



(510) 679-3300
27206 Calaroga Ave - Ste 201
Hayward, CA 94545
BALMEDS.com

Pinealon (5mg) Therapy

Patient Information

What Is Pinealon?

Pinealon is a short peptide (a small chain of amino acids) designed to support cognitive function, brain health, and cellular repair. It is known for its neuroprotective potential and its ability to assist the body with mental clarity, memory, and overall brain resilience and to help improve the quality of sleep. Pinealon has also been studied for its anti-aging effects and ability to support cellular metabolism.

How Pinealon Works

Pinealon is thought to work by:

- Supporting healthy brain cell function and protecting neurons from oxidative stress
- Encouraging DNA and cellular repair processes
- Enhancing memory, focus, and learning ability
- Supporting mood stability and overall mental well-being
- Helping regulate normal metabolic and mitochondrial activity

This makes Pinealon a popular option for patients looking to boost cognitive performance, reduce brain fog, and support long-term brain health.

Potential Benefits of Pinealon

Patients using Pinealon may experience:

- Improved mental clarity and sharper focus
- Better memory retention and recall
- Reduced brain fog and improved cognitive processing
- Support for healthy aging of the brain
- Improved energy, mood, and stress resilience
- Neuroprotection during periods of high mental demand
- Better sleep quality in some individuals

Results vary per patient and may improve over several weeks of consistent use.



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How to Use Pinealon (Administration Instructions)

Your provider will give you individualized instructions, but general guidelines include:

- **Dose:** 5 mg Pinealon as directed by your Balanced Medical Solutions provider.
- **Route:** Typically administered as a subcutaneous injection (in the fat just under the skin).
- **Frequency:** Often daily, every other day, or per cycle depending on your treatment plan.
- **Timing:** Can be taken morning or evening; some prefer morning due to mental clarity benefits.

Always follow the instructions given specifically by your provider. Your provider may recommend periodic follow-up visits to monitor your progress, adjust dosage, and ensure the treatment is working safely and effectively.

Who Should NOT Use Pinealon?

Inform your provider if you:

- Are pregnant or breastfeeding
- Have an active infection or serious illness
- Have a history of severe allergic reactions
- Have uncontrolled chronic medical conditions
- Are undergoing treatment for cancer

Your provider will determine whether Pinealon is appropriate for your health and goals.

Possible Side Effects

Pinealon is generally well tolerated. Possible side effects may include:

- Mild redness, irritation, or bruising at the injection site
- Temporary headache
- Mild fatigue
- Light nausea
- Rare: dizziness or sleep changes

If you experience worsening symptoms, allergic reactions, chest pain, or any severe unexpected effects, stop the medication and contact Balanced Medical Solutions immediately. This is not a complete list of potential side effects. If in doubt, contact Balanced Medical Solutions.

It is important that you continue to see your regular medical doctor for your usual health care, tests, and routine health maintenance. We are not replacing your medical doctor.