

JWOC Trials Public Long Distance – 17 MARCH 2024

MAP: Slater Hedley

SCALE: 1:10,000, 1:7,500 (see table below)

CONTOUR INTERVAL: 5m

DIRECTIONS: Make your way to Parakai then follow South Head Road for 10km to Slater Road. Turn left into Slater Road and follow O-signs approx. 1km to the parking. Allow 1 hour from central Auckland.

DOGS: Dogs permitted at the event arena and on the White and Yellow courses but **NO DOGS on any other courses.**

PARKING: Adjacent to the event centre and finish.

START: 1.9km with 120m climb from the event centre to the start, along a gravel road. There will be a toilet, water and a clothing return if needed.

START TIMES: Public starts 11:15am to 1:00pm. Last start on Red 1 or Red 2 12:00pm.

COURSE CLOSURE: 2:30pm.

WATER: There will be water available at the halfway point of Red 1, Red 2 and Red 3.

NOTES: The mapped area is predominantly farmland with areas of native bush. The bush is grazed by cattle and the cattle tracks can be helpful through the slow parts. Most of the farmland is infested with lupin and woolly nightshade making runnability somewhat slower than usual. Where the lupin affects runnability it has been mapped with green stripe (symbol 407 or 409) and where the woolly nightshade forms a canopy it is mapped as green slow run or walk (symbol 406 or 408). There is a small section of mature pines and of felled area. The later parts of the courses go through an area of young pines and recently harvested trees. There are newly planted redwood trees in this area – please take care not to stand on them.

COURSE	DISTANCE (km)	CLIMB (m)	NO. CONTROLS	SCALE	MAP FLIP
Red 1	9.1	585	25	1:10,000	Yes
Red 2	6.5	395	21	1:10,000	No
Red 3	5.0	250	13	1:7,500	No
Red 4	3.3	125	12	1:7,500	No
Purple	2.6	85	11	1:7,500	No
Orange	4.0	165	14	1:7,500	No
Yellow	2.4	50	10	1:7,500	No
White	2.1	30	13	1:7,500	No