

Podcast: Things That Go Bump In The Lab: Halloween And The Science Of Fear

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Vocabulary / Phrases

1. *all up in my space* (idiom)
2. callous (adj)
3. clenched (adj)
4. *cloud your judgment* (idiom)
5. galvanic skin response (n)
6. *get off the hook* (idiom)
7. goading (v)
8. human taxidermy (n)
9. mangled (adj)
10. thrill (n)

**Podcast Outline: Things That Go Bump In The Lab:
Halloween And The Science Of Fear**

- I. What Scares us – the study of fear
 - A. Margee – sociologist; studies fear for a living
 - B. Measuring fear
 - 1. heart rate monitor
 - 2. galvanic skin response (GSR): how sweaty you are getting
- II. Sometimes anticipation can be worse: types of scares
 - A. Boo Scares – a type of sudden scare
 - B. Suspense – a type of gradual scare
- III. Changing a few subtle things can make us feel disoriented
 - A. Darkness
 - B. Flashing lights
 - C. Depersonalization
- IV. Why people might enjoy feeling scared
 - A. Helps reduce anxiety
 - B. Relaxes people
 - C. Survival instinct
- V. The benefits of fear
 - A. Brings people together (bonding)
 - B. Serves as an outlet for anxiety
- VI. Fear and decision-making
 - A. Inhibits analytical thinking
 - B. Critical thinking shuts down