

UPGRADE

Build a business that not only feeds your family but also feeds your soul

By surrounding yourself with a national community of referral-focused Movers & Shakers

You're a purpose-driven entrepreneur.

But deep down, you know there's more...

Does any of this sound familiar?

- You want a consistent stream of referrals—without chasing, cold calling, or burning out
- Your business has plateaued, and you need fresh, effective strategies to reach the next level
- You're tired of transactional networking groups—you crave real, meaningful relationships
- You've been carrying your business alone, and you're ready for collaboration, accountability, and support
- You've tried masterminds before, but they felt pushy, salesy, or just didn't deliver results
- You know you're meant for more impact, joy, and abundance—but you need clarity and a proven path

In short... you're ready to upgrade.

Welcome to UPGRADE

The national program for entrepreneurs who grow their business through referrals, relationships, and unforgettable events—built on the values of **love, generosity, and appreciation**.

As a member, you'll join a curated circle of **Movers & Shakers**—referral-focused entrepreneurs and leaders redefining how business gets done.

Why Upgrade

Experience the difference

Proven referral systems

Rooted in *The 7 Levels of Communication* and taught by Thommy Sandvick—event host, speaker, and referral mastery coach—Upgrade gives you the exact strategies to grow through referrals, not cold leads.

A national network of generous, appreciative people

Connect with fellow **Movers & Shakers**—a values-driven community of entrepreneurs who give first and grow together.

Implementation & accountability

Masterminds, workshops, and structured action steps ensure you move forward with clarity, momentum, and confidence.

Love at the core

We believe love is the human superpower. When combined with generosity and appreciation, it becomes a catalyst for growth in business and life.

Whole-life success

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Member Benefits

As a **Mover & Shaker** in Upgrade, here's what you'll receive:

Twice-monthly high performance coaching

Engage in live hot seats and strategy sessions that spark referrals, share insights, and keep you accountable.

Implementation workshops

Roll up your sleeves and apply what you learn in powerful, hands-on workshops designed to move your business forward.

On-demand access to Referral Mastery Academy

Tap into classes and challenges like *Networking Mastery*, *Event Mastery*, *Time Mastery*, and more—anytime, anywhere.

What you won't find in Upgrade

- Ego-driven gurus or one-uppers
- Transactional networking or product-pushing
- Wasted time on fluff or hype

- Drama, negativity, or scarcity

Member Qualifications

We're curating the right kind of **Movers & Shakers**:

- **Entrepreneurial leader** – You're building a business where referrals matter
- **Growth-minded** – You want to scale without losing your soul
- **Humble & kind** – You're generous, coachable, and people-first
- **Grateful by nature** – You recognize your blessings and want to multiply them
- **Committed** – You show up, take action, and give back

Who UPGRADE is not for

This isn't for you if you:

- Want shortcuts without effort
- Treat people as transactions
- Lead with ego or carry constant negativity
- Refuse to give as much as you receive

How to Join

We keep it simple:

1. **Complete the application**
Share your business background and goals
2. **Fit review**
Our team reviews your application to ensure cultural alignment
3. **Exploration call with Tommy Sandvick**
Connect directly with Tommy to explore if UPGRADE is the right fit

If it's a match, you'll be invited to join and gain immediate access to the Quick Win Program and your first live mastermind.

About Thommy Sandvick

Founder of Upgrade

Event host, speaker, & referral mastery coach

Thommy Sandvick is a nationally recognized Referral Mastery Coach, Certified Referral Trainer, and Certified High Performance Coach™ who has spent over a decade helping purpose-driven entrepreneurs grow through strategic networking, unforgettable events, and proven referral-based systems.

Endorsed by Michael J. Maher—North America's most referred real estate agent and author of *The 7 Levels of Communication*—Thommy is one of a select group of trainers certified to teach Maher's Referral Mastery System. In 2020, he received the Generosity Generation's Big Heart Award for his dedication to the values of **love, generosity, and appreciation**.

As the founder of Upgrade, Thommy empowers entrepreneurs to build businesses that not only feed their family but also feed their soul. With clear systems, accountability, and a heart-led community, his work transforms relationships into referrals and aligns business with both purpose and profit.

Outside of coaching and training, Thommy is a high-energy event host and speaker. Through Thrill Orlando, he's created experiences like Mix, Mingle, & Mastermind, Margarita Mix & Mingle, and the global sensation, Thrill the World Orlando.

When not leading events or coaching, Thommy is often perfecting his Michael Jackson dance moves, leading Thriller workshops, exploring Orlando's theme parks, or recharging at the beach.

<http://www.upgradequickwin.com>