Readington Flag Football Equipment Needed for Players

Required

Mouthpiece, buy an extra one or two and leave in the car(s) along with a case. Kids always forget these.

Water, recommended to send with large reusable type water bottles/jugs. If these are small, bring more than one. Add your last name to any water bottles. Bringing 12oz plastic water bottles will not last long especially early in the season.

Optional

Cleats, helpful from slipping around, they can be the same they may have used in another sport, they are all the same. Plastic only.

Football Gloves, helpful in the colder weather, and some of them give a little extra grip for catching.

Protective Cups, it doesn't happen often, but on occasion one of the boys gets hit there.

Tips

Clothes, dress for the weather. Shorts and T-shirts are fine to start.

During colder games anything to keep warm should fit under their jersey comfortably. Beanie type hats are good to have also. Any type of gloves besides football gloves should be tight against the skin so they can still throw and catch the ball.

We recommend supporting our local businesses.

Darrow's Sports in Whitehouse Station should be able to help with all of the above. 908-534-2838

531 US Highway 22 E