

'Ascend' Youth Trip Consent Form

Organised by: Pandava Sena

Trip Dates: 3rd - 7th August 2026

Location: The Vedanta, Lincoln, LN4 1PD

Contact Information:

- **Siyona: +44 7394 427272**
- **Email: siyona.smani@gmail.com**

Please note the following important information before signing this form:

- The trips and activities covered by this consent include;
 - o all visits (including residential trips) which take place during the holidays or a weekend.
 - o adventure activities at any time.
 - o sporting fixtures.
 - o All classes, dramas and seminars organised by Pandava Sena
- All Pandava Sena events will be supervised by a responsible adult; however, Pandava Sena do not take responsibility for anything that occurs as a result of children not adhering to the rules set out by the organisers.
- Pandava Sena are not responsible for children before they arrive/once they have left the event and it is the parents/guardians responsibility to ensure that they arrive/leave safely.
- Children will only be supervised if they remain in the specified areas during the trip, Pandava Sena will not be held accountable if children wander off to areas in the buildings where the activities are taking place.
- Pandava Sena retains the right to refuse entry to any individuals who fail to comply with the expected behaviour and ethos.
- o Please note conduct between individuals should be respectful. There should be no inappropriate physical contact between individuals.
- The following items are not allowed at any of our events. If they are found on the person they will be confiscated and the relevant authorities (i.e. the police) may be informed: cigarettes, alcohol, illegal substances (drugs), weapons of any kind, meat, fish or eggs (or items containing them).

- For any events taking place at The Vedanta, there will be no insurance cover for your child provided by Pandava Sena.
- You can, if you wish, inform Pandava Sena that you do not want your child to take part in any particular trip or activity via email (siyona.smani@gmail.com)
- All medical conditions/illnesses must have been declared on the application form, before the start of the retreat. If there are any subsequent health changes, please contact Paarthivi - 07889 410027
- Participants are responsible for any personal belongings/money which are bought on the retreat i.e. MP3 players, phones, digital cameras.
- Pandava Sena reserves the right to cancel and refund a reservation if, in our discretion, it is deemed necessary. We assure you that such decisions will be made judiciously and with the utmost consideration for the overall experience of our participants.

Activity Consent and Risk Acknowledgment

The Ascend Youth Trip includes a range of recreational and supervised activities designed for young people. Please review the following activities, potential risks, and the precautions Pandava Sena takes to ensure participant safety:

Activities

- **Firework Display**
 - **Description:** A supervised firework display with attendees at a safe distance.
 - **Potential Risks:** Smoke inhalation, noise sensitivity, accidental exposure to sparks.
 - **Precautions:** Attendees will observe from a designated safe area. Distance markers will be put in place and adults and supervisors will ensure these protocols are put in place properly.
- **Inflatables**
 - **Description:** Large, soft inflatables - slip 'n slide football, zorb balls, bouncy castle etc. - Used only under supervision.
 - **Potential risks:** Risk of minor injuries such as scrapes, bruises, strains, also risk of more serious injuries such as fractures and concussions if precautions not followed.
 - **Precautions:** Attendees are given a health and safety talk prior to use of the activities. Supervision by trained staff will be present. A first aider is always on site.
- **Swimming Pool and Jacuzzi Use**
 - **Description:** Access to a swimming pool and jacuzzi under strict supervision.
 - **Potential Risks:** Risk of drowning, slips, muscle cramps, or adverse reactions to heat in the jacuzzi.

- **Precautions:** Lifeguards and trained adults on duty, limits on jacuzzi time, mandatory adherence to all pool rules, and close supervision of non-swimmers.
- **Outdoor Sports and Free Play**
 - **Description:** Outdoor sports such as soccer, volleyball, and structured free-play time.
 - **Potential Risks:** Risk of minor injuries such as scrapes, bruises, or strains from physical activity.
 - **Precautions:** Supervision by trained staff, structured activity schedules, and encouragement to use protective gear as needed.

We understand that accidents can happen even with careful supervision. Therefore, medical professionals will be on-site at all times to assist with first aid or medical emergencies, as needed. All supervising adults are DBS-checked.

By signing below, you acknowledge the risks inherent in these activities and grant permission for your child to participate. You agree that Pandava Sena will take all necessary precautions, but you understand that minor injuries or unforeseen incidents may occur, and you release Pandava Sena from liability in these cases, except where negligence is proven.

Cancellation Policy

Pandava Sena's cancellation policy is designed to cover necessary trip costs and commitments, even if your child's attendance is canceled. By signing below, you acknowledge and accept the following terms:

- **100% Refund** if the cancellation occurs **90 days or more** before the trip start date.
- **50% Refund** if the cancellation occurs **between 50 and 90 days** before the trip start date.
- **No Refund** if the cancellation occurs **less than 50 days** before the trip start date.

Please note that Pandava Sena is under no obligation to provide a full refund outside of these specified periods. This policy is necessary to cover non-refundable costs associated with accommodations, transportation, and activity bookings made well in advance of the trip. We appreciate your understanding.

Consent and Signature

By signing this form, I confirm that I am the parent or legal guardian of the attendee named above, and I give permission for them to attend the Evolve Youth Trip and participate in all ticked activities below. I also acknowledge the behavior policy and cancellation terms stated above.

Please state clearly Yes or No.

Swimming Pool Use: Yes/No

Jacuzzi Use: Yes/No

Photography/Videography of my Child: Yes/No

Inflatables: Yes/No

All other activities and policies mentioned above: Yes/No

Attendee Full Name: _____

Parent/Guardian Full Name:_____

Parent/Guardian Signature: _____

Date: _____

Attendee's Signature: _____

Date: _____