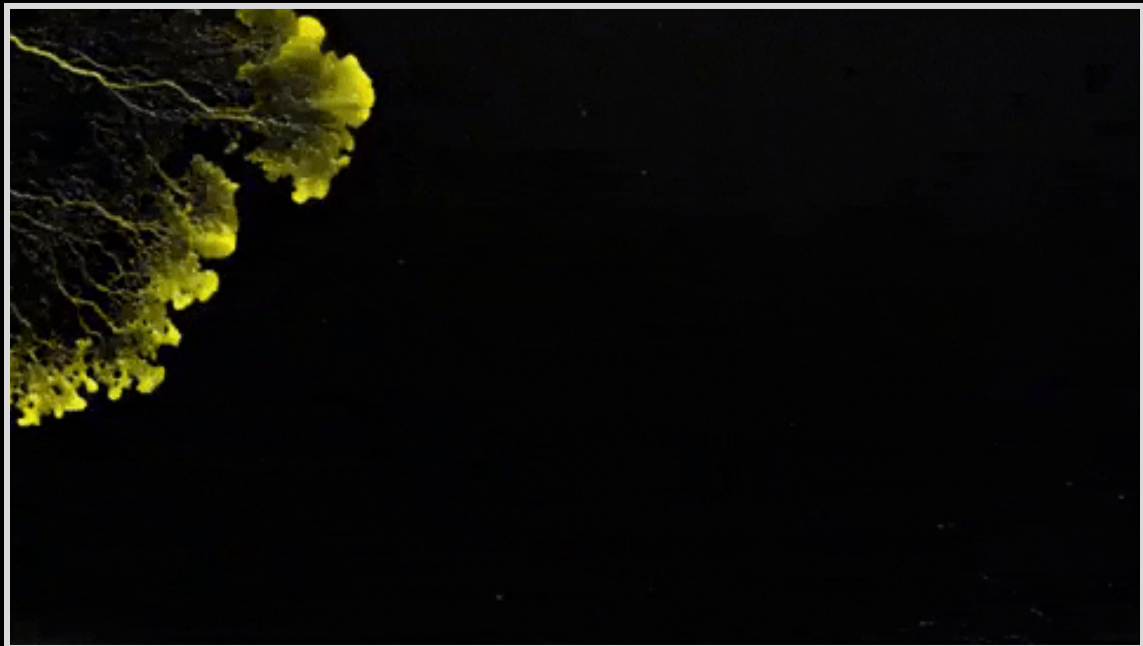


- Treats asthma, bronchial restrictions, and airway inflammation, opening the lungs for more deep and comfortable breathing
- Reduces high blood-pressure and balances it to the optimal state
- Improves eye health in all regards through the antioxidant beta carotene
- Prevents and treats anemia and sickle cell disease, helping to remove excess iron, while keeping an optimal amount of it



-Majorly upregulates and improves the immune system through the megadosing
of Vitamin C

-Majorly enhances energy levels and combats fatigue by supporting cellular
function and increasing vitality





SEA MOSS



Sea moss is a specific type of red algae that contains 92 out of the 102 minerals the body needs, including iron, iodine, magnesium, folate, calcium, potassium, sulfur, amino acids, essential vitamins, omega-3 fatty acids, and many, many more.





The benefits of SEA MOSS are truly endless and can include boosting the immune system, improving the gut-microbiome, enhancing skin health, upregulating thyroid health, and so much more. Some of the benefits you can expect from this section include:



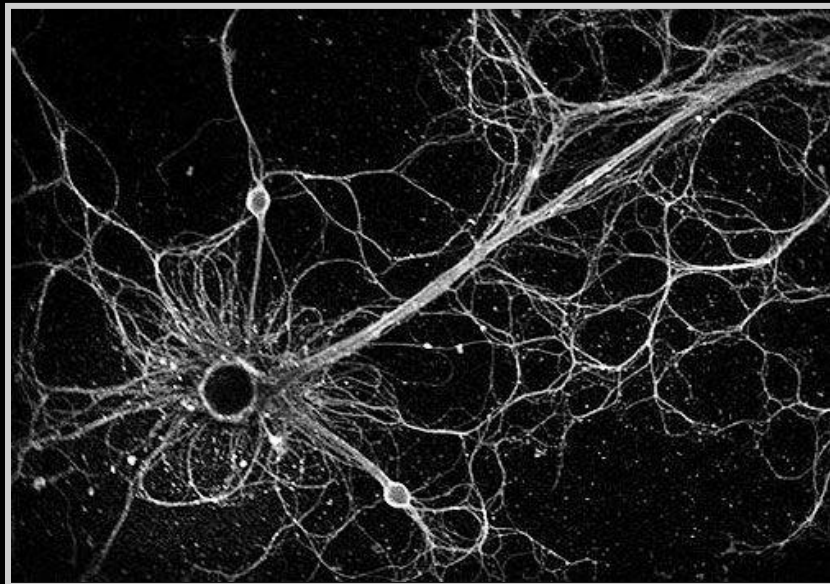
- Massive increase in vitamins A, C, E, and K
- Mimicked effects of eating sea moss daily for an entire lifetime



-Massive increase in iodine, calcium, magnesium, iron, potassium, sulfur, zinc,
and phosphorus

-Thyroid health is massively increased while thyroid function is majorly
upregulated

-Metabolism is increased, as well as energy levels, and the growth of newer,
healthier cells



-Immune system is significantly upregulated through antiviral, antibacterial, and
anti-inflammatory pathways



-Supports digestive health through a significant increase in prebiotics, which feed beneficial bacteria in the gut, helping to support gut flora balance and intestinal health



-Majorly improves skin health by reducing inflammation, acne, and blemishes, all while moisturizing and hydrating the skin

-Enhances energy levels due to the high dosage of Iron; supporting the production of red blood cells, upregulating the transportation of oxygen throughout the body, and preventing fatigue



-Promotes joint and bone health due to high amounts of magnesium and calcium, both of which are essential for maintaining strong bones and joints. It also contains collagen-producing compounds that help a lot with joint mobility and muscle recovery



-Improves heart health through high amounts of omega-3 fatty acids, improving healthy cholesterol levels, reducing inflammation, and supporting proper blood circulation



-Improves cardiovascular health through high amounts of potassium which also serves to regulate blood pressure

-Supports mental health and brain function through high amounts of magnesium which serves to promote calmness and a reduction of anxiety. Potassium is also beneficial for brain function, potentially enhancing cognitive abilities, focus, and memory. It may also support mental clarity and emotional balance



-Promotes healthy hair growth through high amounts of Vitamin A, zinc, biotin, and iron content, supporting the scalp, improving blood circulation, &



strengthening and moisturizing hair follicles. It can also prevent hair thinning
and brittleness

-Supports reproductive health through high amounts of zinc, which is essential
for fertility and hormone balance. For men, zinc is crucial for sperm health and
testosterone levels, while for women, it supports overall reproductive function



-Detoxifies the body in entirety because of the high amounts of prebiotic fiber
and antioxidants that help rid the body of toxins, promoting natural



detoxification. It helps remove heavy metals and supports liver function,

allowing the body to stay clean and free from harmful substances

-Aids in respiratory health because of the mucilage (gel-like substance) which

soothes the respiratory tract, helping to clear mucus, easing coughs and

congestion. It can be especially helpful for people with conditions like bronchitis

or asthma by supporting the lungs and airways



-Helps maintain healthy blood sugar levels by helping to balance insulin

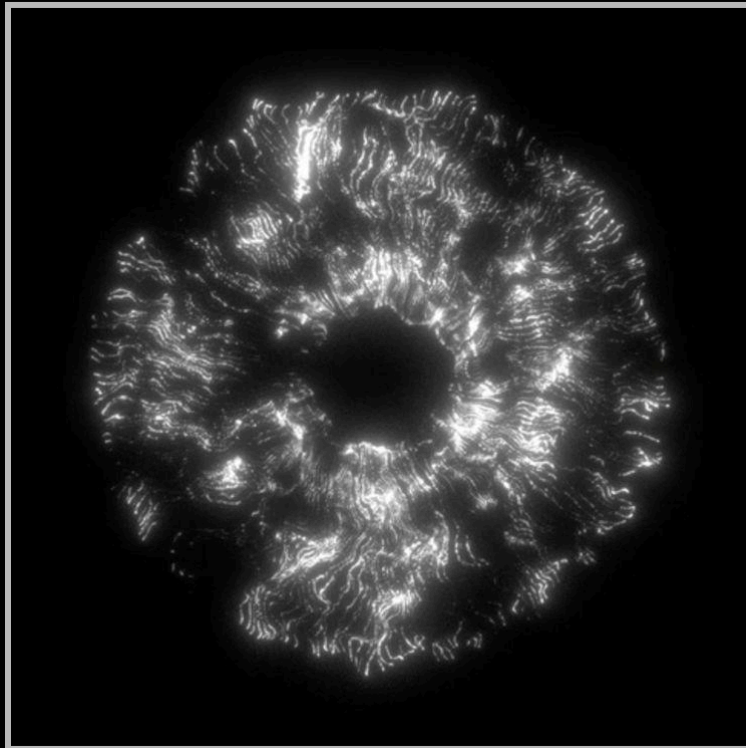
sensitivity. The high fiber content can slow the absorption of sugar into the

bloodstream



-Improves sleep quality because of the high amounts of magnesium, which is known for its ability to promote relaxation, enhancing deep sleep and decreasing the chances of insomnia

-Supports the endocrine system through key minerals like iodine and selenium





FRUIT OF THE GODS



This section entails the healthiest fruits you can include in your diet, all of their benefits supplemented and infused energetically multiple times over.



Since this is done subliminally and energetically, the benefits are far greater than even consuming the fruits themselves, and the benefits

include:



-All the positive effects of eating high amounts of apples every single day
for multiple lifetimes



-All the positive effects of eating high amounts of avocados every single
day for multiple lifetimes

-All the positive effects of eating high amounts of blueberries every single
day for multiple lifetimes

-All the positive effects of eating high amounts of raspberries every single
day for multiple lifetimes

-All the positive effects of eating high amounts of oranges every single day
for multiple lifetimes



-All the positive effects of eating high amounts of bananas every single day
for multiple lifetimes



-All the positive effects of eating high amounts of papaya seeds every
single day for multiple lifetimes

-All the positive effects of eating high amounts of pineapple every single
day for multiple lifetimes

-All the positive effects of eating high amounts of pomegranate seeds
every single day for multiple lifetimes



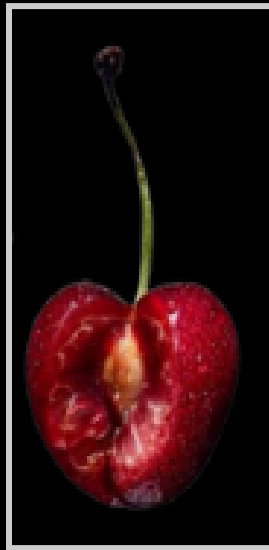
-All the positive effects of eating high amounts of kiwis every single day
for multiple lifetimes

-All the positive effects of eating high amounts of grapefruit every single
day for multiple lifetimes



-All the positive effects of eating high amounts of watermelon every single
day for multiple lifetimes

-All the positive effects of eating high amounts of cherries every single
day for multiple lifetimes



-All the positive effects of eating high amounts of peaches every single day
for multiple lifetimes

-All the positive effects of eating high amounts of plums every single day
for multiple lifetimes



-All the positive effects of eating high amounts of mangos every single day
for multiple lifetimes

-All the positive effects of eating high amounts of dragon fruit every single
day for multiple lifetimes





ARNICA MONTANA



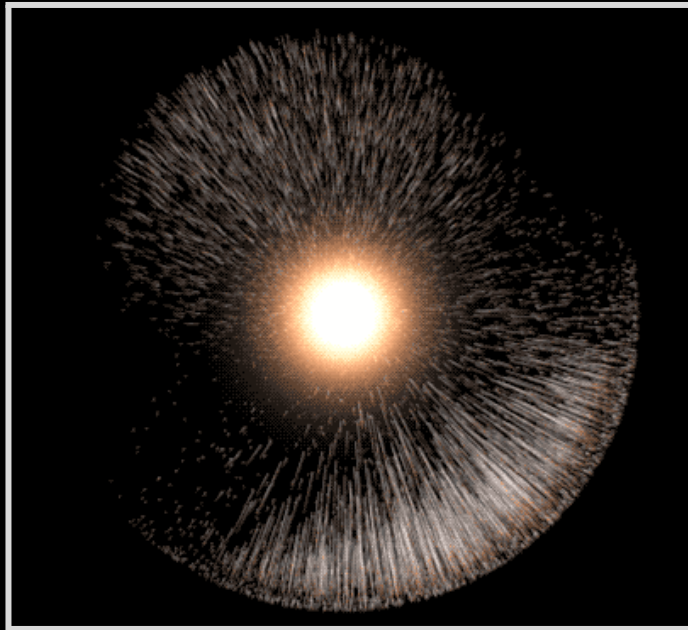
Arnica Montana is a homeopathic remedy deriving from a flowering plant that belongs to the Asteraceae (daisy) family. In homeopathy, remedies are diluted, and succussed, to the point where the original substance is almost undetectable, yet the energy is made to be far more potent than originally possible.

The benefits of taking Arnica Montana include the following:



-Treating physical injuries, particularly those involving bruising, swelling, and
soreness

-Rapidly healing blunt traumas such as falls, blows, and impact injuries, reducing
swelling and promoting faster healing



-Alleviating the bruised and sore feeling in muscles and tissues following a
trauma



- Reducing swelling, bruising, and pain following a surgery through anti-inflammatory properties, minimizing the visual and physical impact of surgical trauma
- Healing muscle soreness after physical exertion or strenuous exercise, such as weightlifting or running
- Aside from physical injuries, Arnica is also used for complete removal of emotional trauma and shock. It can be extremely useful when a person feels in denial about an injury, insisting they're "fine" despite being hurt





THIOSINAMINE



The homeopathic remedy Thiosinamine is made from mustard seed, and more specifically, Sulfur. In homeopathy, remedies are diluted, and succussed, to the point where the original substance is almost undetectable, yet the energy is made to be far more potent than originally possible.





The benefits of taking Thiosinamine include the following:

- Completely healing scar tissue and adhesions, restoring the body to its natural state
- Completely healing joint and musculoskeletal issues, removing chronic pain, and restoring the skeletal structure to its optimal state
- Healing all skin issues and conditions where scarring or thickening of the tissue occurs, such as after burns, acne, or surgical procedures
- Rapidly healing adhesions and wounds, such as those caused from traumatic injuries and surgical procedures





AEONIC ASTEROIDS



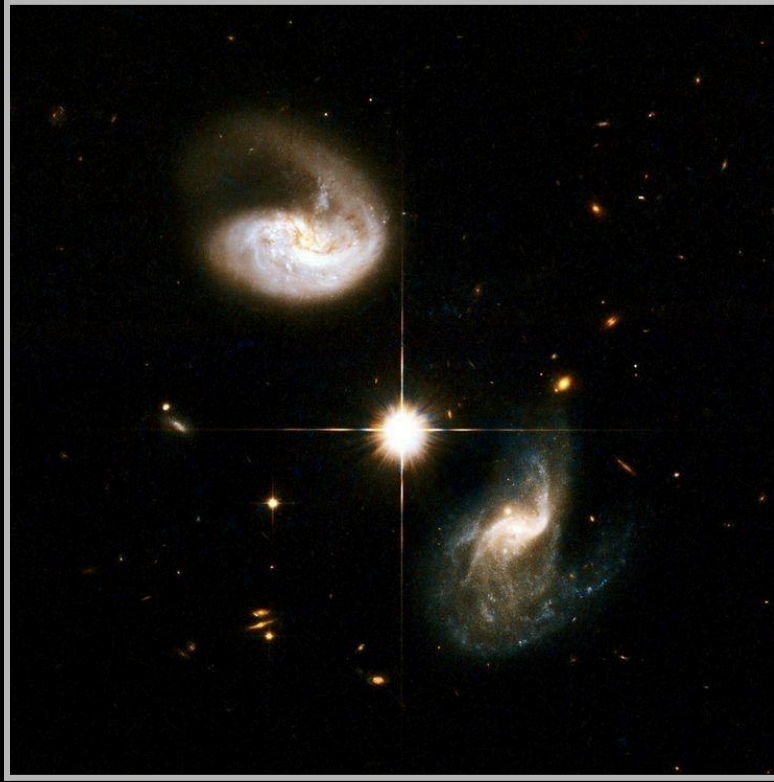
All of these asteroids have been eternally engraved into ALL of your charts,

conjunct ALL placements across ALL timelines, realms, and dimensions:





Aeternitas 446:



You are the physical and spiritual symbol of immortality, longevity, perdurability, and tedium. When people look at you, they see and feel eternity shining back at them. You are a reflection of both the endless beauty and the burdensome weight of time. You are the significance of the cycles of birth and decay, a constant presence that reminds people of what remains unchanged and what is destined to pass. In your gaze, they glimpse the vast horizon of existence;



a place where beginnings and endings blur, where the familiar becomes strange, and where the pulse of life is both infinite and fleeting. You embody the paradox of time itself: a force that gives life and yet demands everything from those who live within it, urging them to reckon with their own fleeting moment in the face of eternity's enduring march. You are the Allfather of reality, the Overlord of epiphanies, and it is quite clear to everyone around you that you are a living, breathing image of God.





Ganymed 1036:



You are gifted immortality and eternal youth by Zeus himself, called to the highest planes of existence to serve your higher purpose with absolute flawlessness and fluidity. You exude a vibrant, ageless quality about you, a captivating energy that draws others in. You are constantly transforming, and upon each rebirth, you reach a higher level of being. You find yourself attracting



others in your life who are also in need of transformation, healing, and guidance.

You unknowingly act as a catalyst for change in others' lives, challenging those

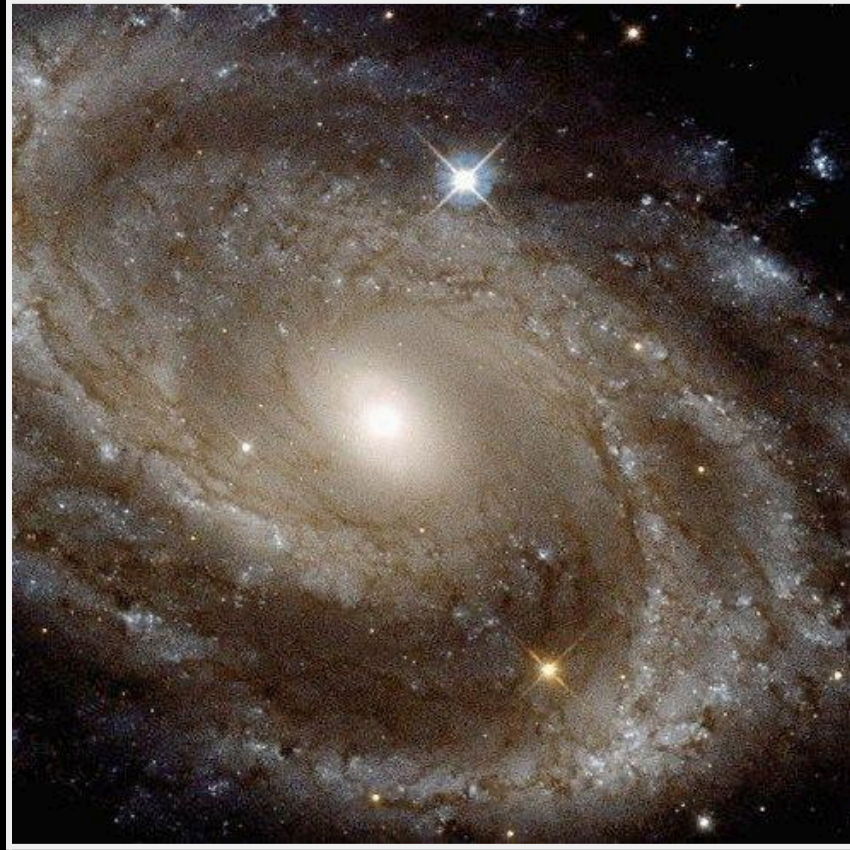
around you to evolve and confront their own limiting beliefs & behaviors. You

have the ability to bring others into spiritual orbit without even trying.





Ambrosia 139:



Served by Hebe and Ganymede, Ambrosia was the food or drink of the Gods that granted them and anyone who ate it immortality. Thus, you are the living embodiment of Ambrosia, the granter of eternal life and endless youth. Your fate is to live forever, never meeting your end, as your end does not exist. Your destiny is to have infinite destinies, always reaching one after another, forever



conquering and never halting your conquest. Each and every day you are reborn,
again and again, as a new and improved version of yourself, knowing deep inside
that there is no end to this transformative process which goes on and on. Time
does not exist in your experience.



For you, time stands still, and works in your favor, aiding you in your path of
endless triumph and success. Every moment is a moment of potential, a limitless
canvas where the brush of your will creates anew, and the shadows of the past



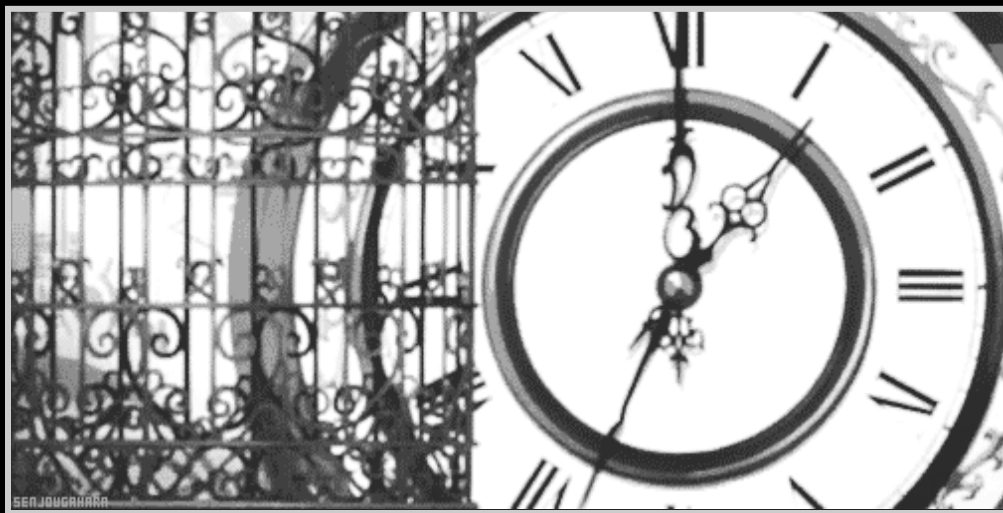
fade into oblivion. You move through the world like a river of Eternity, carving
new paths, leaving traces of brilliance in your wake, yet never fully bound by any
of them.

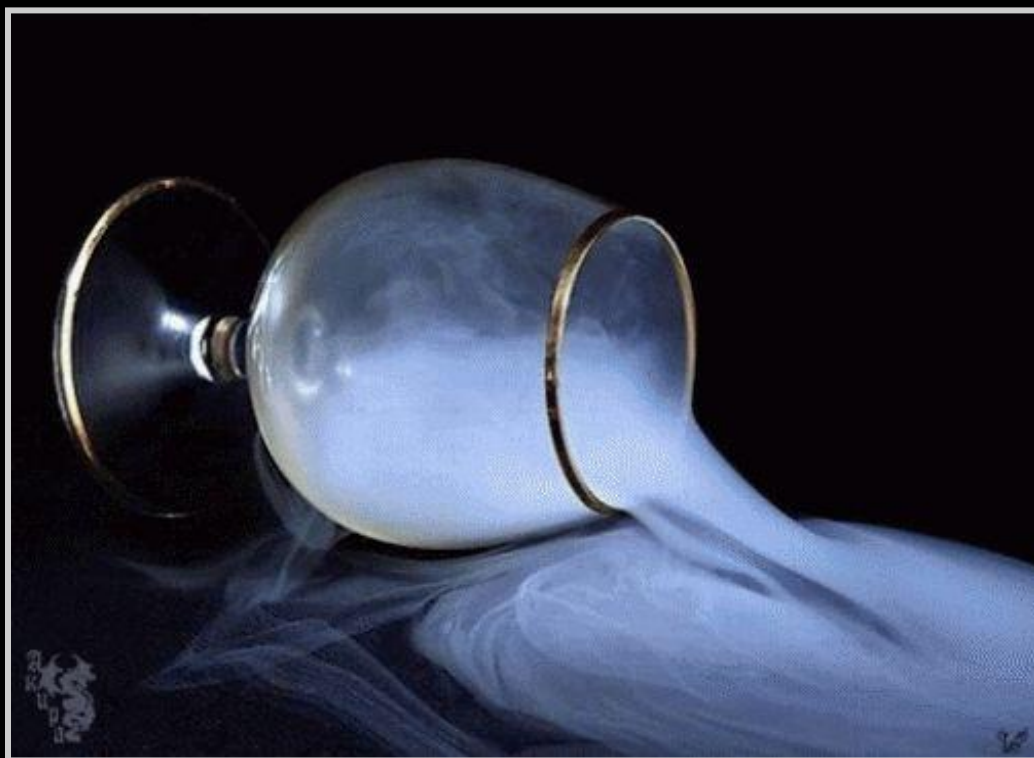




Your existence is a dance of endless possibility, where failure is but a step toward the next victory, and each loss a lesson in your ever-expanding greatness.

You are the hero of every story, the conqueror of every challenge, the eternal wanderer who has no destination because the journey itself is the reward. You embody the paradox of perfection and growth — always complete, yet perpetually evolving, always at the peak, yet always climbing. The world may age, the stars may burn out, but you remain, ever constant, ever magnificent, ever invincible, a force untouched by the ravages of time.





As the cup spills over, may an
ETERNITY *of wisdom*
merge with every part of your being

And So Mote It Be ...

-LUMINATOR