



Erica L. Harris, is Founder and Chief Purpose Coach for [PurposeFULL Seed](#). Passionate about guiding individuals experiencing life transitions, my mission is to help people understand who they are, so they can align that essence with what they choose to do in life. Understanding our human “being-ness” should be our first priority. When we do so with intention, we gain clarity and direction to know which path to take in every aspect of our lives. As a coach, I take pride in guiding my clients to discover the answers that lie deep within. My job is to ask the essential questions and create the conditions for my clients to find purpose and awaken joy.

I primarily work with people of color, in middle to upper-management positions, seeking to identify what the next level is in their professional and personal life. We focus on the mindsets that may keep them back, their dreams, and the unlimited potential that they have to be the best version of themselves. I was part of the inaugural Surge team in Chicago, and have happily served as an executive coach since 2017. Serving in this capacity is indeed a calling.

I am also a wife and mother of three. In my spare time, I listen to jazz, old-school R&B, and hip-hop, watch collegiate and professional sports, and drink a Chai Tea Latte. I would be humbled to support you on your purpose journey.