

Lift Bexleyheath
Woolwich Road,
Bexleyheath, DA6 7DA

Weekly Newsletter | Term 05, Week 05

Dear Parent/Carer,

This is our Sixth Form newsletter where we will share key information for Sixth Form students for the upcoming week, as well as celebrating their successes.

Examinations

Examinations - Examinations continue this week. Please ensure that if you have an afternoon exam that you have your parent pay account topped up for lunch to purchase in the canteen or you bring a packed lunch to school as you will have an earlier lunch than usual. Parents will be sent a reminder parent pay email to remind them of this too.

Warm ups

- **AM Exams** - Remember you need to be on site at 07:50 where you can collect free breakfast before the warm up in the small canteen.
- **PM Exams** - Warm up sessions will run Period 1-3. You will have lunch at 12:15 and exams will start at 13:00. Remember to bring a packed lunch or purchase food in the canteen.

Examination Timetable | Week 06

	Monday 18 May	Tuesday 19 May	Wednesday 20 May	Thursday 21 May	Friday 22 May
AM Exams	Year 13 Sociology Paper 1 2 hours (09:00)				Year 13 Portuguese 2 hr 30mins (09:00)
PM Exams	Year 13 Health & Social Care Unit 4 2 hours (13:00) Year 13 Economics Paper 2 2 hours (13:00)	Year 13 History Paper 1 2 hrs 30 mins (13:00) Year 13 Business Unit 3 1 hr 30 mins (13:00)	Year 13 Physics Paper 1 2 hours (13:00)	Year 12 Health & Social Care F090 1 hr 30mins (13:00) Year 12/13 Business Unit 15 1 hr 30mins (13:00)	Year 13 Digital Media Unit 6 1 hr 30mins (13:00)

Exam Warm Up Sessions

	Monday 18 May	Tuesday 19 May	Wednesday 20 May	Thursday 21 May	Friday 22 May
Period 0			Psychology		
Period 1	Health &SC Economics	History Business	Physics	Health &SC Business	Digital Media
Period 2					
Prep					
Period 3	Health &SC Economics				
Period 4					
Period 5		Psychology			

Year 12 Work Experience

Work Experience

Well done to those who have already secured a work experience placement and uploaded the details onto the Career Thread platform. This is a commendable achievement.

If Year 12 have any questions about work experience in term 06 please contact Dr Lucas on flucas@liftbexleyheath.org

Please take note of the following that need to be completed:

- Parent/Carer consent form. This has been sent to all parents.
- Deadline to secure a placement and upload details onto Career Thread Platform: 14th April 2026. Students should log into the Career Thread platform using their username and password, which can be found in their email inbox (searching for "Career Thread" should help locate this).
- Work Experience dates: Monday 13th July to Friday 17th July 2026

Half term intervention

Half term intervention - On the 26 and 27 May there will be half term intervention sessions running for specific Subjects. Further details about these sessions will be available soon.

Year 13 Intervention

A reminder that intervention is running and the timetable is below.

	Monday	Tuesday	Wednesday	Thursday	Friday
07:50 - 08:30			Biology Economics History Media Studies		
15:20 +	Health ICT (Single) Maths		Business (Double) ICT (Double) Psychology Sports	Art Business English Lit Physics	

Celebrations and Shoutouts



Year 12 Business Students from Mr Springham! Well done for all your hard work on the exam this week, good luck to everyone!

Charlie L - Fantastic effort on his media NEA.

Harchandan for her fantastic achievement in her maths assessment this week

Leja, Jery and Fowzia for great responses in English as well as engagement/contribution to class discussion of the poems being read.

Uplearn Shoutouts

Year 12

Biology:

Fadilah A (mastered 2 sections)

Chemistry:

Summer F (mastered 11 sections)

Aya (mastered 9 sections)

Physics:

Oghenetejiri D (mastered 3 sections)

Psychology:

Fadilah A (mastered 2 sections)

Maths:

Jia P, Swostika S, Zainab N (mastered 2 sections)

Year 13

Biology:

Arun G (mastered 9 sections)

Khoudia M (mastered 7 sections)

Chemistry:

Grace W (mastered 4 sections)

Physics:

Galib F (mastered 6 sections)

Psychology:

Elisha W (mastered 4 sections)

Maths:

Lydia H (mastered 5 sections)

Economics:

HArchandan R, Jayden F (mastered 6 sections)

UniForm and Expectations

Uniform Reminder

Our Sixth Form uniform policy is professional dress. This means that students are required to wear the following:

- Trousers, skirt or dress of suitable length
- Shirt or blouse
- A smart jacket, such as a blazer
- Smart shoes



Similarly to our younger students, shirts should be tucked in and buttons done up. Our Sixth Form students are also expected **not** to wear:

- Trainers
- Low cut tops
- Hoodies
- Bodycon dresses
- Leggings

Lateness and Punctuality - Punctuality and attendance are key to ensuring that students are maximising their learning time. This week we will be asking students to hand in their phone if they are late to the Academy.

Personal Development

Mental Health for Schools Team

If any students are struggling with mental health, [please use this form as a self referral](#).

They offer a range of services to young students in school.

Who are we?

The Mental Health Support Team (MHST) in schools is part of Bexley Child and Adolescent mental health service. We are a group of mental health professionals who work with young people who are experiencing anxiety, stress and/or low mood. We provide 1-1 sessions of guided self-help. We also provide workshops and group programmes that you may hear about through your school.

How can I get help?

Simply fill in the self-referral form and email it to us at the address below. One of our friendly senior mental health practitioners will contact you by phone within 2-10 days of receiving your referral to talk to you about the service, set up your first appointment and gather more information

where needed. Sometimes young people referred to us need a slightly different service to what we offer or need more intense support, if this is the case we will discuss this with you and signpost you to the service we think will be most helpful.

Yours sincerely,



Mr D Read

Assistant Principal

Head of Sixth Form

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Mrs Arthur

Pastoral Manager

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Mrs Porch

Progress and Attainment

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