



The Connecticut Association  
for Health, Physical Education,  
Recreation and Dance

## **CTAHPERD Executive Council Agenda**

**October 7, 2025**

**5:15 - 6:00 Conference Planning**

**6-7:30 PM (Business Meeting)**

**\*In-Person (CIAC Building, 30 Realty Drive, Cheshire CT 06410)**

**RSVP HERE**

**ZOOM Link**

### **Members in Attendance**

|                                                        |                                                   |                                                                         |
|--------------------------------------------------------|---------------------------------------------------|-------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Amanda Amtmanis    | <input type="checkbox"/> Christie Petrella        | <input checked="" type="checkbox"/> April Beckwith (CCSU)               |
| <input checked="" type="checkbox"/> Kelsey Maxwell     | <input type="checkbox"/> Abby GaNun               | <input type="checkbox"/> Melissa Tsakonas (CCSU)                        |
| <input checked="" type="checkbox"/> Nally Sahin        | <input type="checkbox"/> Dr Jan Bishop            | <input checked="" type="checkbox"/> Hannah Johnson (ECSU)<br>(Virtual)  |
| <input type="checkbox"/> Ann-Marie Colebrook           | <input type="checkbox"/> Janice Skene             | <input checked="" type="checkbox"/> RJ Giampetruzzi (ECSU)<br>(Virtual) |
| <input checked="" type="checkbox"/> Dr. Tan Leng Goh   | <input type="checkbox"/> Ben Piccirillo           | <input checked="" type="checkbox"/> Kerri Conicelli (SCSU)              |
| <input checked="" type="checkbox"/> Meghan Christopher | <input type="checkbox"/> Paskal Roekert           | <input type="checkbox"/> Darren Ruskin (SCSU)                           |
| <input type="checkbox"/> Kelly Holtz                   | <input type="checkbox"/> Amy Gagnon               | <input type="checkbox"/> Matthew Martin                                 |
| <input checked="" type="checkbox"/> Robert Silliman    | <input type="checkbox"/> Patty Powers             | <input type="checkbox"/> Shirley Hughes                                 |
| <input checked="" type="checkbox"/> Michelle Rawcliffe | <input type="checkbox"/> Elliott Via              | <input type="checkbox"/> Kathy Nauber                                   |
|                                                        | <input checked="" type="checkbox"/> Jeff Craig    | <input checked="" type="checkbox"/> Ed Manfredi                         |
|                                                        | <input checked="" type="checkbox"/> Dr. Bob Knipe |                                                                         |

### **Meeting Agenda**

**Meeting Norms**

**Roles/Responsibilities**

| <ul style="list-style-type: none"><li>• Be here and now</li><li>• Assume positive intentions</li><li>• Be solutions oriented</li><li>• Stay on topic</li></ul> |                                                      | <b>Facilitator:</b> Amanda Amtmanis<br><b>Timekeeper:</b> Kelsey Maxwell<br><b>Note Taker:</b> Michelle Rawcliffe |                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
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| OLD BUSINESS                                                                                                                                                   |                                                      |                                                                                                                   |                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| TIME                                                                                                                                                           | TOPIC                                                | Alignment to SP                                                                                                   | Lead Person        | NOTES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                                                                                                                                                                | Meeting called to order at 6:10pm by Amanda Antmanis |                                                                                                                   |                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 6:00 – 6:05                                                                                                                                                    | <a href="#">Secretary's Report</a>                   |                                                                                                                   | Michelle Rawcliffe | Discussion about minutes<br>Corrections need to be made to the minutes<br>Motion to accept with amendments by Nally Shin, seconded by Meghan Christopher. Motion passed<br>Motion suspended.<br>Corrections coming soon.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 6:05 – 6:15                                                                                                                                                    | <a href="#">Executive Director's Report</a>          |                                                                                                                   | Ed                 | <ol style="list-style-type: none"><li>1. <b>SHAPE</b> is holding smaller meetings with districts with Stephanie.<ol style="list-style-type: none"><li>a. Advocacy and ESSA funding was topic of last meeting. Funding is in limbo due to shut down.</li><li>b. Nothing is really happening with the Presidential Fitness Assessment and the message is to carry on as you were doing. There is no action behind it so nothing to do for that now.</li></ol></li><li>2. <b>Eastern District</b> is trying to reform and re-energize.</li><li>3. <b>Social Media:</b> Met with Bob and Abby about Social Media to make it more systematic especially with transitions of roles in the future.</li><li>4. <b>Conference</b> flyer will be updated again. We currently have 172 registrants. Last year we had less (169).<ol style="list-style-type: none"><li>a. We had a request to purchase our registrant list. We tell people that we will not sell their emails or contact information.</li></ol></li><li>5. <b>Website:</b> <a href="#">There are a lot of new resources on the website. The great activities newsletter is also on the site. These will eventually go behind a paywall.</a></li><li>6. <b>Conference:</b> Sponsor letters went out. It is challenging to get sponsors as some companies just won't do it but they will sponsor programs.</li><li>7. <b>CTDPH:</b> There is a contract with DPH for YRBSS - We will work together to incentivize taking the YRBSS. There were 40 districts. Kathy also sends it to teachers in the district.</li></ol> |

|                   |                                                                        |  |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|-------------------|------------------------------------------------------------------------|--|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                   |                                                                        |  |        | <p>8. Conference: Form for the conference hotel went out to exec board members.</p> <p>9. Slowly sending out <b>awards</b> like TOY, ONP, OFP.</p> <p>10. <b>Bulletin</b>: Fall bulletin will be digital</p> <p>11. Draft state <b>affiliate with SHAPE</b>: Final version will be out in December. Benefits of remaining a state affiliate. Will further discuss in January 2026. Included is the TOY program.</p> <ol style="list-style-type: none"> <li>SHAPE is not exclusive but Open is. TOY packages is really good. CTAHPERD will still host Dance Teacher of the Year. We can collaborate with CRPA. Their conference is a Mohegan Sun the Monday and Tuesday after CTAHPERD Conference</li> <li>Changes to TOY will be for the following year. Need a sponsor for the banquet</li> </ol> |
| 6:15<br>–<br>6:20 | <a href="#">Treasurer's Report</a><br><a href="#">Account Balances</a> |  | Ed/AMC | <p>AMC is away</p> <p>Account balance shows what is in our checking (\$22K), savings and CD. When money comes in it gets updated right away. We may not need to take money out for the website from our Fidelity account which we budgeted for. Checking account went down by \$3K but money is coming in for registration. Last year we had 550 registered for the conference and we are at the same place this year. Letters will go out for Sponsor a Student to the Universities. We are where we need to be</p>                                                                                                                                                                                                                                                                               |

#### NEW BUSINESS

| TIME              | TOPIC                                            | Alignment to SP | Lead Person | NOTES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-------------------|--------------------------------------------------|-----------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6:20<br>–<br>6:40 | <a href="#">Conference Planning Report</a>       |                 | Kelsey      | <ol style="list-style-type: none"> <li><b>Sessions</b>: 50 Sessions, Thursday Keynote is Nick Kline, Friday is Dan Meers, swag came in for speakers. Pizza and homemade desserts on Wednesday night.</li> <li><b>Presiders</b>: We need <a href="#">presiders</a>. Please fill out the <a href="#">google form</a> and sign up for a session on the <a href="#">spreadsheet</a>.</li> <li><b>Roundtable topics</b>: Need to discuss roundtables <ul style="list-style-type: none"> <li>Have afternoon session on friday open but that is a challenging time to fill</li> <li>Conversation about competing with NYSAHPERD which occurs on the same days and gets bigger names and bigger vendors. We also lose people to Election Day.</li> </ul> </li> </ol> |
| 6:40<br>–<br>7:00 | <a href="#">HMM Incentive Program Discussion</a> |                 | Amanda      | <p>Sarah McIntosh online to talk about about HMM and Incentives. Amanda partnered with Booster to host an event. Booster is a fundraising company. They serve 10% of all elementary schools nationwide. They are powering 3 aspects: 1. resources physical or digital assets, 2. software for admin, 3. fundraising expert.</p>                                                                                                                                                                                                                                                                                                                                                                                                                              |

|                                                                              |                                                  |                 |                    | <p>Incentive package for using Booster and HMM. 50% of raised funds gets returned to the school in a check. It could go hire than 50% if your donors cover the admin fees but 50% is the least amount. Folks will also get a \$250 Gopher gift card no matter how much you raise. The other 50% = 35% goes to Booster which covers everything like drafting emails and providing posters, prizes, car line signs, software fees (which is constantly being updates), 5% goes to state affiliate, 10% goes to SHAPE America. All you have to do is fill out a form and there are some other incentives. You get credit for just signing up. There is a pilot for universities. <a href="#">Arrange a meeting with Sarah to get more information</a>.</p> <p>Can we offer more incentives to get districts to sign up.</p> |
|------------------------------------------------------------------------------|--------------------------------------------------|-----------------|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:00-7:15                                                                    | New Teacher Membership Pathway Discussion        |                 | Kelly/Ed           | <p>We need to engage new professionals and keep them in CTAHPERD.</p> <p>OFP - Outstanding Future Professional - have a standing session, same with the TOY.</p> <p>ONP - Outstanding New Professionals.</p> <p>Abby and Elliott need to figure out how to close the gap between student and professional.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                                                                              |                                                  |                 |                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>UPDATES FROM COMMITTEES</b> <a href="#">*Link to working SP document*</a> |                                                  |                 |                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| TIME                                                                         | TOPIC                                            | Alignment to SP | Lead Person        | NOTES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 7:15-7:20                                                                    | Professional Development/ Summary of 25-26 Goals |                 | Meghan Christopher | <p>3 main goals for the year.</p> <ol style="list-style-type: none"> <li>1. Increase social media presence by making mini PD videos. Maybe use a marketing student. If this works, we could possibly get an intern or an independent study. Use Abby to lead this effort. Using Buffer to automate everything. Themes to set up posts. We need to send content. Developing resources. Content will be filtered through Ed and PD committee</li> <li>2. Adapted PE PD with Jeff Craig and Mike Laughlin</li> <li>3. March Madness Online: Spread it out and make it bigger. Join with other Eastern District AHPERDS. Pennsylvania might spread it out over Wednesdays</li> </ol>                                                                                                                                         |
| 7:20 - 7:25                                                                  | Members Services/ Summary of 25-26 Goals in      |                 | Kelly Holtz        | <p>Discussed Fundraising and advocacy. See previous membership discussion. Promoting things on the website. Fundraiser in the spring.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 7:25 - 7:30                                                                  | Student Leadership/ Summary of 25-26 Goals       |                 | Dr. Goh            | <p>Met and discussed the cornhole tournament. Divided up tasks. Flyer is posted through CTAHPERD. Get students involved. College Bowl.</p> <p>Student Leadership Conference will be in the Spring. Need students to help preside, with transition, cheer their team on, set up cornhole.</p> <p>Students will be presenting on travel funds to conferences. We need to look at the application process. February is too</p>                                                                                                                                                                                                                                                                                                                                                                                              |

|                                  |                          |  |                       |                                                                                                                  |
|----------------------------------|--------------------------|--|-----------------------|------------------------------------------------------------------------------------------------------------------|
|                                  |                          |  |                       | late. Need to do this before the end of the year. We will propose a new timeline for the Nov 4th meeting.        |
| 7:28-7:30                        | Other                    |  |                       | Thank you from Connie Kapral.<br>Thank you to Dr. Goh for repping CTAHPERD on the SHAPE America Research Council |
| <b>CLOSURE &amp; ADJOURNMENT</b> |                          |  |                       |                                                                                                                  |
| <b>TIME</b>                      | <b>TOPIC</b>             |  | <b>Lead Person</b>    | <b>NOTES</b>                                                                                                     |
| 7:30                             | <i>Motion to adjourn</i> |  | <u>Student rep(s)</u> | Motion by Kerri, seconded by Hannah                                                                              |

\*Next meeting is virtual on November 4th<sup>t</sup>

<sup>h</sup>[Link to meeting schedule for 2025-2026](#)

[Conflict of Interest Form](#)\*\* Please complete before the October 7th meeting!

[25-26 Executive Committee and Division Members](#)